

Wilber's Quadrants

it

What do I feel?

- Self & consciousness
- Subjective, experiential
- Phenomenological
- Thoughts, ideas, feelings, values, intensions, motivations, insights, spirituality, shadow

"Why should I care about what I say to you?"

Extreme Idealism & Narcissism:

The mind is ultimately the only reality.
~Psychotics and children create their own reality. "I" don't create my reality. "We," as healthy adults, influence our reality.

*Art
Beauty*



What is it?

- The organism
- Objective, matter
- Observable & measurable facts
- Science, Technology & Medicine

"What do I want you to do?"

Extreme Scientism:

Matter is ultimately the only reality.



*Science
Truth*

What do we value?

- Culture & worldviews
- Inter-subjective
- Shared morals, politics
- Language

"How does what I am saying connect with the culture and shared values? Why should *we* care?"

Extreme Postmodernism:

Our (but not everyone's) culturally constructed meaning is the only reality.

*Morals
Goodness*



How does it connect?

- Social system & environment
- Inter-objective
- Collective
- Networks & systems of technology, finance, legal, govt, religion, transportation

"What system or process will support us over time?"

Extreme Systems Theory:

The Web of Life is ultimately the only reality.



we

its