

## A survey to determine the frequency of reasons why patient choose Homoeopathy

Dr Gaushal Mahendra H., Dr Patil Shitalkumar J., Dr Narwadkar Sandip S., Dr Ratnaparkhi K. A., Dr Bibhuti Kaushalendrakumar. Dr Dayanand Hingole

### Abstract:

To determine ground reality about selection of Homoeopathy by people for their health care system a survey as carried out to determine the frequency of reasons why patients choose Homoeopathy.

**Aim:** To determine the frequency of reasons why patient choose Homoeopathy.

**Objectives:** To determine the frequency of reasons why patient choose Homoeopathy & to investigate the influence of factors such as age & sex by which patient choose homoeopathy.

**Result:** Based on answers of 82 patients who came for Homoeopathic consulting in general outpatient clinic.

**Conclusion:** A reason: Having a therapist recommended by family, friends, or the local community is significantly high than other reasons. There is No significant influence of factors such as age & sex by which patient choose Homoeopathy.

**Key words:** Homoeopathic treatment, choose.

### Introduction:

Homoeopathy is of growing interest to general public the purpose of this study is to determine the frequency of patient for which they choose homoeopathy. Secondly to investigate the influence of factors such as age & sex by which patient choose homoeopathy.

### Study Design:

The survey is observational, descriptive, oral question with projective data Survey was carried out amongst patients who comes for Homoeopathic consulting in general outpatient clinic.

### Methodology:

#### **Detailed Research Protocol -**

The investigators were properly trained. The survey was carried out at Homoeopathic consulting in general outpatient clinic. The survey

work consists of filling up of performa 'A'. The Performa 'A' is used for recording entry of name age, sex & for recording of answers of question by patient. Analysis was done after completion of questionnaire.

#### **Inclusion criteria:**

Recording of answers of questionnaire from patient above 18 years of age. Those below 18 of age questions were filled from their parents.

#### **Exclusion criteria:**

Persons having Psychological disorders who are not rightly able to answer and non cooperative, then question were filled from parents or attainer.

#### **PROFORMA "A"**

**Patients Name:**

**Age:**

**Sex:**

1) Why did you choose Homoeopathic treatment?

A) Having a therapist recommended by family, friends, or the local community

B) Finding the interaction with the therapist to be a positive experience

C) Being concerned about possible side effects of other pathy

D) Seeking relief for chronic ailments that defy short-term solutions

E) Fearing other pathy medicine & technology

**Education:**

F) Desiring a more personalized & holistic approach

G) Wanting to participate actively in treatment

H) Believing this therapy effective & natural

I) Media

J) Referred by physician of other pathy

K) After observing efficacy of Homoeopathy in other patient

L) Other

**Signature.**

**Observations and Analysis:**

Table no.1 Analysis of influence of factors such as sex by which patient chooses Homoeopathy

	Sex	B		C		D		E		H		I		J		K		Total	
		A	no	yes	no	yes	no	yes	no	yes	no	yes	no	yes	no	yes			
Female	23	27	49	1	45	5	49	1	47	3	37	13	49	1	49	1	35	15	50
	46.0 0%	54.0 0%	98.0 0%	2.0 0%	90.0 0%	10.0 0%	98.00 %	2.00 %	94.0 0%	6.00 %	74.0 0%	26.0 0%	98.0 0%	2.00 %	98.0 0%	2.0 0%	70.0 0%	30.0 0%	100.0 0%
Male	16	15	29	2	28	3	28	3	30	1	20	11	26	5	31	0	23	8	31
	51.6 1%	48.3 9%	93.5 5%	6.4 5%	90.3 2%	9.68 %	90.32 %	9.68 %	96.7 7%	3.23 %	64.5 2%	35.4 8%	83.8 7%	16.1 3%	100. 00%	0.0 0%	74.1 9%	25.8 1%	100.0 0%
Total	39	42	78	3	73	8	77	4	77	4	57	24	75	6	80	1	58	23	81
	48.1 5%	51.8 5%	96.3 0%	3.7 0%	90.1 2%	9.88 %	95.06 %	4.94 %	95.0 6%	4.94 %	70.3 7%	29.6 3%	92.5 9%	7.41 %	98.7 7%	1.2 3%	71.6 0%	28.4 0%	100.0 0%
Chi square value	.241		1.063		.002		2.403		.314		.825		5.570		.628		.166		
P value	.623		.302		.962		.121		.575		.364		.018		.428		.684		
Significance	Not significant		Not significant		Not significant		Not significant		Not significant		Not significant		significant		Not significant		Not significant		

Table no.2 Analysis of influence of factors such as age by which patient choose homoeopathy

Age group	A		B		C		D		E		H		I		J		K		Total
	no	yes	no	yes	no	yes	no	yes	no	yes	no	yes	no	yes	no	yes	no	yes	
< 20 yrs	5	5	10	0	10	0	9	1	10	0	7	3	10	0	10	0	5	5	10
	50.00%	50.00%	100.00%	0.00%	100.00%	0.00%	90.00%	10.00%	100.00%	0.00%	70.00%	30.00%	100.00%	0.00%	100.00%	0.00%	50.00%	50.00%	100.00%
21 - 40 yrs	9	17	24	2	24	2	26	0	23	3	18	8	24	2	25	1	22	4	26
	34.62%	65.38%	92.31%	7.69%	92.31%	7.69%	100.00%	0.00%	88.46%	11.54%	69.23%	30.77%	92.31%	7.69%	96.15%	3.85%	84.62%	15.38%	100.00%
41 - 60 yrs	13	15	27	1	25	3	27	1	27	1	17	11	26	2	28	0	21	7	28
	46.43%	53.57%	96.43%	3.57%	89.23%	10.77%	96.43%	3.57%	96.43%	3.57%	60.71%	39.29%	92.86%	7.14%	100.00%	0.00%	75.00%	25.00%	100.00%
61 - 80 yrs	9	3	12	0	11	1	10	2	12	0	11	1	10	2	12	0	10	2	12
	75.00%	25.00%	100.00%	0.00%	91.67%	8.33%	83.33%	16.67%	100.00%	0.00%	91.67%	8.33%	83.33%	16.67%	100.00%	0.00%	83.33%	16.67%	100.00%
Total	36	40	73	3	70	6	72	4	72	4	53	23	70	6	75	1	58	18	76
	47.37%	52.63%	96.05%	3.95%	92.14%	7.86%	94.74%	5.26%	94.74%	5.26%	69.74%	30.26%	92.14%	7.86%	98.68%	1.32%	76.32%	23.68%	100.00%
chi square	5.409		1.876		1.168		5.185		3.436		3.818		2.150		1.949		5.176		
P value	.144		.598		.761		.159		.329		.282		.542		.583		.159		
Significance	Not Significant		Not Significant		Not Significant		Not Significant		Not Significant		Not Significant		Not Significant		Not Significant		Not Significant		

Table 3: Reasons for choosing Homoeopathic treatment

Reasons for choosing Homoeopathic treatment	No. of patients (n = 81)	Percentage
Having a therapist recommended by family, friends, or the local	42	51.85%

community		
Finding the interaction with the therapist to be a positive experience	3	3.70%
Being concerned about possible side effects of other pathy	8	9.88%
Seeking relief for chronic ailments that defy short-term solutions	4	4.94%
Fearing other pathy medicine & technology	4	4.94%
Desiring a more personalized & holistic approach	0	0.00%
Wanting to participate actively in treatment	0	0.00%
Believing this therapy effective & natural	24	29.63%
Media	6	7.41%
Referred by physician of other pathy	1	1.23%
After observing efficacy of Homoeopathy in other patient	23	28.40%

$z = 2.719$ ;  $P = 0.007$

Applied test is Standard Error of Difference between two proportions (z test)

A reason: Having a therapist recommended by family, friends, or the local community is significantly high than other reasons.

**Conclusion:**

A reason: Having a therapist recommended by family, friends, or the local community is significantly high than other reasons. There is No significant influence of factors such as age & sex by which patient choose Homoeopathy.

**References:**

**Relevant bibliography: 1.**

**Full titles of articles relating to the subject:**

1. Louis Doerr, RN, CS, MS. (August2001) *Using Homoeopathy for treating childhood asthma: Understanding a family Choice. Journal of pediatric nursing vol 16 No 4*
2. Spiegelblatt, L., Laine-Ammara, G., Pless, B., & Guyver, A. (1994) *The use of alternative medicine by children. Pediatrics. 94 (6), 811-814E*