



## LUNCHEON & GENERAL MEETING

January 20, 2011

Gather at 11:30 with Lunch at Noon



### Psychology of Aging

Join us for a stimulating discussion of aging and its effects on our individual attitudes. The speaker will be Ryan C.W. Hall representing UCF and University of South Florida in Tampa.

### Biography of Ryan C. W. Hall, MD

Dr. Ryan C. W. Hall graduated Phi Beta Kappa with honors with a double major in Biology and Psychology from Johns Hopkins University. He completed his medical training at Georgetown University School of Medicine. He completed his psychiatric residency in the Department of Psychiatry and Behavioral Sciences at Johns Hopkins and a forensic psychiatry fellowship at the Case Western Reserve School of Medicine.

In 2005, he received the Dorfman Award from the Academy of Psychosomatic Medicine for the best review article of the year. In 2006, he was named a Rapoport Fellow from the American Academy of Psychiatry and the Law. In 2009, he was selected by peers to be included in *Best Doctors in America*. Dr. Hall has been selected to serve as the American Academy of Psychiatry and the Law's Young Physician Delegate to the American Medical Association in 2010.

Dr. Hall serves as an Affiliate Assistant Professor for the University of South Florida's Department of Psychiatry in Tampa, Florida, as well as an Assistant Professor of Psychiatry for the Department of Medical Education at the University of Central Florida College of Medicine in Orlando, Florida. Dr. Hall also serves as an Adjunct Faculty Member at the Barry University Dwayne O. Andreas School of Law in Orlando, Florida.

Dr. Hall has published more than 38 scientific articles and has made more than 50 major clinical presentations. He serves as a reviewer for ten major medical journals.

### THE WESTIN LAKE MARY ORLANDO NORTH

I-4, Exit 101A turn west on 46A to first traffic signal (International Parkway), turn right to The Westin, 2974 International Parkway, Lake Mary 32746 (866) 215-6641

#### Menu

#### Salad

Organic Baby Lettuce Salad, Marinated Grape Tomatoes, Calamata Olives, Maui Onion and Roasted Pumpkin Seeds with Walnut Sherry Vinaigrette

#### Entrée Options:

- Penne Pasta with Grilled Chicken, Arugula and Fresh Tomato in a Lemon Caper Wine Sauce
- Grilled Tanglewood Farms Chicken Breast with Scented Whipped Potato, Creamed Spinach, Shiitake and Garlic Confit with a White Zinfandel Infusion
- Chef's Catch of the Day, Whipped Potatoes, Creamed Spinach

#### Dessert

Flourless Chocolate Torte, Raspberry Compote, Hazelnut Espresso Glace

Iced Tea and Hot Coffee

\$23.00 Inclusive

### PROCEDURES FOR LUNCHEON RESERVATIONS

**Call for reservations between 9 a.m. and 5 p.m. according to your last name's initial. If you leave a message, please spell your last name, give your phone number and your choice of entrée. Thanks!**

**A-J Claudia Downs 407-281-7521**

**K-Z Nellis Bushnell 407-207-2893**

**You may pay by CASH or CHECK (made out in advance to NEWCOMERS) and pick up your name tag at the welcome table. Pre-arrange payment for guests.**

**ALL RESERVATIONS MUST BE RECEIVED BY 5 PM ON THE MONDAY BEFORE THE LUNCHEON (January 17, 2011). ANY CANCELLATIONS AFTER THE DEADLINE WILL REIMBURSE CLUB.**

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### Joan's Journal

Hi Ladies,

Don't know about you, but I'm listening to holiday music as I write....The carolers have put me in the holiday mood. Weren't they great? Good job, Pat, in finding this very entertaining group. Thanks also for choosing those cute Christmas tree and star favors for the tables.

I hope you all enjoyed this afternoon as much as I did...once again, nice restaurant, good friends and yummy food...and how about the dessert! I am so delighted that we had such a large turnout. Thanks for supporting our club, ladies.

My thanks to Gloria and Martha for arranging this luncheon (not their fault the food was a little slow arriving).

Next month we will be meeting at the Westin close to Ruth's Chris. You might have seen it as you drove in. Our speaker will be a psychiatrist who will discuss the process of aging. Oh boy...Medicare last month ...and aging next month. Guess there's no getting away from it.

Brenda Jones, Pat Pepler, and I are so happy to be presenting a check for \$900 to The Russell Home for Atypical Children, our charity for the year.

In addition, we have collected \$1271.00 for Safe House!. Way to go ladies...you have really opened your hearts, and I applaud your generosity.

Hope you enjoyed your door prizes, ladies. I'm sorry I didn't see you open them.

Nancy Jaeger now has a little extra cash to buy something special ...but I'm guessing it will go for a grandchild. That's what happens in this house anyway. \$75 WOW!

Martha Cirrotti will be enjoying a free luncheon of her choice...nice Martha...enjoy.

The ladies from Inside the Arts have been at it again, haven't they? It sounds like they have planned some fun activities. Come on...join us. Make some new friends... Will I see you in Cocoa in January? Hope so.

February 11, 2011 will find us celebrating Valentine's Day at the Elk's Club on Primrose Drive. Grab your honey, put on your fancy red top and join us. Singles welcome.

### BOARD MEETING

Thursday, January 6, 2011 at 10am

Perkin's Restaurant, E. University

Please RSVP to Joan @ 407-971-3911 or reply via email.



Thanks to Lynne Snowden for the Inspirational message to thank our troops. Guess that's it for now... just in time to wish all of you a very happy holiday season and the best of everything in the New Year!!! God bless you, each and every one!

In friendship, Joan

### Joan Lenard, Historian, is looking



for vacation pictures to include in next year's President's scrapbook. It's best if something famous and recognizable is in the background. For example, Mount Rushmore, Niagara Falls, Eiffel Tower, Tower of Pisa, etc. Family members and friends can be in the photograph with you. If possible, give your pictures to Joan or Rosemary Kubanet by February 28, 2011.

Be sure to join **Team Newcomers** when you buy a pink polo shirt. \$10.00 each from Judy Babine, Ways and Means chair, who will have them at the luncheons for your purchase.



The Caroling Company before their performance.



Nancy Jaeger won the 50/50 prize!



December birthday ladies at the luncheon: Barbara Zeyn, Terry Schuster, Sharon Frumkin, Kim McLaren, & Linda Gallagher.



Martha Cirrotti with Gloria Irwin, our Luncheon VPs. Martha won the free lunch!



Carolyn Madden won a door prize.



Lynne Snowden gave the Inspirational message.



Linda Smith holds her door prize, a candle holder.



Dru Juhl received a jewelry holder for her door prize.

**V.P. MEMBERSHIP****Tina Parrish**

Membership presently stands at 163.

Let's tell everyone about our club!

***There are no strangers,  
just friends we haven't met!***Please welcome these new members  
and add them to your new directory.**Sylvia Abolafia** 567 Albany Pl., Longwood, FL 32779

Home 407-862-5338

E-mail: [sabolafia@embarqmail.com](mailto:sabolafia@embarqmail.com)

DOB: March 5 and Originally from: New York

**Janet Angelin** 6029 Lake Pointe Dr., Apt. 205, Orlando,  
FL 32822 Home 407-282-4608**Christine Baughman** 1346 Chapman Circle, Winter  
Park, FL 32789 Home 321-972-3269 Cell 214-269-6919E-mail: [cbclrkstn@aim.com](mailto:cbclrkstn@aim.com) DOB: Aug. 8 and Originally  
from: Grand Rapids, MI**Regina Barker** is back in town! 2973 Krista Key Circle,  
Orlando, FL 32817 Home 407-671-0742E-mail: [rmbarker@cfl.rr.com](mailto:rmbarker@cfl.rr.com).**JANUARY BIRTHDAYS**

|                   |        |
|-------------------|--------|
| Patti Patton      | 5 Jan  |
| Nancy Scalice     | 6 Jan  |
| Pat Shaughnessy   | 9 Jan  |
| Carole Watson     | 11 Jan |
| Rosemary Kubanet  | 12 Jan |
| Karen Andears     | 14 Jan |
| Pat McRee         | 14 Jan |
| Edna Long         | 15 Jan |
| Judy Babine       | 18 Jan |
| Georgeann Clemons | 19 Jan |
| Cyndi Kraus       | 19 Jan |
| Karen Davis       | 25 Jan |
| Claudia Hughey    | 25 Jan |
| Terry Becker      | 27 Jan |
| Solly Haber       | 30 Jan |

**NEWCOMERS BOARD**

|                     |                  |              |
|---------------------|------------------|--------------|
| President           | Joan Bové        | 407-971-3911 |
| VP Programs         | Pat Fluno        | 407-998-1037 |
| VP Luncheons        | Gloria Irwin     | 407-331-6147 |
|                     | Martha Cirrotti  | 407-366-3673 |
| VP Membership       | Tina Parrish     | 407-359-1497 |
| Corresponding Sec'y | Betsy Dhuyvetter | 407-277-9033 |
| Recording Sec'y     | Mary Ward        | 407-366-3015 |
| Treasurer           | Brenda Jones     | 407-366-7751 |
| Parliamentarian     | Ann Denton       | 407-831-7720 |

**COMMITTEES**

|                      |                   |               |
|----------------------|-------------------|---------------|
| Outreach             | Pat Pepler        | 407-895-2922  |
|                      | Liz Payer         | 321-765-4360  |
| Historian            | Joan Lenard       | 407- 671-8454 |
|                      | Rosemary Kubanet  | 407-702-2389  |
| Hospitality          | Louise Gallagher  | 321-765-4371  |
|                      | Betty Huff        | 407-736-0797  |
| Inside The Arts      | Linda Gallagher   | 407- 359-1893 |
|                      | Barbara Wiseman   | 407-365-9121  |
| Newsletter & Mailing | Lynne Snowden     | 407- 696-2886 |
| Publicity            | Ronnie Telzer     | 407-365-1580  |
| Reservations         | Janice Connor     | 321-765-4919  |
|                      | Claudia Downs     | 407-281-7521  |
|                      | Nellis Bushnell   | 407-207-2893  |
|                      | Edith Schulman    | 407-699-6061  |
| Ways and Means       | Judy Babine       | 321-972-8510  |
| Helping Hands        | Mary Jane Godfrey | 407- 365-9745 |

**INTEREST GROUPS**

|                      |                          |               |
|----------------------|--------------------------|---------------|
| Hooked on Books      | Denise Tucker            | 407- 542-6518 |
| Bridge               | Pat McRee                | 407-359-1228  |
|                      | Sim Horst                | 407-678-2961  |
| Bunko Belles         | Mary Ward                | 407-222-4446  |
| Bunko Buddies        | Pat Coyle                | 407- 275-0437 |
| Bunko (2nd Thur. pm) | Tina Parrish             | 407-359-1497  |
| Bunko (4th Thur. pm) | Barbara Zeyn             | 321-235-0584  |
| Chick Flicks         | Beth Zelikoff ...Oviedo  | 407- 365-3297 |
| Chick Flicks         | Barbara Zeyn...Waterford | 321- 235-0584 |
| Mah Jongg            | Mike Frazier             | 407- 365-5251 |
| Pot Luck Dining      | Doreen Bertan            | 407-657-0033  |
| Let's Do It !        | Pat Brizel               | 407-277-2070  |
| Euchre               | Caren Gout               | 407-281-0260  |



**INSIDE THE ARTS**

**Barbara Wiseman 407-365-9121**  
**Linda Gallagher 407-359-1893**



**January 14th**, which is a Friday, we will be going over to Cocoa Village (located off of 520 East). We will meet at the Parking Lot located on Brevard Avenue (right near Cocoa Village) at approximately 10:00 a.m. There are many different shops, galleries and restaurants in Cocoa Village. Lunch will be on your own. We are not making any restaurant reservations. There are several restaurants located on Brevard Avenue such as Black Tulip, Murdock's and Brasas Grill. You can choose one for your lunch and continue browsing thereafter at your leisure. We have no time limit for this event and you are welcome to stay as long as you like. I will have my cell phone 407-925-3623 as well as Linda will have her cell phone 407-592-9573 if you have any problems on that day. There is a sign up on this event as we need to know who is attending. Please contact Barbara Wiseman at 407-365-9121 to sign up. In the event of inclement weather, you will be notified timely if we need to cancel and re-schedule.



In **February** we are going back to the Winter Park Playhouse. The date is **Friday, February 4th** and the play is "Five Course Love". The performance starts at 7:30 p.m. and tickets will be \$32 per person (\$20 for students). Checks are to be made payable to: Barbara Wiseman. Once you make the reservation with your check, there are no refunds. Please contact Barbara Wiseman at 407-365-9121 to sign up. Deadline to order tickets is January 24, 2011.



**Correspondence**

**Betsy Dhuyvetter 407-277-9033**

If you know of any member going through a difficult time, please let me know.

**Thank you note:** Radisson Hotel

No news is good news! Update next month.

**The Treasurer's Report**

by Brenda Jones



|                                     |                   |
|-------------------------------------|-------------------|
| <b>Beginning Balance on 11-1-10</b> | <b>\$7,339.35</b> |
| <b>Deposits and other additions</b> | <b>\$2,752.00</b> |
| <b>Checks posted</b>                | <b>\$1,761.90</b> |
| <b>Ending Balance on 11-30-10</b>   | <b>\$8,329.45</b> |



**VALENTINE'S DINNER & DANCE**

**MARK YOUR CALENDAR!**

**FRIDAY, FEBRUARY 11, 2011**

**Orlando Elk's Lodge #1079**

**12 North Primrose Drive**

**Orlando**

**407-894-1079**

There will be dinner and dancing for members and guests for only \$28.00 per person, all inclusive.

Plan to celebrate Valentine's with us!

**OUTREACH**

**Pat Pepler 407-895-2922**

**ppepler@bellsouth.net**



Great news! We collected \$1,271 for the SafeHouse of Seminole. Isn't that incredible? This was because each of you and those who aren't even members graciously gave to our cause.

On December 16, , Liz Payer, Rosemary Kubanet and Kathy McCullar and I went shopping and spent all the money collected on presents for the kids and their moms plus a few grocery items for the house's needs. It was a long day but we felt so good about being able to help this worthy facility and had fun doing it. My sincere thanks to the "elves".

The gifts were separated into bags and delivered the next day. Along with those gifts, we also sent a huge bag of sundries and some sheets you all have donated throughout the year. The car was loaded down with goodies and Melissa Winstead, Community Relations Manager for SafeHouse, was thrilled to receive the donations.

Honestly, I'm still overwhelmed with the generosity displayed and very proud to be a part of such a club. Ladies, you truly are angels and made Christmas special for so many. Thank you all.

**ATTENTION ALL MEMBERS!!!**



**IF YOU WOULD LIKE TO SUBMIT AN ARTICLE FOR THE NEWSLETTER, PLEASE CALL LYNNE SNOWDEN @407-696-2886 OR EMAIL TO LSNOWDEN@CFL.RR.COM BY THE CURRENT DEADLINE WHICH IS THE SECOND MONDAY OF EACH MONTH. THANKS!**



**BUNKO GROUPS**



**Bunko Belles**

2nd Wednesday, January 12 11:30 am  
 Judy Babine 321-972-8510

**Salad Bunko**

2nd Thursday, January 13 12 noon  
 Tina Parrish 407-359-1497

**Salad Bunko**

3rd Monday, January 17 12 noon  
 Rita Collins 407-207-8267

**Bunko Belles**

4th Thursday, January 27 7 pm  
 Gloria Irwin 407-331-6147



**CHICK FLICK**

**Last Tuesday of the month!**

**We alternate between Oviedo Mall and Waterford Lakes Mall theaters.**

An email will be sent the weekend before the meeting date (after the show times have been scheduled by the theaters). If you do not have email, please call the chairperson to find out the start time and to RSVP. A dinner option is provided, so please RSVP to either or both.

Barbara Zeyn – Waterford – 321-235-0584  
 Beth Zelikoff – Oviedo – 407-365-3297

**Oviedo Regal Theater  
 January 25**

**MAH JONGG**

**Mike Frazier 407-365-5251  
 Joan Bové 407- 971-3911  
 Mondays 11:00 - 3:00 p.m.**



We will be playing at the Riverside Park on Lockwood Blvd. in Oviedo.

\$3.00 for Oviedo residents;  
 \$4.00 for non-residents.

Bring your bag lunch and a drink. RSVP to Mike.



**BRIDGE**

**January 26  
 12:30 p.m.**

The Tremont is located next to the Macaroni Grill at 7015 Red Bug Lake Road, phone 407-359-5787.

Make your reservation with either of the Chairs:

**Pat McRee** patmcree@bellsouth.net 407-359-1228

**Sim Horst** skhorst@embarqmail.com 407-678-2961

**HOOKED ON BOOKS**

**Denise Tucker  
 407-286-8803**

**or email:  
 mrsdenisetucker@yahoo.com**



**We meet for lively discussions on the third Tuesday of every month at Border's on Red Bug in Oviedo at 1:30 p.m.**

To obtain Border's coupons, sign up at [www.borders.com](http://www.borders.com) January 18th- Honolulu by Alan Brennert

*Honolulu* is the richly imagined story of Jin, a young "picture bride" who leaves her native Korea—where girls are so little valued that she is known as Regret—and journeys to Hawaii in 1914 in search of a better life. Instead of the prosperous young husband and the chance at an education she has been promised, Jin is quickly married off to a poor, embittered laborer who takes his disappointments out on his new wife, forcing her to make her own way in a strange land.

Struggling to build a business with the help of her fellow picture brides, Jin finds both opportunity and prejudice, but ultimately transforms herself from a naive young girl into a resourceful woman.

Prospering along with her adopted city, which is fast growing from a small territorial capital to the great multicultural city it is today, Jin can never forget the people she left behind in Korea, and returns one last time to make her peace with her former life.

February 16th - The Kommandant's Girl by Pam Jenoff



**DAYTIME EUCHRE**

**Caren Gout (407) 281-0260  
 4th THURSDAY, 11 A.M.**

We need one more permanent member and several substitutes. It's a fun, easy card game, and we'll teach you how to play if you're interested! Please call Caren for more information.



### POT LUCK

Saturday, January 8, 2011

6:30 pm

Hosts: Charles & Edith Schulman  
375 Deer Pointe Circle- Deer Run  
Casselberry 32707  
407-699-6061

This is a wonderful opportunity to get together with friends in a relaxed atmosphere with lots of great food. If you are new to the club, please try to attend to meet and enjoy your club members, as singles and couples.

Please contact the hostess to choose whether to bring an entrée, appetizer, salad or dessert for 12. Mixers and soft drinks are provided by the hostess- BYOB.

#### Directions:

**Deer Pointe** subdivision is located in Deer Run off Red Bug Lake Road between Tuskawilla and 436 (Semoran Blvd.)

**From Tuskawilla:** Turn on Eagle Boulevard and continue to dead end at Eagle Circle (facing brick wall of Deer Pointe), turn left on Eagle Circle to enter at the gate, turn right to the 5th house on the right.

**From Red Bug Lake Road:** Turn into Deer Run, go one-half mile to turn right on Eagle Circle, go 1.5 miles to Deer Pointe, enter gate, turn right to the 5th house on right.



The hosts for Potluck Dining were Mary and Chuck Ward with their daughter Michelle and her fiancé Jerry Fields.



Guests include (left side) Jerry & Mike Frazier, John Gallagher, (Right side) Tracy Pappafotis, Charles Schulman and Linda Gallagher.



L-R: Tina Parrish, Liz Payer, Martha Cirrotti, Chuck Ward, Michelle Ward and Jerry Fields.



Mary Ward, left of Barbara Wiseman, and Judy Babine, on the right, enjoyed the evening.



Joan Bové with Doreen Bertan



Gaylord Palms' ICE! exhibit was attended by 37! Brrrrr!



Madison Place ladies: Rosemary Kubanet, Joan Lenard & Georgeann Clemons.

Brenda Jones, Tracy Pappafotis and Kathy McCullar.



Some of the group: Robin McLaren, Denise Tucker, Ronnie Telzer, Lynne Snowden, Regina & Roger Barker, Claudia Downs, Pat Brizel, Georgeann Clemons front: Nellis Bushnell and Ken..



L-R: Linda Smith, Kathy McCullar, Sharon Frumkin, Linda Gallagher, Tracy Pappafotis, Dru Juhl are dressed for warmth, still not enough for 9°!



"Smurf" parkas on Regina Barker, Pat Brizel, Georgeann Clemons and Paul, with Claudia peeking behind!



Barbara Wiseman and Linda Gallagher in front of the exhibit. 9°!



Fun & food! Nellis Bushnell, Claudia Downs with Pat Brizel's dessert plate!



Barbara, Linda & Marquita Nelson



Claudia Downs with guest, Kathy Gregory.



Louise Gallagher, Susan Panos, Brenda Jones.



T. Kay White, her guest Cindy Garven, and friend Lorrie Fleming.



Deborah Mobbs brought her husband, Bob, to the luncheon.



Joan Lenard with her aunt, Edith Smith.



Pat Pepler with good friend, Ann Meyer.



Joann Skoropowski, Betsy Dhuyvetter and Carole Montgomery.



Ann Denton, Judy Babine, Mary Jo Odahowski and Mike Frazier.



50/50 ladies Pat Coyle and Barbara Zeyn selling to Dru Juhl behind new member Cindy Kraus and Carolyn Madden.



Mary Jo Odahowski with note cards that she won.



Lorraine Macaione, Susan Morrow & Pat Cregar.



Kathy McCullar, DeDe Fluhr, and Denise Tucker.



Patti Zedo, Mary Jane Godfrey and Sim Horst.



Eileen Guesman with Edith



Lynne Roeca, Chris Myers and Sherry McFarland.



Dru Juhl, Nancy Jaeger, Regina Barker, Aileen Steed and Pat Brizel.



Lynne Snowden, Sharon DeRose, Joann Skoropowski, Pat McRee, and Doreen Bertan stand behind Mary Jo Odahowski and Mike Frazier.



Lorraine Macaione, Martha Cirrotti, Pat Cregar, and Gloria Irwin with Marquita Nelson and Marcia Bowles, (seated).



Susan Murray, Cindy Garven, T. Kay White, Martha Stauffer, Mary Jane Godfrey, (seated).



Barbara Wiseman and Ronnie Telzer hold the table favors everyone received.



Nancy Scalice and Linda Gallagher.



Pat Pepler & Ann McLean behind Ann Meyer and Carole Coe.



Liz Payer and Carole Coe with the charity angel tree. With your help, we were able to deliver gifts to the Safehouse of Seminole and The Russell Home for Children.



**There are no strangers, just friends we haven't met.**

# January 2011

| Sun                    | Mon   | Tue   | Wed   | Thu   | Fri                                  | Sat   |
|------------------------|---|---|---|---|--------------------------------------|---|
| <b>HAPPY NEW YEAR!</b> |   |   |   |   |                                      | 1<br>NEW YEAR'S DAY   |
| 2                      | 3<br><br>MAH JONGG                 | 4   | 5   | 6<br><br>BOARD MEETING     | 7                                    | 8<br><br>POTLUCK |
| 9                      | 10<br><br>MAH JONGG                | 11  | 12<br><br>BUNKO  | 13<br><br>SALAD BUNKO      | 14<br>INSIDE THE ARTS- COCOA VILLAGE | 15  |
| 16                     | 17<br>SALAD BUNKO<br><br>MAH JONGG | 18  | 19  | 20<br><br>LUNCHEON MEETING | 21                                   | 22  |
| 23                     | 24<br><br>MAH JONGG                | 25<br><br><i>Chick Flick</i> | 26<br><br>BRIDGE | 27<br><br>EUCHRE BUNKO      | 28                                   | 29  |
| 30                     | 31  |   |   |   |                                      |   |