

# August Breakfast Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
1) Assorted cereal bars with fruit and milk.	2) Egg in a hole with fruit and milk.	3) Waffles with maple syrup, fruit and milk.	4) Overnight oats with fruit and milk.
8) Fresh fruit smoothies with granola and milk.	9) Breakfast bowl with fruit and milk.	10) Assorted cold cereal with fruit and milk.	11) Assorted cereal bars with fruit and milk.
15) Scrambled eggs with Toast, jelly, fruit and milk.	16) French Toast with maple syrup, fruit and milk.	17) breakfast pastry with fruit and milk.	18) breakfast pizza with fruit and milk.
22) Yogurt with granola, fruit and milk.	23) Cinnamon Apple pancakes with maple syrup, fruit and milk.	24) Cheesy scramble eggs with a biscuit, fruit and milk.	25) Banana peanut butter roll ups with fruit and milk.
29) Biscuits and gravy with fruit and milk.	30) Assorted cold cereal with fruit and milk.	31) Breakfast quesadillas with salsa, fruit and milk.	

**Notes:**

There will be two types of milk offered at each meal:  
 Breakfast: skim and 1% white  
 Lunch: 1% white and fat free chocolate

\*Menu is subject to change as needed.

“This institution is an equal opportunity provider.”