

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
	Mini Corndogs	Beef Nachos	Hot Ham & Cheese	Pasta w/Meatsauce	Chicken Nuggets	
	Baked Beans	Rice / Beans	Carrots	Italian Veggies	Roll / Broccoli	
	Baked Fries	Lett/Tom/ Cheese	Peas	Salad	Salad /Fruit	
	Salad/ Fruit	Fruit/ Juice	Salad / Fruit	Fruit / Juice	Freezie	
	Milk	Milk	Milk	Milk	Milk	
7	8	9	10	11	12	13
	Chicken Patty	Hamburger	Beef Nachos	Baked Chicken	Pizza	
	Veggie Sticks	Baked Fries	Lett/Tom/Cheese	Mashed Potatoes	Corn	
	Salad/Baked Apples	Lett/Tom/Pickle	Rice/Beans	Green Beans/ Carrots	Salad	
	Juice	California Veggies	Fruit	Fruit/ Juice	Fruit/ Cookie	
	Milk	Juice / Milk	Milk	Milk	Milk	
14	15	16	17	18	19	20
	Cheeseburger	Chicken & Waffles	Muffin /Yogurt / Cheese	Chicken Nuggets		
	Baked Fries	Carrots	Veggie Sticks	Mac & Cheese	NO	
	California Veggies	Green Beans	Cauliflower	Broccoli / Fruit	SCHOOL	
	Fruit / Juice	Fruit / Juice	Fruit	Cookie		
	Milk	Milk	Milk	Milk		
21	22	23	24	25	26	27
	Chicken Patty	Mini Corndogs	Chicken Fajita	Hot Dogs	Chicken Nuggets	
	Lett / Tom / Cheese	Celery / Pnut Butter Cup	Lett / Tom / Cheese	Baked Fries	Roll	
	Green Beans	Baked Beans	Rice / Beans	Peas / Cole Slaw	Broccoli/ Salad	
	Fruit / Juice	Tater Tots	Fruit	Fruit	Fruit/ Freezie	
	Milk	Juice / Milk	Juice / Milk	Milk	Milk	
28	29	30				
	Chicken Taco	Chicken Alfredo				
	Lett / Tom / Cheese	Broccoli				
	Rice / Beans	Carrots				
	Fruit / Juice	Fruit / Juice				
	Milk	Milk				