

# PRE-TANNING FAQ's – PLEASE READ!!!

Whether you're getting airbrushed by SunBlast Mobile Tanning, or getting it done by someone else, these are IMPORTANT TIPS that will help prep your skin for the ultimate tan and help pro-long it :)

## **Airbrush Tanning FAQ and information**

### **How does airbrush tanning work?**

DHA (dihydroxyacetone) is a solution which is sprayed directly to the client's skin. Then DHA reacts with protein in the stratum corneum (the outermost surface of the skin), when these two oxidize together they create a brown color. Varying percents of DHA levels are present in different airbrush solutions. This method of tanning does not last as long as truly tanned skin, because it only reaches the upper layer of the skin. This area sloughs off much more rapidly.

### **How long will an airbrush tan last?**

Your airbrush tan will be at it's darkest the first day and fade away daily as the skin is sloughed during the normal process of skin replacement. It will remain visible for 5 days with care, and may last up to 14 days with extreme care. Of course, during the fading process, the rich, dark appearance will continually decrease, as your skin sloughs away. Everyone's skin replacement cycle is different, due to genetics, skin care and health. Keep in mind, some of our clients swear that their tan lasts up to 2-3 weeks.

### **How can I get my airbrush tan to last longer and have a beautiful airbrush tan?**

Clients, who take exceptional care of their skin, have longer lasting results. The best thing to help out your tan is to EXFOLIATE at least two days ahead of time, and shave the night before. SCRUB SCRUB SCRUB YOUR SKIN! After you get out of the shower make sure you moisturize really well around your elbows, knees, and heels. Non-fragranced moisturizers work best. Scrub gloves, loofas, washclothes are a bonus, and can be combined with an exfoliating body wash.

## ~Tips to Aid in a Longer Lasting Tan~

**TIP 1**–Prior to your airbrush tan. Completely and thoroughly exfoliate your entire body. Do this straight for 3 days prior to your tan.

**TIP 2**– Prior to your airbrush tan. Do not wear make-up, deodorant, moisturizer or any other product that could hinder your skin's ability to absorb the airbrush tan.

**TIP 3**– Prior to your airbrush tan. Wear loose fitting, dark clothing when you come for your airbrush tanning session and continue to wear these clothes for up to 4–6 hours after your airbrush session (until your shower). Avoid bras, tight under garments, socks and tight shoes. These will wear off the airbrush tan in those areas and leave a tan line. Wear flip flops if possible.

**TIP 4**– Airbrush solution stains garments and could stain the seats of your vehicle, your clothing or your furniture. Avoid rubbing. Keep this in mind while determining what to wear. Use caution until you shower.

**TIP 5**– Prior to your airbrush tan – You should shave any areas of your body that you normally shave. Shaving is an exfoliating process by itself.

**TIP 6**– Listen to the advice of our highly trained technicians. Our technicians will choose an airbrush solution for your skin tone, that will leave you with a natural looking tan. We carry different variations of airbrush tanning solutions. This will prevent an unnatural appearance.

**TIP 7**– Do not shower for a minimum of 4 hours, but we suggest leaving on up to 6–8 hours, after your airbrush tanning session. During this "processing time" you CANNOT do physical activities that may require your skin to become wet. This includes, swimming, bathing, showering, gardening, sauna sessions, massages and other activities that require the use of liquids or cause your body to sweat. You are free to resume these activities after your tan has fully processed and your first shower.

**TIP 8**– Your first shower should be a light shower; you are simply rinsing the excess airbrush solution off of the surface of your skin. Do not exfoliate during this shower, and don't use soap. You have previously exfoliated in your shower prior to your airbrush tanning session. Your first shower is a light rinse with warm water only.

**TIP9**– Avoid bar soaps, as these have higher pH levels. This will cause your skin to dry and cause your skin replacement cycle to speed up more rapidly. This could cause pre-mature fading of any tan including a natural tan.

**TIP 10**– Moisturizing after showers. Lowering the pH of your skin after water exposure is very important to the health of your skin and assists in pro-longing the life of any tan, including a natural tan.

**TIP 11**– Use tan extending moisturizers that have trace amounts of DHA. Be careful not to use moisturizers with a high level pH or too much DHA. This could make your tan orange.

**TIP 12**– Keep your body hydrated by drinking lots of fresh water daily. This will promote healthy skin. Healthy skin equals healthy tan.

**TIP 13**– Avoid long hot baths. Shower instead.

**TIP 14**– Avoid pro-longed periods in water and the pool. Believe it or not water dries out your skin, especially chlorinated water!

**TIP 15**– WAIT! ----- Make sure you have completely sloughed off all of your previous airbrush tan, prior to rushing into getting another. This could cause an airbrush "build up". An airbrush tan build up is unattractive and un-natural looking tan! If you choose to receive an airbrush tan more than once every 20 days without DHA moisturizers, or 30 days while using DHA moisturizing tan extenders, we cannot be responsible for the results. The previous airbrush tan must be removed entirely prior to getting another one.

Yes, it has faded allot, but it has still not completely faded. You have gotten spoiled with that dark tan and yes, you really were that white! If you choose to re-apply another airbrush tan, to an existing airbrush tan, to boost the darkness of your current airbrush tan, we

cannot be responsible for the un-natural appearance and build-up (possible freckling & cracking) of your new airbrush tan.

**TIP 16-** Try to evenly exfoliate your body when you shower and don't over do the exfoliation. You want your tan to last. Common areas of airbrush tan build up usually occur around the feet, ankles, behind the knees, heels, neck, behind under arms etc.. there is a chance that you could form a build up of airbrush tanning solution in those areas. This could cause an un-natural appearance in future airbrush tanning sessions. These are common "build up" areas.

**TIP 17-** If you would like another airbrush tan, and absolutely can wait before getting another, SCRUB! Exfoliate, exfoliate, exfoliate. Remove as much of your old airbrush tan as possible, before receiving your next one.