# Shannon Heston Boys' Basketball Camp 2019

This is our fourteenth year to run our basketball camp in Katy! We believe that summer is agreat opportunity to improve basketball skills and improve your game for the upcoming season. It's a great time to further your knowledge of the game and edge out the competition on the basketball court. Last year over 400 campers attended our camp! This year, for the summer of 2019, we are again excited to offer three different sessions of basketball camps. Thank you for choosing Shannon Heston Basketball Camp! Together, we build character, promote positive attitudes, and focus on high quality fundamentals of basketball in a competitive and fun environment.

See you on the court,

Coach Heston



### **GENERAL INFORMATION**

Cost Session 1: Grades: Times: Dates:	<ul> <li>\$125 per camper (sibling discount cost:</li> <li>\$100 per additional camper)</li> <li>Boys entering grades 1st - 4th</li> <li>Monday - Thursday/8:30 a.m 12:00 p.m.</li> <li>June 10th - June 13th</li> </ul>
Cost Session 2: Grades: Times: Dates:	<ul> <li>\$125 per camper (sibling discount cost:</li> <li>\$100 per additional camper)</li> <li>Boys entering grades 5th - 8th</li> <li>Monday - Thursday/1:00 p.m 4:30 p.m.</li> <li>June 10th - June 13th</li> </ul>
Cost Session 3: Grades: Times: Dates:	\$225 per camper (sibling discount cost: \$200 per additional camper) Boys entering grades 2nd - 8th Monday - Thursday/9:00 a.m 4:30 p.m. June 17th - June 20th

This organization and its activities are not related to or sponsored by the Katy Independent School District.

## Sessions 1 and 2:

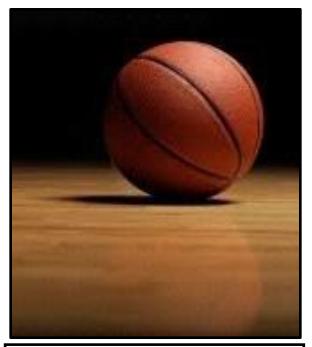
Shooting League Offensive Skill Work Fundamental Stations Competitions Tournament Games

# Session 3:

Shooting League Fundamental Stations Teaching Lectures Position Breakdown Work Competitions 1 on 1 League 3 on 3 League Tournament Games

# Shannon Heston Basketball Camp Summer 2019

**Competitive Boys' Camp** @ Seven Lakes High School



### ALL SESSIONS ARE FOR BOYS ENTERING 1ST - 8TH GRADES

Summer Session 1: June 10th - 13th 8:30 - 12:00 (entering 1st - 4th grades)

Summer Session 2: June 10th - 13th 1:00 - 4:30 (entering 5th - 8th grades)

Summer Session 3: June 17th – 20th 9:00 - 4:30 (entering 2nd - 8th grades)

# **About the Staff**

Camp director Shannon Heston has worked basketball camps in the Houston area for the past 21 years. Coach Heston continues to lead his 6A high school team with a "team first" mentality and is more proud of the men they become than anything else. Coach Heston previously served as a high school assistant and middle school coach for 16 seasons before taking over as head coach in 2014.

The basketball camp staff has a passion for teaching basketball and runs a very competitive camp with a focus on basketball improvement, sportsmanship, and having fun! All camp staff are former basketball players or current college (the return of camp founder Dan Miller), high school, and junior high basketball coaches who LOVE to teach the game of basketball. The coaches want to help campers learn what it takes to be a successful player!

CAMP LOCATION for all of Session 1 and 2 Seven Lakes High School 9251 South Fry Road Katy, Texas 77494 \*Main and Aux Gyms CAMP LOCATION for 4<sup>th</sup> and 5<sup>th</sup> grade Session 3 Seven Lakes Junior High School 6026 Katy-Gaston Road Katy, Texas 77494 \*Just behind Seven Lakes High School CAMP LOCATION 2<sup>nd</sup>/3<sup>rd</sup> & 6<sup>th</sup> - 8<sup>th</sup> grade Session 3 Seven Lakes High School 9251 South Fry Road Katy, Texas 77494 \*Main, Aux, 9<sup>th</sup>, and Dance Gyms

#### CONTACT INFORMATION:

SHANNON HESTON 832.264.2574 email to: <u>hestonbasketballcamp@gmail.com</u> www.shannonhestonbasketballcamp.com

# Who is basketball camp for?

Camp is for boys who are serious about basketball and want to learn the game and improve their basketball skills. All three sessions are competitive, focus on teaching, and enjoying the game of basketball.

# Camp focus:

- Individual Defense
- Shooting
- Rebounding
- Individual Offense
- Post Play
- · Sportsmanship

## **Camp Information:**

- Session 1 and 2 concession stand will be open with snacks and drinks.
- Session 3 concession stand will be open with snacks, drinks, hot dogs, pizza, etc.
- There will be a camp bank to deposit money for the concession stand.
- Campers have the option to bring a lunch each day for Session 3.
- Doors open Mondays one hour before camp starts for registration.
- Please have basketball shoes.
- Camp jerseys will be passed out Monday and should be worn each day of camp.
- Session 3 4<sup>th</sup> and 5<sup>th</sup> grade campers will start and finish at Seven Lakes Jr. High.
- Session 3 2<sup>nd</sup>/3<sup>rd</sup> and 6<sup>th</sup> 8<sup>th</sup> grade campers will start and finish at Seven Lakes High School's Main Gym

### Shannon Heston Basketball Camp Boys' Camp Registration Form

- 1. Complete camp application below. One application per camper.
- 2. Return with check or money order payment to Shannon Heston
- Basketball Camp, 36805 Lariat Lane, Wallis, TX 77485.
   <u>Non-refundable</u> deposit of \$50 (session I and II) or \$75 (session III) per player must accompany application and is required prior to June 7th, 2019. Remaining balance must be paid on or by the first day of camp. Full payment is also accepted.

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#### CHECK CAMP SESSIONS ATTENDING:

Session 1:	Session 2:	Session 3:

Sessions 1 & 3:\_\_\_\_ Sessions 2 & 3:\_

Camper's First Name	Last Name
Address	
City, State, Zip	
Grade (next Fall)	School
Parent(s) Name	
Home Phone	Cell Phone
E-mail address: (please PRINT clear)	

By signing below, I authorize Shannon Heston Basketball Camp and staff to arrange emergency medical care as necessary for my son in the event that I cannot be reached to authorize treatment. In such an event, I understandthat, as this camper's parent, my insurance will be considered primary coverage for care. In addition, I hereby release Shannon Heston Basketball Camp in itself and its staff from any liability in the event of illness or injury of my child, and I affirm that my child has no medical conditions that would prevent him from full participation in camp activities.

Signature of Parent of Legal Guardian Date

PLEASE CHECK IF YOU **DO NOT** WANT YOUR CHILD'S IMAGE USED FOR CAMP FACEBOOK OR ANY FORM OF MEDIA.

Make check payable to Shannon Heston Basketball Camp

Mail Registration Forms to:

Shannon Heston Basketball Camp 36805 Lariat Lane Wallis, TX 77485

### - Ball Handling

- Passing
- Team Offense

- Team Defense

- Perimeter Play

- Teamwork