

## WHAT WE OFFER

Customized Training Program on Health and Nutrition for frontline health workers and community change leaders.

### Highlights

- It's a continuous process of capacity building not a standalone
- Integrating with other issues in community
- Contextualized-based on the community needs

### Key Steps

- > Formative Research – Community and trainees capacity and needs
- > Adapt and develop training modules
- > Conduct TOT's
- > Provide field support
- > Online coaching
- > Institutionalising supportive supervision
- > Carry out mid line and end line assessment

The customized training programmes components will be:



Capacity building plus:

1. Assessment and Monitoring Tools for relevant SDG's for grass root level organizations from the perspective of Health and Nutrition
2. Social Inclusion and Gender Specific Monitoring Tool for assessing health and nutrition results
3. WASH related tools
4. Perspective building
5. Strategy development
6. Orientation of Mid-Level professionals

## IMPACT

- A. Cadre of trained grass root level Health and Nutrition workforce.
- B. Gained knowledge to work in diverse environment.
- C. Increased outreach for sustained behavioural changes in communities.
- D. Improved health and nutrition status.



**Freedom from Hunger** has been working in India since 2006 and brings in decades of experience of conducting careful market research to determine participants' needs, existing knowledge, and available community resources. The research helps to identify knowledge, skills, and attitudinal gaps that the education modules can address. The modules are designed to be relevant and easy to understand, with a focus on establishing behavioural change. FFHIT has expertise and gained from its decades of experience in developing such methodologies like TLC – Technical Learning Conversations, PLC – Pictorial Learning Conversations, LGG – Learning Games for Girls and consolidated Sessions.



**Indo-Global Social Service Society** has 58 years of vast experience working with hundreds of grass root level NGOs in mobilizing and empowering community in a participatory approach. Since 2008, we have been working with one lakh families on the issue of Nutrition and Food Security in rural India. Our linkages with local self-governance through our partners are immense. Our field level work forces are strong in the local context, language and rationale. We have varied experience of making training modules and executing community based participatory training programmes.



### Freedom from Hunger India Trust

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## Mobile Health & Nutrition School

*A capacity building solution to address the challenges of Health and Nutrition through an integrated approach*



*A Joint Initiative by*  
**Freedom from Hunger India Trust**  
 and  
**Indo-Global Social Service Society**

## WHERE DO WE STAND



As per latest the **Global Hunger Index**, India stands at **136 rank** (poor ranking compared to even a few African countries).

**Community Health Workers are a very important human resource** as per the WHO Alma Ata Declaration in 1978.

As per the **FAO 2018 Report**, India ranks **114** (among 132 countries) in **stunting**, **120** (among 130 countries) in **wasting**, and **India stands 170** (among 185 countries) in prevalence of **anemia**



## What We Have



Government **health workers** are inadequate

The front line community staff of NGOs often struggle with inadequate **soft skills** and **social behaviour** change communication strategies to bring about changes in **health and nutrition** practices of the community



They also lack the strategy to integrate them with other **requirements** of the **communities** as well as with the available **outreach/extension** services of the Government.



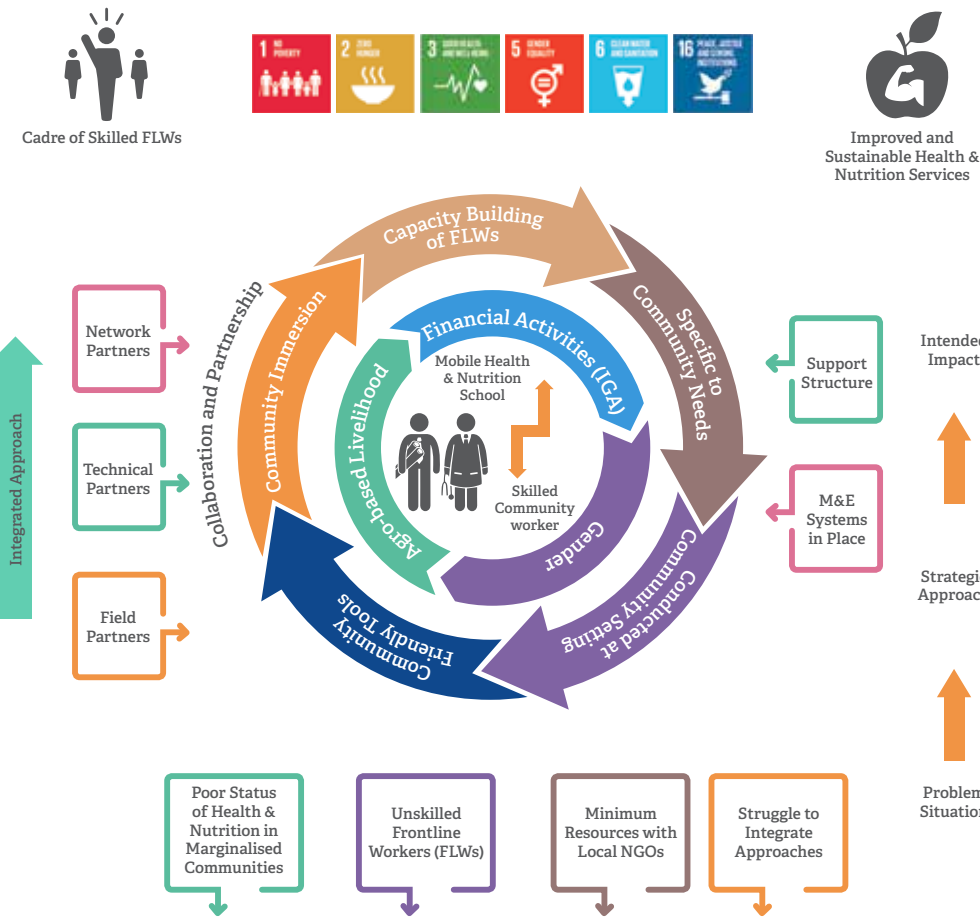
## OUR SOLUTION

### Mobile Health and Nutrition School

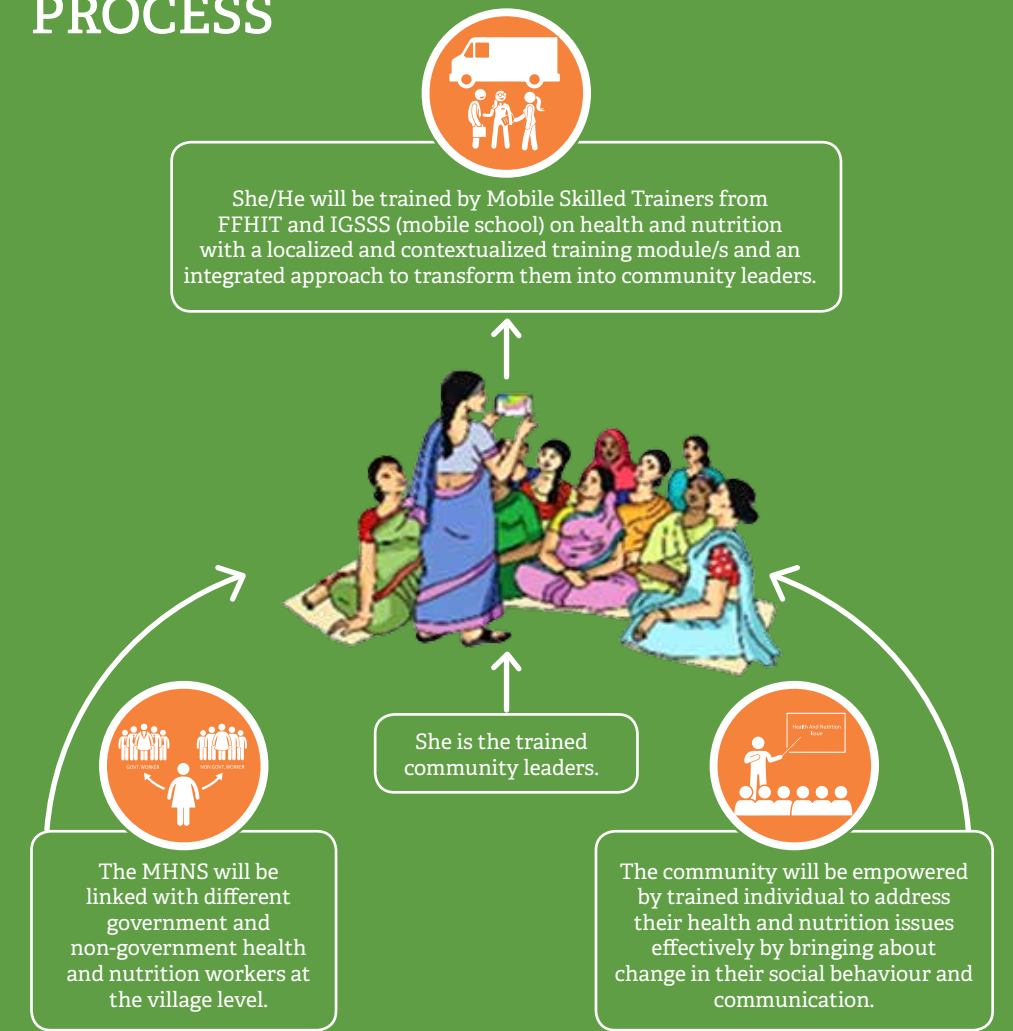
*Mobile Health and Nutrition School (MHNS) is a process of building cohorts of trained human resources at the community level through a contextualized and localized training module on health and nutrition through an integrated approach. This learning model is based on the Edward Thorndike's first three "Laws of learning", which is readiness, exercise, and effect.*

Readiness implies a degree of concentration and eagerness. The principle of exercise states that those things most often repeated are best remembered. The principle of effect is that learning is strengthened when accompanied by a pleasant or satisfying feeling.

## THE INTEGRATED APPROACH



## PROCESS



## METHODOLOGY

