

Douglas County Public Health Report 2015

Our Mission Statement:



Douglas County Health Department is responsible for protecting and promoting health of its residents by assessing their health status and needs, developing policies and priorities, and assuring appropriate county response, thus ultimately improving health as measured by reduced communicable disease and increased life expectancy.

Workforce Development: During 2015 our staff participated in over 300 staff development training hours. Currently we have eleven full-time employees, two part-time employee, and two contracted employees.



The Douglas County Health Department is dedicated to providing ten essential services of public health.

www.naccho.org

Monitor health status to identify health problems: by agencies sharing local data on the obesity epidemic, lead poisoning, mental/behavioral health, reproductive health, healthy aging, food quality and food insecurity, asthma, and safety/violence prevention.

Inform, educate and empower people about health issues: by providing factual, health-focused information to members of our community (H1N1, Douglas County school hand washing programs, and outreach events at the City Park/Pool).

Mobilize community partnerships and action to identify and address health problems: by actively collaborating with other community entities to recognize a public health problem and working together to most effectively respond to it (Newborns in Need, Options Pregnancy Center, Parents As Teachers, and CHART - Community Health Assistance Resource Team).

Develop policies and initiatives that support individual and community health efforts: by utilizing the collaborations collective strength and expertise in building capacity and exercising follow-through when addressing a health concern (work on tobacco policies with City of Ava regarding the city parks, work with Scroll Compressors on tobacco free campus).

Link people to needed personal health services: by informing the community about health resources available to them such as flu shot clinics, tobacco cessation programs, and chronic disease self-management programs.

Evaluate population-based health services: by discussing what services are available and if they are adequate and effective and by evaluating the impact of projects initiated by us.

Research and report on new insights and innovative solutions to health problems: by being a member of Missouri Public Health Research Based Network, staying current with new issues in public health, and discussing these issues with our collaboration and community.

Diagnose and investigate: by collectively utilizing our voices to promote the availability, accessibility of care, and identifying the gaps that need to be addressed.

Assure a competent workforce: by continuing to bring knowledge and expertise to the table in an effort to address health care concerns (chronic disease prevention, youth programs, elder health needs, and safety-injury prevention).

Enforce laws and regulations that protect health and ensure safety: by environmental sanitation inspections, complaint follow-up, and mandated monitoring.

A well trained workforce is essential to public health especially in the areas of emergency management, chronic disease prevention, public safety, community assessment and improvement planning.



Douglas County Health Department

603 N.W. 12th Avenue - PO Box 940
 Ava, Missouri 65608
 (417) 683-4174
 www.dchd.org
 Valerie Reese - Administrator

**The Region G
 Public Health
 Collaborative**

Since 1974, the Douglas County Health Department (DCHD) has been providing public health to the residents of our county. Depending on funding and assessed needs, the public health services we provide are constantly changing. As an agency, we strive to develop a variety of funding sources to strengthen our community. Our health department has been progressive in obtaining grant funding through which we are able to educate the public, work with our school systems and plan interventions. The Douglas County Health Department works with the Missouri Department of Health and Senior Services through contracts which provide needed services to our county. In this way, we attempt to accomplish our vision.

The Douglas County Health Department has joined together with the local health departments in these counties to work on some of the larger issues of public health.

Region G in south central Missouri includes nine counties consisting of Carter, Douglas, Howell, Oregon, Ozark, Reynolds, Shannon, Texas and Wright counties.

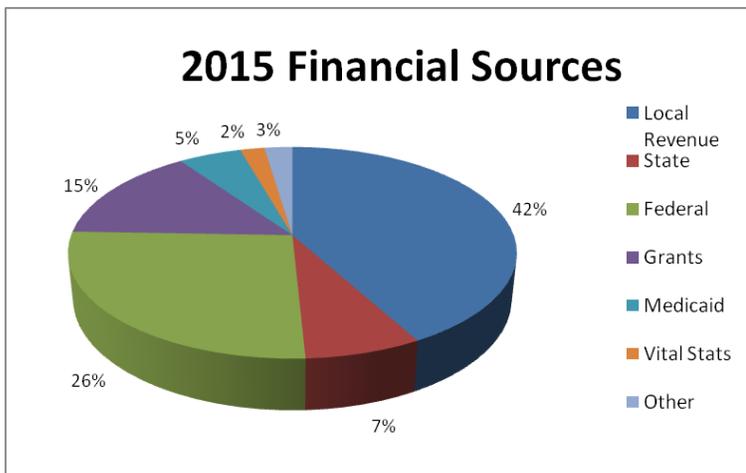
Our Vision:

Douglas County will be a county of healthy people in a healthy and safe environment.

For more information about the Region G Public Health Collaborative please visit:

[DCHD Brochure](#)

www.moregg.org



Douglas County Health Department is
 An Equal Opportunity/Affirmative Action Employer
 Services Provided On A Non-discriminatory Basis

ASSESSMENT

Disease surveillance with county schools and healthcare providers are done weekly. This system allows us to collect data to monitor current illness activity and trends within our county.

A comprehensive community health assessment was updated in 2013. In the fall of 2016 a new community health assessment will be completed and revealed to County Officials and Residents.

SERVICES

Through a variety of services DCHD reaches people of all ages, providing appropriate health education and assistance. During 2015 the Douglas County Health Department served 10,743 residents which represents a 61% increase since 2013. Among the residents served, a total of 18,109 services were provided. The list below names just a few of those services or programs that were made available to the residents of Douglas County during 2015.

Client & Community Encounters:

ASSISTANCE

- 1566 Baby items distributed
- 98 Breast pumps issued
- 32 Car seats given
- 28 Baby monitors given

PROGRAM VISITS

- 473 Prenatal Case Management
- 5577 WIC Nutrition Visits

HEALTH SERVICE/SCREENINGS

- 256 Flu shots given
- 338 Immunizations given
- 81 TB Tests Performed
- 58 STD/HIV Tests Performed
- 1294 Blood pressure screenings
- 164 BMI (Body Mass Index) Screenings
- 372 Blood Sugar Screenings
- 16 Carbon Monoxide Tests
- 60 Cholesterol Screenings
- 286 Lead Tests Performed
- 116 Pregnancy Tests Completed

OTHER SERVICES

- 1084 Birth/death Certificate Issuance

CLASSES/EVENTS

- 5 Diabetes Classes
Reaching 30 residents
- 17 Public Speaking Events
Reaching 903 residents
- 22 School Events
Reaching 4745 residents
- 101 Child Care Consultation Events
Reaching 1459 residents

INSPECTIONS

- 10 Child Care Facilities
- 23 Water Inspections
- 83 Businesses
- 2 Lodging Facilities
- 18 Resident Complaints

MEDIA CONTACTS

- 6174 Newsletters
- 52 News Articles
- Monthly Radio Spot
- 2 websites

www.dchd.org

www.moregg.org

Communicable Diseases Reported in 2015 for Douglas County

| DISEASE | CAUSE/TYPE | PREVENTION | NO# CASES |
|-------------------------------------|--|---|------------------------|
| Campylobacter | Food Bourne/Pets | Food Safety/Good hand washing | 4 |
| Cryptosporidiosis | Food/Water Bourne Personal Contact | Food Safety/Water Safety Good hand washing | 3 |
| E Coli | Food/Water Bourne | Food Safety/Good hand washing | 1 |
| Haemophilus Influenza | Air Bourne | Hib Vaccination | 1 |
| Hepatitis B | Blood/Bodily Fluids Needle Sticks | Hepatitis B Vaccination Don't share needles, Safe sex | 1 |
| Hepatitis C | Blood Bourne Illicit Drug Use | Don't share needles/Healthcare Workers follow universal precautions | 11 |
| Rocky Mountain Spotted Fever | Tick Bite | Outdoor Safety/Use Repellent with Deet/Perform a Full-body Tick Check | 3 |
| Salmonella | Food Bourne/Handling small pets or rodents | Food Safety/Good hand washing | 6 |
| Strep A | Contact with nose or throat mucus | Good hand washing | 1 |
| Strep Pneumonia | Coughing, sneezing and close contact | Good hand washing | 1 |
| Gonorrhea | Sexually Transmitted | Abstinence, Monogamy, & Condoms | 3 |
| Chlamydia | Sexually Transmitted | Abstinence, Monogamy, & Condoms | 10 |
| HPV | Sexually Transmitted | Abstinence, Monogamy, Condom Usage and Vaccination | Reporting Not Required |

The vaccinations mentioned in the Communicable Disease Table above are available for free at DCHD to those who qualify. Call today to see if you are eligible to receive free immunizations 417) 683-4174.

BEST PRACTICES HIGHLIGHTED

- [*Healthy Schools Healthy Communities*](#) - Healthier kids today mean healthier adults tomorrow
- [*Newborns in Need*](#) - Assistance program for needy babies
- [*Breastfeeding Friendly Worksite Program*](#)- Breastfeeding support for worksites
- [*Live Well Missouri*](#) - Helping local restaurants offer healthy meals for their customers.
- [*Go Blue Day*](#) - Child Abuse Awareness Event
- [*MOALPHA*](#) Collaboration Award



DCHD sponsors an annual event for *Go Blue Day* that helps spread awareness regarding child abuse and educate local children on how to seek help.

Douglas County Health Department Works With Local Organizations to Make Their Community Healthier



Guacamoles - Ava

For more information on this amazing program, visit:

[Live Well Missouri](#)

Through the Health Eating and Active Living Grant DCHD helped local restaurants achieve the Live Well Restaurant Award for providing healthy menu options!



Autumn's Café & Grill - Ava



Through the Healthy Schools Healthy Communities Grant, DCHD helped sponsor the Skyline Back to School Pool Party at the Ava City Pool.



The Douglas County Health Department in partnership with DHSS and the Breastfeeding Friendly Worksite Program of Missouri helped six local organizations become Breastfeeding Friendly Worksites in 2015. Contact DCHD at (417) 683-4174 to find out how we can help your facility become a Breastfeeding Friendly Worksite.



Bosom Buddies - the DCHD Mom's Café Club Meets Every Other Month.



DCHD and HSHC sponsored a Turkey Trot at the Ava High School Football field.



DCHD partnered with Skyline School to offer families a Family Fun & Wellness Night.