

The Soulful Mind Program Notes

2/23/07

Opening music:

I Opening Introduction

Welcome to the Soulful Mind Radio Program with Minister Jackie Cain and Dr Patrick Ware. We're here every Friday @ 2 PM for currently 30 glorious minutes and 24/7 available through our web site @ www.TheSoulfulMind.com and on www.WGUNRadio.com (click "listen live").

Minister Jacqueline Cain:

Dr Patrick Ware: Duluth, Ga Child Psychiatrist

**We have over a century of living experience!
How often can you pick the minds of a centogenarian? What if, we really know what we're talking about? What if this half hour has the**

**Ability to literally change your life and lead you to what you've
Been seeking all of your life (it's free and easy).**

PROGRAM DISCLAIMER:

Remember, this program is simply the expression of the experience and opinions of the two presenters and is not intended to speak for any other practitioner or group of practitioners. The listener is encouraged to listen, explore, research and make their own personal decisions about what is offered here. We do not intend to replace any existing relationship you may have with another counselor, church or other organization. We desire to augment your discovery process.

Opening Prayer:

Our Heavenly Father we humbly ask for your blessing and direction in this ministry. Open our hearts and ears that we may hear and guide our hearts and minds that we may be heard by those who will benefit from your gifts.

Web site News:

We will soon be able to offer all of our past programs via our web site (www.TheSoulfulMind.com) where you will be able to log on and listen to any of our past programs any time it's convenient for you!

Topic of the Day:

Adult/Adult love relationships

"Why can't people stay together?"

Parenting Issues of all kinds:

"How can I get my children to do their best in school?"

Adult individual issues:

"I'm lonely and can't seem to shake it!"

"I'm so unhappy with my work, what can I do?"

Extended Family issues:

"My parent (mother and/or father) can't seem to stay out of my business!?"

(FOCUS: Follow Ones Course Until

Successful!)

Setting Goals for your life.....

Why is it so hard for one to stay focused?

What are some tips can you share?

People say we're soothing, reassuring and calming!?

What if, this is an opportunity of a life time?

Challenge us: call us, let us hear your voice!

What if we really have something of substance to share with you that could literally change your life in profound ways with little effort?

How do we reach you?

What if your heart is "blocked" by your own judgment?

What if we can assist you almost effortlessly

in reducing or perhaps ever eliminating that “block” that resides within your own heart that keeps you from fulfillment?

We are in constant prayer that you can hear our supplication, our prayer that you will hear us and respond for your own heart?

A Hard/Cold Heart:

If God made us in his image then all of his creation is sacred and that’s “Us”.... Who are we to judge that creation? Is our own judgment of that gift the very origin of our discontent, our angst, our isolation and our despair?

It is our experience that LOVE is the essence of a full and rich life. A life with LOVE is a full and rich life. A life with LOVE is sacred, holy and blessed.

A life without LOVE is a life without light, a life without LIFE itself... a life without God... a life with darkness... with evil!

When someone hands you a 8 week old puppy or kitten what does your heart do? What experiences have you had that opened your heart? What experiences have you had that closed or hardened

your heart?

Let us show you how to open your heart to yourself! It's a most amazing experience! Falling "in love" with someone is in essence that very same opening of your heart! Do we protect ourselves from something when we close or harden our hearts or do we simply prevent ourselves from having that full rich life?

Have you ever loved someone that could not or would not open their heart to you? Have you ever been unable or unwilling to open your heart to someone.... To yourself?

We tell ourselves that possession, power, fame, the megamillions, property, beauty and yes even health are the definitions of success. If that's so, then why do so many people with those elements abounding in their lives acknowledge their ongoing dissatisfaction and miseries?

Can you hear me? Just do the exercise on the web site. Call us or email us and let us know just how you're doing (the successes and the struggles as they unfold). We're here for you in support and presence and prayer for as long as our Lord supports this ministry's effort.

Closing:

(closing music: “Shower the people you love with love” (last 45 seconds)

We salute your discovery of what we like to call 6 way love. May you (using your exercise) find your full acceptance of all of your heart, your divine gift of life and consciousness as well as have the opportunity of allowing yourself to love another completely while letting them love you completely. That is truly Heaven on Earth, what we believe God intended for us all.

So until next Friday @ 2 PM, This is

Dr Patrick Ware (Duluth Child Psychiatrist)

And

Minister Jackie Cain

Saying You are in our hearts and prayers... We love you, God loves you and it's time for you to learn how to love you. Don't forget to visit our web site (www.TheSoulfulMind.com), send us an email: (TheSoulfulMind@aol.com) and

**tune in next week on www.WGUNRadio.com
(click listen live) or in the Atlanta area on 1010
AM on your radio dial.**

**Remember to keep us in your prayers and that
your prayerful and financial support is what
allows us to continue this ministry.**