



Snapkick

Dojo student newsletter



West Valley Martial Arts

“Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not.” ~ Oprah Winfrey

June, 2017

The Pot of Dirt

Our teacher read us a story today. It was a story about Mr. Abe, a wealthy store owner who was ready to retire. He met with his workers and told them he was going to give away his thriving business to one of them. Mr. Abe explained that he would hold a special contest for the next year. The plan was really quite simple. He had each employee come to him, one at a time, to pick up a single seed. Then he said, “Plant it, water it, and bring it back for judging in one year.” Each worker went home with the treasured seed in hand and took special care to find the best soil and fertilizers. They planted their seeds with anticipation and dreamed of what they would do when they became successful business owners.

One worker named Sam did everything just right. He planted, watered the seed, and made sure it had enough sunlight. Days passed and nothing grew; weeks passed, and he started to worry. The other employees began to brag about how their plants were sprouting and growing tall and green. Sam hung his head, for all he had was a pot of dirt. He went home and reported sadly to his loving wife what everybody else was saying about their growing seeds. Day after day they bragged that their plants were growing. Sam went home each day to find only a pot of dirt on the windowsill.

A year passed, and it was time for judging. Mr. Abe asked each worker to bring in the plant they had grown. Each employee dragged in huge plants, while Sam was still embarrassed with his pot of dirt. There were snickers and comments, but what happened next was a surprise to everyone. Mr. Abe walked past each employee complimenting them on their large healthy plants.

Mat Chats

Good Manners

- Week 1. Polite greeting
- Week 2. Showing respect
- Week 3. Playground manners
- Week 4. The magic words and how to say them



As he approached Sam and his empty pot, he shouted, “Congratulations Sam! “ With a slap on his back he put a ring of keys into Sam's hand. “You are the new owner of this business - it's a special gift from me!” The other workers demanded an explanation. Mr. Abe said, “A year ago I gave each of you a special seed - a boiled seed. A boiled seed is dead and can't possibly grow. Now I know that Sam alone was honest and had the character to bring in an empty pot - so he earned my trust!”

Our teacher closed the book. The class discussed how being a person of integrity, while not always easy, is always best and always shows strength.

Author Unknown

*Submitted by
Alicia Del Prado*

Parents:

We have set our 2017 WVMA Summer Camp schedule!

These camps are available for students of *all skill levels* ages 7 and up.

All camps run from 9:00am - 2:00pm

June 19 - 23 Special Black Belt Kata: Chinte

~~**July 17 - 21 Special WEAPONS Kata: Sekkiun No Tanto****~~

JULY CAMP IS FULL**

August 7 - 11 Special Black Belt Kata: Jion

\$239.00 Sibling discount is \$30 off

*All camps will include: **special camp t-shirt, snacks, and lunch on Friday.**

*Camp sizes are limited to 22 students.

** This camp will include a short wooden practice sword.

Sensei Dan Wakefield has been running youth summer karate camps for 20 years. These camps always prove to be a **fun, rewarding experience for kids.**

Japanese Numbers

- | | |
|--------------------|------------------------|
| 1. 一 Ichi (e-chee) | 6. 六 Roku (row-koo) |
| 2. 二 Ni (knee) | 7. 七 Shichi (she-chee) |
| 3. 三 San (sahn) | 8. 八 Hachi (ah-chee) |
| 4. 四 Shi (she) | 9. 九 Kyū (Q) |
| 5. 五 Go (goh) | 10. 十 Jū (joo) |



This month we will be teaching students chanbara. Chanbara, in simple terms, is padded weapons training. In deeper terms, chanbara is a fast paced martial art that helps a student develop lightning fast reflexes, distancing, and timing. Chanbara will also develop courage, self-control and good sportsmanship. Training at our dojo will allow students to learn these qualities in a safe environment without the fear of injury.

We will hold a fun, low-key competition on Thursday and Friday, June 29th and 30th during regular class times. We will bring out the long swords as well as shields and make sure students have a great time!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 2017				1	2	3
4	5 Leadership Class	6	7	8	9	10
11	12 Adult Advanced Class	13	14	15	16	17
18	19 Leadership Class	20	21	22 Testing	23 Testing	24
WVMA Summer Camp						
25	26 Adult Advanced Class	27	28	29 Chanbara competition	30 Chanbara competition	

Notes:

wvmadojo.com

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