



DECEMBER 2018

Mon.	Tue.	Wed.	Thu.	Fri.
<p>3</p> <p>TREE – TRIMMING GROUP 1-2:30 P.M.</p> <p><i>Join us to decorate the tree, and enjoy some holiday beverages + snacks!</i></p>	<p>4</p> <p>COFFEE CLUB 1-2 P.M.</p> <p>HEALTHY HEARTS 2-3:30 P.M.</p>	<p>5</p> <p>COFFEE TRIP 1-2 P.M.</p> <p><i>Meet at HMHO for 1 P.M</i></p>	<p>6</p> <p>LEISURE GROUP 1-3 P.M. Chess, BINGO, Fun</p> <p>MINDFULNESS 3 P.M.</p>	<p>7</p> <p>PHOTOGRAPHY CLUB</p> <p><i>The McQueston Family Christmas. See Ashley for details and to sign-up</i></p>
<p>10</p> <p>ARTS AND CRAFTS 1-3P.M</p>	<p>11</p> <p>COFFEE CLUB 1-2 P.M.</p> <p>HEALTHY HEARTS 2-3:30 P.M.</p>	<p>12</p> <p>HOLIDAY PARTY (OFF-SITE)</p> <p><i>Tickets available at the front desk. See Ashley for details.</i></p>	<p>13</p> <p>LEISURE GROUP 1-3 P.M. Chess, Games, Fun</p> <p>MINDFULNESS 3 P.M.</p>	<p>14</p> <p>COMPUTER + IPAD DROP – IN GROUP!</p> <p><i>See Ashley for details and to sign up!</i></p>
<p>17</p> <p>HOLIDAY SINGING GROUP 1-2:30 P.M</p> <p>GIRL TALK 2:30-3:30 P.M.</p>	<p>18</p> <p>COFFEE CLUB 1-2 P.M.</p> <p>HEALTHY HEARTS 2-3:30 P.M.</p>	<p>19</p> <p>GINGERBREAD HOUSE COMPETITION</p> <p><i>See Ashley for details and to sign up! Prizes and treats!</i></p>	<p>20</p> <p>LET’S COOK <i>See Ashley for details and to sign up!</i></p> <p>LEISURE GROUP 1-3 P.M. Chess, BINGO, Fun</p>	<p>21</p> <p>HOLIDAY MOVIE DAY 1-3 P.M.</p> <p>Popcorn & Pop</p>
<p>24</p> <p>NO GROUPS</p> <p>HMHO CLOSED AT NOON</p>	<p>25</p> <p>CHRISTMAS DAY HMHO CLOSED</p>	<p>26</p> <p>BOXING DAY HMHO CLOSED</p>	<p>27</p> <p>MOVIE DAY with James</p> <p>1-3 P.M.</p>	<p>28</p> <p>GROUP ACTIVITY</p> <p>1-3 P.M.</p>
<p>31</p> <p>NO GROUPS</p> <p>HMHO CLOSED AT NOON</p>	<p>CALL ASHLEY AT 905-522-9767 x 214 FOR DETAILS!</p>			