Requests for Notes for School and Work
Effective March 25, 2015

This explains our policy on when and why we provide notes to schools and places of employment.

For an Office Visit: When we see a patient for an appointment in our office, front desk personnel, upon request, will print a standard letter. This letter simply states that the patient was seen at our office for an appointment. Patients and parents may provide copies of this note to school and places of employment as needed.

For Medication: Schools and camps require that patients obtain a signed note for medications to be administered. We require three business days to comply with all requests for notes to administer medication.

It is our policy to not provide notes beyond our standard acknowledgement of an office visit and for medications.

Many patients and parents request that we provide a note to medically excuse patients from school and/or work. In most cases this is not appropriate.

For Minor Illness: It is important that patients follow school and public health guidelines to stay home when you are sick so that you can get better and not spread disease to others. Check with your school nurse and follow the school’s guidelines for when to stay home. Ultimately, the decision to stay home is the parent’s. The parent is responsible for writing a note to the school and for communicating with the school about the absence.

For Chronic Illness: Although rare, there are chronic illnesses that require children to miss a significant amount of school or to skip participation in certain school activities. In these cases, the parent and school should communicate as to the best course of action to meet the student’s needs.

Importance of Regular School Attendance: At Performance Pediatrics we believe that all children should attend school, whether public, private or homeschooled, on a regular basis. If your child is missing a lot of school, please contact us so that we can rule out any treatable physical or behavioral health condition that may be interfering with your child’s learning and development.

If you have any questions or concerns, please contact the Medical Director at: 508-747-8277.