

# CORNHUSKER CLASSIC STATE AND OPEN COMPETITION COMPLIANCE RULES

In order to run a successful competition, all participants MUST adhere to the rules set forth by the contest directors and Lincoln Christian . Every participant and spectator must sign waiver.

1. Masks must be worn at all times in the building except for the competition athletes when competing.
2. We are limiting the number of spectators to keep everyone safe. Only two (2) guests per competing athlete allowed in the facility.
3. Temperatures will be taken at the door and access to the gym will be denied if temperatures are above 100°.
4. Pop up tents are allowed only in dressing rooms.
5. Social distancing (at least 6 feet) must be practiced throughout the gym including bleachers, awards table and head table.
6. Practice good personal hygiene, including washing hands frequently with soap and water or using hand sanitizer with at least 60% alcohol if soap is unavailable.
7. Absolutely no food or drink is allowed in the gym except for water for the athletes.
8. Adhere to the guidelines and recommendations from the CDC, as well as federal and state governmental authorities, in order to protect your health and the health of the Lincoln Christian Community.
9. Costume Changes are not recommended but will be at the discretion of individual participants.
10. Guidelines may be updated at anytime based on guidance from the Lancaster County Health Department

Visit [www.cdc.gov](http://www.cdc.gov) for information related to COVID-19 and public health and safety guidance.

Thank you for your cooperation and support in keeping twirling and the community safe.

**The Contest Directors reserve the right to enforce and remove anyone not following these rules.**

Athlete Name: \_\_\_\_\_

I have read and understand these rules.

X

\_\_\_\_\_  
Parent/Guardian/Athlete (if over 18)