



## 2001 Yamaha Suspension Specs

| [1997](#) | [1998](#) | [1999](#) | [2000](#) | **2001** | [2002](#) | [2003](#) | [2004](#) | [2005](#) | [2006](#) | [2007](#) | [2008](#) | [2009](#) | [2010](#) | [2011](#) | [2012](#) | [2013](#) | [2014](#) | [2015](#) |

Model	Fork Size	Manufacturer	Fork Rate	Oil Level	Rear Spring	Race Sag	Weight	Suggestions
<b>YZ 80</b>	36mm	KYB	0.29	5.0"	5.2kg	90mm	125lbs ±10	Good for 125lb rider
<b>YZ 125</b>	46mm	KYB	0.41	5.3"	4.6kg	100mm	145lbs ±10	Go up to a .42 fork spring for better balance
<b>YZ 250</b>	46mm	KYB	0.43	5.0"	4.8kg	100mm	150lbs ±10	5.0 rear 3 stage valve. go up to a .44 fork spring
<b>YZ 250F</b>	46mm	KYB	0.44	5.0"	5.2kg	100mm	165lbs ±10	Forks soft, revalve rear shock
<b>YZ 426F</b>	46mm	KYB	0.46	5.0"	5.4kg	100mm	165lbs ±10	Go up to .48 fork spring 3 stage rear
<b>WR400</b>	46mm	KYB	0.45	125mm	5.4kg	100mm	160lbs ±10	forks soft - 3 stage rear shock

## 2001 Yamaha Suspension Tips

Model	Tips
YZ 250	The spring rate is good for a 155 to 165 pound racer. We suggest .44 fork springs for the Intermediate and Expert racer to better balance the bike. The rear shock for 2001 is valved a little harsher, we suggest a Tech-Care valving modification to make the bike handle better through the whoop sections
YZ125	If you are a 150 pound Expert racer you will need to go up on the fork spring rate to a .42, you will then have a better balanced motorcycle.
YZ250F	Very balanced unit, fork and shock modification available according to riders weight and ability
YZ426F	We group these two years together because they are so similar. Bike is over sprung in the rear. Stiffer fork springs will help balance the bike out if you run stock rear valving. Suggest Tech-Care spring rates and valving for riders weight and ability



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