

PRESENTER - ANDREW SEUBERT, LMHC, NCC

Andrew is a nationally certified counselor, licensed professional counselor and an EMDRIA-approved consultant and trainer with extensive background in an Existential-Gestalt approach to growth and therapy. Always drawn to forms of therapy that address the entire person—mind, body, emotions, creativity and spirit, Andrew has developed an extremely holistic approach in his work with individuals, couples, families and groups.



Formerly an educator, musician and Peace Corps Volunteer, Andrew has consulted with Corning Incorporated, small businesses and human service agencies, providing stress management and conflict resolution training, as well as workshops and coaching that facilitate personal growth and performance enhancement. He has published peer-reviewed articles and book chapters, as well as his first book, "The Courage to Feel", and the second book - "How Simon Left His Shell: The Courage to Feel for Young People."

Andrew is a highly engaging, interactive therapist and retreat/workshop facilitator whose passion about his work is expressed in his use of music, creative imagination, experiential approaches and humor.

In addition to working with a broad spectrum of therapeutic issues, Andrew has a strong interest in healing from trauma and PTSD, particularly through the use of EMDR. This interest also informs his

approach in working with eating disorders and helping couples create and renew their relationship. His passion for an integration of psychotherapy and spirituality is a driving force, whether in individual sessions, workshops or intensive therapeutic retreats.



EMDR Certification Program

For Therapists Working with all Ages

The Complete Package

EMDRIA Approved Basic Training - 7 Days
52 CEU's Available

EMDR Specialty Workshop - 2 Days
12 CEU's Available

20 hours of Group & Individual Consultation

*with Andrew Seubert
LMHC, NCC - Trainer*



EMDR Basic Training

Description: Eye movement desensitization and reprocessing (EMDR) is an effective and efficient method of treating traumatic memories and related problems. This program has no "parts" or "levels" - this is the complete EMDR training as defined by the EMDR International Association (EMDRIA). This is a **hands-on clinical skills training** for using EMDR and integrating it with your psychotherapy approach. This program is designed to help participants learn when and how to use EMDR, and to gain competency with EMDR over a period of several months.

The training program involves lecture, demonstration, in-class practice, and on-the-job practice with your clients. This is an experiential training, including practice with other participants.

Objectives: Participants will be able to:

- Develop & implement a comprehensive trauma-informed treatment plan.
- Prepare clients for EMDR.
- Conduct an EMDR session.
- Problem-solve a difficult session.
- Use EMDR with a wide range of clients.

Program features:

- Approved by the EMDR International Association (EMDRIA).
- 49 contact hours over several months to support mastery.
- Starts with a 2-day focus on trauma treatment approach & interventions.
- Small group size (max of 10).
- Text book and other materials included.
- Follow-up group consultation sessions included (10 hours)
- Competitive cost.

WHO MAY ATTEND: EMDR training is open to mental health professionals licensed (or certified or registered) by their state for independent practice. The training is also open to advance graduate students, interns, and other mental health professionals on a licensure track, **who must provide an explanation of their status and a letter of support for participation from their supervisor.**

Specialty Workshop:

'Parts'/Ego State Work in EMDR Practice

This two-day workshop covers the integration of "parts" or ego state practice with EMDR. This workshop has evolved from his work as an EMDR consultant and trainer, during which Andrew realized the crucial need for ego state competence when working with trauma and dissociation (this workshop will NOT address extreme forms of dissociation, viz., DDNOS and DID).

Topics include:

- theories of dissociation
- traditions of "parts" work
- recognition of and contact with parts
- how to develop resources with parts
- how to achieve internal collaboration
- how to resolve internal blaming
- to work with negative introjects
- steps in attachment repair via parts work
- problem solving internal blocks integrating EMDR with parts work.

Specialty Workshop:

Attachment Repair in EMDR Practice

This option to fulfill the 12 CEU's requirement is presently in the design stage.

Consultation:

Consultation is conducted both in a group format for 10 hours and 10 Hours of individual consultation

COMMENTS FROM RECENT PARTICIPANTS:

Best training I've ever attended! J.M., LCSW

Andrew's humor and ability to integrate PTSD information is awesome! S.S., LPC

This was one of the best, if not the best, training in over 30 years of practice as a psychologist. Andrew's command of the approach, his teaching ability, his sensitivity, humor and respect for trainees was unsurpassed.

David Mandelbaum, Ph.D.

Andrew brings his full humanity to the process; he's engaging, experienced and a fully alive human being.

Kelly Fredell, R.Psych.

Over the days of training I watched a clearly masterful clinician turn a concept into practice, and I was awed ... I now jump on any opportunity to learn from Andrew again.

Linda Nelson, LCSW, Penn Yan, NY

Cost for this Full EMDR Certification Training is

• EMDR Basic Training 6 days plus 10 hours of Consultation-	\$1,595.00
• 'Parts' Ego/State Work in EDMR Practice Workshop 2 days -	\$355.00
• Group Consultation – 10 hours	\$330.00
• Individual Teleconference – 10 hours	\$940.00
Total cost	\$3,220.00
Discount for Package	-\$425.00
Total cost including the discount	\$2,795.00

Each of the components provided in this package is necessary to complete the Certification Process. You may take advantage of a 'Payment Plan', contact Rose at info@clearpathtrainingcenter.com for details.

For specific EMDRIA requirements for certification, go to:

www.emdria.org

What if you have already had Basic Training? We will adjust the price down, you will still be eligible for the full discount of \$425 if you had your Basic Training with Andrew. If you had your Basic Training elsewhere you will receive a discount of \$225.00 on the rest of the program.

To have more information on this program please contact Andrew by email—Andrew@ClearPathHealingarts.com or by Phone 607 703 0510.

Visit our website for more details on individual courses offered in this package or to read more about Andrew - at www.ClearPathTrainingCenter.com