

Licensed to Lambton Central Collegiate Voc. Inst.
 2005 O.F.S.A.A. West Regional - 27/05/2005 to 28/05/2005
 Track and Field Championships Sarnia Central Athletic Complex Results

Women 100 Meter Dash Midget

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West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross			
Name	Year	School	Prelims	Wind	H#
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Preliminaries					
1 Brooks, Brittany		Delhi Dss-De	13.16Q	-1.1	2
2 Ghertsos, Maria		Belle River	13.29Q	-0.5	1
3 Thomson, Lauren		St. Mary's	13.22Q	-1.1	2
4 Charnuski, Olivia		Elmira Dss-E	13.31Q	-0.5	1
5 Winik, Alexa		Maranatha	13.33Q	-1.1	2
6 Simone, Stephanie		St. Thoma SS	13.50Q	-0.5	1
7 Oliver, Karlie		Bishop MacDo	13.71q	-1.1	2
7 Straatman, Alyssa		Lambton Cent	13.71q	-1.1	2
9 Love, Aly		St. Clair SS	13.72	-0.5	1
10 Rajnak, Laura		St. John's C	13.73	-0.5	1
11 Mukenge, Mariam		St. Michael	13.79	-0.5	1
12 VanMierlo, Morgan		St.Thomas Aq	13.81	-0.5	1
13 Garber, Megan		Strathroy DC	13.84	-1.1	2
14 Haffner, Kyla		C. C. London	14.00	-1.1	2

Women 100 Meter Dash Midget

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West Region: * 12.12 2002		Emily JOHNSON/J. F. Ross			
Name	Year	School	Finals	Wind	
=====					
Finals					
1 Brooks, Brittany		Delhi Dss-De	13.43	-5.6	
2 Thomson, Lauren		St. Mary's	13.62	-5.6	
3 Ghertsos, Maria		Belle River	13.77	-5.6	
4 Charnuski, Olivia		Elmira Dss-E	13.78	-5.6	
5 Simone, Stephanie		St. Thoma SS	13.82	-5.6	
6 Winik, Alexa		Maranatha	13.96	-5.6	
7 Straatman, Alyssa		Lambton Cent	14.12	-5.6	
8 Oliver, Karlie		Bishop MacDo	14.13	-5.6	

Women 200 Meter Dash Midget

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West Region: * 24.70 2002		Emily JOHNSON/J. F. Ross			
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Winik, Alexa		Maranatha	26.82Q	-2.4	1
2 Brooks, Brittany		Delhi Dss-De	27.02Q	-0.4	2
3 Simone, Stephanie		St. Thoma SS	27.14Q	-0.4	2
4 Thomson, Lauren		St. Mary's	27.25Q	-2.4	1
5 Charnuski, Olivia		Elmira Dss-E	27.20Q	-0.4	2
6 Johnson, Jessica		John F. Ross	27.40Q	-2.4	1
7 Bashir, Emilia		Cameron Heig	27.67q	-2.4	1
8 Phillips, Sabrina		Herman	28.00q	-2.4	1
9 McArthur, Carly		Saugeen Dss-	28.36	-0.4	2
10 VanMierlo, Morgan		St.Thomas Aq	28.46	-2.4	1
10 Garber, Megan		Strathroy DC	28.46	-0.4	2
12 Bering, Lauren		St. Anne SS	28.51	-0.4	2
12 Haffner, Kyla		C. C. London	28.51	-2.4	1
14 Merner, Katie		St.Thomas Aq	28.76	-2.4	1

Women 200 Meter Dash Midget

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West Region: * 24.70 2002 Emily JOHNSON/J. F. Ross

Name	Year	School	Finals	Wind
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Finals

1	Winik, Alexa	Maranatha	27.00	-3.8
2	Brooks, Brittany	Delhi Dss-De	27.46	-3.8
3	Simone, Stephanie	St. Thoma SS	27.53	-3.8
4	Johnson, Jessica	John F. Ross	27.55	-3.8
5	Thomson, Lauren	St. Mary's	27.64	-3.8
6	Charnuski, Olivia	Elmira Dss-E	27.74	-3.8
7	Phillips, Sabrina	Herman	28.09	-3.8
8	Bashir, Emilia	Cameron Heig	28.68	-3.8

Women 400 Meter Dash Midget

West Region: * 57.3h 1982 Donalda DUPREY / Pt. Elgin-Saugeen

Name	Year	School	Finals	H#
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1	Winik, Alexa	Maranatha	58.23	2
2	Stevens, Sam	Grand River	59.49	2
3	Johnson, Jessica	John F. Ross	1:00.00	2
4	Spriel, Amanda	Dorchester	1:00.19	2
5	Simone, Stephanie	St. Thoma SS	1:00.48	2
6	Lusignon, Kirstie	Lourdes	1:02.06	2
7	Rausch, Becca	Banting	1:02.29	1
8	Bering, Lauren	St. Anne SS	1:02.35	1
9	Phillips, Sabrina	Herman	1:02.54	2
10	Langstaff, Samantha	Ur The Pines	1:03.58	1
11	Cameron, Nikki	Ingersoll DC	1:03.60	1
12	Carr, Jackie	Kitchener Wa	1:03.71	2
13	Anderson, Alyssa	Centennial C	1:03.81	1
14	Watson, Jenny	C. C. London	1:03.84	1
15	Ferguson, Lindsay	Banting	1:04.08	1

Women 800 Meter Run Midget

West Region: * 2:12.68 2002 Alyson KOHLMEIER/Sarnia-St. Patirck's

Name	Year	School	Finals
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1	Takahashi, Mariko	C. C. London	2:20.40
2	Donaldson, Shauna	West Hill	2:24.01
3	Campigotto, Alisha	Holy Names H	2:26.04
4	Lusignon, Kirstie	Lourdes	2:26.35
5	Spriel, Amanda	Dorchester	2:26.50
6	Rausch, Becca	Banting	2:26.53
7	Anderson, Alyssa	Centennial C	2:28.93
8	Andres, Michelle	Bishop MacDo	2:29.89
9	Ferguson, Lindsay	Banting	2:31.76
10	Matthyssen, Jenna	Ur The Pines	2:32.77
11	Linker, Melissa	London Distr	2:33.13
12	Martiuk, Laura	Massey	2:33.14
13	van den Corput, Virgie	Lambton Cent	2:35.71
14	Pacheco, Gina	St Christoph	2:42.04

Women 1500 Meter Run Midget

West Region: * 4:33.99 1997 Erin MCLURE / Waterloo CI

Name	Year	School	Finals
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1	Takahashi, Mariko	C. C. London	4:51.23
2	Aldea, Stephanie	St. Anne SS	4:55.65
3	Seccafien, Andrea	Bishop MacDo	4:55.89
4	Campigotto, Alisha	Holy Names H	4:56.62

5	Donaldson, Shauna	West Hill	4:57.64
6	Goodwin, Krystal	Massey	5:08.02
7	Cadwallader, Hayley	Sarnia Cits	5:08.83
8	Robertshaw, Blaire	East Elgin S	5:09.68
9	Linker, Melissa	London Distr	5:10.34
10	Andres, Michelle	Bishop MacDo	5:12.51
11	McCuaig, Sarah	MacDonald	5:14.10
12	Nichol, Amanda	London Centr	5:14.15
13	van den Corput, Virgie	Lambton Cent	5:20.57
14	Foran, Gabrielle	St. Mary's-Woods	5:24.88

Women 3000 Meter Run Midget

West Region: * 9:48.0h 1986 Jennifer ARMSTRONG / London-South			
Name	Year	School	Finals
1	Seccafien, Andrea	Bishop MacDo	10:58.01
2	Robertshaw, Blaire	East Elgin S	11:02.09
3	Foran, Gabrielle	St. Mary's-Woods	11:02.26
4	Goodwin, Krystal	Massey	11:03.38
5	Aldea, Stephanie	St. Anne SS	11:05.67
6	Cadwallader, Hayley	Sarnia Cits	11:12.01
7	Linker, Melissa	London Distr	11:23.22
8	Percy, Ahley	Massey	11:44.31
9	Buisman, Katelyn	Woodland Chr, ON, ON	11:52.49
10	Pacheco, Gina	St Christoph	11:53.72
11	Kosterman, Julia	Lourdes	12:02.64
12	Hurst, Lauren	Medway Hs-Ar	12:09.26
13	Bannister, Carlee	North Middle	12:16.23

Women 80 Meter Hurdles Midget

West Region: * 11.52 1996 Jessica ZELINKA / London-Banting					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Harris, Meagan	Banting	13.12Q	-4.2	2
2	Beishuizen, Tanya	London Distr	13.28Q	-4.4	1
3	Tourlas, Tammy	Chatham-Kent	13.98Q	-4.2	2
4	Aarsen, Andrea	St.Thomas Aq	14.66Q	-4.4	1
5	Heinhuis, Chelsey	McGregor	14.17Q	-4.2	2
6	Kelly, Rachel	C. C. London	14.71Q	-4.4	1
7	Shalhoub, Julie	St. Anne SS	14.36q	-4.2	2
8	Haskett, Brittany	Holy Trinity C H	14.80q	-4.2	2
9	Rapai, Lindsay	Holy Trinity C H	14.89	-4.4	1
10	Thompson, Amanda	St Christoph	14.90	-4.2	2
11	Gregus, Sandra	South Huron	15.10	-4.4	1
12	McLeod, Kaitlynn	Chesley Dhs-	15.18	-4.4	1
13	VanVeller, Amy	Northern Civ	15.20	-4.2	2
14	Gibney, Claire	Grand River	15.59	-4.4	1

Women 80 Meter Hurdles Midget

West Region: * 11.52 1996 Jessica ZELINKA / London-Banting				
Name	Year	School	Finals	Wind
Finals				
1	Beishuizen, Tanya	London Distr	12.77	1.3
2	Harris, Meagan	Banting	13.13	1.3
3	Tourlas, Tammy	Chatham-Kent	13.42	1.3
4	Heinhuis, Chelsey	McGregor	13.52	1.3
5	Kelly, Rachel	C. C. London	13.71	1.3
6	Haskett, Brittany	Holy Trinity C H	14.02	1.3

7 Shalhoub, Julie	St. Anne SS	14.05	1.3
8 Aarsen, Andrea	St.Thomas Aq	14.13	1.3

Women 300 Meter Hurdles Midget

=====				
West Region: * 43.80 1997		Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	H#
=====				
1 Spriel, Amanda		Dorchester	47.15	2
2 Hislop, Dana		Northern Civ	47.33	2
3 Gibney, Claire		Grand River	47.78	2
4 van Klaveren, Rachel		Lambton Cent	48.02	2
5 Oxby, Lindsay		Norwell Dss-	49.10	2
6 VanVeller, Amy		Northern Civ	49.37	1
7 Phillips, Allison		Southwood SS	49.48	2
8 Harris, Meagan		Banting	49.98	1
9 Cleeve, Stephanie		Chatham-Kent	50.13	2
10 Kroeker, Stephanie		Kingsville D	50.23	2
11 Filson, Nicole		Medway Hs-Ar	50.56	1
12 Wise, Jaclyn		C. C. London	51.45	1
13 Neff, Madeline		Centre Welli	52.05	1
14 Rapai, Lindsay		Holy Trinity C H	52.30	1
15 Pfister, Lisa		Dorchester	53.40	1

Women 4x100 Meter Relay Midget

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West Region: * 50.00 1996		LONDON - BANTING		
School			Finals	H#
=====				
1 Sir Frederick Banting S S 'A'			52.78	2
1) Law, Kelsey		2) Harris, Meagan		
3) Rausch, Becca		4) Ng, Kayla		
5) Ferguson, Lindsay		6)		
2 Belle River D H S 'A'			52.81	2
1) Ghertsos, Maria		2) Henderson, Chelsea		
3) Knight, Jordynn		4) Risdale, Jenni		
5) Voligny, Chantelle		6)		
3 Grand River C I 'A'			52.84	2
1) Gibney, Claire		2) Zintel, Shannon		
3) Qahwash, Nadia		4) Stevens, Sam		
4 St.Thomas Aquinas S S 'A'			52.95	1
1) VanMierlo, Morgan		2) Aarsen, Andrea		
3) Merner, Katie		4) Gaffney, Caitlin		
5) Staeger, Katie		6)		
5 Lambton Central C & V I 'A'			52.96	2
1) Rainsberry, Abby		2) Thomson, Krystal		
3) Straatman, Alyssa		4) van Klaveren, Rachel		
5) Vandenbergh, Jill		6)		
6 Northern C I & V S 'A'			53.03	2
1) Arnold, Amber		2) Hislop, Dana		
3) VanVeller, Amy		4) Burchmore, Jacqueline		
5) Bentley, Kelsy		6)		
7 Catholic Central 'A'			53.12	2
1) Allen, Melissa		2) Murray, Brittanie		
3) Watson, Jenny		4) Haffner, Kyla		
5) Macajieuski, Ada		6)		
8 Waterloo C I 'A'			53.50	1
1) Dietrich, Rebecca		2) Van Pelt, Stephanie		
3) Brophy, Christine		4) Roeder, Nicole		
5) Courtemanche, Katie		6)		
9 Chatham-Kent S S 'A'			53.70	2
1) Corrente, Julia		2) Masterson, Justine		
3) Strain, Katie		4) Turlas, Tammy		

5) Tsirimbis, Petroula	6)		
10 Ingersoll D C I 'A'		54.03	1
1) Beckett, Danielle	2) Costello, Kayla		
5) Glassford, Lindsay	6)		
11 Guelph C & V I 'A'		54.31	1
1) Arts, Abby	2) Koroma, Binty		
3) Jeninson, Dani	4) Thompson, Rebecca		
5) Lo, Kelly	6)		
12 Cameron Heights C I 'A'		54.41	1
1) DiGravio, Julia	2) Andrew, Brittini		
3) Gray, Bethany	4) Bashir, Emilia		
5) Irvin, Mary	6)		
13 St. Michael C S S 'A'		54.52	1
1) Graham, Melissa	2) Mukenge, Mariam		
3) Parks, Lauren	4) Deloyer, Erica		
5) VanNes, Lisa	6)		
14 Sacred Heart H S 'A'		55.73	1
1) Glasier, Katie	2) Rehkopf, Katie		
3) Weber, Nicci	4) Pitt, Christie		
5) Eckensweiler, Rita	6)		
-- Vincent Massey S S 'A'		DQ	2
1) Adelchi, Angela	2) Leenaars, Kristen		
3) Rushling, Amanda	4) Sheikh, Khadija		

Women High Jump Midget

West Region: * 1.73m 1984										Leanne MADILL / Guelph-Centennial	
Name					Year School					Finals	
1	Cornish, Clair					Southwood SS				1.56m	
	1.30 1.35 1.40 1.45 1.50 1.53 1.56 1.59										
	O O O O XO XXO O XXX										
2	Pierce, Michelle					Massey				J1.56m	
	1.30 1.35 1.40 1.45 1.50 1.53 1.56 1.59										
	P P P O O O XXO XXX										
3	Kaiser, Katie					Saunders SS				1.53m	
	1.30 1.35 1.40 1.45 1.50 1.53 1.56										
	P P P O XO XO XXX										
4	Beech, Lisa					North Park C				1.50m	
	1.30 1.35 1.40 1.45 1.50 1.53										
	P O O O O XXX										
5	Dennis, Vicki					Tilbury Dhs				1.45m	
	1.30 1.35 1.40 1.45 1.50										
	O O XO O XXX										
6	Cook, Krista					Medway Hs-Ar				J1.45m	
	1.30 1.35 1.40 1.45 1.50										
	P XO XO O XXX										
7	Roorda, Rachael					Paris Dhs-Pa				J1.45m	
	1.30 1.35 1.40 1.45 1.50										
	O O O XO XXX										
8	van Klaveren, Rachel					Lambton Cent				J1.45m	
	1.30 1.35 1.40 1.45 1.50										
	P XO XO XO XXX										
9	Coulahan, Liane					Lucas-London				J1.45m	
	1.30 1.35 1.40 1.45 1.50										
	P O O XXO XXX										
10	Vandenberg, Sandra					Woodland Chr, ON, ON				1.40m	
	1.30 1.35 1.40 1.45										
	O O O XXX										
10	Zabrowski, Carly					John F. Ross				1.40m	
	1.30 1.35 1.40 1.45										
	P O O XXX										
12	McFadden, Michelle					McGregor				J1.40m	

1.30	1.35	1.40	1.45			
O	O	XO	XXX			
12	Youlton, Brenna	McGregor	J1.40m			
1.30	1.35	1.40	1.45			
O	O	XO	XXX			
14	Rowe, Hayley	Regina Mundi	1.35m			
1.30	1.35	1.40				
O	O	XXX				
15	Powell, Calista	Central Huro	J1.35m			
1.30	1.35	1.40				
P	XXO	XXX				

Women Long Jump Midget

West Region: * 5.78m 1996 Jessica ZELINKA / London-Banting						
Name	Year	School	Finals	Wind		
1 Roeder, Nicole		Waterloo	4.95m	NWI		
4.65m(NWI)	4.56m(NWI)	4.67m(NWI)	4.77m(NWI)	4.87m(NWI)	4.95m(NWI)	
2 Arnold, Amber		Northern Civ	4.94m	NWI		
4.11m(NWI)	4.62m(NWI)	4.75m(NWI)	4.72m(NWI)	4.94m(NWI)	4.79m(NWI)	
3 Stevens, Sam		Grand River	4.83m	NWI		
4.75m(NWI)	FOUL(NWI)	4.47m(NWI)	4.83m(NWI)	4.69m(NWI)	4.83m(NWI)	
4 Kaiser, Katie		Saunders SS	4.69m	NWI		
4.68m(NWI)	4.45m(NWI)	4.59m(NWI)	4.69m(NWI)	4.38m(NWI)	4.57m(NWI)	
5 Haskett, Brittany		Holy Trinity C H	4.63m	NWI		
4.15m(NWI)	4.43m(NWI)	4.60m(NWI)	3.74m(NWI)	4.63m(NWI)	4.63m(NWI)	
6 Haskett, Eden		Holy Trinity C H	J4.63m	NWI		
4.12m(NWI)	4.24m(NWI)	4.46m(NWI)	4.49m(NWI)	4.63m(NWI)	4.53m(NWI)	
7 Kroeker, Stephanie		Kingsville D	4.61m	NWI		
4.08m(NWI)	4.20m(NWI)	4.46m(NWI)	4.22m(NWI)	FOUL(NWI)	4.61m(NWI)	
8 Oxby, Lindsay		Norwell Dss-	4.60m	NWI		
3.90m(NWI)	4.45m(NWI)	4.51m(NWI)	FOUL(NWI)	4.60m(NWI)	FOUL(NWI)	
9 Garrod, Candace		Essex Dhs-Es	4.50m	NWI		
FOUL(NWI)	4.24m(NWI)	4.50m(NWI)	FOUL(NWI)	4.32m(NWI)	4.41m(NWI)	
10 Corrente, Julia		Chatham-Kent	4.44m	NWI		
4.13m(NWI)	4.44m(NWI)	4.34m(NWI)				
11 Gunawan, Sarah		Oakridge SS	4.42m	NWI		
4.05m(NWI)	4.42m(NWI)	FOUL(NWI)				
12 Garber, Megan		Strathroy DC	4.35m	NWI		
4.35m(NWI)	4.25m(NWI)	4.33m(NWI)				
13 Langstaff, Samantha		Ur The Pines	4.16m	NWI		
4.16m(NWI)	2.98m(NWI)	4.15m(NWI)				
14 Mukenge, Mariam		St. Michael	3.87m	NWI		
FOUL(NWI)	3.87m(NWI)	FOUL(NWI)				

Women Triple Jump Midget

West Region: * 11.21m 1992 Tracy KENDRICK / Kitchener-Eastwood						
Name	Year	School	Finals	Wind		
1 Kaiser, Katie		Saunders SS	10.88m	NWI		
10.39m(NWI)	10.88m(NWI)	10.74m(NWI)	10.33m(NWI)	10.82m(NWI)	10.80m(NWI)	
2 Johnson, Jessica		John F. Ross	10.63m	NWI		
9.99m(NWI)	10.20m(NWI)	PASS(NWI)	10.45m(NWI)	10.37m(NWI)	10.63m(NWI)	
3 Brooks, Brittany		Delhi Dss-De	10.28m	NWI		
9.09m(NWI)	10.06m(NWI)	10.00m(NWI)	9.69m(NWI)	10.06m(NWI)	10.28m(NWI)	
4 Garrod, Candace		Essex Dhs-Es	10.19m	NWI		
9.89m(NWI)	9.77m(NWI)	10.09m(NWI)	10.08m(NWI)	10.19m(NWI)	10.17m(NWI)	
5 Harris, Meagan		Banting	10.17m	NWI		
10.17m(NWI)	9.66m(NWI)	9.69m(NWI)	9.68m(NWI)	9.61m(NWI)	9.66m(NWI)	
6 Savic, Ana		Herman	10.15m	NWI		
9.78m(NWI)	10.15m(NWI)	9.52m(NWI)	9.43m(NWI)	9.71m(NWI)	9.84m(NWI)	

7	Kroeker, Stephanie	Kingsville D	9.98m	NWI
	PASS(NWI) 9.78m(NWI) 9.94m(NWI) 9.28m(NWI) 9.74m(NWI) 9.98m(NWI)			
8	Julia, Kubassek	Koinonia Christi	9.97m	NWI
	9.97m(NWI) FOUL(NWI) 9.17m(NWI) 9.83m(NWI) 9.68m(NWI) 9.97m(NWI)			
9	Oxby, Lindsay	Norwell Dss-	9.90m	NWI
	9.73m(NWI) 9.90m(NWI) 9.78m(NWI)			
10	Dietrich, Rebecca	Waterloo	9.78m	NWI
	9.78m(NWI) 9.53m(NWI) 9.72m(NWI)			
11	Adams, Sherri	Dorchester	9.71m	NWI
	9.71m(NWI) FOUL(NWI) FOUL(NWI)			
12	Langstaff, Samantha	Ur The Pines	9.61m	NWI
	9.42m(NWI) 9.61m(NWI) 9.37m(NWI)			
13	Masterson, Justine	Chatham-Kent	J9.61m	NWI
	FOUL(NWI) 9.42m(NWI) 9.61m(NWI)			
14	Beishuizen, Tanya	London Distr	9.42m	NWI
	9.42m(NWI) 9.37m(NWI) 9.12m(NWI)			
15	Sanding, Rebecca	London South	9.29m	NWI
	FOUL(NWI) 9.29m(NWI) 9.25m(NWI)			

Women Shot Put Midget

West Region: * 12.06m 1979 Liz POLYAK / Brantford-North Park						
Name	Year	School	Finals			
1 Wilkinson, Katy		Port Dover C	10.01m			
	9.26m 9.75m 10.01m 9.17m 8.88m 9.51m					
2 Sikkema, Lauren		Woodland Chr, ON, ON	9.99m			
	8.87m 9.56m 9.46m 9.99m 9.43m 9.68m					
3 Pace, Emma		St.Thomas Aq	9.92m			
	9.67m 9.05m 8.69m 9.92m FOUL 8.31m					
4 Didone, Carly		St.Thomas Aq	9.70m			
	9.56m FOUL 8.87m 8.55m 9.70m 9.58m					
5 McLaughlin, Shealyn		Essex Dhs-Es	9.60m			
	8.98m 9.39m 9.06m 9.60m 9.10m 9.03m					
6 Boley, Jocelyn		Owen Sound C	9.49m			
	9.07m 8.06m 9.49m 9.26m 8.77m 8.92m					
7 Sloan, Meg		Central Elgi	9.45m			
	8.50m 9.45m 8.36m 8.20m 8.00m 9.24m					
8 Brown, Jordan		Oakridge SS	9.38m			
	9.33m 8.97m 7.77m 8.40m 9.29m 9.38m					
9 Reid, Alishia		Herman	9.01m			
	8.96m FOUL 9.01m					
10 Pottier, Casey		Grand River	8.97m			
	8.97m 8.42m 8.62m					
11 Tracey, Jessica		Belle River	8.89m			
	7.56m 8.71m 8.89m					
12 Officer, Samantha		John Diefenb	J8.89m			
	8.27m 8.89m 8.63m					
13 McPhail, Lacey		Lambton Cent	8.42m			
	7.92m 8.42m 8.30m					
14 Shepley, Brittany		McGregor	8.17m			
	8.17m FOUL FOUL					
15 Alcorn, Darby		Madill	8.11m			
	7.68m 8.11m 8.01m					

Women Discus Throw Midget

West Region: * 40.46m 1979 Liz POLYAK / Brantford-North Park						
Name	Year	School	Finals			
1 Eckenswiller, Chantelle		Bruce Pennin	27.57m			
	24.53m 17.28m 21.50m 25.24m 25.68m 27.57m					
2 McPhail, Lacey		Lambton Cent	27.24m			

	23.31m	27.24m	24.90m	27.11m	27.08m	26.97m	
3 Tracey, Jessica				Belle River			26.20m
	26.20m	21.97m	23.81m	23.01m	23.51m	24.83m	
4 Schimanski, Ami				Madill			25.41m
	FOUL	25.41m	22.91m	24.44m	22.79m	23.63m	
5 Pottier, Casey				Grand River			24.92m
	FOUL	22.25m	18.05m	24.92m	FOUL	20.81m	
6 Alcorn, Darby				Madill			24.35m
	23.77m	20.10m	22.49m	23.85m	24.35m	FOUL	
7 Souitierre, Michelle				Banting			23.94m
	22.51m	23.72m	23.94m	FOUL	FOUL	22.25m	
8 Horneman, Heather				Chatham Chri			22.97m
	18.73m	21.79m	22.97m	22.37m	22.31m	21.70m	
9 Parker, Kelsi				Stratford SS			21.48m
	17.05m	21.39m	21.48m				
10 Wilkinson, Katy				Port Dover C			21.25m
	21.25m	17.04m	FOUL				
11 Gulliver, Lynne				West Hill			21.04m
	21.04m	18.82m	15.03m				
12 Pierce, Michelle				Massey			20.26m
	20.26m	16.86m	18.17m				
13 Bryant, Charlene				Strathroy DC			20.25m
	FOUL	FOUL	20.25m				
14 Rutledge, Catherine				Brantford CI			19.77m
	FOUL	FOUL	19.77m				
15 Minten, Jen				Lambton Cent			18.58m
	18.16m	18.04m	18.58m				

Women Javelin Throw Midget

West Region: * 38.72m 1978				Martha HART / London-Oakridge			
Name	Year			School			Finals
=====							
1 Hedderson, Brittany				St. Anne SS			36.22m
28.54m	34.33m	29.71m	36.22m	FOUL	33.31m		
2 Humphreys, Charito				St. Patrick'			32.80m
24.85m	28.40m	25.28m	28.80m	31.66m	32.80m		
3 Dash, Sarah				Saunders SS			30.76m
30.69m	FOUL	FOUL	FOUL	30.67m	30.76m		
4 MacKay, Tricia				Woodstock			28.88m
27.87m	FOUL	27.21m	28.88m	25.98m	25.74m		
5 Shepley, Brittany				McGregor			28.49m
24.85m	28.49m	27.35m	FOUL	28.28m	FOUL		
6 Blake, Melissa				Elmira Dss-E			28.24m
FOUL	27.68m	28.24m	26.83m	24.48m	FOUL		
7 Tracey, Jessica				Belle River			27.94m
25.39m	27.10m	26.65m	26.67m	27.94m	25.64m		
8 Pottier, Casey				Grand River			27.70m
27.70m	26.78m	FOUL	24.63m	FOUL	FOUL		
9 Romphf, Cady				North Middle			26.62m
23.21m	26.27m	26.62m					
10 Eckenswiller, Chantelle				Bruce Pennin			26.02m
26.02m	FOUL	25.08m					
11 Antone, Mary				Saunders SS			25.98m
25.98m	23.31m	24.18m					
12 Branton, Teresa				Norwell Dss-			23.65m
23.65m	23.02m	19.73m					
13 Parker, Katrina				Beal			21.52m
21.52m	19.17m	21.06m					
14 Boley, Jocelyn				Owen Sound C			21.29m
21.29m	18.86m	19.77m					
15 Dubowski, Kayla				St. Anne SS			20.89m
20.89m	FOUL	FOUL					

Women 100 Meter Dash Junior

West Region: * 11.89 1995 Margaret FOX / Guelph-Bishop Mac.				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Sassine, Nicole		Holy Names H	12.77Q	-1.5 2
2 Pulman, Brittany		Sandwich	13.02Q	-0.1 1
3 Brouwer, Jenna		London Distr	12.95Q	-1.5 2
4 Fourie, Mari		Bluevale	13.13Q	-0.1 1
5 MacDonald, Jessica		Madill	13.23Q	-1.5 2
6 Taylor, Jaime		Sandwich	13.37Q	-0.1 1
7 Sande, Angie		Madill	13.27q	-1.5 2
8 Savic, Marina		Herman	13.30q	-1.5 2
9 Ziter, Carly		St. Thoma SS	13.46	-0.1 1
10 Hall, Morgan		C. C. London	13.50	-0.1 1
11 Braunsch, Elysse		C. C. London	13.53	-0.1 1
12 Cauley, Ann-Marie		John F. Ross	13.72	-1.5 2
12 Burnett, Lynsey		Rockway Menn	13.72	-0.1 1
14 Barron, Meghan		Centennial C	13.83	-1.5 2

Women 100 Meter Dash Junior

West Region: * 11.89 1995 Margaret FOX / Guelph-Bishop Mac.				
Name	Year	School	Finals	Wind
Finals				
1 Sassine, Nicole		Holy Names H	12.95	-3.0
2 Pulman, Brittany		Sandwich	13.15	-3.0
3 Brouwer, Jenna		London Distr	13.25	-3.0
4 Savic, Marina		Herman	13.39	-3.0
5 MacDonald, Jessica		Madill	13.48	-3.0
6 Sande, Angie		Madill	13.53	-3.0
7 Fourie, Mari		Bluevale	13.56	-3.0
8 Taylor, Jaime		Sandwich	13.68	-3.0

Women 200 Meter Dash Junior

West Region: * 24.13 1995 Margaret FOX / Guelph-Bishop Mac.				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Brouwer, Jenna		London Distr	26.36Q	+0.0 2
2 Sassine, Nicole		Holy Names H	26.52Q	-2.0 1
3 Ziter, Carly		St. Thoma SS	26.83Q	+0.0 2
4 Anobile, Charelle		St. Anne SS	27.00Q	-2.0 1
5 Glofcheski, Emma		Resurrection	27.07Q	+0.0 2
6 Sherwin, Grace		St. Mary's	27.15Q	-2.0 1
7 Taylor, Sarah		St Christoph	27.24q	-2.0 1
8 Horwood, Katie		Belle River	27.40q	-2.0 1
9 Willems, Gabby		Banting	27.54	+0.0 2
10 Rayner, Jenn		Strathroy DC	27.55	+0.0 2
11 Ward, Katie		Orangeville	27.56	+0.0 2
12 Lay, Adele		John F. Ross	28.12	-2.0 1
13 Thomson, Ali		Pauline John	28.22	-2.0 1

Women 200 Meter Dash Junior

West Region: * 24.13 1995 Margaret FOX / Guelph-Bishop Mac.				
Name	Year	School	Finals	Wind
Finals				

1	Brouwer, Jenna	London Distr	26.62	-2.8
2	Sassine, Nicole	Holy Names H	26.83	-2.8
3	Anobile, Charelle	St. Anne SS	26.97	-2.8
4	Ziter, Carly	St. Thoma SS	27.16	-2.8
5	Sherwin, Grace	St. Mary's	27.64	-2.8
6	Glofcheski, Emma	Resurrection	27.86	-2.8
7	Taylor, Sarah	St Christoph	27.87	-2.8

Women 400 Meter Dash Junior

=====				
West Region: * 54.56		1994	Nadia SCHMEIDT / London-John Paul II	
Name	Year	School	Finals	H#
=====				
1	Buttinger, Maddie	Resurrection	57.28	2
2	Sherwin, Grace	St. Mary's	1:01.08	2
3	Lay, Adele	John F. Ross	1:01.30	2
4	Glofcheski, Emma	Resurrection	1:01.79	2
5	Ward, Katie	Orangeville	1:01.82	1
6	Thompson-Fischer, Justin	Walkerville	1:01.98	1
7	Daichendt, Heather	Maranatha	1:02.60	2
8	Taylor, Sarah	St Christoph	1:04.49	1
9	Colenutt, Alicia	Essex Dhs-Es	1:05.05	1
10	Bondy, Samantha	Herman	1:05.08	1
11	Green, Brittany	Lourdes	1:05.70	2
12	Cousins, Michelle	Madill	1:06.50	1
13	Hoftyzer, Michelle	St. Anne's	1:06.54	1
--	Dilullo, Kristin	C. C. London	DQ	2 163.3

Women 800 Meter Run Junior

=====			
West Region: * 2:11.3h		1991	Sue BERG / Kitchener-Cameron Hts.
Name	Year	School	Finals
=====			
1	Carson, Lindsay	Southwood SS	2:15.09
2	Thrasher, Alyssa	Holy Names H	2:22.34
3	Dilullo, Kristin	C. C. London	2:25.35
4	Sivell, Katie	Northern Civ	2:26.77
5	Gooyers, Leah	Dorchester	2:29.08
6	McCann, Mel	South Huron	2:29.94
7	Rae, Jenn	Saugeen Dss-	2:30.14
8	Pellar, Alli	London South	2:32.15
9	Moss, Rebecca	Bluevale	2:32.46
10	Laliberte, Michelle	St. Anne SS	2:33.18
11	Vanbavel, Bianca	C. C. London	2:33.87
12	Thompson-Fischer, Justin	Walkerville	2:33.92
13	Styles, Erin	Orangeville	2:36.14
14	McNair, Madeline	St Christoph	2:38.57

Women 1500 Meter Run Junior

=====			
West Region: * 4:29.43		2003	Aly KOHLMEIER/Sarnia-St. Patrick's
Name	Year	School	Finals
=====			
1	Carson, Lindsay	Southwood SS	4:37.76
2	Wallace, Madeline	London Centr	4:55.44
3	Muise, Stephanie	London Centr	4:56.94
4	Glover, Brynelle	Ur The Pines	4:58.58
5	Thrasher, Alyssa	Holy Names H	5:02.13
6	Castrillo, Keegan	St. Patrick'	5:04.18
7	Nikita, Carly	Kennedy Hon	5:07.69
8	Locke, Baillie	Wiaraton	5:07.89
9	Rae, Jenn	Saugeen Dss-	5:11.26
10	McCann, Mel	South Huron	5:11.57

11 Noll, Joscelyn	Resurrection	5:12.46
12 Scott, Laura	Mitchell Dhs	5:12.66
13 Hooper, Alysha	St. Mary's-Owen	5:21.14
14 Sivell, Katie	Northern Civ	5:27.25
15 Pellar, Alli	London South	5:28.49

Women 3000 Meter Run Junior

West Region: * 9:50.02 2001 Amy KOHLMEIER /Sarnia-St.Patrick's			
Name	Year	School	Finals
1 Muise, Stephanie		London Centr	10:45.09
2 Glover, Brynelle		Ur The Pines	10:57.15
3 Locke, Baillie		Wiaraton	10:58.58
4 Castrillo, Keegan		St. Patrick'	11:05.87
5 Scott, Laura		Mitchell Dhs	11:08.66
6 Quick, Angela		Paris Dhs-Pa	11:14.21
7 Nikita, Carly		Kennedy Hon	11:20.65
8 Austin, Keri-lyn		North Middle	11:51.46
9 Walker, Lindsay		Central Elgi	11:59.87
10 Mitchell, Mallory		St. Anne SS	12:02.37
11 Hooper, Alysha		St. Mary's-Owen	12:04.74
12 Cassidy, Riley		Preston Hs-C	12:15.46
-- Wallace, Madeline		London Centr	DNF

Women 80 Meter Hurdles Junior

West Region: * 11.01 1998 Jessica ZELINKA / London-Banting				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Fourie, Mari		Bluevale	12.34Q	-2.4 1
2 Anobile, Charelle		St. Anne SS	12.39Q	-3.2 2
3 Helps, Cassie		Lambton Cent	13.12Q	-2.4 1
4 Mayne, Kelsie		Holy Names H	13.38Q	-3.2 2
5 Martineau, Triniece		C. C. London	13.24Q	-2.4 1
6 Gittens, Jaime		Wallaceburg	13.44Q	-3.2 2
7 Willems, Gabby		Banting	13.27q	-2.4 1
8 Ziter, Carly		St. Thoma SS	13.56q	-2.4 1
9 Yearley, Chantel		South Huron	14.40	-3.2 2
10 Allen, Bev		St.Thomas Aq	14.57	-2.4 1
11 Huber, Leah		Waterloo-Oxf	14.58	-3.2 2
12 McDonald, Rachel		Galt Cvi-Cam	15.45	-2.4 1
13 Leighton, Emily		London Centr	15.91	-3.2 2

Women 80 Meter Hurdles Junior

West Region: * 11.01 1998 Jessica ZELINKA / London-Banting				
Name	Year	School	Finals	Wind
Finals				
1 Anobile, Charelle		St. Anne SS	11.85	0.7
2 Fourie, Mari		Bluevale	11.87	0.7
3 Martineau, Triniece		C. C. London	12.56	0.7
4 Helps, Cassie		Lambton Cent	12.69	0.7
5 Mayne, Kelsie		Holy Names H	12.75	0.7
6 Willems, Gabby		Banting	12.87	0.7
7 Ziter, Carly		St. Thoma SS	13.24	0.7
8 Gittens, Jaime		Wallaceburg	13.30	0.7

Women 300 Meter Hurdles Junior

West Region: * 41.78 1994			Nadia SCHMEIDT / London-John Paul II	
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Name	Year School	Finals	H#
1 Buttinger, Maddie	Resurrection	44.89	2
2 Fourie, Mari	Bluevale	45.08	2
3 Anobile, Charelle	St. Anne SS	45.40	2
4 Sherwin, Grace	St. Mary's	47.89	2
5 Sirio, Amanda	St. Benedict	49.30	2
6 Currie, Cayla	Brantford CI	50.07	1
7 Pulman, Brittany	Sandwich	50.54	2
8 Oberle, Amanda	St. Anne SS	50.67	1
9 Helps, Cassie	Lambton Cent	50.79	2
10 Martineau, Triniece	C. C. London	50.96	1
11 Tran, Jen	Oakridge SS	51.02	1
12 Leighton, Emily	London Centr	51.10	1
13 Giles, Anastasia	Kennedy Hon	51.20	2

Women 4x100 Meter Relay Junior

West Region: * 49.81 1998		LONDON - BANTING	Finals	H#
School				
1 Sandwich S S 'A'			50.60	2
1) Reiser, Erika	2) Van Espen, Adinda			
3) Pulman, Brittany	4) Taylor, Jaime			
5) Routliffe, Ashley	6)			
2 Resurrection C S S 'A'			50.67	2
1) Austin, Linsey	2) Buttinger, Maddie			
3) Glofcheski, Emma	4) Lamm, Gabrielle			
5) Czako-Mah, Brandi	6)			
3 Catholic Central 'A'			51.40	2
1) Braunsch, Elysse	2) Bell-Boucher, Danielle			
3) Martineau, Triniece	4) Hall, Morgan			
5) Serra, Angela	6)			
4 St. Thomas of Villanova S 'A'			51.86	2
1) Kella, Sara	2) Rabanes, Vanessa			
3) Simone, Stephanie	4) Wiseman, Alex			
5) Ziter, Carly	6)			
5 Elmira D S S 'B'			53.02	2
1) Cadman, Jaime	2) Errey, Heather			
3) Weiler, Katie	4) Charnuski, Olivia			
5) Harte, Alanna	6)			
6 Pauline Johnson C & V S 'A'			53.04	1
1) James, Stacey	2) White, Carlee			
3) Lunn, Danielle	4) Thomson, Ali			
7 St. Christopher S S 'A'			53.07	2
1) Garrett, Eliza	2) Perry, Breanna			
3) Taylor, Sarah	4) Murphy, Katie			
5) Varsava, Johanna	6)			
8 Lambton Central C & V I 'A'			53.16	2
1) McPhail, Sarah	2) Helps, Cassie			
3) Van Erp, Venessa	4) Lortie, Brittany			
5) Vandamme, Sabrina	6)			
9 St. Thomas Aquinas S S 'A'			54.48	1
1) Garrow, Tarra	2) Allen, Bev			
3) Kipp, Cassandra	4) MacKenzie, Robyn			
5) Courtney, Nicole	6)			
10 Sir John A. MacDonald 'A'			55.40	1
1) Lee, Mellissa	2) Beiler, Erin			
3) Baker, Kristen	4) Burley, Robyn			
5) Lithgow, Vanessa	6)			
11 Strathroy D C I 'A'			55.52	1
1) Ducharme, Nicole	2) George, Erin			
3) Rayner, Jenn	4) Kennedy, Natalie			

5) Garber, Megan	6)		
12 Bluevale C I 'B'		56.43	1
1) Fourie, Mari	2) Moss, Rebecca		
3) Smith, Candice	4) Carter, Jessica		
5) Zack, Amanda	6)		
-- Vincent Massey S S 'A'		DQ	2
1) Bazzi, Zainab	2) Jarrett, Samantha		
3) Istl, Ally	4) Pugsley, Whitney		
5) Daichenet, Jennifer	6)		
-- London Central S S 'A'		DQ	1
1) Hatherall, Teria	2) Leighton, Emily		
3) Hurdle, Rachel	4) Wallace, Madeline		
5) Muise, Stephanie	6)		

Women High Jump Junior

West Region: * 1.77m 1985										Catherine BOND / Woodstock CI	
Name		Year		School				Finals			
1	Buttinger, Maddie									1.68m	
	1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.68 1.74										
	P P P P O P O O XXX										
2	Neeb, Nicole									1.58m	
	1.35 1.40 1.45 1.50 1.55 1.58 1.61										
	P O O XO O O XXX										
3	Collinson, Erin									1.55m	
	1.35 1.40 1.45 1.50 1.55 1.58										
	P P O O O XXX										
4	Townsend, Ebony									J1.55m	
	1.35 1.40 1.45 1.50 1.55 1.58										
	P P XO XXO O XXX										
5	Yearley, Chantel									J1.55m	
	1.35 1.40 1.45 1.50 1.55 1.58										
	O O O O XXO XXX										
6	Ball, Laura									1.50m	
	1.35 1.40 1.45 1.50 1.55										
	O O XO O XXX										
7	Smith, Jo-Lynn									J1.50m	
	1.35 1.40 1.45 1.50 1.55										
	P P XO XO XXX										
8	Diercks, Sarah									J1.50m	
	1.35 1.40 1.45 1.50 1.55										
	O O O XXO XXX										
9	Deboer, Lindsay									1.45m	
	1.35 1.40 1.45 1.50										
	O O O XXX										
9	Albrecht, Sarah									1.45m	
	1.35 1.40 1.45 1.50										
	O O O XXX										
11	Reiser, Erika									1.40m	
	1.35 1.40 1.45										
	XO XXO XXX										
12	Laliberte, Michelle									1.35m	
	1.35 1.40										
	O XXX										
12	Olorunnife, Yinka									1.35m	
	1.35 1.40										
	O XXX										
12	Ross, Claire									1.35m	
	1.35 1.40										
	O XXX										

Women Pole Vault Junior

West Region: * 2.55m 2004											Melissa RADU/Tecumseh-St. Anne's
Name		Year		School		Finals					
1	House, Jenn			Oakridge SS		3.05m*					
	1.70 1.90 2.10 2.30 2.45 2.60 2.75 2.90 3.05 3.12										
	P P P P XO O P O XO XXX										
2	Poetschke, Alex			Saunders SS		2.90m*					
	1.70 1.90 2.10 2.30 2.45 2.60 2.75 2.90 3.05										
	P P P P P P XO O XXX										
3	Diercks, Sarah			Waterloo-Oxf		2.60m*					
	1.70 1.90 2.10 2.30 2.45 2.60 2.75										
	P P O O O O XXX										
4	Hinton, Kristin			Brantford CI		2.45m					
	1.70 1.90 2.10 2.30 2.45 2.60										
	P P P XXO XXO XXP										
5	Van Nest, Krista			St. Joseph-Winds		2.30m					
	1.70 1.90 2.10 2.30 2.45										
	P O O O XXX										
6	Sim, Meg			Banting		J2.30m					
	1.70 1.90 2.10 2.30 2.45										
	P P P XXO XXX										
7	Shackleton, Amanda			Banting		2.10m					
	1.70 1.90 2.10 2.30										
	O O O XXX										
7	Byrne, Jaclyn			St. Anne SS		2.10m					
	1.70 1.90 2.10 2.30										
	O O O XXX										
9	Reiser, Erika			Sandwich		J2.10m					
	1.70 1.90 2.10 2.30										
	P XO O XXX										
9	Hyland, Sarah			Banting		J2.10m					
	1.70 1.90 2.10 2.30										
	O XO O XXX										
11	Pemberton, Sarah			Resurrection		J2.10m					
	1.70 1.90 2.10 2.30										
	O O XO XXX										
12	Gambeta, Katie			St. Anne SS		J2.10m					
	1.70 1.90 2.10 2.30										
	XXO XXO XO XXX										
13	Paterson, Chelsea			Leamington D		1.90m					
	1.70 1.90 2.10										
	P O XXX										
13	Debus, Katie			Bluevale		1.90m					
	1.70 1.90 2.10										
	O O XXX										

Women Long Jump Junior

West Region: * 5.76m 1981											Tina LETOURNEAU / Windsor-Brennan
Name		Year		School		Finals		Wind			
1	Gittens, Jaime			Wallaceburg		5.03m		NWI			
	4.53m(NWI) 4.59m(NWI) FOUL(NWI) 4.95m(NWI) 4.79m(NWI) 5.03m(NWI)										
2	Johnston, Sarah			Stratford Ce		4.78m		NWI			
	FOUL(NWI) FOUL(NWI) 4.78m(NWI) FOUL(NWI) FOUL(NWI) 4.62m(NWI)										
3	Greenhow, Sarah			Lucas-London		4.73m		NWI			
	FOUL(NWI) 4.73m(NWI) 4.35m(NWI) 4.27m(NWI) FOUL(NWI) 4.42m(NWI)										
4	Austin, Linsey			Resurrection		4.64m		NWI			
	4.38m(NWI) 4.55m(NWI) 4.64m(NWI) 4.54m(NWI) 4.41m(NWI) 4.63m(NWI)										
5	Lunn, Danielle			Pauline John		4.63m		NWI			
	3.65m(NWI) 4.39m(NWI) 4.63m(NWI) 4.48m(NWI) FOUL(NWI) 4.26m(NWI)										
6	Lortie, Brittany			Lambton Cent		4.62m		NWI			

	4.47m(NWI)	4.57m(NWI)	4.60m(NWI)	4.27m(NWI)	4.39m(NWI)	4.62m(NWI)	
7 Miles-Rossouw, Malaika				London South		4.56m	NWI
	4.17m(NWI)	4.52m(NWI)	4.56m(NWI)	4.39m(NWI)	3.95m(NWI)	4.21m(NWI)	
8 Reiser, Erika				Sandwich		4.44m	NWI
	4.23m(NWI)	FOUL(NWI)	4.44m(NWI)	4.43m(NWI)	4.23m(NWI)	4.41m(NWI)	
9 Savic, Marina				Herman		4.43m	NWI
	4.24m(NWI)	4.43m(NWI)	4.11m(NWI)				
10 Howcroft, Allison				Saugeen Dss-		4.34m	NWI
	4.23m(NWI)	4.34m(NWI)	4.27m(NWI)				
11 Laliberte, Michelle				St. Anne SS		4.30m	NWI
	FOUL(NWI)	4.30m(NWI)	FOUL(NWI)				
12 MacDonald, Jessica				Madill		4.24m	NWI
	4.12m(NWI)	4.06m(NWI)	4.24m(NWI)				
13 Sande, Angie				Madill		4.16m	NWI
	FOUL(NWI)	4.16m(NWI)	FOUL(NWI)				
14 Cauley, Ann-Marie				John F. Ross		4.13m	NWI
	3.89m(NWI)	3.81m(NWI)	4.13m(NWI)				
15 Thomson, Ali				Pauline John		3.92m	NWI
	3.88m(NWI)	3.72m(NWI)	3.92m(NWI)				

Women Triple Jump Junior

West Region: * 11.94m 1995 Monique HAAN / London Christian							
Name	Year		School		Finals	Wind	
1 Gittens, Jaime			Wallaceburg		11.40m	NWI	
	FOUL(NWI)	11.27m(NWI)	11.40m(NWI)	PASS(NWI)	PASS(NWI)	PASS(NWI)	
2 Austin, Linsey			Resurrection		10.68m	NWI	
	9.91m(NWI)	10.28m(NWI)	FOUL(NWI)	10.68m(NWI)	FOUL(NWI)	FOUL(NWI)	
3 Johnston, Sarah			Stratford Ce		10.50m	NWI	
	9.89m(NWI)	10.04m(NWI)	FOUL(NWI)	10.50m(NWI)	10.19m(NWI)	FOUL(NWI)	
4 Greenhow, Sarah			Lucas-London		10.41m	NWI	
	FOUL(NWI)	10.41m(NWI)	9.80m(NWI)	10.04m(NWI)	FOUL(NWI)	10.38m(NWI)	
5 Neeb, Nicole			Stratford SS		10.40m	NWI	
	10.36m(NWI)	9.50m(NWI)	9.73m(NWI)	10.07m(NWI)	FOUL(NWI)	10.40m(NWI)	
6 Plaine, Justine			Strathroy DC		10.10m	NWI	
	10.10m(NWI)	9.81m(NWI)	9.89m(NWI)	9.73m(NWI)	9.59m(NWI)	9.78m(NWI)	
7 Routliffe, Ashley			Sandwich		10.08m	NWI	
	FOUL(NWI)	9.96m(NWI)	FOUL(NWI)	9.39m(NWI)	10.08m(NWI)	FOUL(NWI)	
8 Todorovic, Lilijana			Grand River		9.93m	NWI	
	9.93m(NWI)	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)	9.84m(NWI)	9.57m(NWI)	
9 Pullen, Nicole			Westside Sec		9.86m	NWI	
	9.86m(NWI)	9.66m(NWI)	9.82m(NWI)				
10 Savic, Marina			Herman		9.75m	NWI	
	9.43m(NWI)	9.23m(NWI)	9.75m(NWI)				
11 Fortin, Nicole			Kingsville D		9.69m	NWI	
	9.44m(NWI)	9.69m(NWI)	9.57m(NWI)				
12 Carter, Emily			Centennial C		9.67m	NWI	
	9.67m(NWI)	FOUL(NWI)	9.63m(NWI)				
13 MacDonald, Jessica			Madill		9.47m	NWI	
	9.26m(NWI)	9.47m(NWI)	8.69m(NWI)				
14 Burnett, Lynsey			Rockway Menn		9.46m	NWI	
	9.40m(NWI)	9.46m(NWI)	9.16m(NWI)				
15 Deboer, Lindsay			Chatham Chri		9.39m	NWI	
	9.39m(NWI)	FOUL(NWI)	8.92m(NWI)				

Women Shot Put Junior

West Region: * 13.30m 1981 Liz POLYAK / Brantford - North Park							
Name	Year		School		Finals		
1 Carey, Melissa			Ur The Pines		10.54m		
	10.45m	10.12m	10.05m	10.17m	10.54m	9.59m	

2	Olorunnife, Yinka	Holy Names H	10.18m
	10.09m 9.64m 9.58m 9.46m 9.91m 10.18m		
3	Lalovich, Lauren	Massey	10.06m
	9.37m 10.06m 9.62m 9.66m 9.69m 9.45m		
4	Moran, Bridget	Mother Teres	10.04m
	9.88m 9.79m 9.12m 9.37m 9.69m 10.04m		
5	Tisdale, Jessa	Glendale HS	9.79m
	9.56m 9.41m 9.14m 9.58m 9.79m 9.74m		
6	Lalovich, Lyndsey	Massey	9.70m
	8.74m FOUL 9.50m 9.37m 9.05m 9.70m		
7	Errey, Heather	Elmira Dss-E	9.43m
	9.06m 9.43m 9.34m 9.21m 9.25m 9.02m		
8	McCutcheon, Jenine	Medway Hs-Ar	9.35m
	9.10m 8.81m 9.35m 8.63m 8.44m 8.93m		
9	Rigg, Marissa	Harrow Dhs-H	9.11m
	8.58m 9.11m 9.07m		
10	DeBoer, Steph	Grand River	8.68m
	8.61m 8.57m 8.68m		
11	Beaton, Caitlin	West Hill	8.63m
	8.19m 8.63m 8.50m		
12	Scott, Melinda	Kincardine D	8.37m
	7.08m 8.37m 8.04m		
13	Johnson, Lyndsey	Parkside CI	7.89m
	7.20m 7.62m 7.89m		

Women Discus Throw Junior

West Region: * 44.24m 1981							Liz POLYAK / Brantford-North Park
Name	Year		School		Finals		
1 Carey, Melissa	Ur		The Pines		30.89m		
	29.12m	26.23m	26.60m	30.89m	30.24m	30.89m	
2 Hodge, Stephanie	Saugeen Dss-				27.55m		
	FOUL	22.71m	26.26m	27.55m	25.24m	24.55m	
3 Rigg, Marissa	Harrow Dhs-H				27.45m		
	26.84m	25.34m	23.21m	27.45m	25.33m	25.08m	
4 Olorunnife, Yinka	Holy Names H				27.00m		
	25.79m	22.56m	27.00m	22.93m	24.19m	23.63m	
5 Stromenberg, Anna	Strathroy DC				26.19m		
	23.28m	22.25m	26.19m	23.08m	FOUL	22.47m	
6 Fraser, Melissa	Erin Dhs-Eri				25.61m		
	21.86m	FOUL	24.43m	25.61m	24.27m	24.69m	
7 Waite, Nicole	Waterford				24.74m		
	24.74m	19.76m	22.98m	23.44m	21.20m	18.89m	
8 Brodie, Sarah	Saunders SS				24.51m		
	24.51m	FOUL	FOUL	22.50m	FOUL	FOUL	
9 Congdon, Kayla	Parkside CI				24.25m		
	23.59m	24.25m	FOUL				
10 DeBoer, Steph	Grand River				23.88m		
	23.51m	23.76m	23.88m				
11 Lalovich, Lyndsey	Massey				22.27m		
	FOUL	22.27m	FOUL				
12 Primeau, Gillian	Elmira Dss-E				22.18m		
	15.98m	21.38m	22.18m				
13 Mullen, Maggie	St. Patrick'				21.95m		
	21.95m	FOUL	21.19m				
14 Whitfield, Kendall	Madill				21.90m		
	FOUL	21.90m	21.69m				

Women Javelin Throw Junior

West Region: * 48.84m 1989							Margaret GRIFFITHS / Windsor-Brennan
Name	Year		School		Finals		

1	Mullen, Maggie	St. Patrick'	39.70m
	39.70m 31.17m FOUL 32.55m FOUL 34.53m		
2	Smith, Jo-Lynn	Woodstock	36.24m
	30.84m 36.24m FOUL 31.99m FOUL 31.46m		
3	Fraser, Melissa	Erin Dhs-Eri	35.03m
	24.00m 31.86m 28.17m FOUL 27.51m 35.03m		
4	Wiseman, Alex	St. Thoma SS	33.42m
	FOUL 28.43m 33.42m 31.38m 32.12m 29.67m		
5	Sousa, Andrea	Mother Teres	33.26m
	27.97m 32.45m 32.33m 33.26m FOUL 29.80m		
6	Sinclair, Ellen	Chatham-Kent	32.49m
	32.49m 30.45m 31.84m 31.26m 32.25m FOUL		
7	Tisdale, Jessa	Glendale HS	29.90m
	29.90m 28.68m 26.98m FOUL 9.58m FOUL		
8	Vandergriendt, Brianna	Ur The Pines	29.80m
	29.80m FOUL FOUL 28.38m FOUL 27.97m		
9	King, Emily	Northern Civ	28.82m
	28.82m 27.62m 26.22m		
10	Richards, Jessica	Saunders SS	28.63m
	FOUL 26.16m 28.63m		
11	Primeau, Gillian	Elmira Dss-E	27.63m
	FOUL 27.63m FOUL		
12	Coon, Christine	Walkerton	26.20m
	26.20m 25.79m FOUL 0.02m		
13	DeBoer, Steph	Grand River	25.07m
	19.58m 21.11m 25.07m		
13	Caravaggio, Bridget	Paris Dhs-Pa	25.07m
	25.07m 22.43m 24.55m		
15	McCutcheon, Jenine	Medway Hs-Ar	24.92m
	23.51m 24.92m 22.85m		

Women 100 Meter Dash Senior

West Region: * 12.08 2004 Emily JOHNSON/Guelph-J. F. Ross					
Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Harrison, Danielle	Kingsville D	12.98Q	-2.0	2
2	Vankempen, Kim	St. Clair SS	13.03Q	-2.1	1
3	Johnson, Emily	John F. Ross	13.04Q	-2.0	2
4	Montcalm, Noelle	St. Joseph-Winds	13.22Q	-2.1	1
5	Kellar-Parsons, Hilary	Medway Hs-Ar	13.31Q	-2.1	1
6	Bedward, Shannon	Assumption	13.37Q	-2.0	2
7	Kurilsky, Deena	London South	13.33q	-2.1	1
8	Pennings, Charmaine	Paris Dhs-Pa	13.42q	-2.0	2
9	McLeod, Brianna	Northern Civ	13.50	-2.1	1
10	Garcon, Desiree	Stratford Ce	13.59	-2.0	2
11	Askew, Amy	C. C. London	13.77	-2.1	1
11	Coxhead, Emily	Saunders SS	13.77	-2.0	2
13	Ford, Avril	Eastwood	13.92	-2.1	1

Women 100 Meter Dash Senior

West Region: * 12.08 2004 Emily JOHNSON/Guelph-J. F. Ross					
Name	Year	School	Finals	Wind	
Finals					
1	Harrison, Danielle	Kingsville D	12.57	-2.3	
2	Vankempen, Kim	St. Clair SS	12.82	-2.3	
3	Montcalm, Noelle	St. Joseph-Winds	12.87	-2.3	
4	Kellar-Parsons, Hilary	Medway Hs-Ar	13.08	-2.3	
5	Bedward, Shannon	Assumption	13.09	-2.3	

6 Kurilsky, Deena	London South	13.13	-2.3
7 Pennings, Charmaine	Paris Dhs-Pa	13.25	-2.3

Women 200 Meter Dash Senior

West Region: * 24.70 1999 Jessica ZELINKA/Banting				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Montcalm, Noelle		St. Joseph-Winds	26.37Q	-0.8 1
2 Vankempen, Kim		St. Clair SS	26.80Q	-1.9 2
3 Kellar-Parsons, Hilary		Medway Hs-Ar	26.54Q	-0.8 1
4 Johnson, Emily		John F. Ross	27.09Q	-1.9 2
5 Souigny, Christine		St. Thoma SS	27.00Q	-0.8 1
6 Yurkiewich, Nicole		Guelph Cvi-G	27.23Q	-1.9 2
7 Daichendt, Alyssa		Maranatha	27.17q	-0.8 1
8 Balkwill, Andrea		Essex Dhs-Es	27.21q	-0.8 1
9 Moodie, Jess		Parkside CI	27.47	-1.9 2
10 Kurilsky, Deena		London South	27.73	-0.8 1
11 Caron, Emily		St David	27.80	-1.9 2
12 Groen, Linda		Madill	27.83	-0.8 1
13 Veltri, Maire		Holy Trinity C H	27.92	-1.9 2
14 Askew, Amy		C. C. London	28.00	-0.8 1
15 Russell, Amanda		Waterloo	28.63	-1.9 2

Women 200 Meter Dash Senior

West Region: * 24.70 1999 Jessica ZELINKA/Banting				
Name	Year	School	Finals	Wind
Finals				
1 Montcalm, Noelle		St. Joseph-Winds	26.72	-2.6
2 Kellar-Parsons, Hilary		Medway Hs-Ar	27.15	-2.6
3 Vankempen, Kim		St. Clair SS	27.16	-2.6
4 Yurkiewich, Nicole		Guelph Cvi-G	27.35	-2.6
5 Souigny, Christine		St. Thoma SS	27.65	-2.6
6 Daichendt, Alyssa		Maranatha	27.67	-2.6
7 Balkwill, Andrea		Essex Dhs-Es	27.92	-2.6

Women 400 Meter Dash Senior

West Region: * 55.02 1985 Nadia SCHMEIDT / London-J.Paul II				
Name	Year	School	Finals	H#
1 Gore, Aimee		Orangeville	58.51	2
2 Baker, Michelle		Holy Names H	59.12	2
3 Kanters, Amanda		St. Anne SS	59.36	2
4 Balkwill, Andrea		Essex Dhs-Es	59.75	2
5 Daichendt, Alyssa		Maranatha	59.85	2
6 Caron, Emily		St David	1:00.23	2
7 Ross, Sarah		Oakridge SS	1:00.30	2
8 Yurkiewich, Nicole		Guelph Cvi-G	1:00.48	2
9 Askew, Amy		C. C. London	1:01.27	1
10 Gill, Laura		St Christoph	1:01.32	1
11 Lawson, Keely		C. C. London	1:01.98	1
12 Gamble, Kristen		Strathroy DC	1:02.20	1
13 Foster, Kiersten		Dorchester	1:02.35	1
14 Kotsopoulos, May		Waterloo	1:02.60	1
15 Crouchman, Nicole		Kincardine D	1:03.78	1

Women 800 Meter Run Senior

West Region: * 2:11.41 1997 Erin BRAND / Lambton Central				
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Name	Year School	Finals
1 Willemse, Lydia	St Christoph	2:16.35
2 Oumesrour, Amina	Riverside SS	2:17.25
3 Becker, Alex	Lourdes	2:17.41
4 Russell, Julia	Lucas-London	2:21.69
5 Lashbrook, Janessa	Strathroy DC	2:25.53
6 Wark, Kara	Northern Civ	2:26.03
7 Kanters, Amanda	St. Anne SS	2:26.69
8 Gill, Laura	St Christoph	2:27.98
9 Buckner, Brittney	Medway Hs-Ar	2:29.74
10 Crouchman, Nicole	Kincardine D	2:31.34
11 MacDonald, Tara	St. Benedict	2:31.92
12 Nicholson, Britt	London Centr	2:32.87
13 Legrow, Sam	London Centr	2:33.87

Women 1500 Meter Run Senior

West Region: * 4:27.7h 1992		Kathy BUTLER / Waterloo CI	
Name	Year School	Finals	
1 McKay, Tarah	Elmira Dss-E	4:36.79	
2 Asselin, Marie-Louise	Northern Civ	4:39.53	
3 Becker, Alex	Lourdes	4:40.66	
4 Oumesrour, Amina	Riverside SS	4:47.69	
5 Filipieva, Anastassia	Saugeen Dss-	4:55.68	
6 Vanhie, Jessica	North Middle	4:57.09	
7 Brickman, Jenn	Stratford Ce	4:57.83	
8 Workman, Courtney	St. Clair SS	4:58.78	
9 Russell, Julia	Lucas-London	5:03.82	
10 Mockler, Lynn	C. C. London	5:06.95	
11 Sivell, Jamie	Northern Civ	5:08.39	
12 Gill, Carly	St Christoph	5:09.06	
13 Scott, Katie	Mitchell Dhs	5:10.75	

Women 3000 Meter Run Senior

West Region: * 9:39.9h 1992		Kathy BUTLER / Waterloo CI	
Name	Year School	Finals	
1 McKay, Tarah	Elmira Dss-E	10:03.05	
2 Asselin, Marie-Louise	Northern Civ	10:10.09	
3 Malette, Rachelle	Holy Names H	10:31.88	
4 Percival, Claire	Northern Civ	10:34.41	
5 Mockler, Lynn	C. C. London	10:39.10	
6 Vanhie, Jessica	North Middle	10:44.01	
7 Thompson, Mary	Woodstock	10:56.80	
8 Workman, Courtney	St. Clair SS	11:01.69	
9 Coker, Meaghan	Lourdes	11:11.57	
10 Nicholson, Michelle	Mother Teres	11:18.17	
11 King, Stephanie	Lucas-London	11:19.63	
12 Nobbs, Melissa	Delhi Dss-De	12:02.69	
13 MacDonald, Tara	St. Benedict	12:26.26	

Women 100 Meter Hurdles Senior

West Region: * 13.15 2000		Jessica ZELINKA / London-Banting		
Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Merrill, Victoria	Orangeville	15.17Q	-2.0	2
2 Coxhead, Emily	Saunders SS	15.51Q	-3.6	1
3 Montcalm, Noelle	St. Joseph-Winds	15.83Q	-3.6	1

4	Rutledge, Midori	Lucas-London	17.02Q	-2.0	2
5	Moore, Fairen	Forest Heigh	16.33Q	-3.6	1
6	Dobbin, Brandy	Lambton Cent	17.47Q	-2.0	2
7	Loft, Julie	Medway Hs-Ar	16.66q	-3.6	1
8	van Leerzem, Jaclyn	Lambton Cent	17.17q	-3.6	1
9	Thomas, Clarese	Massey	17.20	-3.6	1
10	Ball, Chelsea	Parkside CI	17.95	-2.0	2
11	Lubczynski, Julia	Cameron Heig	18.07	-2.0	2
12	Brown, Courteney	Paris Dhs-Pa	18.84	-3.6	1
13	Gartley, Ali	St. Clair SS	18.92	-2.0	2
14	Clarke, Justin	South Huron	19.38	-2.0	2

Women 100 Meter Hurdles Senior

=====					
West Region: * 13.15		2000	Jessica ZELINKA / London-Banting		
Name	Year	School	Finals	Wind	
=====					
Finals					
1	Merrill, Victoria	Orangeville	14.53	0.7	
2	Montcalm, Noelle	St. Joseph-Winds	15.12	0.7	
3	Coxhead, Emily	Saunders SS	15.27	0.7	
4	Moore, Fairen	Forest Heigh	15.92	0.7	
5	Rutledge, Midori	Lucas-London	16.51	0.7	
6	van Leerzem, Jaclyn	Lambton Cent	16.84	0.7	
7	Dobbin, Brandy	Lambton Cent	17.11	0.7	
--	Loft, Julie	Medway Hs-Ar	DQ	0.7	

Women 400 Meter Hurdles Senior

=====					
West Region: * 58.03		1995	Nadia SCHMEIDT / London-John Paul II		
Name	Year	School	Finals	H#	
=====					
1	Merrill, Victoria	Orangeville	1:03.92	2	
2	Kellar-Parsons, Hilary	Medway Hs-Ar	1:05.66	2	
3	Anderson, Amanda	Chatham-Kent	1:06.51	2	
4	Horricks, Katie	Oakridge SS	1:06.94	2	
5	Kohlmeier, Mallory	Northern Civ	1:07.57	2	
6	Baker, Michelle	Holy Names H	1:07.59	2	
7	Balkwill, Andrea	Essex Dhs-Es	1:09.05	1	
8	Foster, Kiersten	Dorchester	1:10.41	2	
9	Kotsopoulos, May	Waterloo	1:10.86	1	
10	Ross, Sarah	Oakridge SS	1:11.02	1	
11	van Leerzem, Jaclyn	Lambton Cent	1:11.63	1	
12	Farrell, Sara	Saunders SS	1:12.91	2	
13	Lubczynski, Julia	Cameron Heig	1:13.69	1	

Women 4x100 Meter Relay Senior

=====					
West Region: * 48.73		2000	LONDON-BANTING		
School			Finals	H#	
=====					
1	St. Clair S S	'A'	49.73	2	
	1) Gartley, Ali	2) Gartley, Stephanie			
	3) Love, Aly	4) Carr, Sarah			
	5) Vankempen, Kim	6)			
2	Holy Names H S	'A'	49.94	2	
	1) Baker, Michelle	2) Bozetto, Marissa			
	3) Bradley, Renee	4) Quattrociochi, Stephanie			
	5) Sassine, Nicole	6)			
3	Sir Frederick Banting S S	'A'	51.16	2	
	1) Petrovskis, Paige	2) MacDermid, Shasta			
	3) Willems, Gabby	4) Sim, Meg			
	5) Harris, Meagan	6)			

4 F. E. Madill S S 'A'	51.17	2
1) Sande, Angie	2) Cook, Amy	
3) Groen, Linda	4) MacDonald, Jessica	
5) Howard, Nikki	6)	
5 Maranatha Christian 'A'	51.32	2
1) Daichendt, Heather	2) Daichendt, Alyssa	
3) Winik, Alexa	4) Schinkel, Stacey	
5) Darwich, Ila	6)	
6 Orangeville D S S 'A'	J51.32	2
1) Gore, Aimee	2) Merrill, Victoria	
3) Styles, Erin	4) Ward, Katie	
5) Duncan, Olivia	6)	
7 St. Anne S S 'A'	51.40	2
1) Aldea, Ashley	2) Smith, Latoya	
3) Herlehy, Danielle	4) Anobile, Charelle	
5) Bering, Lauren	6)	
8 Catholic Central 'A'	51.53	2
1) Lawson, Keely	2) Askew, Amy	
3) Van Belois, Alyssa	4) Boom, Katie	
9 Medway H S 'A'	52.48	1
1) Kellar-Parsons, Hilary	2) Loft, Julie	
3) Scheurermann, Carrie	4) Tessmer, Ayla	
5) Millard, Joclyn	6)	
10 Centennial C V I 'A'	52.52	1
1) Jones, Katie	2) Carter, Emily	
3) Barron, Megahan	4) Haigh, Allie	
5) Bulger, Shayla	6)	
11 Paris D H S 'A'	52.70	1
1) Woods, Jenni	2) Stern, Kahla	
3) Brown, Courteney	4) Pennings, Charmaine	
5) Lee, Vanessa	6)	
12 Guelph C & V I 'A'	53.24	1
1) Hass, Vershav	2) Haw, Kayla	
3) Yurkiewich, Nicole	4) Buckie, Sarah	
5) Bunnaman, Jessica	6)	
13 Oakridge S S 'A'	53.85	1
1) Horricks, Katie	2) Stephenson, Kate	
3) Ross, Sarah	4) McCormick, Sarah	
5) Lacina, Mariel	6)	
-- Northern C I & V S 'A'	DNF	1
1) McLeod, Brianna	2) Bruce, Mary	
3) Kohlmeier, Mallory	4) Currie, Lisa	
5) Withers, Jenn	6)	
-- St. Benedict C S S 'A'	DQ	1
1) Brown, Natasha	2) Grant, Catherine	
3) Walsh, Pillar	4) Sirio, Amanda	
5) Worrell, Nicole	6)	

Women High Jump Senior

West Region: * 1.78m 1986								Catherine BOND / Woodstock CI	
Name	Year			School				Finals	
1 Moore, Fairen				Forest Heigh				1.60m	
	1.35	1.40	1.45	1.50	1.55	1.60	1.65		
	P	P	P	O	O	XO	XXX		
2 Henry, Chantel				St. Anne SS				1.55m	
	1.35	1.40	1.45	1.50	1.55	1.60			
	P	P	O	O	XO	XXX			
3 Kwarciany, Ruth Ann				St. Joseph-St.Th				J1.55m	
	1.35	1.40	1.45	1.50	1.55	1.60			
	P	O	O	XO	XO	XXX			
4 Souligny, Christine				St. Thoma SS				J1.55m	

	1.35	1.40	1.45	1.50	1.55	1.60			
	O	O	O	O	XXO	XXX			
4 Messer, Lauren							Walkerton	J1.55m	
	1.35	1.40	1.45	1.50	1.55	1.60			
	P	P	O	O	XXO	XXX			
6 Vanheugten, Marcie							Holy Trinity C H	1.50m	
	1.35	1.40	1.45	1.50	1.55				
	O	O	XO	O	XXX				
7 Watson, Kathryn							Strathroy DC	J1.50m	
	1.35	1.40	1.45	1.50	1.55				
	O	XO	O	XO	XXX				
8 Binder, Brianna							Essex Dhs-Es, ON, ON	1.45m	
	1.35	1.40	1.45	1.50					
	P	P	XO	XXX					
9 Clarke, Justin							South Huron	J1.45m	
	1.35	1.40	1.45	1.50	1.55				
	O	XO	XO	P	XXX				
10 Cook, Amy							Madill	1.40m	
	1.35	1.40	1.45						
	P	O	XXX						
11 Warn, Rachael							Northern Civ	J1.40m	
	1.35	1.40	1.45						
	XO	O	XXX						
12 Fong, Mimi							Belle River	J1.40m	
	1.35	1.40	1.45						
	P	XXO	XXX						
13 Dodge, Lindsay							Strathroy DC	1.35m	
	1.35	1.40							
	O	XXX							

Women Pole Vault Senior

West Region: * 3.52m 1999					Tanya KRYNEN/Woodstack							
Name	Year					School					Finals	
=====												
1 Veitch, Marcie						St. Anne SS					3.20m	
	1.80	2.00	2.15	2.30	2.45	2.60	2.75	2.90	3.05	3.20	3.30	
	P	P	P	P	P	P	P	XO	O	XO	XXX	
2 Radu, Melissa						St. Anne SS					2.90m	
	1.80	2.00	2.15	2.30	2.45	2.60	2.75	2.90	3.05			
	P	P	P	P	P	O	XO	XO	XXX			
3 Bell, Dinah						Stratford SS					2.30m	
	1.80	2.00	2.15	2.30	2.45							
	O	O	O	XO	XXX							
4 Bianchi, Christina						Brennan					2.15m	
	1.80	2.00	2.15	2.30								
	O	XO	O	XXX								
5 Savage, Nikki						Saunders SS					J2.15m	
	1.80	2.00	2.15	2.30								
	P	XO	XXO	XXX								
6 Shields, Brieanne						Saunders SS					1.80m	
	1.80	2.00										
	XXO	XXX										

Women Long Jump Senior

West Region: * 5.92m 1996										Laura WESSELING / Delhi																					
Name					Year					School					Finals					Wind											
=====																															
1		Harrison, Danielle										Kingsville D										5.07m					NWI				
		PASS (NWI)					5.00m (NWI)					5.07m (NWI)					4.68m (NWI)					4.31m (NWI)					PASS (NWI)				
2		Kwarcianny, Ruth Ann										St. Joseph-St.Th										4.72m					NWI				
		4.31m (NWI)					4.54m (NWI)					4.72m (NWI)					4.43m (NWI)					4.66m (NWI)					4.54m (NWI)				

3	Plumb, Meghan	Kingsville D	J4.72m	NWI
	4.34m(NWI) 4.29m(NWI) 4.72m(NWI) 4.62m(NWI) 4.45m(NWI) 4.61m(NWI)			
4	Garcon, Desiree	Stratford Ce	4.64m	NWI
	4.64m(NWI) 4.62m(NWI) 4.40m(NWI) 4.49m(NWI) 4.52m(NWI) 4.47m(NWI)			
5	Foster, Roxina	Laurier	4.63m	NWI
	4.63m(NWI) 4.19m(NWI) 4.32m(NWI) 4.35m(NWI) 4.60m(NWI) 4.59m(NWI)			
6	Kotsopoulos, May	Waterloo	4.58m	NWI
	4.56m(NWI) 4.38m(NWI) FOUL(NWI) PASS(NWI) 3.95m(NWI) 4.58m(NWI)			
7	Binder, Brianna	Essex Dhs-Es, ON, ON	4.52m	NWI
	4.34m(NWI) 4.43m(NWI) 4.43m(NWI) 4.21m(NWI) 4.52m(NWI) 4.44m(NWI)			
8	Zintel, Lauren	Grand River	4.49m	NWI
	4.49m(NWI) 4.08m(NWI) 4.17m(NWI) 4.09m(NWI) 3.76m(NWI) 4.03m(NWI)			
9	Sylvester, Sarah	Stratford Ce	4.37m	NWI
	3.68m(NWI) 4.29m(NWI) 4.37m(NWI)			
10	Zirada, Bianca	Brennan	4.24m	NWI
	4.24m(NWI) 3.91m(NWI) 3.97m(NWI)			
11	McLeod, Brianna	Northern Civ	4.21m	NWI
	4.20m(NWI) 4.20m(NWI) 4.21m(NWI)			
12	Glenlynes, Rebecca	Stratford Ce	4.16m	NWI
	FOUL(NWI) 3.94m(NWI) 4.16m(NWI)			
13	Tschirhart, Victoria	Bishop MacDo	3.93m	NWI
	FOUL(NWI) 3.93m(NWI) FOUL(NWI)			

Women Triple Jump Senior

West Region: * 12.11m 1996 Monique HAAN / London Christian					
Name	Year	School	Finals	Wind	
1 Garcon, Desiree		Stratford Ce	11.44m	NWI	
	10.85m(NWI) 11.16m(NWI) 11.38m(NWI) 11.28m(NWI) 11.44m(NWI) 11.41m(NWI)				
2 Merrill, Victoria		Orangeville	11.42m	NWI	
	FOUL(NWI) 10.90m(NWI) 11.28m(NWI) 11.42m(NWI) FOUL(NWI) FOUL(NWI)				
3 Harrison, Danielle		Kingsville D	11.38m	NWI	
	FOUL(NWI) FOUL(NWI) 11.22m(NWI) 11.38m(NWI) FOUL(NWI) 10.88m(NWI)				
4 Foster, Roxina		Laurier	10.96m	NWI	
	10.42m(NWI) 10.07m(NWI) 10.43m(NWI) 10.96m(NWI) 10.91m(NWI) 10.79m(NWI)				
5 Good, Jenn		Forest Heigh	10.95m	NWI	
	10.29m(NWI) 10.89m(NWI) 10.95m(NWI) 10.89m(NWI) 10.49m(NWI) 10.73m(NWI)				
6 Kwarcianny, Ruth Ann		St. Joseph-St.Th	10.81m	NWI	
	9.89m(NWI) 10.20m(NWI) 10.30m(NWI) 10.59m(NWI) 10.35m(NWI) 10.81m(NWI)				
7 Sylvester, Sarah		Stratford Ce	10.34m	NWI	
	9.87m(NWI) 10.32m(NWI) 10.27m(NWI) 10.19m(NWI) 10.34m(NWI) 10.16m(NWI)				
8 Innes, Emily		London Centr	10.25m	NWI	
	9.90m(NWI) 10.11m(NWI) 10.25m(NWI) 10.10m(NWI) 10.12m(NWI) 10.00m(NWI)				
9 Tschirhart, Victoria		Bishop MacDo	10.01m	NWI	
	9.32m(NWI) 10.01m(NWI) 9.55m(NWI)				
10 Anderson, Jackie		Walkerville	10.00m	NWI	
	9.83m(NWI) 10.00m(NWI) 9.75m(NWI)				
11 Schinkel, Stacey		Maranatha	9.79m	NWI	
	9.79m(NWI) 9.18m(NWI) 9.65m(NWI)				
12 Mann, Jessica		Assumption	9.56m	NWI	
	9.56m(NWI) 9.39m(NWI) FOUL(NWI)				
13 Scott, Jamie		Holy Names H	9.30m	NWI	
	9.30m(NWI) 9.22m(NWI) 9.15m(NWI)				
-- Nickels, Jaclyn		St. Clair SS	FOUL	NWI	
	FOUL(NWI) FOUL(NWI) FOUL(NWI)				

Women Shot Put Senior

West Region: * 14.25m 1996 Liz TOMAN / Elmira			
Name	Year	School	Finals
1 Poisson, Alix		St. Joseph-Winds	11.56m

	11.01m	10.97m	11.25m	11.36m	11.56m	11.29m	
2 Lane, Diana					Mother Teres		11.46m
	11.33m	10.37m	11.46m	FOUL	10.82m	FOUL	
3 Wachna, Beth					Holy Names H		10.76m
	9.37m	9.70m	10.12m	10.07m	10.76m	10.41m	
4 Lindsay, Kendra					Waterloo-Oxf		10.61m
	10.47m	10.35m	9.62m	10.61m	10.25m	10.22m	
5 Ross, Kendel					Northern Civ		10.47m
	9.61m	10.47m	FOUL	10.15m	9.98m	10.33m	
6 McIntosh, Sarah					Walkerton		J10.47m
	FOUL	10.47m	9.74m	9.91m	10.27m	9.78m	
7 Dobbin, Brandy					Lambton Cent		10.11m
	9.91m	9.84m	10.11m	9.84m	9.96m	10.10m	
8 Taylor, Jenna					Central Huro		10.10m
	9.78m	9.68m	10.10m	9.22m	9.81m	9.45m	
9 Swartman, Jenny					Saunders SS		9.88m
	9.61m	FOUL	9.88m				
10 Bailey, Carolyn					Saugeen Dss-		9.71m
	9.48m	9.46m	9.71m				
11 Beckett, Danielle					Ingersoll DC		9.68m
	9.66m	9.68m	9.46m				
12 Billings, Kady					Centre Welli		9.57m
	9.57m	8.66m	9.22m				
13 Jibb, Chelsea					Ingersoll DC		9.10m
	8.09m	8.27m	9.10m				
14 Steinhoff, Kirby					Delhi Dss-De		9.04m
	8.83m	8.01m	9.04m				

Women Discus Throw Senior

=====							
West Region: * 48.20m 1982				Liz POLYAK / Brantford-North Park			
Name		Year		School		Finals	
=====							
1	Poisson, Alix				St. Joseph-Winds		35.75m
	35.75m	FOUL	35.43m	FOUL	FOUL	34.58m	
2	Lane, Diana				Mother Teres		35.30m
	31.56m	33.75m	34.13m	34.86m	32.24m	35.30m	
3	Swartman, Jenny				Saunders SS		32.98m
	32.98m	30.35m	31.99m	FOUL	31.05m	31.55m	
4	Wachna, Beth				Holy Names H		32.37m
	27.32m	31.37m	31.84m	32.37m	31.21m	FOUL	
5	Jibb, Chelsea				Ingersoll DC		32.13m
	30.68m	30.08m	27.65m	32.13m	31.90m	31.86m	
6	VanAmersfoort, Kerissa				Madill		31.58m
	25.86m	30.39m	30.02m	30.67m	31.58m	26.15m	
7	Wilson, Lisa				Sarnia Cits		30.09m
	FOUL	29.36m	FOUL	30.09m	29.50m	FOUL	
8	Malo, Natalie				Holy Trinity C H		29.57m
	21.30m	29.57m	28.82m	19.10m	28.67m	FOUL	
9	Lauzon, Tracey				St. Joseph-Winds		29.20m
	28.86m	26.79m	29.20m				
10	Ellison, Amanda				Listowel Dss		27.52m
	27.09m	FOUL	27.52m				
11	Rogers, Stephanie				Centre Welli		25.60m
	FOUL	25.60m	FOUL				
12	Osborne, Bree				Southwood SS		24.40m
	24.40m	23.98m	22.95m				
13	Bishop, Michelle				Preston Hs-C		23.83m
	22.45m	FOUL	23.83m				

Women Javelin Throw Senior

=====							
West Region: * 47.56m 1997				Andrea BULAT / Windsor-Brennan			

Name	Year	School	Finals
1 Wachna, Beth		Holy Names H	41.92m
39.05m 41.41m 37.09m 39.95m 41.92m 40.10m			
2 George, Natasha		North Lambto	37.82m
FOUL 37.82m 33.92m FOUL 33.05m 34.40m			
3 Beckett, Danielle		Ingersoll DC	35.19m
35.19m FOUL 34.17m 31.64m 32.12m 34.12m			
4 Pennings, Charmaine		Paris Dhs-Pa	35.07m
35.07m 29.86m FOUL PASS 32.62m PASS			
5 Swartman, Jenny		Saunders SS	34.49m
33.44m 34.38m 34.28m 34.49m 32.93m FOUL			
6 Frayne, Alaina		North Lambto	33.89m
FOUL FOUL 33.89m 31.72m 33.35m 33.49m			
7 Schinkel, Michelle		London Distr	33.34m
27.19m 33.34m 30.42m 31.67m 31.46m 30.71m			
8 Wilson, Lisa		Sarnia Cits	32.56m
32.56m 30.79m FOUL 32.31m 32.18m FOUL			
9 Johnson, Casey		Parkside CI	29.67m
29.67m 29.60m 28.35m			
10 Meikle, Natoya		Southwood SS	25.96m
19.87m FOUL 25.96m			
11 Rogers, Stephanie		Centre Welli	24.80m
24.75m 24.80m 24.17m			
12 Vermass, Shannon		Southwood SS	15.49m
15.49m FOUL FOUL			

Women 1500 Meter Steeplechase Open

West Region: * 5:08.66 2004 Clair PERCIVAL/Sarnia-Northern			
Name	Year	School	Finals
1 Willemse, Lydia		St Christoph	5:06.18*
2 Percival, Claire		Northern Civ	5:23.21
3 Scott, Katie		Mitchell Dhs	5:26.92
4 Smith, Candice		Bluevale	5:27.02
5 Gill, Carly		St Christoph	5:27.14
6 Thompson, Mary		Woodstock	5:33.17
7 King, Stephanie		Lucas-London	5:42.72
8 Nicholson, Michelle		Mother Teres	5:59.51
9 Buisman, Katelyn		Woodland Chr, ON, ON	6:00.72
10 Butcher, Shayna		St. Benedict	6:01.73
11 Wilbur, Cassie		McGregor	6:06.12
12 Conlon, Emily		Guelph Cvi-G	6:06.21
13 Patterson, Kristen		St. Anne SS	6:17.07
14 Graham, Shellby		Huron Park S	6:23.70

Women 4x400 Meter Relay Open

West Region: * 3:54.48 1999 SARNIA-ST. CHRISTOPHER			
School	Year	School	Finals H#
1 St. Christopher S S 'A'			4:00.61 2
1) Gill, Carly		2) Gill, Laura	
3) Willemse, Lydia		4) Pickering, Marianne	
2 Orangeville D S S 'A'			4:02.55 2
3 Northern C I & V S 'A'			4:02.61 2
1) Asselin, Marie-Louise		2) Bruce, Mary	
3) Kohlmeier, Mallory		4) Hislop, Dana	
5) Wark, Kara		6)	
4 Catholic Central 'A'			4:02.62 2
1) Dilullo, Kristin		2) Takahashi, Mariko	
3) Lawson, Keely		4) Askew, Amy	

5) Bell-Boucher, Danielle	6)		
5 Our Lady OF Lourdes 'A'		4:03.47	2
1) Lusignon, Kirstie	2) Green, Brittany		
3) O'Regan, Maeve	4) Becker, Alex		
5) Kosterman, Julia	6)		
6 Strathroy D C I 'A'		4:07.82	1
1) Lashbrook, Janessa	2) Rayner, Jenn		
3) Thompson, Jean	4) Gamble, Kristen		
5) Garber, Megan	6)		
7 St. Anne S S 'A'		4:07.85	2
1) Aldea, Ashley	2) Kanthers, Amanda		
3) Bering, Lauren	4) Anobile, Charelle		
5) Oberle, Amanda	6)		
8 Maranatha Christian 'A'		4:10.87	2
1) Daichendt, Alyssa	2) Daichendt, Heather		
3) Winik, Alexa	4) Cameron, Laura		
9 Resurrection C S S 'A'		4:12.67	2
1) Buttinger, Maddie	2) Glofcheski, Emma		
3) Austin, Linsey	4) Noll, Joscelyn		
5) Quehl, Melissa	6)		
10 Guelph C & V I 'A'		4:14.82	1
1) Arts, Abby	2) Haw, Kayla		
3) Yurkiewich, Nicole	4) Waller, Lauren		
11 Oakridge S S 'A'		4:15.32	1
1) Ross, Sarah	2) Horricks, Katie		
3) Stephenson, Kate	4) Gunawan, Sarah		
5) Tran, Jen	6)		
12 Essex D H S 'A'		4:16.78	1
1) Balkwill, Andrea	2) Binder, Brianna		
3) Colenutt, Alicia	4) Revenberg, Krista		
5) Bos, Lisa	6)		
13 Medway H S 'A'		4:17.40	1
1) Kellar-Parsons, Hilary	2) Loft, Julie		
3) Tessmer, Ayla	4) Filson, Nicole		
14 Lord Dorchester S S 'A'		4:17.48	1
1) Spriel, Amanda	2) vandenheuvel, julie		
3) Gooyers, Leah	4) Foster, Kiersten		
5) Pfister, Lisa	6)		
15 Cameron Heights C I 'A'		4:18.13	1
1) Lubczynski, Julia	2) Gibson, Laura		
3) Lord, Erin	4) Stathapoulos, Jessica		
5) Irvin, Mary	6)		

Women 800 Meter Dash Wheelchair

=====			
West Region: *	2:23.57	2001	Jessica MATASSA/LaSalle-Villanova
Name		Year School	Finals
=====			
1 Matassa, Jessica		St. Thoma SS	1:59.42*

Women 100 Meter Dash Ambulatory

=====				
West Region: *	16.88	2001	Megan MUSCAT/ Central Elgin	
Name		Year School	Finals	Wind
=====				
1 Edwards, Joanna		MacKenzie-Sarnia	15.76*	-1.7
2 Jones, Ashley		MacKenzie-Sarnia	17.35	-1.7
3 Witter, Larissa		Stratford SS	19.66	-1.7
4 Steeper, Julie		North Middle	32.99	-1.7

Men 100 Meter Dash Midget

=====			
West Region: *	11.0h	1991	Chris ROBINSON / Cambridge-Hespeler

Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1 Landrum, Vushaun	Herman	11.77Q	-0.3	1
2 Miller-Smith, Jordan	Cameron Heig	12.08Q	+0.0	2
3 Stacey, Trevor	Madill	12.05Q	-0.3	1
4 Musselman, Aaron	Bluevale	12.21Q	+0.0	2
4 Hill, Dan	Lambton Cent	12.21Q	+0.0	2
6 Knox, Terry	Wallaceburg	12.13Q	-0.3	1
7 Granillo, Elias	Regina Mundi	12.23q	+0.0	2
8 Bach, Wes	Glencoe Dhs	12.33q	+0.0	2
9 Jiminez, Victor	Forest Heigh	12.36	-0.3	1
10 Lauzon, Patrick	Herman	12.40	+0.0	2
11 Ngui Hon Sang, Peter	Centennial C	12.41	+0.0	2
12 Stibbard, Evan	Brennan	12.56	-0.3	1
13 Pace, Chris	Banting	12.74	-0.3	1
14 Salomans, Dennis	Strathroy DC	13.00	-0.3	1

Men 100 Meter Dash Midget

=====				
West Region: * 11.0h 1991 Chris ROBINSON / Cambridge-Hespeler				
Name	Year School	Finals	Wind	
=====				
Finals				
1 Landrum, Vushaun	Herman	11.87	-1.0	
2 Stacey, Trevor	Madill	12.05	-1.0	
3 Miller-Smith, Jordan	Cameron Heig	12.06	-1.0	
4 Musselman, Aaron	Bluevale	12.24	-1.0	
5 Knox, Terry	Wallaceburg	12.27	-1.0	
6 Hill, Dan	Lambton Cent	12.41	-1.0	
7 Granillo, Elias	Regina Mundi	12.49	-1.0	
8 Bach, Wes	Glencoe Dhs	12.57	-1.0	

Men 200 Meter Dash Midget

=====				
West Region: * 22.69 1993 Andrew BECKFORD / Kitchener CI				
Name	Year School	Prelims	Wind	H#
=====				
Preliminaries				
1 Landrum, Vushaun	Herman	23.76Q	-1.7	2
2 Kiraly, Rob	Northern Civ	24.32Q	-2.8	1
3 Benjamin, Cordell	Resurrection	24.29Q	-1.7	2
4 Miller-Smith, Jordan	Cameron Heig	24.71Q	-2.8	1
5 Stacey, Trevor	Madill	24.53Q	-1.7	2
6 Knox, Terry	Wallaceburg	24.97Q	-2.8	1
7 Granillo, Elias	Regina Mundi	24.77q	-1.7	2
8 Reddy, Matt	St Christoph	24.81q	-1.7	2
9 O'Neill, Jordan	Mother Teres	25.12	-1.7	2
10 Dufaukt, Braeden	Strathroy DC	25.13	-2.8	1
11 Musselman, Aaron	Bluevale	25.29	-2.8	1
12 Balfour, Clayton	Kitchener Wa	25.33	-2.8	1
13 Stibbard, Evan	Brennan	25.48	-1.7	2
14 Jones, Greg	Paris Dhs-Pa	25.59	-2.8	1

Men 200 Meter Dash Midget

=====				
West Region: * 22.69 1993 Andrew BECKFORD / Kitchener CI				
Name	Year School	Finals	Wind	
=====				
Finals				
1 Landrum, Vushaun	Herman	24.17	-4.0	
2 Miller-Smith, Jordan	Cameron Heig	24.73	-4.0	
3 Stacey, Trevor	Madill	25.01	-4.0	

4 Benjamin, Cordell	Resurrection	25.05	-4.0
5 Kiraly, Rob	Northern Civ	25.08	-4.0
6 Granillo, Elias	Regina Mundi	25.38	-4.0
7 Reddy, Matt	St Christoph	25.74	-4.0
8 Knox, Terry	Wallaceburg	26.24	-4.0

Men 400 Meter Dash Midget

West Region: * 50.91 1994		Jeff ELLIS / Orangeville			
Name	Year	School	Finals	H#	
1 Gibbons, Jeremy		Herman	52.14	2	
2 Miller-Smith, Jordan		Cameron Heig	53.70	2	
3 Beasley, A.J.		Madill	54.32	2	
4 Kiraly, Rob		Northern Civ	54.48	2	
5 Reddy, Matt		St Christoph	54.60	2	
6 Wysocowzanski, Jimmy		Guelph Cvi-G	54.61	2	
7 Hancock, Ben		Kincardine D	55.65	1	
8 Keim, Nick		Glencoe Dhs	55.73	2	
9 Varao, Andy		Brantford CI	55.74	1	
10 Goral, Konrad		St. Joseph-Winds	56.06	1	
11 O'Neill, Jordan		Mother Teres	56.11	1	
12 Granillo, Elias		Regina Mundi	57.11	1	
13 Balog, Jarod		Chatham-Kent	57.71	1	
-- Wilson, Darcy		Stratford Ce	DQ	2	163.3

Men 800 Meter Run Midget

West Region: * 1:55.74 1989		Kevin Sullivan/Brantford-North Park			
Name	Year	School	Finals		
1 Hutchinson, Scott		Paris Dhs-Pa	2:02.21		
2 Wilson, Darcy		Stratford Ce	2:04.46		
3 Jackson, Rob		Centennial C	2:04.83		
4 Goral, Konrad		St. Joseph-Winds	2:05.91		
5 Weiss, Dylan		Owen Sound C	2:07.31		
6 Murphy, Matt		Resurrection	2:09.73		
7 Gluns, Frank		C. C. Windsor	2:10.02		
8 Archer, Joel		Herman	2:10.04		
9 Beasley, A.J.		Madill	2:10.13		
10 Ikram, Shoaib		St David	2:12.50		
11 Ditchfield, Ryan		London Centr	2:13.55		
12 Coutu, Simon		Mother Teres	2:15.75		
13 Beauregard, Calvin		Herman	2:17.05		
14 Mackie, Kyle		Amherst	2:24.30		

Men 1500 Meter Run Midget

West Region: * 4:00.0h 1986		Andrew DUTZ / London-Central			
Name	Year	School	Finals		
1 Hutchinson, Scott		Paris Dhs-Pa	4:15.88		
2 Jackson, Rob		Centennial C	4:18.72		
3 Ditchfield, Ryan		London Centr	4:19.26		
4 Weiss, Dylan		Owen Sound C	4:20.85		
5 Vanderlinden, Alex		Chatham-Kent	4:23.17		
6 Hammond, Connor		Saunders SS	4:25.50		
7 Harrigan, Shane		Centre Welli	4:30.28		
8 Patterson, Drew		St. Anne SS	4:30.98		
9 Dufour, Mark		Massey	4:33.15		
10 Archer, Jordan		Saugeen Dss-	4:34.91		
11 van der Hoff, Thomas		Lucas-London	4:37.52		
12 Vere, Justin		Dorchester	4:37.90		

13 Mackie, Kyle	Amherst	4:38.07
14 Brooks, Mason	London Centr	4:38.48
15 Benson, Pat	Brennan	4:41.49

Men 3000 Meter Run Midget

West Region: * 8:47.3h 1979 Chris BREWSTER / London-Cath. Cen.			
Name	Year	School	Finals
1 Ditchfield, Ryan		London Centr	9:24.01
2 Hammond, Connor		Saunders SS	9:29.43
3 Vanderlinden, Alex		Chatham-Kent	9:39.79
4 Dufour, Mark		Massey	9:40.32
5 Archer, Jordan		Saugeen Dss-	9:43.77
6 Harrigan, Shane		Centre Welli	9:43.96
7 Gerrie, Brayden		Centre Welli	9:49.99
8 van der Hoff, Thomas		Lucas-London	9:59.20
9 Patterson, Drew		St. Anne SS	10:08.82
10 Brooks, Mason		London Centr	10:12.16
11 Mackie, Kyle		Amherst	10:12.58
12 Benson, Pat		Brennan	10:15.74
13 Nicholls, Nathan		Central Elgi	10:16.06
14 Daub, Keith		Grand River	10:29.20
15 Caron, Jesse		St David	10:50.22

Men 100 Meter Hurdles Midget

West Region: * 13.12 1998 Paul WHITTY / London-Saunders			
Name	Year	School	Prelims Wind H#
Preliminaries			
1 Graham, Andrew		Banting	14.58Q -1.3 1
2 Neumann, Eric		Saunders SS	14.92Q -0.8 2
3 Lecomte, Tom		St. Anne's	14.91Q -1.3 1
4 Buchner, Chris		Northern Civ	15.47Q -0.8 2
5 Drouin, Derek		St. Patrick'	15.27Q -1.3 1
6 Natividad, Will		Guelph Cvi-G	15.72Q -0.8 2
7 Ying Yong, Jimmy		Cameron Heig	15.50q -1.3 1
8 Jones, Greg		Paris Dhs-Pa	15.66q -1.3 1
9 Raposo, Stephan		C. C. London	15.75 -1.3 1
10 Bickerstaff, Matt		Massey	16.03 -1.3 1
11 Dilallo, Tyler		St. Thoma SS	16.04 -0.8 2
12 Salomans, Dennis		Strathroy DC	17.05 -0.8 2
13 Donovan, Tim		Grand River	17.41 -1.3 1
14 Wilson, Luke		St. Thoma SS	19.14 -0.8 2

Men 100 Meter Hurdles Midget

West Region: * 13.12 1998 Paul WHITTY / London-Saunders			
Name	Year	School	Finals Wind
Finals			
1 Graham, Andrew		Banting	14.47 1.5
2 Neumann, Eric		Saunders SS	14.76 1.5
3 Lecomte, Tom		St. Anne's	14.82 1.5
4 Natividad, Will		Guelph Cvi-G	14.88 1.5
5 Jones, Greg		Paris Dhs-Pa	15.05 1.5
6 Ying Yong, Jimmy		Cameron Heig	15.09 1.5
6 Drouin, Derek		St. Patrick'	15.09 1.5
-- Buchner, Chris		Northern Civ	DQ 1.5

Men 300 Meter Hurdles Midget

West Region: * 40.71 1995 Shawn MURRAY / Windsor-St. Joseph's

Name	Year	School	Finals	H#
1 Gibbons, Jeremy		Herman	40.41*	2
2 Graham, Andrew		Banting	43.09	2
3 Wysocowzanski, Jimmy		Guelph Cvi-G	43.30	2
4 Kiraly, Rob		Northern Civ	43.40	2
5 Bickerstaff, Matt		Massey	43.75	1
6 Archer, Joel		Herman	43.94	2
7 Thomas, Luke		Saunders SS	44.76	2
8 Roth, Austin		Holy Cross	45.52	1
9 Raposo, Stephan		C. C. London	45.85	1
10 Donovan, Tim		Grand River	46.10	1
11 Hancock, Ben		Kincardine D	46.35	1
12 Staley, James		Cardinal Car	55.86	1

Men 4x100 Meter Relay Midget

West Region: * 45.37 2002	LASALLE-VILLANOVA	Finals	H#
School			
1 W. F. Herman S S 'A'		46.30	2
1) Landrum, Vushaun	2) Gibbons, Jeremy		
3) Robinson-Blyth, Tommy	4) Lauzon, Patrick		
5) Travis, Dylan	6)		
2 Cameron Heights C I 'A'		47.43	2
1) Ying Yong, Jimmy	2) Earle, Ryan		
3) Lewis, Jarred	4) Miller-Smith, Jordan		
5) O'Neill, Jacob	6)		
3 Resurrection C S S 'A'		47.48	2
1) Anstett, Joe	2) Benjamin, Cordell		
3) McDonald, Sean	4) Murphy, Matt		
5) Weber, Adrian	6)		
4 Lambton Central C & V I 'A'		47.58	1
1) Bryce, Jacob	2) Clark, Chase		
3) Rouse, Jimmy	4) Hill, Dan		
5) Krall, Jordan	6)		
5 Sir Frederick Banting S S 'A'		47.59	2
1) Graham, Andrew	2) Nesbit-Larking, Nick		
3) Pace, Chris	4) Whitfield, Michael		
6 F.J. Brennan H S 'A'		48.18	1
1) Walcott, Darnell	2) Gervais, Gabe		
3) Stibbard, Evan	4) Pomerleau, Joel		
7 London Central S S 'A'		48.29	2
1) Paul, Samraat	2) MacKinly, Mike		
3) Arrunatequi, Daniel	4) Riggini, Brandon		
5) Gibson, Dan	6)		
8 F. E. Madill S S 'A'		48.41	1
1) Beasley, A.J.	2) McDowell, Johnathon		
3) Marriott, Robbie	4) Stacey, Trevor		
5) Irwin, Ben	6)		
9 Guelph C & V I 'A'		48.45	1
1) Fairchild, Jason	2) Learn, Troy		
3) Natividad, Will	4) Wysocowzanski, Jimmy		
5) James, Mac	6)		
10 Northern C I & V S 'A'		48.47	2
1) Hopkins, Tyler	2) Kiraly, Rob		
3) Buchner, Chris	4) Brown, D'Arcy		
5) Fraser, Spencer	6)		
11 Galt C & V I 'A'		48.49	1
1) Dalmer, Geoff	2) Karunaratne, Kanishka		
3) Aftab, Umar	4) Simpson, Kevin		
5) Lee, Dane	6)		

12 Strathroy D C I 'A'	48.69	1
1) Earl, Rob	2) Salomans, Dennis	
3) Dufaukt, Braeden	4) Sutherland, Addison	
5) Grigg, Emerson	6)	
13 Catholic Central 'A'	49.39	1
1) McIntyre, Ryan	2) Laurenco, Sam	
3) Couper, Ryan	4) Amaral, Luke	
5) Ohllson, John	6)	
-- Cardinal Carter S S 'A'	DQ	2
1) Bedard, Shawn	2) Coppola, Adam	
3) Staley, James	4) Taylor, Ian	
5) Campbell, Kaille	6)	

Men High Jump Midget

West Region: * 1.89m 1984					Pat O'DONOUGHUE / Walkerton-Sacred Hrt.				
Name		Year		School		Finals			
=====									
1	Neumann, Eric	Saunders SS					1.82m		
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82 1.90								
	P O XO O XO O O XXO XXX								
2	Dandie, Andrew	North Park C					1.79m		
	1.55 1.60 1.65 1.70 1.73 1.76 1.79 1.82								
	P O O O XO XXO XO XXX								
3	Kustermans, Robert	North Middle					1.73m		
	1.55 1.60 1.65 1.70 1.73 1.76								
	P O O XXO O XXX								
3	Gibson, Dan	London Centr					1.73m		
	1.55 1.60 1.65 1.70 1.73 1.76								
	P O O XXO O XXX								
5	Grigg, Emerson	Strathroy DC					1.70m		
	1.55 1.60 1.65 1.70 1.73								
	P O XXO O XXX								
6	Vandenbogaard, Frank	North Middle					1.65m		
	1.55 1.60 1.65 1.70								
	P O O XXX								
6	Drouin, Derek	St. Patrick'					1.65m		
	1.55 1.60 1.65 1.70								
	O O O XXX								
6	Wilson, Mitch	McGregor					1.65m		
	1.55 1.60 1.65 1.70								
	P O O XXX								
9	Dent, Mike	Bluevale					J1.65m		
	1.55 1.60 1.65 1.70								
	O XO O XXX								
9	Chester, Zach	Saugeen Dss-					J1.65m		
	1.55 1.60 1.65 1.70								
	P XO O XXX								
11	Murray, Brad	St. Patrick'					J1.65m		
	1.55 1.60 1.65 1.70								
	O XO XO XXX								
12	Deneau, Chris	St. Thoma SS					1.60m		
	1.55 1.60 1.65								
	XO O XXX								
13	Pearsalt, Jake	Lourdes					J1.60m		
	1.55 1.60 1.65								
	XO XO XXX								
14	Prins, Alex	St. Patrick'					J1.60m		
	1.55 1.60 1.65								
	O XXO XXX								

Men Pole Vault Midget

West Region: * 3.80m 1997									Frank KLUNDERT / Cardinal Carter	
Name	Year	School						Finals		
1 Neumann, Eric		Saunders SS						3.20m		
	2.00	2.20	2.40	2.55	2.70	2.85	3.00	3.20		
	P	P	P	P	P	P	XO	O		
2 Silvaggi, J C		St. Anne SS						2.85m		
	2.00	2.20	2.40	2.55	2.70	2.85	3.00			
	P	O	O	O	O	XO	XXX			
3 Reed, Rob		Jacob Hesple						2.70m		
	2.00	2.20	2.40	2.55	2.70	2.85				
	P	O	O	O	O	XXX				
3 Brown, Kain		St. Joseph-Winds						2.70m		
	2.00	2.20	2.40	2.55	2.70	2.85				
	O	O	O	O	O	XXX				
5 Brideau, Cody		Saunders SS						J2.70m		
	2.00	2.20	2.40	2.55	2.70	2.85				
	P	O	O	XO	XO	XXX				
6 Sumpton, Paul		Saunders SS						2.55m		
	2.00	2.20	2.40	2.55	2.70					
	P	P	XXO	O	XXX					
7 Hanbury, Paul		Jacob Hesple						2.40m		
	2.00	2.20	2.40	2.55						
	O	O	O	XXX						
8 Weston, Josh		St. Anne SS						J2.40m		
	2.00	2.20	2.40	2.55						
	XO	XO	XO	XXX						
9 Koss, Garrett		Stratford SS						2.20m		
	2.00	2.20	2.40							
	O	O	XXX							
10 McCormick, Wes		Brantford CI						J2.20m		
	2.00	2.20	2.40							
	P	XO	XXX							
11 Douglas, Kyle		Stratford SS						2.00m		
	2.00	2.20								
	O	XXX								

Men Long Jump Midget

West Region: * 6.67m 1979									Ken BERRY / London-Laurier	
Name	Year	School						Finals	Wind	
1 Musselman, Aaron		Bluevale						5.93m	NWI	
	5.66m(NWI)	5.90m(NWI)	5.88m(NWI)	5.93m(NWI)	5.60m(NWI)	PASS(NWI)				
2 Dennis, Nathan		Massey						5.92m	NWI	
	5.50m(NWI)	5.81m(NWI)	5.73m(NWI)	5.80m(NWI)	5.82m(NWI)	5.92m(NWI)				
3 Murray, Brad		St. Patrick'						5.82m	NWI	
	5.82m(NWI)	5.73m(NWI)	5.78m(NWI)	5.55m(NWI)	5.49m(NWI)	5.46m(NWI)				
4 Ngui Hon Sang, Peter		Centennial C						5.75m	NWI	
	FOUL(NWI)	FOUL(NWI)	5.53m(NWI)	FOUL(NWI)	5.60m(NWI)	5.75m(NWI)				
5 Dandie, Andrew		North Park C						5.67m	NWI	
	5.48m(NWI)	5.46m(NWI)	5.34m(NWI)	5.67m(NWI)	5.40m(NWI)	5.40m(NWI)				
6 Bedard, Shawn		Cardinal Car						5.57m	NWI	
	5.31m(NWI)	5.44m(NWI)	5.57m(NWI)	FOUL(NWI)	5.52m(NWI)	5.30m(NWI)				
7 Beasley, A.J.		Madill						5.55m	NWI	
	FOUL(NWI)	FOUL(NWI)	5.43m(NWI)	5.36m(NWI)	5.55m(NWI)	5.30m(NWI)				
8 Darabon, Daniel		Brennan						5.35m	NWI	
	5.12m(NWI)	5.35m(NWI)	5.30m(NWI)	5.06m(NWI)	4.88m(NWI)	5.28m(NWI)				
9 Furlong, Shaun		Oakridge SS						5.32m	NWI	
	5.13m(NWI)	5.09m(NWI)	5.32m(NWI)							
10 Weverink, James		London Distr						5.29m	NWI	
	4.95m(NWI)	5.03m(NWI)	5.29m(NWI)							
11 Vandenbogaard, Frank		North Middle						5.28m	NWI	

	4.83m(NWI)	5.28m(NWI)	5.16m(NWI)		
12 Do, Tuan				MacDonald	4.98m NWI
	FOUL(NWI)	FOUL(NWI)	4.98m(NWI)		
13 Kuipers, David				London Distr	4.92m NWI
	4.44m(NWI)	4.76m(NWI)	4.92m(NWI)		
-- Wilson, Mitch				McGregor	FOUL NWI
	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)		

Men Triple Jump Midget

West Region: * 13.78m 1994					
Name			Kriss PETERSON / LaSalle-Sandwich		
Year School			Finals Wind		
1 Dennis, Nathan		Massey	13.09m	NWI	
	13.09m(NWI)	11.96m(NWI)	12.61m(NWI)	12.46m(NWI)	12.77m(NWI) 12.91m(NWI)
2 Dandie, Andrew		North Park C	12.56m	NWI	
	12.06m(NWI)	12.56m(NWI)	11.93m(NWI)	11.60m(NWI)	12.31m(NWI) 12.18m(NWI)
3 Ngui Hon Sang, Peter		Centennial C	12.41m	NWI	
	12.06m(NWI)	FOUL(NWI)	FOUL(NWI)	12.14m(NWI)	12.41m(NWI) FOUL(NWI)
4 Weverink, James		London Distr	11.82m	NWI	
	FOUL(NWI)	FOUL(NWI)	11.40m(NWI)	FOUL(NWI)	FOUL(NWI) 11.82m(NWI)
5 Vandenberg, Frank		North Middle	11.79m	NWI	
	11.14m(NWI)	FOUL(NWI)	11.79m(NWI)	11.34m(NWI)	11.58m(NWI) FOUL(NWI)
6 Walcott, Darnell		Brennan	11.71m	NWI	
	11.26m(NWI)	FOUL(NWI)	FOUL(NWI)	11.46m(NWI)	11.46m(NWI) 11.71m(NWI)
7 Rouse, Jimmy		Lambton Cent	11.70m	NWI	
	11.12m(NWI)	11.70m(NWI)	FOUL(NWI)	10.91m(NWI)	11.23m(NWI) 11.07m(NWI)
8 Avery, Alex		North Middle	11.29m	NWI	
	FOUL(NWI)	11.07m(NWI)	FOUL(NWI)	11.29m(NWI)	FOUL(NWI) FOUL(NWI)
9 Lapatowski, Mike		C. C. London	10.93m	NWI	
	10.51m(NWI)	10.57m(NWI)	10.93m(NWI)		
10 Trevisol, Mitch		Belle River	10.91m	NWI	
	FOUL(NWI)	10.91m(NWI)	FOUL(NWI)		
11 Darabon, Daniel		Brennan	10.70m	NWI	
	FOUL(NWI)	10.70m(NWI)	FOUL(NWI)		

Men Shot Put Midget

West Region: * 18.23m 1982					
Name			Dave CROMBEEN / Sarnia-St. Patrick's		
Year School			Finals		
1 Ford, Zack		Banting	15.10m		
	13.52m	13.88m	14.70m	13.67m	14.43m 15.10m
2 Collins, Wiley		Westminster	14.52m		
	13.76m	14.52m	14.11m	13.92m	13.65m FOUL
3 Natividad, Will		Guelph Cvi-G	14.01m		
	13.13m	14.01m	PASS	PASS	PASS
4 Bergman, Shane		Waterford	13.91m		
	12.81m	13.41m	13.11m	13.91m	13.18m 12.39m
5 Landrum, Vushaun		Herman	13.84m		
	13.84m	13.59m	13.57m	13.63m	13.56m 13.77m
6 Wilson, Brendan		Lambton Cent	13.63m		
	12.80m	13.63m	12.94m	FOUL	13.41m 12.85m
7 Francis, Jesse		London Centr	13.26m		
	12.73m	11.70m	13.26m	12.80m	FOUL 12.63m
8 Dawson, Corey		Southwood SS	13.09m		
	11.91m	12.19m	12.59m	12.72m	12.46m 13.09m
9 Kuntz, Dave		St. Joseph-St.Th	12.36m		
	12.36m	FOUL	FOUL		
10 Berger, Bryan		Belle River	12.33m		
	12.33m	12.03m	11.66m		
11 Bugunovic, Vuk		Cameron Heig	12.10m		
	11.97m	12.10m	12.06m		

12 Ohllson, John	C. C. London	11.87m
10.66m 11.87m 11.72m		
13 Park, Dan	Lambton Cent	11.75m
11.29m 11.48m 11.75m		
14 Hill, Dan	Lambton Cent	11.37m
11.37m 11.17m 11.15m		

Men Discus Throw Midget

West Region: * 55.14m 2002 Joe POCOCK/Windsor						
Name	Year	School	Finals			
1 Ford, Zack		Banting	47.70m			
47.70m 44.75m 44.09m	FOUL	FOUL	FOUL			
2 Wilson, Brendan		Lambton Cent	47.43m			
47.43m	FOUL	FOUL	FOUL	FOUL	FOUL	
3 Collins, Wiley		Westminster	42.51m			
35.77m	FOUL	41.29m	41.45m	42.51m	40.08m	
4 McDonald, Shawn		Norwell Dss-	41.11m			
36.20m 38.08m 35.21m	33.42m	FOUL	41.11m			
5 Richards, Chris		Saugeen Dss-	38.62m			
FOUL 36.50m 33.48m	38.04m	FOUL	38.62m			
6 Francis, Jesse		London Centr	38.47m			
37.71m 32.57m 35.75m	36.93m	FOUL	38.47m			
7 Brown, Nick		Owen Sound C	38.28m			
31.42m 35.90m 35.19m	31.11m	FOUL	38.28m			
8 Ohllson, John		C. C. London	37.43m			
35.67m 33.78m 37.43m	PASS	PASS	PASS			
9 Hammoud, Basil		Grand River	35.61m			
35.61m 31.60m	FOUL					
10 Swan, Bryan		Lambton Cent	34.22m			
32.18m	FOUL	34.22m				
11 Gaboury-Poirier, Jacob		Pere-Rene de	34.17m			
33.55m 34.17m 34.13m						
12 Rocca, Chris		St Christoph	33.86m			
31.06m 33.86m 33.57m						
13 Bertin, CJ		Northern Civ	33.53m			
29.71m 33.53m 33.18m						
14 Woods, Taylor		Banting	30.79m			
29.71m	FOUL	30.79m				
15 O'Hearn, Tim		Massey	25.56m			
25.56m	FOUL	FOUL				

Men Javelin Throw Midget

West Region: * 61.70m 1982 Dave CROMBEEN / Sarnia-St. Patrick's						
Name	Year	School	Finals			
1 Mitchell, Brent		Paris Dhs-Pa	50.29m			
FOUL	FOUL	50.29m	FOUL	42.60m	FOUL	
2 Collins, Wiley		Westminster	50.21m			
44.30m 50.21m 47.43m	FOUL	47.11m	44.77m			
3 Ouellette, Jonathon		Kennedy Hon	45.56m			
41.94m	FOUL	32.88m	35.91m	34.94m	45.56m	
4 Hinek, Steve		Brennan	45.06m			
45.06m 36.64m	FOUL	38.52m	44.81m	44.33m		
5 Brown, Mark		Saugeen Dss-	43.25m			
40.14m 39.94m 43.25m	FOUL	FOUL	FOUL			
6 Francis, Jesse		London Centr	42.05m			
FOUL 38.24m 38.70m	42.05m	41.81m	39.23m			
7 Brideau, Cody		Saunders SS	38.33m			
38.33m	FOUL	FOUL	FOUL	32.30m	FOUL	
8 Brobyn, Jordan		MacDonald	37.40m			

	33.58m	37.40m	32.99m	36.58m	34.50m	FOUL	
9	Lankhof, Nathan			Chatham Chri			37.30m
	37.30m	FOUL	FOUL				
10	McMurdie, Sean			Brennan			36.89m
	36.77m	FOUL	36.89m				
11	DeRuysscher, Adam			Delhi Dss-De			36.51m
	33.34m	36.51m	FOUL				
12	Brubacher, Dale			Listowel Dss			36.40m
	35.01m	34.85m	36.40m				
13	Purves, Jim			St. Clair SS			35.41m
	34.86m	34.33m	35.41m				
14	Harris, Mike			Dorchester			35.08m
	35.08m	31.29m	28.52m				
15	Buchmeller, Ben			Assumption			32.07m
	32.07m	FOUL	21.91m				

Men 100 Meter Dash Junior

=====							
West Region: * 10.60		2002	Rhoan STERLING/Galt				
Name		Year	School	Prelims	Wind	H#	
=====							
Preliminaries							
1	Riva, Nathan		Sandwich	11.90Q	-2.7	1	
2	Gibson, Kyle		Erin Dhs-Eri	11.98Q	-3.1	2	
3	Rutledge, Todd		Lucas-London	11.99Q	-2.7	1	
4	Carty, Marco		Kitchener Wa	12.11Q	-3.1	2	
5	Fox, James		Belle River	12.05Q	-2.7	1	
6	Dundee, Chris		St. Clair SS	12.22Q	-3.1	2	
7	Yates, Ken		Saunders SS	12.06q	-2.7	1	
8	McDavid, Matheus		Mgsr. E.A. D	12.16q	-2.7	1	
9	Noel, Malcolm		C. C. London	J12.16	-2.7	1	
10	Bogaert, Bryan		Lambton Cent	12.20	-2.7	1	
11	Boyes, Karl		Holy Names H	12.24	-3.1	2	
12	Burgie, Jamie		Saunders SS	12.30	-3.1	2	
13	Norris, Cory		John F. Ross	12.46	-3.1	2	

Men 100 Meter Dash Junior

=====							
West Region: * 10.60		2002	Rhoan STERLING/Galt				
Name		Year	School	Finals	Wind		
=====							
Finals							
1	Riva, Nathan		Sandwich	11.86	-4.0		
2	Gibson, Kyle		Erin Dhs-Eri	12.07	-4.0		
3	Dundee, Chris		St. Clair SS	12.11	-4.0		
4	Rutledge, Todd		Lucas-London	12.12	-4.0		
5	Carty, Marco		Kitchener Wa	12.13	-4.0		
6	Fox, James		Belle River	12.23	-4.0		
7	McDavid, Matheus		Mgsr. E.A. D	12.35	-4.0		
8	Yates, Ken		Saunders SS	12.37	-4.0		

Men 200 Meter Dash Junior

=====							
West Region: * 21.67		1993	Chris ROBINSON / Cambridge-Hespeler				
Name		Year	School	Prelims	Wind	H#	
=====							
Preliminaries							
1	Lamarche, Steve		Belle River	23.42Q	-2.6	1	
2	Riva, Nathan		Sandwich	23.46Q	-1.3	2	
3	Yates, Ken		Saunders SS	23.84Q	-1.3	2	
4	Boyes, Karl		Holy Names H	24.29Q	-2.6	1	
5	Burgie, Jamie		Saunders SS	23.96Q	-1.3	2	
6	Weber, Daniel		Elmira Dss-E	24.31Q	-2.6	1	

7	Rutledge, Todd	Lucas-London	24.26q	-1.3	2
8	Norris, Cory	John F. Ross	24.43q	-2.6	1
9	Lauer, Chris	Assumption	24.57	-1.3	2
10	Kamran, Fandi	Resurrection	24.80	-2.6	1
11	Legg, Ian	Medway Hs-Ar	24.86	-2.6	1
12	Noel, Malcolm	C. C. London	24.94	-1.3	2
13	Dundee, Chris	St. Clair SS	24.95	-1.3	2
14	Bruzzese, Kyle	MacDonald	24.98	-2.6	1
15	Carty, Marco	Kitchener Wa	25.06	-2.6	1

Men 200 Meter Dash Junior

=====					
West Region: * 21.67		1993	Chris ROBINSON / Cambridge-Hespeler		
Name	Year	School	Finals	Wind	
=====					

Finals

1	Riva, Nathan	Sandwich	23.30	-1.5
2	Lamarche, Steve	Belle River	23.45	-1.5
3	Yates, Ken	Saunders SS	23.88	-1.5
4	Rutledge, Todd	Lucas-London	24.11	-1.5
5	Norris, Cory	John F. Ross	24.18	-1.5
6	Boyes, Karl	Holy Names H	24.37	-1.5
7	Weber, Daniel	Elmira Dss-E	24.77	-1.5

Men 400 Meter Dash Junior

=====					
West Region: * 47.94		1997	Liam CARD / Port Elgin-Saugeen		
Name	Year	School	Finals	H#	
=====					

1	Lamarche, Steve	Belle River	51.25	2
2	Neville, Brian	Massey	51.51	2
3	Bogaert, Bryan	Lambton Cent	51.56	2
4	Lauer, Chris	Assumption	52.61	2
5	Porter, Josh	Kennedy Hon	53.02	2
6	Smith, Charles	MacDonald	53.32	2
7	Yates, Ken	Saunders SS	54.04	2
8	Conn, Chris	Glenview Par	54.52	1
9	Lambert, Mike	St. Anne's	55.30	1
10	Salsburg, Adam	Guelph Cvi-G	55.34	1
11	Duncan, Neil	Walkerton	56.15	1
12	Frank, Eric	Medway Hs-Ar	56.34	2
13	Kuaick, Brian	Oakridge SS	57.39	1
14	Suchard, Scott	Mother Teres	58.29	1

Men 800 Meter Run Junior

=====					
West Region: * 1:50.90		2000	Nathan BRANNEN / Preston HS		
Name	Year	School	Finals		
=====					

1	Robson, Phil	Massey	2:02.06
2	DeBono, Nathaniel	Kennedy Hon	2:02.59
3	Armstrong, Ryan	Central Elgi	2:02.94
4	Vink, Ben	Chatham-Kent	2:04.10
5	Douglas, Andrew	Northern Civ	2:07.38
6	Bennett, James	Saugeen Dss-	2:07.59
7	Helmuth, Nick	Glenview Par	2:08.23
8	Rivait, Mike	St. Anne SS	2:10.81
9	Allard-Buffet, Matt	Resurrection	2:14.15
10	Conn, Chris	Glenview Par	2:15.85
11	Skufca, Jeff	Mother Teres	2:16.21
12	Chambers, John	Oakridge SS	2:19.70

Men 1500 Meter Run Junior

=====			
West Region: *	3:49.3h	1994	Jay CANTIN / Sarnia-St. Clair
Name	Year	School	Finals
=====			
1 Tome, Mitchell		Kennedy Hon	4:14.78
2 Robson, Phil		Massey	4:15.40
3 Jansen, Drew		St. Benedict	4:16.26
4 Skufca, Jeff		Mother Teres	4:17.21
5 Bennett, James		Saugeen Dss-	4:22.58
6 Vink, Ben		Chatham-Kent	4:25.43
7 Wallis, Jeremy		Paris Dhs-Pa	4:25.49
8 Woodhall, Derek		Resurrection	4:26.40
9 DeBono, Nathaniel		Kennedy Hon	4:26.72
10 King, Cason		St Christoph	4:27.28
11 Perna, Dan		Mother Teres	4:30.10
12 Armstrong, Ryan		Central Elgi	4:30.63
13 Culligan, Ben		Mitchell Dhs	4:31.88
14 Blais, Guillaume		London Centr	4:42.04

Men 3000 Meter Run Junior

=====			
West Region: *	8:35.46	2001	Adam HORTIAN / Bluevale
Name	Year	School	Finals
=====			
1 O'Neill, Kyle		East Elgin S	9:14.76
2 Tome, Mitchell		Kennedy Hon	9:17.11
3 Wallis, Jeremy		Paris Dhs-Pa	9:18.08
4 Jansen, Drew		St. Benedict	9:22.68
5 Goodwin, Jordan		Herman	9:31.24
6 King, Cason		St Christoph	9:42.85
7 Perna, Dan		Mother Teres	9:44.38
8 Bauer, Jesse		Massey	9:46.99
9 Kirk, James		Glenview Par	9:49.64
10 Skufca, Jeff		Mother Teres	9:50.21
11 Huffman, Josh		Harrow Dhs-H	9:50.87
12 Culligan, Ben		Mitchell Dhs	9:52.78
13 Woodhall, Derek		Resurrection	9:59.30
14 Yardley, Colin		Cameron Heig	10:06.59

Men 100 Meter Hurdles Junior

=====				
West Region: *	14.41	2004	Sander RATSEP/London-Saunders	
Name	Year	School	Prelims	Wind H#
=====				
Preliminaries				
1 Millson, Matt		Lambton Cent	* 14.28Q	+0.0 1
2 Donald, Ian		Kennedy Hon	* 14.38Q	+0.0 2
3 Baran, Mike		St. Joseph-Winds	14.74Q	+0.0 1
4 Gadawski, Zach		Brantford CI	15.04Q	+0.0 2
5 Messam, Antonio		Resurrection	14.92Q	+0.0 1
6 Gorzeman, Ben		Lambton Cent	15.51Q	+0.0 2
7 Beishuizen, Roy		London Distr	15.25q	+0.0 1
8 Berkel, James		London Distr	15.52q	+0.0 2
9 O'Neil, Liam		Saugeen Dss-	15.59	+0.0 1
10 Hernandez, Seb		John F. Ross	15.67	+0.0 1
11 Lambert, Mike		St. Anne's	15.77	+0.0 1
12 Ball, Ty		Parkside CI	15.88	+0.0 2
13 Kovacs, Paul		Strathroy DC	15.95	+0.0 2
14 Norris-Lue, Brandon		MacDonald	16.20	+0.0 1

Men 100 Meter Hurdles Junior

=====				
West Region: *	14.41	2004	Sander RATSEP/London-Saunders	

Name	Year School	Finals	Wind
=====			
Finals			
1 Donald, Ian	Kennedy Hon	13.92*	+0.0
2 Millson, Matt	Lambton Cent	14.00*	+0.0
3 Baran, Mike	St. Joseph-Winds	14.29*	+0.0
4 Gadawski, Zach	Brantford CI	14.61	+0.0
5 Messam, Antonio	Resurrection	14.68	+0.0
6 Berkel, James	London Distr	15.08	+0.0
7 Beishuizen, Roy	London Distr	15.41	+0.0
8 Gorzeman, Ben	Lambton Cent	15.54	+0.0

Men 300 Meter Hurdles Junior

=====				
West Region: *		38.11	1996	Jeff ELLIS/Orangeville
Name	Year School	Finals	H#	
=====				
1 Millson, Matt	Lambton Cent	40.83	2	
2 Neville, Brian	Massey	40.99	2	
3 Donald, Ian	Kennedy Hon	41.64	2	
4 Baran, Mike	St. Joseph-Winds	42.73	2	
5 Gadawski, Zach	Brantford CI	42.80	2	
6 Lambert, Mike	St. Anne's	43.41	2	
7 Berkel, James	London Distr	43.55	2	
8 Beishuizen, Roy	London Distr	43.97	1	
9 Reist, Scott	Waterloo	44.07	1	
10 Hernandez, Seb	John F. Ross	44.51	1	
11 Messam, Antonio	Resurrection	44.79	1	
12 Sanderson, Derek	Madill	44.98	1	
13 Yungblut, Blair	North Middle	45.45	1	
-- Little, Adam	Saugeen Dss-	DNF	2	

Men 4x100 Meter Relay Junior

=====				
West Region: *		43.15	2002	LONDON-CATHOLIC CENTRAL
School		Finals	H#	
=====				
1 Belle River D H S 'A'		44.52	2	
1) Fox, James	2) Gibbons, Dan			
3) Holdren, Greg	4) Lamarche, Steve			
2 Vincent Massey S S 'A'		44.81	2	
1) Neville, Brian	2) Daabous, James			
3) Islam, Jayful	4) Mei, Jason			
5) McShan, Keith	6)			
3 Lambton Central C & V I 'A'		45.20	2	
1) Minten, Jesse	2) Rainsberry, Craig			
3) Millson, Matt	4) Bogaert, Bryan			
5) Vroom, Paul	6)			
4 Saunders S S 'A'		45.35	2	
1) Burgie, Jamie	2) Allen, Rich			
3) Harris, Brady	4) Yates, Ken			
5) Neumann, Eric	6)			
5 Bluevale C I 'A'		46.42	2	
1) Yang, Jeremy	2) Jeffries, Mat			
3) Musselman, Aaron	4) Minke, Josh			
5) White, Chad	6)			
6 Holy Names H S 'A'		46.73	2	
1) Adam, Corey	2) Boutett, Chad			
3) Boyes, Karl	4) Fisher, Jake			
7 Forest Heights C I 'A'		46.76	2	
1) Jiminez, Victor	2) Crasovan, Alex			
3) Bradbury, Will	4) Garrick, Darnell			
5) Dang, Nam	6)			

8	John F. Ross C & V I 'A'	46.86	2
	1) Bruce, Andrew	2) Scott, Brian	
	3) Hernandez, Seb	4) Norris, Cory	
	5) Chen, Steve	6)	
9	London District Christian 'A'	47.63	1
	1) Smit, Nate	2) Beishuizen, Roy	
	3) Janssen, Nick	4) Berkel, James	
	5) Weverink, James	6)	
10	Northern C I & V S 'A'	47.79	1
	1) McCurry, Cory	2) Honig, Kevin	
	3) Hopkins, Chris	4) Burnett, Justin	
	5) Thorner, Joe	6)	
11	Brantford C I & V S 'A'	48.01	1
	1) Gadawski, Zach	2) Meade, Akim	
	3) Hill, Chris	4) Vanderkop, Nathan	
12	Stratford Northwestern S 'A'	48.29	1
	1) Bailey, Kurtis	2) Groenestege, Kyle	
	3) Campion, Dylan	4) Jones, Corey	
	5) Laing, Jamie	6)	
--	Resurrection C S S 'A'	DQ	1
	1) O'Brien, Brendan	2) Messam, Antonio	
	3) Allard-Buffet, Matt	4) Kamran, Fandi	
	5) Nguyen, Ken	6)	

Men High Jump Junior

West Region: * 2.01m 1984								Andrew MCLEAN / Arva-Medway	
Name		Year		School		Finals			
1	Major, Brian				Resurrection			1.85m	
	1.60 1.65 1.70 1.75 1.80 1.85 1.88								
	P O O O O O XXX								
2	Dobson, Jordan				Resurrection			J1.85m	
	1.60 1.65 1.70 1.75 1.80 1.85 1.88								
	P O O O O XXO XXX								
3	Honig, Kevin				Northern Civ			J1.85m	
	1.60 1.65 1.70 1.75 1.80 1.85 1.88								
	O O O O XXO XXO XXX								
4	Kongus, Cody				St. Patrick'			1.80m	
	1.60 1.65 1.70 1.75 1.80 1.85								
	O O O O O XXX								
5	Stone, Adam				Listowel Dss			J1.80m	
	1.60 1.65 1.70 1.75 1.80 1.85								
	P O O O XO XXX								
5	Garrick, Darnell				Forest Heigh			J1.80m	
	1.60 1.65 1.70 1.75 1.80 1.85								
	P O O O XO XXX								
7	Warrington, Tony				North Park C			J1.80m	
	1.60 1.65 1.70 1.75 1.80 1.85								
	P XO O O XO XXX								
8	Kuscoff, Justin				St Christoph			J1.80m	
	1.60 1.65 1.70 1.75 1.80 1.85								
	P O O XO XXO XXX								
9	McCulloch, Robert				Walkerton			1.75m	
	1.60 1.65 1.70 1.75 1.80								
	P O O XO XXX								
9	Burnett, Justin				Northern Civ			1.75m	
	1.60 1.65 1.70 1.75 1.80								
	O O O XO XXX								
11	Corbett, Adam				Madill			J1.75m	
	1.60 1.65 1.70 1.75 1.80								
	P O XO XXO XXX								
12	Polkosnik, Tony				Walkerville			1.70m	

	1.60	1.65	1.70	1.75			
	O	O	O	XXX			
12 Stephenson, Dale					Medway Hs-Ar	1.70m	
	1.60	1.65	1.70	1.75			
	O	O	O	XXX			
12 Dilella, Aaron					Glendale HS	1.70m	
	1.60	1.65	1.70	1.75			
	O	O	O	XXX			
15 Baetz, Kevin					Mitchell Dhs	1.65m	
	1.60	1.65	1.70				
	XO	O	XXX				

Men Pole Vault Junior

West Region: * 4.40m 1991					Mike NOLAN / Lord Dorchester						
Name					Year	School				Finals	
=====											
1	Kuepfer, Kyle					Listowel Dss					3.45m
	2.20	2.40	2.60	2.75	2.90	3.05	3.20	3.45	3.60		
	P	P	P	P	P	P	O	O	XXX		
2	O'Brien, Brendan					Resurrection					3.05m
	2.20	2.40	2.60	2.75	2.90	3.05	3.20				
	P	P	O	O	XO	XO	XXX				
3	Thibeault, Chris					Jacob Hesple					2.90m
	2.20	2.40	2.60	2.75	2.90	3.05					
	P	P	O	XO	O	XXX					
4	Offenbacher, Chris					St. Anne SS					J2.90m
	2.20	2.40	2.60	2.75	2.90	3.05					
	P	O	XO	O	XO	XXX					
5	Hignell, Nick					Resurrection					2.75m
	2.20	2.40	2.60	2.75	2.90						
	P	P	O	O	XXX						
6	Steen, Kory					St. Anne SS					J2.75m
	2.20	2.40	2.60	2.75	2.90						
	XO	O	O	XO	XXX						
7	Ayotte, Mike					Stratford SS					2.60m
	2.20	2.40	2.60	2.75							
	O	O	O	XXX							
7	Williamson, Theron					MacDonald					2.60m
	2.20	2.40	2.60	2.75							
	O	O	O	XXX							
9	Snider-Brousse, Andrew					Brantford CI					J2.60m
	2.20	2.40	2.60	2.75							
	XO	XO	O	XXX							
10	Eden, Chris					College Aven					J2.60m
	2.20	2.40	2.60	2.75							
	P	O	XO	XXX							
10	Doyle, Pat					St. Anne SS					J2.60m
	2.20	2.40	2.60	2.75							
	O	O	XO	XXX							
12	Hostettler, Andy					Listowel Dss					2.40m
	2.20	2.40	2.60								
	P	O	XXX								
13	Dittmer, Jeff					Saunders SS					2.20m
	2.20	2.40									
	O	XXX									

Men Long Jump Junior

West Region: * 7.18m 1999					Paul WHITTY / London-Saunders				
Name		Year			School		Finals		Wind
=====									
1 Mei, Jason					Massey		6.13m		NWI

	5.93m(NWI)	5.82m(NWI)	FOUL(NWI)	FOUL(NWI)	5.65m(NWI)	6.13m(NWI)	
2 Yang, Jeremy			Bluevale			6.07m	NWI
	FOUL(NWI)	6.06m(NWI)	5.99m(NWI)	PASS(NWI)	6.07m(NWI)	PASS(NWI)	
3 Stone, Adam			Listowel Dss			5.88m	NWI
	5.68m(NWI)	5.58m(NWI)	5.55m(NWI)	5.64m(NWI)	5.50m(NWI)	5.88m(NWI)	
4 Teli, Brian			Guelph Cvi-G			5.71m	NWI
	5.42m(NWI)	5.54m(NWI)	5.66m(NWI)	5.49m(NWI)	5.44m(NWI)	5.71m(NWI)	
5 McDavid, Matheus			Mgsr. E.A. D			5.50m	NWI
	4.67m(NWI)	5.16m(NWI)	5.50m(NWI)	PASS(NWI)	PASS(NWI)	PASS(NWI)	
6 VanMepplenScheppink, Chr			Parkside CI			5.48m	NWI
	5.24m(NWI)	5.48m(NWI)	5.30m(NWI)	5.11m(NWI)	FOUL(NWI)	FOUL(NWI)	
7 Sutherland, Brian			John F. Ross			5.44m	NWI
	5.12m(NWI)	5.44m(NWI)	FOUL(NWI)	5.14m(NWI)	FOUL(NWI)	FOUL(NWI)	
8 Archagel, Mark			C. C. Windsor			5.40m	NWI
	5.40m(NWI)	5.20m(NWI)	4.98m(NWI)	5.01m(NWI)	5.14m(NWI)	5.16m(NWI)	
9 DeCarolus, Michael			Holy Trinity C H			5.36m	NWI
	FOUL(NWI)	5.36m(NWI)	5.35m(NWI)				
10 Kuscoff, Justin			St Christoph			5.23m	NWI
	5.23m(NWI)	5.20m(NWI)	4.99m(NWI)				
11 Groenestege, Kyle			Stratford SS			5.09m	NWI
	4.38m(NWI)	FOUL(NWI)	5.09m(NWI)				
12 Corbett, Adam			Madill			4.98m	NWI
	4.86m(NWI)	4.98m(NWI)	4.65m(NWI)				
13 Burgie, Jamie			Saunders SS			4.94m	NWI
	4.93m(NWI)	4.80m(NWI)	4.94m(NWI)				
14 Noel, Shane			Belle River			4.80m	NWI
	4.49m(NWI)	4.80m(NWI)	4.47m(NWI)				
15 Shaw, Corey			Ur The Pines			4.75m	NWI
	FOUL(NWI)	4.75m(NWI)	4.27m(NWI)				

Men Triple Jump Junior

West Region: * 15.22m 2000 Kenen SHADD / Kitchner-Grand River CI							
Name	Year		School	Finals		Wind	
1 Yang, Jeremy			Bluevale		13.50m		NWI
	11.92m(NWI)	13.50m(NWI)	FOUL(NWI)	PASS(NWI)	PASS(NWI)	PASS(NWI)	
2 Honig, Kevin			Northern Civ		13.17m		NWI
	13.17m(NWI)	12.76m(NWI)	FOUL(NWI)	PASS(NWI)	PASS(NWI)	PASS(NWI)	
3 Mei, Jason			Massey		12.65m		NWI
	12.65m(NWI)	12.38m(NWI)	12.39m(NWI)	12.30m(NWI)	12.29m(NWI)	12.12m(NWI)	
4 Garrick, Darnell			Forest Heigh		12.42m		NWI
	12.04m(NWI)	11.63m(NWI)	12.42m(NWI)	12.29m(NWI)	11.84m(NWI)	PASS(NWI)	
5 Teli, Brian			Guelph Cvi-G		12.37m		NWI
	12.22m(NWI)	12.00m(NWI)	12.29m(NWI)	12.37m(NWI)	12.36m(NWI)	12.18m(NWI)	
6 Groenestege, Kyle			Stratford SS		12.32m		NWI
	11.97m(NWI)	12.32m(NWI)	12.25m(NWI)	11.91m(NWI)	PASS(NWI)	12.07m(NWI)	
7 Bent, Marcel			Forest Heigh		12.11m		NWI
	12.11m(NWI)	FOUL(NWI)	FOUL(NWI)	PASS(NWI)	FOUL(NWI)	11.67m(NWI)	
8 Messam, Antonio			Resurrection		12.04m		NWI
	12.04m(NWI)	11.98m(NWI)	11.89m(NWI)	FOUL(NWI)	FOUL(NWI)	FOUL(NWI)	
9 Dilella, Aaron			Glendale HS		11.98m		NWI
	11.98m(NWI)	11.71m(NWI)	11.74m(NWI)				
10 Shipway, Matt			North Middle		11.74m		NWI
	11.58m(NWI)	FOUL(NWI)	11.74m(NWI)				
11 Dennis, Patrick			St Christoph		11.34m		NWI
	11.29m(NWI)	11.34m(NWI)	11.28m(NWI)				
12 Knip, Tyler			South Huron		11.26m		NWI
	FOUL(NWI)	11.26m(NWI)	11.07m(NWI)				
13 Corbett, Chris			Madill		11.08m		NWI
	10.57m(NWI)	FOUL(NWI)	11.08m(NWI)				
14 McLarty, Tim			Ridgetown DH		10.73m		NWI
	10.46m(NWI)	10.73m(NWI)	10.72m(NWI)				

Men Shot Put Junior

West Region: * 16.45m 2004							Dustin KIEFERLondon-JohnPaul1 II
Name	Year		School			Finals	
1 Crawford, Tyrone			C. C. Windsor			16.79m*	
	15.70m	16.27m	16.79m	15.51m	16.48m	15.46m	
2 Fisher, Kris			Banting			16.75m*	
	15.63m	15.52m	FOUL	16.55m	16.75m	FOUL	
3 Dykstra, David			London Distr			15.91m	
	15.52m	15.91m	15.62m	15.74m	15.38m	FOUL	
4 Hassen, Danny			Kincardine D			14.63m	
	14.32m	14.63m	14.02m	13.19m	14.24m	14.24m	
5 Bosma, Caleb			London Distr			14.62m	
	13.00m	13.95m	13.92m	14.18m	13.96m	14.62m	
6 Atkinson, Mike			C. C. Windsor			14.56m	
	14.53m	14.36m	13.60m	13.80m	FOUL	14.56m	
7 Battram, Nick			North Middle			14.26m	
	13.36m	13.64m	13.93m	14.26m	14.05m	13.74m	
8 McFarlane, Mike			Brantford CI			14.15m	
	14.15m	13.74m	13.54m	13.08m	13.63m	13.20m	
9 Jerse, Ben			Centennial C			13.77m	
	13.40m	13.77m	13.30m				
10 DeCarolis, Michael			Holy Trinity C H			13.75m	
	12.40m	13.75m	12.84m				
11 Woghiren, Brendon			C. C. Windsor			13.69m	
	12.41m	13.69m	FOUL				
12 Little, Adam			Saugeen Dss-			13.66m	
	13.23m	13.60m	13.66m				
13 Bass-West, Mike			Banting			13.12m	
	FOUL	13.12m	FOUL				
14 Gagnier, George			L'Essor			12.77m	
	12.77m	12.71m	12.52m				
15 Horneman, Dave			Chatham Chri			12.53m	
	12.53m	12.19m	11.77m				

Men Discus Throw Junior

West Region: * 59.81m 2004							Josh WILSON/Lambton Central
Name	Year		School			Finals	
1 Little, Adam			Saugeen Dss-			53.95m	
	52.13m	53.95m	51.76m	FOUL	FOUL	53.18m	
2 Crawford, Tyrone			C. C. Windsor			52.57m	
	47.51m	48.45m	50.79m	48.41m	52.57m	51.78m	
3 Bass-West, Mike			Banting			50.80m	
	42.46m	42.73m	45.13m	45.05m	43.91m	50.80m	
4 Fisher, Kris			Banting			49.53m	
	49.53m	46.23m	48.13m	FOUL	FOUL	49.06m	
5 Linseman, Brendan			Brantford CI			43.98m	
	FOUL	43.98m	43.92m	43.98m	FOUL	FOUL	
6 Fisher, Jake			Holy Names H			43.29m	
	37.97m	43.29m	39.20m	39.55m	41.07m	37.91m	
7 Vanderleeuw, Kevin			London Distr			43.13m	
	FOUL	43.13m	40.80m	40.05m	39.33m	36.37m	
8 Woghiren, Brendon			C. C. Windsor			41.19m	
	FOUL	37.24m	41.19m	41.10m	FOUL	39.36m	
9 Young, Adam			Madill			40.81m	
	36.25m	40.46m	40.81m				
10 Canie, Kelly			St. Patrick'			39.62m	
	39.62m	38.69m	38.12m				
11 Stewart, Brandon			John Diefenb			38.35m	

37.00m	38.35m	32.02m		
12 Gibson, Kyle			Erin Dhs-Eri	38.13m
34.28m	32.10m	38.13m		
13 Deelstra, Nick			London Distr	38.04m
FOUL	FOUL	38.04m		
14 Goodacre, Jed			Lambton Cent	37.74m
37.74m	34.39m	31.70m		

Men Javelin Throw Junior

West Region: * 52.19m 2004		Brandon DAYNARD/Windsor-Kennedy		
Name	Year	School	Finals	
1 Daabous, James		Massey	51.53m	
50.01m	48.70m	51.53m	49.46m	48.73m 49.82m
2 Garbaty, Casey		Northern Civ	51.01m	
47.56m	48.29m	51.01m	47.37m	44.98m 48.90m
3 Cant, Kyle		Sandwich	48.53m	
FOUL	FOUL	45.04m	48.53m	44.73m 40.39m
4 Horneman, Dave		Chatham Chri	48.15m	
45.68m	44.65m	45.69m	42.40m	40.44m 48.15m
5 Crawford, Tyrone		C. C. Windsor	45.03m	
FOUL	42.70m	43.64m	45.03m	42.07m 41.85m
6 Moyer, Paul		Forest Heigh	44.29m	
42.06m	FOUL	44.29m	42.15m	40.93m FOUL
7 Sitter, Shawn		Holy Trinity C H	42.15m	
39.26m	34.58m	42.15m	38.54m	FOUL 41.43m
8 Hines, Graham		North Park C	42.14m	
40.19m	42.14m	40.53m	FOUL	36.65m FOUL
9 Bailey, Kurtis		Stratford SS	42.13m	
42.13m	39.40m	39.86m		
10 Linseman, Brendan		Brantford CI	41.28m	
41.28m	38.69m	40.49m		
11 Christie, Mac		South Huron	40.50m	
40.50m	FOUL	FOUL		
12 Romphf, Cory		North Middle	39.88m	
FOUL	30.67m	39.88m		
13 Allen, Rich		Saunders SS	37.92m	
37.03m	37.92m	35.12m		

Men 100 Meter Dash Senior

West Region: * 10.57 1994		Dave TOMLIN / Kitchener-St. Mary's		
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Keating, Justin		Northern Civ	11.50Q	-2.0 2
2 Ryder, Jamie		Banting	11.53Q	-2.7 1
3 Giroux, Bryan		Elmira Dss-E	11.53Q	-2.0 2
4 Handsor, Matt		McGregor	11.63Q	-2.7 1
5 Dills, Brendan		Centennial C	11.54Q	-2.0 2
6 D'Alosio, Nicholas		St. Thoma SS	11.76Q	-2.7 1
7 Besant, Brandon		Herman	11.59q	-2.0 2
8 Finlayson, Braden		Regina Mundi	11.80q	-2.7 1
9 Zender, Dustin		Grand River	11.81	-2.0 2
10 Edwards, Colin		St. Anne SS	11.91	-2.7 1
11 Pearson, Mike		St. Mary's-Kitch	11.93	-2.0 2
12 Coyne, Jared		London Centr	12.01	-2.7 1
13 Morrissey, James		C. C. London	12.02	-2.0 2
14 Murray, Chad		C. C. London	12.14	-2.7 1

Men 100 Meter Dash Senior

West Region: * 10.57 1994 Dave TOMLIN / Kitchener-St. Mary's

Name	Year	School	Finals	Wind
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Finals

1 Handsor, Matt		McGregor	11.50	-2.1
2 Besant, Brandon		Herman	11.51	-2.1
3 Ryder, Jamie		Banting	11.55	-2.1
4 Keating, Justin		Northern Civ	11.60	-2.1
5 Dills, Brendan		Centennial C	11.61	-2.1
6 Giroux, Bryan		Elmira Dss-E	11.62	-2.1
7 D'Alosio, Nicholas		St. Thoma SS	11.82	-2.1
8 Finlayson, Braden		Regina Mundi	11.87	-2.1

Men 200 Meter Dash Senior

West Region: * 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1 Reid, Jonathon		Massey	22.81Q	-0.5	2
2 Besant, Brandon		Herman	23.19Q	-1.9	1
3 Kerr, Jason		Strathroy DC	22.91Q	-0.5	2
4 Keating, Justin		Northern Civ	23.42Q	-1.9	1
5 Dills, Brendan		Centennial C	22.99Q	-0.5	2
6 James, Ryan		MacDonald	23.43Q	-1.9	1
7 D'Alosio, Nicholas		St. Thoma SS	23.45q	-1.9	1
8 Rwabakumba, Chris		Herman	23.48q	-0.5	2
9 Ball, Greg		St. Benedict	23.50	-0.5	2
10 Coyne, Jared		London Centr	23.85	-0.5	2
11 Morrissey, James		C. C. London	24.57	-1.9	1

Men 200 Meter Dash Senior

West Region: * 21.30 1995 Dave TOMLIN / Kitchener-St. Mary's

Name	Year	School	Finals	Wind
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Finals

1 Reid, Jonathon		Massey	22.91	-2.9
2 Dills, Brendan		Centennial C	23.07	-2.9
3 Kerr, Jason		Strathroy DC	23.35	-2.9
4 Besant, Brandon		Herman	23.45	-2.9
5 James, Ryan		MacDonald	23.64	-2.9
6 Rwabakumba, Chris		Herman	23.88	-2.9
7 D'Alosio, Nicholas		St. Thoma SS	23.93	-2.9
8 Keating, Justin		Northern Civ	23.94	-2.9

Men 400 Meter Dash Senior

West Region: * 47.59 1999 Liam CARD / Port Elgin-Saugeen

Name	Year	School	Finals	H#
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1 Reid, Jonathon		Massey	48.92	2
2 Dills, Brendan		Centennial C	49.28	2
3 Kerr, Jason		Strathroy DC	50.30	2
4 Wasko, Taylor		C. C. London	50.31	2
5 List, Adin		McGregor	50.57	2
6 Ball, Greg		St. Benedict	51.39	2
7 Braithwaite, TJ		Chatham-Kent	51.42	2
8 Smith, Bob		Pauline John	51.60	1
9 Mauldin, Terry		Herman	51.61	1
10 Smith, Mason		St. Clair SS	52.93	1
11 McDonald, Bryan		Galt Cvi-Cam	53.28	1
12 Coyne, Jared		London Centr	53.45	1

-- Calwell, Jordan

Glencoe Dhs

DQ 2 163.3

Men 800 Meter Run Senior

West Region: * 1:48.69 2001 Natthan BRANNEN / Preston			
Name	Year	School	Finals
1 Delmonte, Mike		Centennial C	1:57.09
2 Moore, David		St Christoph	1:57.44
3 Wasko, Taylor		C. C. London	1:57.70
4 Boyd, Devon		Stratford Ce	1:57.75
5 Cunningham, Sean		St. Michael	1:58.44
6 Dalton, Phil		Goderich Dci	1:59.11
7 Daley, Geoff		Forest Heigh	2:01.01
8 Braithwaite, TJ		Chatham-Kent	2:01.52
9 Denonville, Alex		Riverside SS	2:01.78
10 Lam, Chris		John F. Ross	2:02.11
11 Foster, Chris		North Park C	2:02.76
12 Hamelin, Calen		Assumption	2:06.18
13 Calwell, Jordan		Glencoe Dhs	2:07.16

Men 1500 Meter Run Senior

West Region: * 3:45.06 1993 Kevin SULLIVAN / Brantford-North Park			
Name	Year	School	Finals
1 Boersma, Kyle		Centennial C	3:57.94
2 Delmonte, Mike		Centennial C	3:57.99
3 Dekker, Kyle		Grand River	3:58.75
4 Moore, David		St Christoph	4:03.11
5 Fisico, Jeremy		Herman	4:06.81
6 Whitfield, Jamie		Guelph Cvi-G	4:08.29
7 Dalton, Phil		Goderich Dci	4:11.05
8 Poaps, Mike		St. Clair SS	4:13.82
9 Clark, Ben		Kingsville D	4:14.28
10 Knieriem, Scott		Strathroy DC	4:20.37
11 Foster, Chris		North Park C	4:24.26
12 Watson, Robbie		Lucas-London	4:27.36
13 Ghacham, Eddie		St. Joseph-Winds	4:27.46
14 Huff, Ryan		London South	4:28.73
-- Lefler, James		Westminster	DNF

Men 3000 Meter Run Senior

West Region: * 8:21.8h 1995 Matt KERR / Fergus - Centre Wellington			
Name	Year	School	Finals
1 Dekker, Kyle		Grand River	8:36.29
2 Fisico, Jeremy		Herman	8:37.26
3 Boersma, Kyle		Centennial C	8:40.55
4 Currie, Cory		Brantford CI	8:43.83
5 Labute, Martin		St. Joseph-Winds	9:00.43
6 Whitfield, Jamie		Guelph Cvi-G	9:03.09
7 McConnell, Patrick		Oakridge SS	9:11.07
8 Henshaw, Mark		C. C. London	9:13.48
9 Sanders, Lionel		Harrow Dhs-H	9:16.31
10 Komer, William		St.Thomas Aq	9:16.71
11 Tremblay, Paul		Pain Court ES	9:18.12
12 Watson, Robbie		Lucas-London	9:18.29
13 Semple, Lucas		Massey	9:30.55
14 Benham, Michael		John F. Ross	9:38.45
15 Mazajlo, Dennis		C. C. London	9:45.01

Men 110 Meter Hurdles Senior

West Region: * 13.82 2000 Adam KUNKEL /Walkerton DSS				
Name	Year	School	Prelims	Wind H#
Preliminaries				
1 Ryder, Jamie		Banting	14.91Q	-2.4 2
2 Tremblay, Ryan		Saunders SS	15.08Q	-0.5 1
3 Pettit, Brett		Mother Teres	15.18Q	-0.5 1
4 Wason, Miguel		Pauline John	15.32Q	-2.4 2
4 Gomes, David		Sandwich	15.32Q	-2.4 2
6 Mullins, Bradley		Lajeunesse E,ON, ON	15.45Q	-0.5 1
7 Brisson, Matt		St. Joseph-St.Th	16.38q	-2.4 2
8 Jenkins, Ansel		Valley Heigh	16.51q	-2.4 2
9 Halpenny, Reid		South Huron	16.54	-0.5 1
10 Bonato, Alex		St. Anne SS	16.80	-2.4 2
11 Jennett, Ryan		Westside Sec	16.83	-0.5 1
12 Aziz, Kyle		Cardinal Car	16.94	-0.5 1
13 Lootsma, Chris		Saugeen Dss-	17.11	-2.4 2
14 Kruis, Firston		Owen Sound C	18.02	-0.5 1
15 Bilagot, Josiah		St. Clair SS	18.26	-0.5 1

Men 110 Meter Hurdles Senior

West Region: * 13.82 2000 Adam KUNKEL /Walkerton DSS				
Name	Year	School	Finals	Wind
Finals				
1 Ryder, Jamie		Banting	14.24	-1.5
2 Tremblay, Ryan		Saunders SS	14.84	-1.5
3 Wason, Miguel		Pauline John	14.92	-1.5
4 Gomes, David		Sandwich	15.06	-1.5
5 Pettit, Brett		Mother Teres	15.13	-1.5
6 Mullins, Bradley		Lajeunesse E,ON, ON	15.81	-1.5
7 Brisson, Matt		St. Joseph-St.Th	16.47	-1.5
-- Jenkins, Ansel		Valley Heigh	DNF	-1.5

Men 400 Meter Hurdles Senior

West Region: * 52.37 1997 Jeff ELLIS / Orangeville				
Name	Year	School	Finals	H#
1 Wason, Miguel		Pauline John	55.43	2
2 Davis, Thomas		Saunders SS	56.23	2
3 Tremblay, Ryan		Saunders SS	56.41	2
4 Reid, Jonathon		Massey	57.70	2
5 Pettit, Brett		Mother Teres	58.13	2
6 Brown, Woody		Banting	1:00.96	2
7 Nutma, Kurtis		Lambton Cent	1:01.00	1
8 Gray, Matt		Cameron Heig	1:01.26	1
9 Lootsma, Chris		Saugeen Dss-	1:01.54	1
10 Lebert, Richard		Lambton Cent	1:01.71	1
11 Fraser, Kevin		Beal	1:02.21	2
12 El-Turk, Jimmy		Holy Names H	1:02.44	1
13 Nightingale, Travis		Massey	1:02.84	1
-- Waters, Ryan		Eastwood	DNF	2

Men 4x100 Meter Relay Senior

West Region: * 42.1h 1992 WATERLOO-BLUEVALE				
School			Finals	H#
1 Sandwich S S 'A'			43.49	2

1) Riva, Nick	2) Haggarty, Matthew		
3) Riva, Nathan	4) Gomes, David		
5) Ingersoll, Brett	6)		
2 John McGregor S S 'A'		43.60	2
1) Brown, Jesse	2) Burgess, Charlie		
3) Hamilton, Shannen	4) Handsor, Matt		
5) List, Adin	6)		
3 W. F. Herman S S 'A'		43.72	2
1) Besant, Brandon	2) Rwabakumba, Chris		
3) Mauldin, Terry	4) Hawkins, Kevin		
5) Dawodu, Ayo	6)		
4 Pauline Johnson C & V S 'A'		44.47	2
1) Smith, Bob	2) Wason, Miguel		
3) Gambacourt, Justin	4) Cornwell, Jeff		
5 St. Clair S S 'A'		44.68	2
1) Nickels, Rob	2) Rodey, Alan		
3) Smith, Mason	4) Banninga, Jordan		
5) Dundee, Chris	6)		
6 St. Anne S S 'A'		44.70	2
1) Abdallah, Anthony	2) Perissinotti, Robert		
3) Bonato, Alex	4) Edwards, Colin		
5) Bietola, Marc	6)		
7 Catholic Central 'A'		44.97	2
1) Murray, Chad	2) Morrissey, James		
3) Wasko, Taylor	4) Zadorsky, Andrew		
5) Lucas, Matt	6)		
8 Centennial C V I 'A'		45.08	2
1) Ahmed, Ashraf	2) Dills, Brendan		
3) Letvenuk, Matt	4) Furman, Aman		
9 St. Benedict C S S 'A'		45.23	1
1) Sierchio, Dennis	2) Webb, Aaron		
3) Byrne, David	4) Ball, Greg		
10 Preston H S 'A'		45.31	1
1) Harris, Andrew	2) Ritz, Dan		
3) Liverpool, Julian	4) McNeil, Kyle		
11 Holy Cross 'A'		45.67	1
1) Koziolk, Robin	2) Vanderheyden, Nate		
3) VanEngelen, TJ - Timothy	4) Balint, Tristan		
12 Medway H S 'A'		45.96	1
1) Coenen, Jeff	2) Coenen, Mark		
3) McKeen, Phil	4) Orchard, Tyler		
5) Legg, Ian	6)		
13 Galt C & V I 'A'		46.25	1
1) McDonald, Bryan	2) O'Neill, Brian		
3) Sterling, Adrian	4) Smith, Noel		
14 Regina Mundi College 'A'		46.59	1
1) Granillo, Elias	2) Finlayson, Braden		
3) Njoku, Jamike	4) Quintal, Ryan		
5) Siverio, Amerigo	6)		

Men High Jump Senior

West Region: * 2.18m 1993										Mike CAZA / Chatham - Ursuline C.	
Name		Year		School						Finals	
1	Huey, Brad									Lambton Cent	2.01m
	1.65	1.70	1.75	1.80	1.85	1.90	1.95	1.98	2.01		
	P	P	P	O	P	O	XXO	P	XXO		
2	Graves, Eric									Bluevale	1.95m
	1.65	1.70	1.75	1.80	1.85	1.90	1.95	1.98			
	P	P	O	O	O	O	O	XXX			
3	Ratsep, Sander									Saunders SS	J1.95m
	1.65	1.70	1.75	1.80	1.85	1.90	1.95	1.98			

	P	P	P	O	O	XXO	XO	XXX	
4	Allevato, Vincent					St. Anne SS			1.90m
	1.65	1.70	1.75	1.80	1.85	1.90	1.95		
	P	P	O	O	O	O	XXX		
4	Deweger, Jordan					London Distr			1.90m
	1.65	1.70	1.75	1.80	1.85	1.90	1.95		
	P	P	O	O	O	XXO	XXX		
6	Moller, Mark					Goderich Dci			1.85m
	1.65	1.70	1.75	1.80	1.85	1.90			
	O	O	O	O	O	XXX			
6	Tiggelaar, Travis					St. Clair SS			1.85m
	1.65	1.70	1.75	1.80	1.85	1.90			
	O	O	O	O	O	XXX			
8	Inglis, Jordan					Pauline John			J1.85m
	1.65	1.70	1.75	1.80	1.85	1.90			
	P	O	O	O	XO	XXX			
8	Clements, Ryan					Westminster			J1.85m
	1.65	1.70	1.75	1.80	1.85	1.90			
	P	P	P	O	XO	XXX			
10	Vanleeuwan, Ryan					Glendale HS			1.80m
	1.65	1.70	1.75	1.80	1.85				
	O	O	O	O	XXX				
11	Lyons, Jeff					St. Benedict			J1.80m
	1.65	1.70	1.75	1.80	1.85				
	O	O	XO	XXO	XXX				
12	Harris, Josh					Woodland Chr,ON, ON			1.75m
	1.65	1.70	1.75	1.80					
	O	O	O	XXX					
13	Metcalfe, Wade					Lambton Cent			J1.75m
	1.65	1.70	1.75	1.80					
	P	XXO	XXO	XXX					
14	Zender, Dustin					Grand River			1.70m
	1.65	1.70	1.75	1.80					
	P	O	P	XXX					
14	Marshall, Ryan					Holy Names H			1.70m
	1.65	1.70	1.75						
	P	O	XXX						

Men Pole Vault Senior

West Region: * 5.10m 1985 Doug WOOD / Wingham-Madill												
Name	Year					School					Finals	
1 McEwen, Brady						John F. Ross					4.25m	
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60	3.75	3.90	4.05	4.25 4.40
	P	P	P	P	P	P	P	O	O	P	XO	XO XXX
2 Debus, Andrew						Bluevale					3.90m	
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60	3.75	3.90	4.05	
	P	P	P	P	P	P	P	O	O	O	XXX	
3 Hryniw, Cody						Listowel Dss					3.75m	
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60	3.75	3.90		
	P	P	P	P	P	P	O	O	O	XXX		
4 Sheppard, Jon						Jacob Hesple					J3.75m	
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60	3.75	3.90		
	P	P	P	P	P	P	O	O	XO	XXX		
5 Mlinaric, Andrew						St. Anne SS					3.60m	
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60	3.75			
	P	P	P	P	O	O	XXO	O	XXX			
6 Fitzgerald, Dave						Listowel Dss					3.45m	
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60				
	P	P	P	P	P	P	O	XXX				
6 Ratsep, Sander						Saunders SS					3.45m	
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60				

	P	P	P	P	P	O	O	XXX	
8	Walcott, Desi					Brennan			J3.45m
	2.40	2.60	2.80	3.00	3.15	3.30	3.45	3.60	
	P	P	P	O	XXO	XXO	XO	XXX	
9	Fanning, Ryan					Jacob Hesple			3.15m
	2.40	2.60	2.80	3.00	3.15	3.30			
	P	P	O	O	O	XXX			
10	Francis, jeremy					Stratford SS			J3.15m
	2.40	2.60	2.80	3.00	3.15	3.30			
	P	O	XO	O	XXO	XXX			
11	Walcott, Demond					Brennan			3.00m
	2.40	2.60	2.80	3.00	3.15				
	P	P	P	XXO	XXX				
12	Hunter, Jon					St. Anne SS			J3.00m
	2.40	2.60	2.80	3.00	3.15				
	P	P	O	O	XXX				

Men Long Jump Senior

West Region: * 7.45m 1997				Randy SIMINATO / Windsor-Forster		
Name	Year	School	Finals	Wind		
=====						
1 Nickels, Rob		St. Clair SS	6.42m	NWI		
6.42m(NWI)	6.40m(NWI)	6.28m(NWI)	FOUL(NWI)	6.16m(NWI)	PASS(NWI)	
2 Kerr, Jason		Strathroy DC	6.28m	NWI		
5.96m(NWI)	FOUL(NWI)	6.28m(NWI)	FOUL(NWI)	6.25m(NWI)	FOUL(NWI)	
3 Hamilton, Shannen		McGregor	6.18m	NWI		
5.61m(NWI)	5.80m(NWI)	FOUL(NWI)	5.76m(NWI)	6.18m(NWI)	FOUL(NWI)	
4 Gomes, David		Sandwich	6.11m	NWI		
6.10m(NWI)	6.08m(NWI)	5.98m(NWI)	5.90m(NWI)	6.11m(NWI)	5.98m(NWI)	
5 Dandie, Anthony		North Park C	6.10m	NWI		
5.89m(NWI)	6.06m(NWI)	5.77m(NWI)	6.10m(NWI)	FOUL(NWI)	5.75m(NWI)	
6 Vaters, Brad		Glendale HS	5.91m	NWI		
5.32m(NWI)	5.74m(NWI)	5.44m(NWI)	5.46m(NWI)	5.44m(NWI)	5.91m(NWI)	
7 Furman, Aman		Centennial C	5.85m	NWI		
5.74m(NWI)	5.85m(NWI)	FOUL(NWI)	5.53m(NWI)	5.76m(NWI)	5.72m(NWI)	
8 Webster, Greg		London Centr	5.67m	NWI		
5.35m(NWI)	5.67m(NWI)	5.43m(NWI)	5.17m(NWI)	5.23m(NWI)	FOUL(NWI)	
9 Stewart, Andrew		Waterloo	5.65m	NWI		
5.65m(NWI)	FOUL(NWI)	5.62m(NWI)				
10 Statz, Chris		Grand River	5.59m	NWI		
5.32m(NWI)	5.28m(NWI)	5.59m(NWI)				
11 Damphouse, Derek		Cardinal Car	5.58m	NWI		
5.29m(NWI)	FOUL(NWI)	5.58m(NWI)				
12 Moxam, Kirk		Parkside CI	5.51m	NWI		
5.51m(NWI)	5.46m(NWI)	5.36m(NWI)				
13 Chen, Shawn		Massey	5.48m	NWI		
5.33m(NWI)	5.48m(NWI)	FOUL(NWI)				
14 Barker, Scott		Ingersoll DC	5.31m	NWI		
4.62m(NWI)	5.21m(NWI)	5.31m(NWI)				

Men Triple Jump Senior

West Region: * 15.73m 2002 Kenen SHADD/Kitchener Grand River						
Name	Year	School	Finals	Wind		
1 Williams, Orlando		Cameron Heig	14.26m	NWI		
13.00m(NWI)	13.73m(NWI)	12.45m(NWI)	11.59m(NWI)	13.71m(NWI)	14.26m(NWI)	
2 Nickels, Rob		St. Clair SS	13.90m	NWI		
13.90m(NWI)	13.79m(NWI)	PASS(NWI)	13.77m(NWI)	PASS(NWI)	FOUL(NWI)	
3 Binder, David		Essex Dhs-Es	13.89m	NWI		
FOUL(NWI)	FOUL(NWI)	13.52m(NWI)	13.54m(NWI)	13.89m(NWI)	FOUL(NWI)	
4 Dandie, Anthony		North Park C	13.69m	NWI		

	13.36m(NWI)	13.69m(NWI)	13.24m(NWI)	13.33m(NWI)	13.48m(NWI)	13.46m(NWI)
5 Yeang, Dave			Walkerville		13.21m	NWI
	12.39m(NWI)	13.18m(NWI)	12.83m(NWI)	12.93m(NWI)	FOUL(NWI)	13.21m(NWI)
6 Stewart, Andrew			Waterloo		13.15m	NWI
	13.11m(NWI)	11.51m(NWI)	FOUL(NWI)	12.64m(NWI)	13.15m(NWI)	FOUL(NWI)
7 Luck, Kyle			London Centr		12.82m	NWI
	12.61m(NWI)	12.49m(NWI)	12.35m(NWI)	12.53m(NWI)	12.82m(NWI)	12.46m(NWI)
8 Maus, Bryn			Chesley Dhs-		12.73m	NWI
	12.22m(NWI)	12.48m(NWI)	12.72m(NWI)	12.73m(NWI)	12.49m(NWI)	12.36m(NWI)
9 Vaters, Brad			Glendale HS		12.50m	NWI
	12.19m(NWI)	12.50m(NWI)	12.26m(NWI)			
9 Balint, Tristan			Holy Cross		12.50m	NWI
	12.49m(NWI)	12.50m(NWI)	12.37m(NWI)			
11 Huey, Brad			Lambton Cent		12.30m	NWI
	PASS(NWI)	11.95m(NWI)	12.30m(NWI)			
11 Goosens, Jesse			Glendale HS		12.30m	NWI
	12.30m(NWI)	FOUL(NWI)	12.19m(NWI)			
13 Webster, Greg			London Centr		12.13m	NWI
	FOUL(NWI)	12.13m(NWI)	11.65m(NWI)			
13 Chen, Shawn			Massey		12.13m	NWI
	10.55m(NWI)	12.05m(NWI)	12.13m(NWI)			

Men Shot Put Senior

West Region: * 20.78m 1995 Brad SNYDER / Windsor - St. Joseph's						
Name	Year	School	Finals			
1 Ysebaert, Andy		Sarnia Cits				17.79m
	16.48m	FOUL	17.15m	17.79m	FOUL	
2 Livingston, Zack		Holy Names H				16.40m
	16.40m	FOUL	16.36m	FOUL	16.03m	FOUL
3 Morencie, Matt		Holy Names H				15.90m
	15.67m	15.26m	15.60m	FOUL	15.80m	15.90m
4 Kiefer, Dustin		John Paul II				15.76m
	15.76m	FOUL	14.74m	FOUL	15.68m	15.30m
5 Rady, Andy		London Centr				15.21m
	FOUL	14.72m	14.56m	14.24m	14.22m	15.21m
6 Bloxam, Cole		Northern Civ				15.05m
	14.87m	14.31m	FOUL	14.59m	15.05m	14.86m
7 Moraal, Rob		Strathroy DC				15.04m
	14.00m	14.60m	13.08m	FOUL	14.38m	15.04m
8 Lawendy, Issmaeel		MacDonald				13.33m
	FOUL	FOUL	13.33m	FOUL	FOUL	12.65m
9 Peiris, Kelum		Centennial C				13.15m
	12.75m	13.15m	12.42m			
10 Hamilton, Rob		Banting				12.80m
	FOUL	12.80m	12.13m			
11 Dalia, Dante		St. John's C				12.50m
	11.55m	12.50m	11.56m			
12 Arpin, Dan		Saunders SS				12.47m
	11.96m	12.30m	12.47m			
13 Scott, Matt		Walkerton				12.42m
	11.41m	12.42m	12.29m			
14 McKinley, Jim		Herman				12.36m
	12.36m	FOUL	12.35m			

Men Discus Throw Senior

West Region: * 64.94m 1995 Jason TUNKS / London-Banting						
Name	Year	School	Finals			
1 Durocher, Curtis		Belle River				53.00m
	51.11m	53.00m	47.88m	FOUL	50.35m	FOUL

2	Livingston, Zack	Holy Names H	50.11m
	49.18m 50.11m FOUL 48.51m 47.80m 48.74m		
3	Wilson, Josh	Lambton Cent	47.52m
	FOUL 42.87m 45.81m 47.01m 47.52m 44.47m		
4	Pocock, Joe	Brennan	47.29m
	47.29m 43.16m FOUL FOUL FOUL FOUL		
5	Ysebaert, Andy	Sarnia Cits	45.75m
	41.77m 45.75m 45.63m 44.45m 43.34m 44.01m		
6	Millar, Brad	Saugeen Dss-	45.40m
	44.48m 44.44m 43.42m 45.40m 43.32m 45.16m		
7	Hamilton, Rob	Banting	45.03m
	43.51m FOUL FOUL 45.03m 44.33m 43.44m		
8	Thompson, Ryan	Medway Hs-Ar	42.66m
	FOUL FOUL 42.66m 40.31m FOUL 41.35m		
9	Kiefer, Dustin	John Paul II	40.26m
	40.26m FOUL FOUL		
10	Skinner, Jason	Regina Mundi	39.25m
	39.12m 38.79m 39.25m		
11	Barkauskas, Ryan	St.Thomas Aq	38.93m
	38.93m FOUL FOUL		
12	Bast, Nathan	Norwell Dss-	37.34m
	37.34m FOUL FOUL		
13	Burton, Brian	Grand River	37.03m
	37.03m FOUL 35.78m		
14	Stoffelsen, T.J.	Paris Dhs-Pa	36.40m
	35.68m FOUL 36.40m		
15	Suska, Garrett	Grand River	32.47m
	FOUL 32.47m FOUL		

Men Javelin Throw Senior

West Region: * 70.20m 2001 Trevor SNYDER / Windsor-St.Joseph's						
Name	Year	School	Finals			
1 Millar, Brad		Saugeen Dss-	58.00m			
	55.01m 58.00m 56.43m	FOUL FOUL 52.51m				
2 Banninga, Jordan		St. Clair SS	56.18m			
	53.61m 54.11m 51.55m	53.70m 54.81m 56.18m				
3 Matejcek, Ryan		Glendale HS	55.50m			
	51.22m 53.44m 53.60m	55.50m FOUL 54.02m				
4 Vukotic, Nick		Kennedy Hon	52.93m			
	50.74m 52.93m 51.94m	51.14m 50.06m FOUL				
5 Barr, Chris		Brennan	52.43m			
	FOUL 49.39m FOUL 44.45m	50.17m 52.43m				
6 Lywood, Phil		Herman	49.85m			
	FOUL 47.02m 46.03m	47.94m 47.73m 49.85m				
7 Matthews, Kyle		Beal	46.06m			
	FOUL 43.95m 43.51m	FOUL 45.76m 46.06m				
8 Komieski, Tom		Assumption	44.03m			
	42.91m 42.56m FOUL 44.03m	FOUL 41.00m				
9 Tremmel, Tony		Assumption	42.31m			
	42.15m 40.90m 42.31m					
10 Genge, Andrew		Woodstock	41.19m			
	FOUL FOUL 41.19m					
11 Phillips, Matt		Valley Heigh	40.95m			
	FOUL FOUL 40.95m					
12 Taff, Jason		Parkside CI	39.52m			
	FOUL FOUL 39.52m					
13 Beck, John		Lucas-London	39.30m			
	FOUL 39.30m 33.91m					
14 Bast, Nathan		Norwell Dss-	36.59m			
	FOUL FOUL 36.59m					

Men 2000 Meter Steeplechase Open

West Region: * 5:56.7h 1984 Nick CIPP/Waterloo-Bluevale			
Name	Year	School	Finals
1 Currie, Cory		Brantford CI	6:13.47
2 Tremblay, Paul		Pain Court ES	6:18.76
3 Labute, Martin		St. Joseph-Winds	6:19.43
4 Sanders, Lionel		Harrow Dhs-H	6:20.12
5 Henshaw, Mark		C. C. London	6:20.24
6 Daley, Geoff		Forest Heigh	6:30.31
7 Mason, John		Paris Dhs-Pa	6:31.31
8 McConnell, Patrick		Oakridge SS	6:33.46
9 Hamelin, Calen		Assumption	6:36.23
10 Lambert, Kenton		St. Anne's	6:38.69
11 DeBlock, Tony		Mitchell Dhs	6:42.06
12 Naylor, Jamie		Centennial C	6:42.24
13 Nicol, Justin		Lambton Cent	6:42.59
14 Burton, Jerritt		St.Thomas Aq	6:54.82
15 Rempel, Steven		Kitchener Wa	7:20.50

Men 4x400 Meter Relay Open

West Region: * 3:20.70 1996 GENERAL AMHERST			
School		Finals	H#
1 Vincent Massey S S 'A'		3:28.44	2
1) Khawaja, Shan	2) Neville, Brian		
3) Robson, Phil	4) Reid, Jonathon		
5) Nightingale, Travis	6)		
2 Centennial C V I 'A'		3:28.65	2
1) Dills, Brendan	2) Furman, Aman		
3) Delmonte, Mike	4) Letvenuk, Matt		
5) Jackson, Rob	6)		
3 St. Clair S S 'A'		3:33.69	1
1) Banninga, Jordan	2) Dundee, Chris		
3) Smith, Mason	4) Poaps, Mike		
5) Rodey, Alan	6)		
4 W. F. Herman S S 'A'		3:34.50	1
1) Besant, Brandon	2) Rwabakumba, Chris		
3) Hawkins, Kevin	4) Gibbons, Jeremy		
5 Pauline Johnson C & V S 'A'		3:34.77	2
1) Smith, Bob	2) Wason, Miguel		
3) Cornwell, Jeff	4) Essery, Alex		
6 St. Benedict C S S 'A'		3:34.80	2
1) Sierchio, Dennis	2) Santos, Chris		
3) Webb, Aaron	4) Ball, Greg		
5) Jansen, Drew	6)		
7 Catholic Central 'A'		3:35.50	2
1) Gomez, Juan	2) Noel, Malcolm		
3) Morrissey, James	4) Wasko, Taylor		
5) Lucas, Matt	6)		
8 Riverside S S 'A'		3:37.97	2
1) Brinacombe, Brent	2) Denonville, Alex		
3) Waghorn, Alex	4) Zouzal, Karel		
5) Falk, Andrew	6)		
9 John F. Ross C & V I 'A'		3:38.04	2
1) Hawkins, Jon	2) Lam, Chris		
3) McEwen, Brady	4) Norris, Cory		
5) Rowe, Ian	6)		
10 North Park C & V S 'A'		3:38.09	1
1) Eves, Matt	2) Foster, Chris		
3) Hussey, Wray	4) Dandie, Anthony		

11 Lambton Central C & V I 'A'	3:38.49	1
1) Millson, Matt	2) Baldwin, Jon	
3) Nutma, Kurtis	4) Bogaert, Bryan	
12 Holy Cross 'A'	3:39.25	2
1) VanEyck, Josh	2) Koziolk, Nick	
3) Balint, Tristan	4) VanEngelen, TJ - Timothy	
5) Vanderheyden, Nate	6)	
13 Strathroy D C I 'A'	3:43.31	1
1) Kerr, Jason	2) Creighton, Rob	
3) Eastman, Jason	4) Pascuzzo, Brian	
5) Dufaukt, Braeden	6)	
14 St.Thomas Aquinas S S 'A'	3:51.19	1
1) Sinasac, Mark	2) Roberts, Ben	
3) Komer, William	4) Burton, Jerriitt	
5) Jardine, Peter	6)	

Men 100 Meter Dash Ambulatory

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West Region: * 12.53 01/06/2002 Barry PHELAN/ Wingham-Madill				
Name	Year	School	Finals	Wind
=====				
1 Kruse, Deric		Madill	13.23	-2.5
2 Folkard, Craig		Madill	14.06	-2.5
3 Williamson, Jordan		MacKenzie-Sarnia	14.52	-2.5
4 Baker, David		Stratford SS	15.75	-2.5
5 Trembley, Chris		Stratford SS	16.21	-2.5