

UPRISE FH Club

Come be a part of an Exciting New Field Hockey Club in South Jersey:

UPRISE Club Director:

- Danyle Heilig - Eastern FH Head Coach 1999-Present
 - Overall Coaching Record 403-10-9
 - 14, 13, 11, 04, 03, 02 - #1 in the Nation – Topofthecircle.com and MaxFieldHockey.com (2014)
 - 14, 13, 11, 09, 08, 06 NJSIAA Tournament of Champions - Champs
 - 16 Time – Group IV State Champions, SJ Champions, Conference Champions
 - Member of 1994 National Championship Team at James Madison University

Tryouts at Eastern High School, Voorhees, NJ – 1401 Laurel Oak Rd. Voorhees, NJ

- **Tuesday, June 9**
 - 5:30-7:00pm **Under 12** (Born after 2003)
 - 7:00-8:30pm **Under 14** (Born in 2002 or 2003)
- **Thursday, June 11**
 - 5:30-7:00pm **Under 16** (Born in 2000 or 2001)
 - 7:00-8:30pm **Under 19** (Born 1999, 1998, 1997)
- **Friday, June 12**
 - 5:30-7:00pm **Make Up Tryout** - All Age Groups
- Please bring stick, shin guards, mouth guards, and water
- Players will be provided numbered reversible for try-outs!

Tryout Price: \$45 – check payable to UPRISE Field Hockey Club

General Practice and Tournament Information:

- Two evening practices per week
 - Winter Season, December-March, Spring/Summer Season, April - July
- Tournaments Include but are not limited to the following:
 - 2015 National Field Hockey Festival U19 (registered), U16 (registered)
 - 1-2 Practices Prior to Festival
 - 2015 National Field Hockey Festival U14 (if interest)
 - 2015 Shooting Star U14, U12 (if interest)
 - Winter Escape Tournament
 - President's Day Showcase
 - Local Indoor and Spring Tournaments
 - National Indoor Qualifiers and National Indoor Tournament
 - National Club Championships
 - Cal Cup
 - Summer Bash at the Beach

Upon receiving your tryout registration form a program overview will be emailed.

- Program overview includes: practices and price structure, selection of tournaments and general prices!

Please fill out Tryout Registration form and mail with payment to:

- **UPRISE Field Hockey Club PO Box 122 Moorestown, NJ 08057**
- **Questions? Email – uprisefhc@gmail.com**

Are you ready to Rise to the Top with UPRISE?