# CHARLESTON AREA CHURCHES FOOD PANTRY NEWSLETTER

"for I was hungry and you gave Me food; I was thirsty and gave Me drink; I was a stranger and you took Me in." Matthew 25:35 Hours M-W-F 1:30-4:00 & Th 5:30-7:00



### PANTRY NEWS

This past month saw some needed changes to the pantry. Todd Foster (Director) was able to secure a grant to add shelving to parts of the pantry. New shelving units were added in to the storage rooms, in the work space area, and in the area where prepared boxes are kept. Along with these units, additional shelves were added to existing shelves in the refrigerator and freezer.

All these shelves provide more storage for food and supplies, and the added shelves in the area for boxes was really useful as it allowed two sets of prepared boxes to be raised up higher, making for easier lifting. The volunteers that pack boxes are very appreciative of this change!

By the time you receive this our director Todd and his wife have returned from their trip to Washington DC for the Jefferson Award ceremony. Todd reported they had a wonderful time, and saw many sites on a guided tour. This was such an honor for Todd, his family, and the food pantry.

### THANKS

May and June are the months when work begins on the next year's calendar that the pantry uses for fund raising. The pantry board gives a BIG Thank You to all the businesses and churches that purchase advertising space on the calendar. The money received from the advertisers actually pays for the cost of production of the calendar. This way all the donations received from the calendar distribution is profit for the pantry to use to purchase food.

Also, thanks to Joan Gregg and Venness Walters for all the hard work they do to make the calendar possible. Both of these ladies volunteer many hours of work contacting advertisers, collecting donations, and Venness even takes the picture for the calendar. Thank you ladies.

The pantry also say "thank you" to the Presbyterian Women Morgan Trust for their generous donation.

There was also a donation given in memory of Jo Ann Laible. God's peace and comfort to her family and friends.

## JUNE 2017 NUMBERS

Households - 502 Individuals - 1,740 Children > 18 years of age - 616 Meals - 15,660

### FAST FACTS -SALADS

Gardens are producing lettuces and other vegetable so lets look at salads.

- The word salad originates from the Latin word salata which means salty because the ancient Romans and Greeks used brine or salty oil and vinegar dressings to season vegetables.
- The word *salad* or *sallet* was first seen in the English language in the 14<sup>th</sup> century.
- Salad may be served anytime during a meal starting with a light mix of greens as an appetizer, a variety of ingredients for side dishes, as the main course made with meat and cheeses, or a mix of fruit for dessert.