

## Format for Early Morning "Open" Meeting

**Before you start hand out the 4 laminated readings - 3rd step, 7th step and 11th step from the leader notebook, as well as "A Vision for You".**

Welcome to the early morning meeting of Alcoholics Anonymous.

My name is \_\_\_\_\_ and I am an alcoholic. The format of this meeting is to read 3 parts from the Big Book of Alcoholics Anonymous, followed by open discussion.

Do we have anyone attending their very first AA meeting? Do we have anyone attending the Cypresswood Group for the first time? We will pass the basket half way through the meeting in keeping with AA's seventh tradition. This is an open meeting and we ask that when sharing you limit your sharing to alcoholism and the recovery there from in 3 to 5 minutes. And please remember that the lack of profanity will offend no one.

Today I have asked \_\_\_\_\_ to read a portion from the 3rd step.

I have asked \_\_\_\_\_ to read a portion from the 7th step.

I have asked \_\_\_\_\_ to read a portion from the 11th step.

### **At the close of meeting -----**

Here at the Cypresswood Group we are on a chip system recognizing months of continual sobriety; is there anyone that desires one today?

**Then ask someone to start reading the short form of the 12 traditions off the wall chart.**

I have asked \_\_\_\_\_ to read "A Vision for You" from the Big Book of Alcoholics Anonymous and lead us in the 3rd step prayer for closing.