Hosted by: $\quad$ Thoroughbred Figure Skating Club
Sanctioned by: U. S. Figure Skating - Approval Number:
Event Location: Lexington Ice Center 560 Eureka Springs Drive Lexington KY 40503

## Competition Chairs:

| Sandra McVoy | 501-804-4543 | sandymcvoy12@yahoo.com |
| :--- | :--- | :--- |
| Ben Logan | $859-333-3409$ | benlogan80@yahoo.com |

Levels: Youth: Snowplow Sam; Basic Skills1-6, Free Skate 1-6; Pre-Preliminary to Open Juvenile
Adult: 1-6, Pre-Bronze-Silver

## Entry: ONLY ONLINE REGISTRATION WILL BE ACCEPTED no later than midnight Sunday May

 19, 2019. Secure online registration and credit card payment will be available at www.tfscskating.org. Please have your membership number from U.S. Figure Skating OR BASIC SKILLS and your coach's name, phone and email address. You will be asked to provide a 25 -word description of your artistic program. There may be some questions that are optional, and you can choose to answer them or not at the end of the registration process. We would appreciate you taking the time to answer so that we may obtain feedback that will allow us to make this event even better in the future. During your online entry, you may purchase a message for your skater for the event program. ENTRY REFUNDS: are only available if the competition is not held or there is a death in the competitor's immediate family. There will be NO medical refunds given. If you register online, your refund will be returned to your credit card as soon as the competition committee determines that a refund is due. The convenience fee is not refundable for any reason; it is included in your overall fees.Practice Ice: Skaters should purchase practice ice at initial registration and then will be able to choose their own practice ice sessions online after the event schedule is posted. Additional practice ice may be available for sale online after those that pre-register for their sessions have chosen them. Practice ice will be available on Friday afternoon and on event day. You may pre-register for $\$ 12$ or pay $\$ 15.00$ at the door if there are spaces available. A maximum of 18 skaters will be allowed per practice session. You may sign up for NO MORE THAN TWO SESSIONS on a first come first served basis.

## Entry Fees:

First Event Free skate; Pre-Preliminary through Senior and all Adult Levels \$80
Second Event Free skate; Pre-Preliminary through Senior and all Adult levels \$40
First Event Basic Skills: Snowplow through Basic 8: \$50
Second Event Basic Skills: Snowplow through Basic 8: \$25

## Duets or Couples: \$40 each partner

## Mini ensemble: Ensemble or Team event: \$20 each team member

Late entrants will be at the discretion of the Competition Chairperson with input from the Referee -- and will include a $\$ 25$ late fee after May 20, 2018.

USFS Test session will be held on the same weekend as this competition on Friday June 15; please go to www.tfscskating.org to register for the test by May 19, 2019. Any questions? Contact: Dodie Copp Luchansky email: copp1848@aol.

General Eligibility \& Liability: The competition is open to ALL skaters who are current members of a U.S. Figure Skating Basic Skills Program and/or are full members of U.S. Figure Skating. Non-members are eligible to compete but must become registered with our club or a Basic Skills Program before being eligible to participate. Skaters may compete at their test level as of the closing date of the entries, or one level higher, BUT not both levels in the same event. This event will be conducted under the rules set forth in the current edition of the U.S. Figure Skating Rulebook.

Eligibility will be based on skill level as of closing date of entries - May 19, 2019. All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances. For the Free skate 1-6, Pre preliminary and above, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the Local Organizing Committee discovers that a skater has been placed in a category that is below their class level, the chairman and referee will have the
option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

Skaters entering beginner-pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

Liabillity: U.S. Figure Skating, Thoroughbred Figure Skating Club., and Lexington Ice Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

Awards - Everyone will receive an award. All events will be final rounds. Medals will be awarded to first thru fifth place places. ALL other places will receive participant ribbons. ALL awards will be made shortly after each event. Skaters should report to the awards area promptly in competition attire and skates. A team trophy will be awarded to the club, other than the host club, that accumulates the most team points.

Schedule of Events -: A final competition and practice ice schedule will be posted on the Entryeeze link for this event approximately 10 days prior to the competition. The competition schedule is set by the referee, and no changes will be made to the schedule once it is announced unless an error has been made by the referee.

OFFICIALS: There will be three judges, not related to the competitors, for each event. Judges may be any official U.S. Figure Skating or Skate Canada judge or any other qualified eligible or ineligible person in skating who is a U.S. Figure Skating member and/or Basic Skills member.

MUSIC - Music: The skater must provide their own music for all Free Skate, Short Program, and Showcase events. Skaters must upload their music through Entryeeze by June 01, 2019. A backup CD with the skater's music should be readily available at rink side. Rules governing music selection can be found in the U. S. Figure Skating rulebook, rules 4040. TFSC will provide music for Basic Skills Program 1-6. Basic skills 1-6 music does not have to be uploaded by the skater. Music for Basic Skills Programs 1-6 is the same music used in other SEGL area competitions for Basic Skills events.

VIDEO TAPING AND PHOTOGRAPHS - Photography and video services will be available for purchase. Videos may not be available for certain half ice events. Flash photography is not allowed in the arena as it is a safety hazard to the skater.

FACILITY: The arena surface is $85^{\prime} \times 185$ '. There will be designated Locker Rooms for males and females. A snack bar is located in the lobby with lobby seating. There is a pro shop and a miniature golf course on site.

Locker Rooms: The status of locker rooms will be in compliance of Safe Sport.
EVENT SOUVENIRS: You are encouraged to "Pre-order" your custom competition t-shirt online when you register and enter our event.

Information Regarding Coaches: U.S. Figure Skating Rule MR 5.11 Coach Registration is in effect for this competition. In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual
basis by July 1: A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member; B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee and, if 18 years of age or older, successfully pass the background screen. C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12. D. Must submit proof of current general liability insurance with limits of $\$ 1$ million per occurrence/ $\$ 5$ million aggregate. For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing in a Learn to Skate USA Program, must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor. The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential - no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without proper registration is an ethics violation which is reported to U.S. Figure Skating and PSA. For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching\ Compliance\ Toolkit.pdf

JUDGING SYSTEM The 6.0 Majority Judging System will be used for all events
REGISTRATION Registration will open one and half hours prior to the first event and close promptly after the last event. The registration table will be located in the rink lobby. Please register promptly. Skaters should be at the rink 1 hour prior to scheduled time.

## Hotels:

DoubleTree Suites by Hilton 2601 Richmond Road (855 )605-0318
LaQuinta Inn and Suites Lexington South/Hamburg 100 Canebrake Dr (915) 888-3672
Towne Place Suites Lexington South/Hamburg 1790 Vendor Way (859) 263-0018
Hampton Inn 2251 Elkhorn Rd. (859) 299-2613
Homewood Suites 2033 Bryant Road (859) 543-0464

## EVENT: BASIC PROGRAM SNOWPLOW SAM - BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Download Music www.tfscskating.org; We are using the same music used in other SEGL area competitions for Basic Skills events.

- Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- To be skated on $1 / 2$ ice
-The skater may use elements from a previous level
-A . 2 deduction will be taken for each element performed from a higher level

| Level | Time | Skating rule/standard |
| :---: | :---: | :---: |
| SnowPlow Sam | $\begin{aligned} & 1: 10 \\ & \max . \end{aligned}$ | - March followed by a two-foot glide and dip <br> - Forward two-foot swizzles, 2-3 in a row <br> - Forward snowplow stop <br> - Backward wiggles, 2-6 in a row |
| Basic 1 | $\begin{aligned} & 1: 10 \\ & \max . \end{aligned}$ | - Forward two-foot glide and dip <br> - Forward two-foot swizzles, 6-8 in a row <br> - Beginning snowplow stop on two-feet or one-foot <br> - Backward wiggles, 6-8 in a row |
| Basic 2 | $\begin{aligned} & 1: 10 \\ & \max . \end{aligned}$ | - Forward one-foot glide, either foot <br> - Scooter pushes, right and left foot, 2-3 each foot <br> - Moving snowplow stop <br> - Two-foot turn in place, forward to backward <br> - Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | $\begin{aligned} & 1: 10 \\ & \max . \end{aligned}$ | - Beginning forward stroking showing correct use of blade <br> - Forward $1 / 2$ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive <br> - Forward slalom <br> - Moving forward to backward two-foot turn on a circle <br> - Beginning backward one-foot glide, either foot |
| Basic 4 | $\begin{aligned} & 1: 10 \\ & \max . \end{aligned}$ | - Forward outside edge on a circle, clockwise or counter clockwise <br> - Forward crossovers, 4-6 consecutive, both directions <br> - Backward $1 / 2$ swizzle pumps on a circle, one direction only 4-6 consecutive <br> - Backward one-foot glides,( no variation) right and left <br> - Beginning two-foot spin, 2-4 revolutions |
| Basic 5 | $\begin{aligned} & 1: 10 \\ & \max . \end{aligned}$ | - Backward outside edge on a circle, clockwise or counterclockwise <br> - Backward crossovers, 4-6 consecutive, both directions <br> - Forward outside three-turn, right and left <br> - Advanced two-foot spin, min 4 revolutions <br> - Hockey stop |
| Basic 6 | $\begin{aligned} & 1: 10 \\ & \max \end{aligned}$ | - Forward inside three-turn, right and left <br> - Bunny Hop <br> - Basic Forward spiral on a straight line,(no variation) right or left <br> - Beginning one-foot spin, Maximum 3B revolutions, optional free leg held position and entry <br> - T-stop, right or left |

## EVENT: SNOWPLOW SAM - BASIC 6 ELEMENTS

. When directed by a judge or referee the skater will perform one element at a time in the order listed below (no excessive connecting steps) prior to the next skater performing the sequence of elements.

- To be skated on $1 / 3$ to $1 / 2$ ice.
- No music.
- Divide Snowplow Sam skaters by level(1-4) If registration warrant
- All elements must be skated in the order listed.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Snowplow Sam | 1:00 max. | - March followed by a two-foot glide and dip <br> - Forward two-foot swizzles, 2-3 in a row <br> - Forward snowplow stop <br> - Backward wiggles, 2-6 in a row |
| Basic 1 | 1:00 max. | - Forward two-foot glide and dip <br> - Forward two-foot swizzles, 6-8 in a row <br> - Beginning snowplow stop on two-feet or one-foot <br> - Backward wiggles, 6-8 in a row |
| Basic 2 | 1:00 max. | - Forward one-foot glide, either foot <br> - Scooter pushes, right and left foot, 2-3 each foot <br> - Moving snowplow stop <br> - Two-foot turn in place, forward to backward <br> - Backward two-foot swizzles, 6-8 in a row |
| Basic 3 | 1:00 max. | - Beginning forward stroking showing correct use of blade <br> - Forward $1 / 2$ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive <br> - Forward slalom <br> - Moving forward to backward two-foot turn on a circle <br> - Beginning backward one-foot glide, either foot |
| Basic 4 | 1:00 max. | - Forward outside edge on a circle, clockwise or counter clockwise <br> - Forward crossovers, 4-6 consecutive, both directions <br> - Backward $1 / 2$ swizzle pumps on a circle, either clockwise or counter clockwise,4-6 consecutive <br> - Backward one-foot glides, (no variations) right and left <br> - Beginning two-foot spin, maximum 4 revolutions |
| Basic 5 | 1:00 max. | - Backward outside edge on a circle, clockwise or counterclockwise <br> - Backward crossovers, 4-6 consecutive, both directions <br> - Forward outside three-turn, right and left <br> - Advanced two-foot spin, maximum 4-6 revolutions <br> - Hockey stop |
| Basic 6 | 1:00 max. | - Forward inside three-turn, right and left <br> - Bunny Hop <br> - Basic Forward spiral on a straight line,(no variaations) right or left <br> - Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry <br> - T-stop, right or left |

## EVENT: Excel Pre-Free Skate - Free Skate 6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on $1 / 2$ ice.
- No music is allowed.
- The skater must demonstrate the required elements.

Bonus skills from the same level or below are allowed but will not be judged elements.

- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Pre-Free Skate | 1:15 max | - Forward inside open Mohawk from a standstill position (R to $L$ and L to R) <br> - Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise <br> - Basic One-foot upright spin, optional entry and free-foot position (minimum three revolutions) <br> - Mazurka <br> - Waltz jump |
| Free Skate 1 | 1:15 max. | - Forward stroking, 4-6 consecutive power strokes <br> - Backward outside three-turns, right and left <br> - One Foot Upright spin, entry from backward crossovers with free foot in crossed leg position(scratch spin) - minimum 4 revolutions <br> - Toe loop <br> - Half flip jump |
| Free Skate 2 | 1:15 max. | - Alternating forward outside(right and left) and inside spirals(right and left) on a continuous axis <br> - Backward inside three-turns, right and left <br> - Beginning back spin, Maximum two revolutions <br> - Half Lutz <br> - Salchow jump |
| Free Skate 3 | 1:15 max. | - Alternating Mohawk/crossover sequence, right to left and left to right <br> - Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise <br> - Advanced back spin with free foot in crossed leg position, min 3 revs <br> - Loop jump <br> - Waltz jump/toe loop or Salchow/toe loop jump combination |
| Free Skate 4 | 1:15 max. | - Forward power 3's, 2-3 consecutive sets, right or left <br> - Sit spin - minimum three revolutions <br> - Half loop jump <br> - Flip jump |
| Free Skate 5 | 1:15 max. | - Backward outside three-turn, Mohawk (backward power threeturn), both directions <br> - Camel spin - minimum three revolutions <br> - Waltz jump-loop jump combination <br> - Lutz jump |
| Free Skate 6 | 1:15 max. | - Forward power pulls, minimum 3 on each foot <br> - Camel, sit spin combination - minimum of four revolutions total <br> - Waltz jump, $1 / 2$ loop, Salchow jump sequence <br> - Beginning Axel jump |

## EVENT: Excel Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on $1 / 2$ ice.
- No music is allowed.
- The skater must demonstrate the required elements
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Excel <br> Beginner | $\begin{aligned} & 1: 15 \\ & \max . \end{aligned}$ | - Toe Loop jump <br> - Salchow jump <br> - Forward upright spin - minimum three revolutions <br> - Choreographic step sequence |
| Excel <br> High Beginner | $\begin{aligned} & 1: 15 \\ & \max . \end{aligned}$ | - Loop jump <br> - Salchow/ toe loop combination <br> - Sit spin - minimum three revolutions <br> - Choreographic step sequence |
| Excel PrePreliminary | 1:15 max | - Loop/loop jump combination <br> - Flip jump <br> - Upright spin with change of foot - minimum 3 revolutions on each foot <br> - Choreographic step sequence |
| Excel Preliminary | 1:15 max | - Lutz jump <br> - Flip/loop jump combination <br> - Camel, sit combination spin - minimum 6 revolutions total <br> - Choreographic step sequence |

## EVENT: WELL BALANCED COMPULSORY MOVES

General event parameters:

- Basic Skills - Juvenile: Elements skated on $1 / 2$ ice in simple program format
- The Skater must demonstrate the required elements listed
- Music is not allowed
- Skaters may have the option to skate one level higher in compulsories than free skate program.
- A 0.2 deduction will be taken for each element performed from a higher level.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| No Test | 1:15 max | - Loop jump <br> - Jump combination to include a toe loop (may not use a loop or Axel) <br> - Upright spin with change of foot - minimum three revolutions on each foot <br> - Choreographic step sequence |
| Pre Preliminary | 1:15 max. | - Lutz Jump <br> - Jump combination: single/single (no Axel) <br> - Spin with change of position and no change of foot- minimum 6 revolutions total <br> - Choreographic step sequence |
| Preliminary | 1:15 max. | - Axel Jump <br> - Jump combination: single/single (may include Axel) <br> - Spin with one change of foot and one change of position - minimum three revolutions on each foot <br> - Choreographic step seqquence |

## EVENT: ADULT 1-6 AND BEGINNER -BRONZE COMPULSORY

General event parameters:

- The skating order of the elements is optional. Element may only be attempted once
- To be skated in program format with limited connecting steps
- To be skated on $1 / 2$ ice
- A 0.2 deduction will be taken for each element MISSING, REPEATED or from a higher level

| Level | Time | Elements |
| :---: | :---: | :---: |
| Adult 1 | $\begin{aligned} & 1: 30 \\ & \text { MAX } \end{aligned}$ | - Forward Marching <br> - Forward two-foot glide <br> - Forward swizzle (4-6 in a row) <br> - Forward snowplow stop - two feet or one foot |
| Adult 2 | $\begin{aligned} & 1: 30 \\ & \text { MAX } \end{aligned}$ | - Forward skating across the width of the ice <br> - Forward one-foot glides <br> - Forward slalom <br> - Backward skating <br> - Backward swizzles, 4-6 in a row |
| Adult 3 | $\begin{aligned} & 1: 30 \\ & \text { MAX } \end{aligned}$ | - Forward stroking using the blade properly <br> - Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise <br> - Forward chasses on a circle, clockwise and counterclockwise <br> - Backward skating to a long two-foot glide <br> - Backward snowplow stop, Right and Left |
| Adult 4 | $\begin{aligned} & 1: 30 \\ & \text { MAX } \end{aligned}$ | - Forward outside edge on a circle, right and left <br> - Forward inside edge on a circle, right and left <br> - Forward crossovers, clockwise and counterclockwise <br> - Hockey stop, both directions <br> - Backward one-foot glides, right and left |
| Adult 5 | $\begin{aligned} & 1: 30 \\ & \text { MAX } \end{aligned}$ | - Backward outside edge on a circle, right and left <br> - Backward inside edge on a circle, right and left <br> - Backward crossovers, clockwise and counterclockwise <br> - Forward outside three-turn, right and left <br> - Beginning two-foot spin (min 2 revs) |
| Adult 6 | $\begin{aligned} & 1: 30 \\ & \text { MAX } \end{aligned}$ | - Forward stroking with crossover end patterns <br> - Backward stroking with crossover end patterns <br> - Forward inside three-turn, right and left <br> - T-stop <br> - Lunge <br> - Two-foot spin into one-foot spin (min 2 revs on 1 foot) |
| Adult Beginner | $\begin{aligned} & 1: 30 \\ & \text { MAX } \end{aligned}$ | - fBunny Hop <br> - Mazurka <br> - Forward beginning one foot spin from backward crossovers( min 2 rev) <br> - Forward moving inside open mohawk (right and left) heel to instep <br> - Alternating right and left forward outside edges across the width of the ice (one outside edge, right and left, one inside edge right and left |
| Adult <br> High <br> Beginner | $\begin{aligned} & \text { 1:30 } \\ & \text { Max } \end{aligned}$ | - Waltz Jump <br> - $1 / 2$ Flip <br> - Forward upright spin-minimum 3 revolutions <br> - Back outside three turn, right and left <br> - Alternating right and left backward outside and inside edges across the width of the ice ( one outside edge, right and left, one inside edge right and left |
| Adult | 1:30 | - Toe Loop jump <br> - Jump combination or sequence consisting of only $1 / 2$ revolution (half loop is considered |


| Pre- <br> Bronze | MAX | a full revolution jump) maximum of 2 jumps in combination and 3 jumps in a sequence <br> - Forward upright spin minimum 3 revolutions <br> - Two forward crossovers into a forward mohawk, step down, cross behind, step into one <br> backward crossover and step to a forward inside edge, clockwise and counter clockwise |
| :--- | :--- | :--- |
| Adult | $1: 30$ | - Salchow jump <br> - Waltz jump- Toe loop combination jump <br> - Backward upright spin- entry optional ( min 3 revolutions) |
|  | MAX | - Backward inside three turn, right and left <br> - Spiral sequence ( minimum 2 spirals) must change edge or foot |

## EVENT: Excel Pre-Free Skate - Free Skate 6 Program with Music Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

| Level | Time | Skating rules/standards |
| :---: | :---: | :---: |
| Pre-Free Skate | 1:40 max | - Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise <br> - Basic one-foot upright spin, optional entry and free-foot position (minimum three revolutions) <br> - Mazurka <br> - Waltz jump <br> - Not allowed - Waltz jump, side toe hop, waltz jump |
| Free Skate 1 | 1:40 max | - Forward stroking, 4-6 consecutive powerful strokes <br> - Upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin) - minimum 4 revolutions <br> - Toe loop jump <br> - Half flip jump <br> - Not allowed - Waltz jump/toe loop combination |
| Free Skate 2 | 1:40 max. | - Alternating forward outside(right and left) and forward inside (right and left) spirals on a continuous axis <br> - Beginning back spin, Maximum to two revolutions <br> - Half Lutz <br> - Salchow jump <br> - Not allowed Salchow/ toe loop combination |
| Free Skate 3 | 1:40 max | - Alternating Mohawk/crossover sequence, right to left and left to right <br> - Advanced back spin with free foot in crossed leg position, min 3 revs <br> - Loop jump <br> - Waltz jump-toe loop or Salchow-toe loop jump combination <br> - Not allowed waltz/ loop combination |
| Free Skate 4 | 1:40 max. | - Forward power 3's, 2-3 consecutive sets, right or left <br> - Sit spin - minimum three revolutions <br> - Half Loop jump <br> - Flip jump <br> - Not Allowed Waltz/half loop/Salchow sequence |
| Free Skate 5 | 1:40 max. | - Backward outside three-turn, Mohawk (backward power three-turn), both directions <br> - Camel spin - minimum three revolutions |


|  |  | • Waltz-loop jump combination |
| :--- | :--- | :--- |
|  |  | - Lutz jump |

## EVENT: Excel Free Skate - Beginner through Pre Juvenile levels

General Event Parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
http://www.usfigureskating.org/programs?id=59254


## EVENT: Well Balanced Program Free Skate No Test through Open Juvenile

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels
. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.


### 6.0 System will be used

## http://www.usfsa.org/content/2018-19\% 20Singles \% 20FS \% 20Chart.pdf

## Event: Adult-Free Skate

General event parameters:

- Adult events will be conducted in accordance with the current U.S. Figure Skating rulebook.
- Adult Beginner through Adult Bronze Free Skate will be offered.


### 6.0 Judging System will be used



## EVENT: Adult 1-6 Free Skate Program Event

General event parameters:
The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.

| Level | Time | Elements |
| :---: | :---: | :---: |
| Adult 1 | 1:40 Max | - Forward Marching <br> - Forward two-foot glide <br> - Forward swizzle (4-6 in a row) <br> - Forward snowplow stop - two feet or one foot |
| Adult 2 | 1:40 Max | - Forward skating across the width of the ice <br> - Forward one-foot glides <br> - Forward slalom <br> - Backward skating <br> - Backward swizzles, 4-6 in a row |
| Adult 3 | 1:40 Max | - Forward stroking using the blade properly <br> - Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise <br> - Backward skating to a long two-foot glide <br> - Forward chasses on a circle, clockwise and counterclockwise <br> - Backward snowplow stop, Right and Left |
| Adult 4 | 1:40 Max | - Forward outside edge on a circle, right and left <br> - Forward inside edge on a circle, right and left <br> - Forward crossovers, clockwise and counterclockwise <br> - Backward one-foot glides, right and left <br> - Hockey stop, both directions |
| Adult 5 | 1:40 Max | - Backward outside edge on a circle, right and left <br> - Backward inside edge on a circle, right and left <br> - Backward crossovers, clockwise and counterclockwise <br> - Forward outside three-turn, right and left <br> - Beginning two-foot spin |
| Adult 6 | 1:40 Max | - Forward stroking with crossover end patterns <br> - Backward stroking with crossover end patterns <br> - Forward inside three-turn, right and left <br> - T-stop <br> - Lunge <br> - Two-foot spin into one-foot spin |

## EVENT: SPIN CHALLENGE

## General event parameters:

- Spins may be skated in any order. Connecting steps are allowed but will not be taken into consideration in scoring.
- Spins may not be repeated. Only required elements may be included
- Pre-Juvenile and Below are skated on $1 / 2$ ice: Juvenile through Senior Full Ice
- Minimum number of revolutions are noted in parentheses.

| Level | Time | Skating rules / standards |
| :---: | :---: | :---: |
| Beginner | 1:30 max. | - Upright one-foot spin (3) <br> - Upright two-foot spin (3) <br> - $\quad$ Sit spin (3) |
| High Beginner | 1:30 max. | - Upright one-foot spin (4) <br> - Upright spin with change Of foot spin (3 revs on each foot) <br> - $\quad$ Sit spin (3) |
| No-Test | 1:30 max. | - Upright spin with change Of foot spin (3 revs on each foot) <br> - Camel Spin (3) <br> - $\quad$ Sit spin (3) |
| Pre Preliminary | 1:30 max. | - Spin with one change of foot and no change of position (6) <br> - Backward sit spin (3) <br> - Camel (4) |
| Preliminary | 1:30 max. | - Spin with one change of foot and one change of position (min. 3 revs each foot) <br> - Combination sit spin with change of foot (min. 3 revs each foot) <br> - One position spin - skater's choice (upright, sit or camel), (4 revs) |
| Pre Juvenile | 1:30 max. | - Backward entry Camel spin (4 revs) <br> - Combination spin - All 3 basic positions are required (camel, sit, upright), (2 revs in each position) <br> - Forward to backward scratch spin (min 4 revs per foot) |
| Juvenile \& Open Juv. | 1:30 max. | - Sit spin (4) <br> - Combination spin - with change of foot; all 3 basic positions required 2 revs in each position (min. 4 revs per foot) <br> - Girls - layback spin (6 revs); Boys - camel spin (5 revs) |
| Intermediate | 1:30 max. | - Flying camel spin-basic camel position required (5 revs) <br> - Sit spin to backward sit spin-basic sit position required (4 revs per foot) <br> - Combination spin - change of foot \& all 3 basic positions required <br> - (2 revs in each position \& min 5 revs per foot) |
| Novice | 1:30 max. | - Illusion to back scratch spin; may change feet (6 revs) <br> - Camel spin to backward camel spin (4 revs per foot) <br> - Combination spin - change of foot, all 3 basic positions required ( 2 revs in each position \& min 6 revs per foot) |
| Junior | 1:30 max. | - Flying sit spin or flying reverse sit spin (6 revs) <br> - $\quad$ Solo spin of choice - may not fly (8 revs) <br> - Combination spin - with change of foot, all 3 basic positions required <br> - (2 revs in each position \& min 6 revs per foot) |
| Senior | 1:30 max. | - Flying spin of choice (8 revs) <br> - Solo spin of choice (8 revs) - may not fly <br> - Combination spin - with change of foot, all 3 basic positions required ( 2 revs in each position \& min 6 revs per foot) |

## EVENT: JUMP CHALLENGE

## General event parameters:

1 Each jump may be attempted twice; The best attempt will be counted.
2. Pre-juvenile and lower will be skated $1 / 2$ ice; Juvenile - Senior will be skated on full ice

| Level | Time | Skating rules / standards |
| :---: | :---: | :---: |
| Beginner | 1:15 max. | - Waltz jump (from backward crossovers) <br> - $1 / 2$ flip or $1 / 2$ Lutz <br> - Single Salchow |
| High Beginner | 1:15 max. | - Waltz jump (from backward crossovers) <br> - Single Salchow <br> - Jump combination - waltz jump-toe loop |
| No-Test | 1:15 max. | - Single toe loop <br> - Single loop <br> - Jump combination - Any two $1 / 2$ or single revolution jumps (no Axel) |
| Pre Preliminary | 1:15 max. | - Single toe loop <br> - Single flip <br> - Jump combination - Any two $1 / 2$ or single revolution jumps (no Axel) |
| Preliminary | 1:15 max. | - Single flip <br> - Single Lutz <br> - Jump combination - Any single jump + single loop (may include Axel) |
| Pre Juvenile | 1:15 max. | - Single Axel or double Salchow <br> - Single or double jump <br> - Jump combination - single/single (may include Axel) |
| Juvenile \& Open Juv. | 1:15 max. | - Single Axel <br> - Double Salchow or double toe loop <br> - Jump combination - single/single or double/single (may include single Axel) |
| Intermediate | 1:30 max. | - Single Axel <br> - Double toe loop or double loop <br> - Jump combination - double/single or double/double (may include single Axel |
| Novice | 1:30 max. | - Double loop <br> - Double flip <br> - Jump combination - double/double (may be double Axel) |
| Junior | 1:30 max. | - Choice of double or triple jump (Salchow, toe loop, loop, Lutz) <br> - Double or triple flip <br> - Jump combination - double/double (may include double Axel)) |
| Senior | 1:30 max. | - Choice of double or triple jump (Salchow, toe loop, loop, flip) <br> - Double or triple Lutz <br> - Jump combination - double/double or triple/double (may include double Axel) |

## 2019 SOLO DANCE EVENTS BEING OFFERED:

Solo Pattern Dance Event: This event is NOT part of the National Solo Dance Series. However, it will be conducted following the same rules, except that the 6.0 scoring system will be use. No points will be earned for National Solo Dance Credit. The solo pattern dance event is comprised of two dances at each level. This event is being offered at the preliminary, pre-bronze, bronze, pre-silver, silver, pre-gold, and gold levels.

## General event parameters:

1. Levels are based upon the skaters' highest pattern dance test passed.
2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
3. The skater will perform the two pattern dances listed for their level (see below).
4. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dance groupings.

| Level | Dances |
| :--- | :--- |
| Preliminary | 1. Dutch Waltz <br> 2. Rhythm Blues <br> (3 patterns each) |
| Pre-Bronze | 1. Cha Cha <br> 2. Fiesta Tango <br> (3 patterns each) |
| Bronze | 1. Hickory Hoedown <br> 2. Ten Fox <br> (3 patterns each) |
| Pre-silver | 1. Fourteenstep <br> 2. Foxtrot <br> (3 patterns each) |
| Silver | 1. American Waltz <br> 2. Rocker Foxtrot <br> (3 patterns for Rocker: 2 patterns for American) |
| Pre-gold | 1. Blues <br> 2. Killian <br> (3 patterns for Blues: 4 patterns for Killian) |
| Gold | 1. Westminster Waltz <br> 2. Argentine Tango <br> (2 patterns each) |

Refer to the 2019 Solo Dance Series Handbook for the solo pattern dance event rules, test requirements and details found at www.usfsa.org/content/2018 Solo Series Handbook.pdf

## Shadow Pattern Dance:

## Shadow Dance

The shadow pattern dance event is comprised of one pattern dance at each level.

A team may be comprised of two females, two males or one female and one male. In any case, the steps skated shall be the lady's steps as specified in the 2019 U.S. Figure Skating Rulebook.
Not part of the dance series.

The following levels will be offered:

| Level | Requirement | Dance(number of sequences to be skated) |
| :--- | :--- | :--- |
| Preliminary | One partner must not have passed higher than <br> the complete pre-bronze dance test. | Canasta Tango (3 sequences) |
| Juvenile | One partner must not have passed higher <br> than the complete pre-silver dance test. | Fiesta Tango (3 sequences) |
| Intermediate | One partner must not have passed higher than <br> the complete silver dance test. | Foxtrot (3 sequences) |
| Novice | One partner must not have passed higher than <br> the complete pre-gold dance test. | Tango (2 sequences) |
| Junior | One partner must not have passed higher than <br> the complete gold dance test | Blues (2 sequences) |
| Senior | Open | Argentine Tango (2 sequences) |

## EVENT: Showcase Events - Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

## EVENT: Showcase Events - Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.


## General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed.
2. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. The determination of level will be based upon test requirement at the entry deadline.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

## EVENT: Showcase Events - Duet Events

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed.
2. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. The determination of level will be based upon test requirement at the entry deadline

## Dramatic / Light Entertainment Levels/ Duet:

Except for Adult events, skaters must compete at the highest level for which they qualify.

| Event | Elements | Qualifications | time |
| :--- | :---: | :---: | :---: |
| Basic Skills | Elements only from Basic $1-6$ <br> curriculum | May not have passed any higher <br> than Basic 6 level. | 1.00 max |
| Pre-Free <br> Skate Free <br> Skate 6 <br> Beginner/High <br> Beginner <br> Adult basic 1- <br> 6 | 3 jump maximum. $1 / 2$ rotation jumps <br> only, plus the following full rotation <br> jumps: Salchow and toe loop | Must not have passed any US <br> official Figure Skating Test or Free <br> Dance | $1: 30$ max |


| Event | Must meet requirements* <br> Must have passed Free Skating or Dance <br> test (solo or partnered standard track) | Must not have passed <br> Free Skate or Dance (solo or <br> partnered) Test or higher | Age |
| :---: | :---: | :---: | :---: | :---: |



| Young Adult | Juvenile Free Skate OR Juvenile Free Dance | Novice Free Skate OR <br> Novice Free Dance | 18-20 | 2:10 max |
| :---: | :---: | :---: | :---: | :---: |
| Novice | Novice Free Skate OR <br> Novice Free Dance | Junior Free Skate OR Junior Free Dance | No age restriction | 2:10 max |
| Junior | Junior Free Skate OR <br> Junior Free Dance | Senior Free Skate OR <br> Senior Free Dance |  | 2:30 max |
| Senior | Senior Free Skate OR <br> Senior Free Dance |  |  | 2:30 max |
| Event | Must meet requirements* <br> Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track) | Must not have passed <br> Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher | Age | Time |
| Adult PreBronze (does not qualify for National Showcase) | Adult Pre-Bronze Free Skate OR Pre-Preiminary Free Skate | Adult Bronze Free Skate Preliminary Free Skate OR <br> Any Free Dance | 21 and older | 1:40 max |
| Adult Bronze | Adult Bronze Free Skate <br> Preliminary Free Skate <br> Juvenile Free Dance <br> OR <br> Pre-Bronze Dance Test (prior to 4/30/17) | Adult Silver Free Skate Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) | 21 and older | 1:40 max |
| Adult Silver | Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3rd Figure (prior to 10/1/77) | Adult Gold Free Skate Juvenile Free Skate (On/after 10/1/94) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR $4^{\text {th }}$ Figure (prior to $10 / 1 / 77$ ) | 21 and older | 1:40 max |
| Adult Gold | Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR <br> 3rd Figure (prior to 10/1//77) | Intermediate FS (on/after 10/1/91) Junior Free Dance <br> Silver Free Dance (Prior to 9/2/2000) OR <br> 5th Figure Test (prior to 10/1/77) | 21 and older | 1:40 max |
| Masters | Intermediate Free Skate <br> Adult Gold Free Dance Junior Free Dance <br> Silver Free Dance (Prior to 9/2/2000) <br> 3rd Figure Test (prior to 10/1/77) <br> OR <br> $8^{\text {th }}$ Figure Test (10/1/77-9/30/79) |  | 21 and older | 2:10 max |

* For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). Adult athletes wishing to be grandfathered into a higher level based on
participation at the Adult Championships or National Showcase prior to $4 / 30 / 17$ may make this request to the National Vice Chair for National Showcase. For all other competitions, skaters must compete at their test level or one level higher, per the above chart. For Basic Skills levels and events, please refer to the U.S. Figure Skating Compete USA Competition Manual for Showcase event levels, elements, qualifications, program lengths and descriptions. For events offered, refer to the competition announcement.

EVENT: Showcase Events - Mini Production Ensemble Events
Formats:

- Mini production ensemble events are theatrical performances by three to seven competitors. Props and scenery are permitted. Programs are performed under full arena lighting
- NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

## Mini Production Ensemble Events:

| Event | Must meet requirements* <br> Must have passed Free Skating <br> or Dance test (solo or partnered <br> standard track) | Must not have passed <br> Must not have passed Free <br> Skate or Dance test (solo or <br> partnered standard track) | Age | Program <br> Duration |
| :---: | :---: | :---: | :---: | :---: |
| Mini Production | Open | Open | No age restriction | $3: 10$ max |

## EVENT: Showcase Events - Production Ensemble Event

Formats:

- Production ensemble events are theatrical performances by eight or more competitors. Theatre On Ice teams are eligible as production ensembles. Props and scenery are allowed. Programs are performed under full arena lighting
- NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

## Production Ensemble Events:

| Event | Must meet requirements* <br> Must have passed Free Skating <br> or Dance test (solo or partnered <br> standard track) | Must not have passed <br> Must not have passed Free <br> Skate or Dance test (solo or <br> partnered) | Age | Program <br> Duration |
| :---: | :---: | :---: | :---: | :---: |
| Production Ensemble | Open | Open | No age restriction | 6:15 max |

## EVENT: Showcase Events - Interpretive Events

Format: Interpretive is a performance choreographed by the competitor, unaccompanied and unassisted, to music supplied by the competition committee / LOC. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater's interpretation of the music, rather than technical elements.

- The music will be played twice during an on-ice warm-up prior to the performance.
- After the warm up, skaters will go back to a room, with no music being played.
- Skaters will be brought to the ice when the previous skater finishes.
- All competitors in an event will interpret the same music.
- The listening skater will not be allowed to view the performing skater
- There is no instruction allowed from coaches, parents or fellow skaters. The staging area must be kept clear except ice monitor

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

## Interpretative Events and Levels:

Except for Adult events, skaters must compete at the highest level for which they qualify

| Level | Program Duration | Test Requirements (Freeskate or Free Dance) |
| :---: | :---: | :---: |
| Basic Skills | 1:00 maximum | Have not passed any USFSA test |
| PrePreliminary/Preliminary | 1:00 maximum | Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline. |
| Pre-juvenile | 1:30 maximum | Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline. |
| Juvenile - novice | 1:30 maximum | Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadline. |
| Junior and senior | 1:30 maximum | Skaters may compete at the highest level they have passed, or skate up to one level higher. The determination of level will be based upon test requirement at the entry deadine. |


| All adult events | 1:30 maximum | Skaters may compete at the highest level they have passed, or skate up <br> to one level higher. The determination of level will be based upon test <br> requirement at the entry deadline. |
| :---: | :---: | :---: |

