

# THE MAINSTREAM



## POOL News and Notes

**Hours:** The pool is open daily 11 a.m. – 9 p.m. Watch for communications for adjusted hours due to holidays, swim meets, etc.

**Memberships:** The Swim and Tennis Club is currently sold out of pool memberships

**Complaints/Suggestions:** Please email [hiddenbrook\\_homes@hotmail.com](mailto:hiddenbrook_homes@hotmail.com)

**Pool Rules:** The updated Hiddenbrook pool rules have been distributed through email and can be found on the website. Please take a moment and familiarize yourself with them.

**Picnic Table Reservations:** This year only one event per day will be permitted. A reservation must be made at least 3 days in advance. The lifeguards have a form that must be filled out in order to reserve the tables.

## THANK YOU!

Thank you to Lisa Rita, Naomi Baker, Sara Yaussy, Sarah Boyle, Meg Hinders, Scott Steiger, Jenn King, Sandra Davis, Michelle & Matt Ratto, Kristine Augone, Dan Blanchet and any others who pitched in to help start off the season with our opening day BBQ at the pool!

### Hiddenbrook Homes Association

[www.hiddenbrookhomes.org](http://www.hiddenbrookhomes.org)

1508A Sadlers Wells Drive  
Herndon, VA 20170

Property Manager:  
Lisa Cornaire

[hiddenbrook\\_homes@hotmail.com](mailto:hiddenbrook_homes@hotmail.com)

#### Office Hours

Tues. & Thurs. 2-5pm  
or by appointment

(703) 318-7159 - office

(703) 437-9737- fax

(703) 437-9736 - pool

Mailing address:  
PO Box 582, Herndon, VA 20172

## Pool Break Results

The votes are in and based on the Swim and Tennis Club Members' responses, the pool will be open to lap swim only during the last 15 minutes of every hour.



## History of the Hiddenbrook Snack Shack

The Snack Shack was added to the pool in 2008. Before then, the guards sold a few frozen treats from a small freezer in the guard office during breaks, to make a few bucks on the side. The pool company we hired that summer would not allow the guards to do this. We came up with the idea that, maybe, the swim team could sell some concessions on the weekends. We sell concessions at our home meets as a fundraiser, so we already had experience with this. The idea for the Snack Shack bloomed from there. There was a small area under the deck between the men's room and the guard office, just big enough. A small group of swim team dads armed with hammers and saws put nails and 2x4s together to create the shack. We got a refrigerator donated to us, and we were in business and have grown into the Snack Shack that you know and love.

We hope to have someone there to open the shack for each break at a quarter to the hour, however, the Snack Shack is staffed entirely by volunteers. These are parents of kids on the swim team. These parents donate their time at the pool, and to buy the supplies, without any monetary reward. We buy in bulk as much as possible and try to keep the prices as low as we can. Items start \$.50 and range to no more than \$2. Every penny of profit goes back to the team, and the Snack Shack has become one of our best and most consistent fundraisers.

We have a variety of food and drink items including frozen treats and some healthier snacks options as well as some team items available for purchase.

Snack Shack Cards are available for purchase with \$10 & \$20 card options, that way if you forget your wallet you aren't out of luck! Checks are accepted made payable to the Hiddenbrook Swim Team. Cash is always welcome too, though singles and small bills are always appreciated!

Donations to the Snack Shack are greatly appreciated: a case of soda or bottled water or Gatorade or some single serve items from Sam's or Costco – fruit snacks, chips, candy, and if you would like to donate something we don't usually stock great – who knows, you may see it become a regular item if it is a hit!

To everyone who has bought our sugary and salty snacks over the past 10 years – **Thank you for supporting the Hiddenbrook Hurricanes Swim Team and we will see you at the pool!**

### Water Aerobics

We are pleased to offer water aerobics again this summer at 6:30 p.m. on Tuesdays and Fridays. We plan to offer two sessions—June 19 – July 27 (6 weeks-\$60\*) and July 31 – August 31 (5 weeks- \$50\*). Discounted pricing (\$85\*) if signed up for both sessions at the start. If you are interested in participating, email [joanekoss@outlook.com](mailto:joanekoss@outlook.com) to be added to the Water Aerobics email distribution list. \*Since we strive to make this an at-cost event with pricing to cover the instructor fee, best pricing will be determined by participation.

## Adult Fitness Swim

There will once again be a morning adult swim program this summer, led by former swim coach Neal Jarvis. The first date is June 20<sup>th</sup>, and it will run through August 24<sup>th</sup>. We plan on meeting 3 days per week (M,W,F) at 7:00 a.m. Neal will post a workout at the start of each practice. We have all 6 lanes available, so there is room for swimmers of any ability. Cost to participate is \$50.

If you are interested in joining us, please send an email to [HBMarcelV@gmail.com](mailto:HBMarcelV@gmail.com).

## WHY ARE THERE HURRICANES IN OUR POOL?

When you walk through the lobby of the pool house, have you ever noticed the growing collection of shiny blue trophies? Strange photos of kids with a garden gnome? The Record Board bearing the names of neighborhood kids whose names are immortalized for their speed and tenacity -at least until some young whipper-snapper breaks another pool record? The Agony; the Ecstasy. This is Summer Swim in Northern Virginia. This is the Hiddenbrook Hurricanes Swim Team!

The Hurricanes, an independent Virginia non-profit corporation, make their home at the Hiddenbrook Swim & Tennis Club. The Hurricanes are a long-standing tradition in Herndon backed by nearly four decades of fun and success. The team competes in one of the oldest and largest summer swim organizations in the country, the Northern Virginia Swimming League (NVSL). After three consecutive undefeated and exhilarating seasons, the Hurricanes will compete in Division 4, the highest NVSL ranking in nearly 20 years!

In addition to engaging in competitive swimming, the Hurricanes endeavor to make swimming a safe, fun and rewarding experience by developing strong team spirit, and providing a developmental program for children aged four to 18 years. Our coaches offer training and practice groups for swimmers of all ages and ability levels, including a program for our littlest swimmers, the Hiddenbrook Waterspouts. The Waterspouts practice in smaller groups and receive much more individualized attention, so that they may become stronger swimmers. There are few smiles as contagious as those of a Waterspout who has successfully graduated to full Hurricane status!

If you think Summer Swim sounds like fun, you're right! The Team is open to all current Hiddenbrook Swim & Tennis Club members who are 18 or under. To become a Hurricane, a child must be able to swim one length of the pool (25 meters) using freestyle before his or her first meet. If your son or daughter cannot yet meet that requirement, we encourage them to join the Hiddenbrook Waterspouts. Swim Team is a family affair for many and the Waterspouts program includes the younger siblings in the fun and emphasizes the water safety skills that are important for our pool community. Registration for Summer Swim or the Waterspouts program is available at <http://hiddenbrookswimteam.com/registration/>.

For 2018, the Hurricanes will have six home meets and eight away meets. Each Hurricane competes with swimmers of comparable age. Our 2018 summer schedule is as follows:

<b>Date</b>	<b>Time</b>	<b>Opponent</b>	<b>Home/Away</b>	<b>Meet Type</b>
Monday, June 18th	6:00pm	Herndon Rec	Away	B Meet
Saturday, June 23rd	9:00am	Virginia Run	Home	A Meet
Monday, June 25th	6:00pm	Fox Mill Estates	Away	B Meet
Saturday, June 30th	9:00am	Ravensworth Farm	Home	A Meet
Monday, July 2nd	6:00pm	Fox Mill Woods	Home	B Meet
Saturday, July 7th	9:00am	Lake Vale Estates	Away	A Meet
Monday, July 9th	6:00pm	BYE – NO MEET	N/A	B Meet
Saturday, July 14th	9:00am	Crosspointe	Away	A Meet
Monday, July 16th	6:00pm	Blue-White Meet	Home	Intra-squad
Thursday, July 19th	6:00pm	Invitational Relay Carnival	Home	B Meet
Saturday, July 21st	9:00am	Vienna Woods	Home	A Meet
Monday, July 23rd	6:00pm	Pinecrest	Away	B Meet
Saturday, July 28th	9:00am	All Division 4 Teams	Away	Divisionals
Saturday, August 4th	9:00am	All NVSL Swimmers	Away	NVSL All Stars

Even if you don't have a child on the Team, we encourage you to attend - grab something from the concessions stand, pick a neighborhood kid to cheer on and find out what all the hoopla is about. The Hurricanes are proud of their place at the Hiddenbrook Swim & Tennis Club and would love to share their community spirit with you!

If you would rather bask by the pool than listen to proud parents cheer on their offspring, please note that under a reciprocal agreement, Hiddenbrook Swim & Tennis members may use the Kingston Chase pool on the occasions that ours is closed for a swim meet.

All this talk of swimming might be making you hungry. But the Hurricanes have you covered there as well! The Snack Shack, a Hiddenbrook Pool institution, will be open again this summer during most breaks, stocked and staffed by Hurricane parents.

Proceeds from your snack purchases help fund the Hurricanes, keeping us in lane lines, backstroke flags and stopwatches.

For more information about the Hurricanes, the Waterspouts program, and practice times please visit our website at <http://hiddenbrookswimteam.com/frequently-asked-questions> or by contacting Matt Pickworth, the team president, at [hiddenbrookswimteam@gmail.com](mailto:hiddenbrookswimteam@gmail.com).

See you at the pool!

## Hiddenbrook Board of Directors

(Meetings are held on the 3<sup>rd</sup> Tuesday of every month at 7:30 p.m. in the clubhouse)

President	Joan Koss	joanekoss@outlook.com
Vice President	Chaz Holland	chazholland2@verizon.net
Secretary	Paige Dyer	paige_dyer@icloud.com
Treasurer	Pam Spencer	pspencer11@cox.net
Director at Large	Kristin Leveto	kl123@cox.net

## Hiddenbrook Committee Chairs

ARC	Jason Wenrich	<a href="mailto:stringcheeseephish@yahoo.com">stringcheeseephish@yahoo.com</a>
Clubhouse	Pam Spencer	<a href="mailto:Pspencer11@cox.net">Pspencer11@cox.net</a>
Communications	Kristin Leveto	<a href="mailto:Kjleveto@gmail.com">Kjleveto@gmail.com</a>
Finance	Craig Graby	<a href="mailto:Craig@graby.net">Craig@graby.net</a>
Neighborhood Watch	VACANT	
Pool	Marcel van Vierssen	<a href="mailto:hbmarcelv@gmail.com">hbmarcelv@gmail.com</a>
Activities	VACANT	
Swim Team	Matt Pickworth	<a href="mailto:hiddenbrookswimteam@gmail.com">hiddenbrookswimteam@gmail.com</a>
Tennis	Charles Roswell	<a href="mailto:Roswells@icloud.com">Roswells@icloud.com</a>

If you are interested in joining any of the Hiddenbrook committees, please fill out the 'Committee Interest Form' from the documents page of the [www.hiddenbrookhomes.org](http://www.hiddenbrookhomes.org) website and send it in to our property manager, Lisa Cornaire at [Hiddenbrook\\_Homes@hotmail.com](mailto:Hiddenbrook_Homes@hotmail.com)

If you are interested in receiving a printed copy of our monthly newsletter, please email your request to [hiddenbrook\\_homes@hotmail.com](mailto:hiddenbrook_homes@hotmail.com).

# CLUBHOUSE CALENDAR

June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9 Clubhouse Rental
10 Clubhouse Rental	11	12 Clubhouse Rental	13	14	15	16
17	18	19 7:30 pm Board Meeting	20	21	22	23 Swim Meet
24	25	26	27	28	29	30 Swim Meet

Are you interested in helping the community? We could use a **volunteer to compile this monthly newsletter**. (Any needed training can be provided.) Email Joan Koss at [joanekoss@outlook.com](mailto:joanekoss@outlook.com) for more details.