The 2019 ICC World Cup is set to begin from May 30 and the 10 participating teams have announced their 15-member preliminary squad for the mega event slated to be held in England and Wales for over a month.

While there were discussions over the missing names, especially the omission of 21-year-old Rishabh Pant from India's squad and later Mohammad Amir's omission was questioned from Pakistan's squad.

The teams can still make changes in their squad till 23 May, a week before the tournament begins. To avoid last-minute hassle just in case any selected player gets injured or could not play, some of the teams have even prepared a list of standby players.

The tournament will follow the round-robin format, with each side playing nine games. The top four teams on the points table will play to the semis. The World Cup final takes place at the Lord's on 14 July.

Here is the list of the teams and their 15-member squads for the Cricket World Cup 2019:

**India World Cup Squad Photo: @cricketworldcupIndia**
World Cup Squad: Virat Kohli (c), Rohit Sharma, Shikhar Dhawan, KL Rahul, Vijay Shankar, MS Dhoni (wk), Kedar Jadhav, Dinesh Karthik (wk), Yuzvendra Chahal, Kuldeep Yadav, Bhuvneshwar Kumar, Jasprit Bumrah, Hardik Pandya, Ravindra Jadeja, Mohammed Shami

**Pakistan World Cup Squad Photo: @cricketworldcupPakistan**

The 2019 ICC World Cup will feature 10 teams, a decrease from previous World Cups in 2011 and 2015 which featured 14 teams.[10] The hosts, England, and the top seven other teams in the ICC One Day International rankings as of 30 September 2017 earned automatic qualification, with the remaining two spots being decided by the 2018 Cricket World Cup Qualifier.

At the time of the announcement of the qualification structure, ICC Associate and Affiliate members, who were guaranteed four spots in the previous two World Cup tournaments, could be represented by at most two teams, and possibly none at all if they were beaten by the lowest ranked Full Members in the Qualifier. It also meant that at least two of the 10 Test playing nations at the time of the announcement would have to play in the qualifying tournament, and could possibly miss the World Cup finals entirely.

Following recent success, Ireland and Afghanistan were promoted into the ICC ODI Championship and have also since been promoted to full members of the ICC, becoming the newest Test cricketing nations. However, they still needed to qualify for the World Cup via the current process.

Afghanistan won the qualifying tournament defeating the West Indies in the final. Both teams qualified for the World Cup, while Zimbabwe despite hosting the qualifying tournament failed to reach the final and will miss the World Cup for the first time since 1983. Recently appointed full member Ireland will also miss the World Cup for the first time since 2007 and for the first time ever no Associate nation will be participating in the World Cup.

The format for the tournament will be a single group of 10 teams, with each team playing the other nine once, and the top four at the end of the group phase progressing to the semi-finals. The 10-team tournament has gained criticism due to the lack of Associate teams in the tournament. Given the increase of the Test-playing nations from 10 to 12, with the admission of Ireland and Afghanistan in June 2017, it will be the first World Cup to be contested without all of the Test playing nations being present, and after the elimination of all the Associate teams at the qualifying tournament, this will be also be the first World Cup to feature no Associate members.
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Be good at life.
The ICC Cricket World Cup 2019 will be held in England and Wales from May 30, 2019 to July 14, 2019.

The first round of the tournament will see 10 teams — England (hosts), Australia, Bangladesh, India, New Zealand, Pakistan, South Africa, Sri Lanka, Afghanistan and West Indies — play against each other. The top four teams will progress to the semifinals.

Below are the 10 teams and their full squads.

**INDIA**
Virat Kohli (c), Rohit Sharma (vc), Shikhar Dhawan, MS Dhoni (wk), Kedar Jadhav, Hardik Pandya, Bhuvneshwar Kumar, Kuldeep Yadav, Yuzvendra Chahal, Jasprit Bumrah, Mohammed Shami, Vijay Shankar, Dinesh Karthik (wk), KL Rahul, Ravindra Jadeja, Shah, Asghar Afghan, Hashmatullah Shahidi, Najibullah Zadran, Samiullah Shenwari, Mohammad Nabi, Rashid Khan, Dawlat Zadran, Aftab Alam, Hamid Hassan and Mujeeb ur Rahman.

**PAKISTAN**

**ENGLAND**
Eoin Morgan (c), Moeen Ali, Jonny Bairstow (wk), Jos Buttler (vc & wk), Tom Curran, Joe Denly, Alex Hales, Liam Plunkett, Adil Rashid, Joe Root, Jason Roy, Ben Stokes, David Willey, Chris Woakes, Mark Wood.

**AFGHANISTAN**
Afghanistan

**BANGLADESH**
Masrafe Mortaza (c), Tamim Iqbal, Liton Das, Soumya Sarkar, Mustafizur Rahman (wk), Mahmudullah Riyad, Shakib Al Hasan (vc), Mohammad Mithun (wk), Sabbir Rahman, Mosaaddek Hossain, Mohammad Saifuddin, Mehidy Hasan, Rubel Hossain, Mustafizur Rahman, Abu Jayed.

**NEW ZEALAND**
Kane Williamson (c), Tom Blundell (wk), Trent Boult, Colin de Grandhomme, Lockie Ferguson, Martin Guptill, Matt Henry, Tim Southee (vc), Ross Taylor.

**SOUTH AFRICA**

**SRI LANKA**
Dimith Karunaratne (c), Angelo Mathews, Thisara Perera, Kusal Perera (wk), Dhananjaya de Silva, Kusal Mendis (wk), Isuru Udana, Milinda Siriwardana, Avishka Fernando, Jeewan Mendis, Dushmantha Chameera, Jeffrey Vander- say, Lasith Malinga, Nuwan Pradeep, Suranga Lakmal.

**WEST INDIES**
Jason Holder (c), Evin Lewis, Darren Bravo, Chris Gayle, Andre Russell, Carlos Brathwaite, Nicholas Pooran, Oshane Thomas, Shai Hope (wk), Shimron Hetmyer, Fabien Allen, Sheldon Cottrell, Shannon Gabriel, Kemar Roach, Ashley Nurse.

The ICC Cricket World Cup 2019 team matches list:

<table>
<thead>
<tr>
<th>Team</th>
<th>Full Players List</th>
</tr>
</thead>
<tbody>
<tr>
<td>England</td>
<td>Eoin Morgan (c), Moeen Ali, Jonny Bairstow (wk), Jos Buttler (vc &amp; wk), Tom Curran, Joe Denly, Alex Hales, Liam Plunkett, Adil Rashid, Joe Root, Jason Roy, Ben Stokes, David Willey, Chris Woakes, Mark Wood</td>
</tr>
<tr>
<td>Pakistan</td>
<td>Sarfaraz Ahmed (c &amp; wk), Fakhar Zaman, Babar Azam, Shoaib Malik (vc), Mohammad Hafeez, Haris Sohail, Shadab Khan, Imam Wasim, Hasan Ali, Faheem Ashraf, Shaheen Shah Afridi, Junaid Khan, Mohammad Hasnain</td>
</tr>
<tr>
<td>India</td>
<td>Virat Kohli (c), Rohit Sharma (vc), Shikhar Dhawan, MS Dhoni (wk), Kedar Jadhav, Hardik Pandya, Bhuvneshwar Kumar, Kuldeep Yadav, Yuvendra Chahal, Jasprit Bumrah, Mohammed Shami, Vijay Shankar, Dinesh Karthik (wk), KL Rahul, Ravindra Jadeja, Shah, Asghar Afghan, Hashmatullah Shahidi, Najibullah Zadran, Samiullah Shenwari, Mohammad Nabi, Rashid Khan, Dawlat Zadran, Aftab Alam, Hamid Hassan and Mujeeb ur Rahman</td>
</tr>
<tr>
<td>Australia</td>
<td>Aaron Finch (c), Jason Behrendorf, Alex Carey (vc &amp; wk), Nathan Coulter-Nile, Pat Cummins, Usman Khan waja, Nathan Lyon, Shaun Marsh, Glenn Maxwell, Jhye Richardson, Steve Smith, Mitchell Starc, Marcus Stoinis, David Warner, Adam Zampa</td>
</tr>
<tr>
<td>Bangladesh</td>
<td>Masrafe Mortaza (c), Tamim Iqbal, Liton Das, Soumya Sarkar, Mustafizur Rahman (wk), Mahmudullah Riyad, Shakib Al Hasan (vc), Mohammad Mithun (wk), Sabbir Rahman, Mosaaddek Hossain, Mohammad Saifuddin, Mehidy Hasan, Rubel Hossain, Mustafizur Rahman, Abu Jayed</td>
</tr>
<tr>
<td>Sri Lanka</td>
<td>Dimith Karunaratne (c), Angelo Mathews, Thisara Perera, Kusal Perera (wk), Dhananjaya de Silva, Kusal Mendis (wk), Isuru Udana, Milinda Siriwardana, Avishka Fernando, Jeewan Mendis, Dushmantha Chameera, Jeffrey Vander- say, Lasith Malinga, Nuwan Pradeep, Suranga Lakmal</td>
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<td>West Indies</td>
<td>Jason Holder (c), Evin Lewis, Darren Bravo, Chris Gayle, Andre Russell, Carlos Brathwaite, Nicholas Pooran, Oshane Thomas, Shai Hope (wk), Shimron Hetmyer, Fabien Allen, Sheldon Cottrell, Shannon Gabriel, Kemar Roach, Ashley Nurse</td>
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Preparing Young Muslim Scientists to Follow Footsteps of Medieval Scholars: A Call to Action

Basheer Ahmed M.D., President IMPMS

The Institute of Medieval and Post Medieval studies was established in 2001 to help generate a climate of mutual understanding and respect between Muslims and people of all other faiths and cultures by making them aware of the Muslims’ contributions to world civilization.

Thus, we strive to correct the concept of dark ages when Muslim scholars and scientists enlightened the world with their original scientific contributions. This is accomplished by making presentations in national and international conferences, publishing books, newsletters, and developing an informative website.

In 2018, the Institute joined hands with DiscoverSTEM and adopted a new goal—encouraging youth by engaging them in learning about the Islamic heritage and inspiring and training them to become scientists, innovators, and thinkers.

The Qur’an started with the word “TQRA” which means “Read” and Allah (SWT) reminds us that every Muslim man’s and woman’s prayer should be: “Rabbi zidni ‘Ilmaa” (O Lord, increase me in ‘ilm (knowledge) –20-114, and Prophet Muhammad (SAWS) said, “The ink of the scholar is more sacred than the blood of the martyr.” Allah (SWT) created humans to be superior to all other creations.

The major use of Ilm (knowledge) and Aqal (intelligence), is to develop critical thinking. This is necessary to make rational and sustainable decisions.

During the early period of Islam, between the 7th and 15th centuries, Muslims acquired knowledge in every field of the sciences including Astronomy, Mathematics, Medicine, and Philosophy. In the 9th century, great institutions such as “The House of Wisdom” were established in Baghdad which attracted scholars from all parts of the world.

The work of great scholars like Aristotle, Euclid, Galen, Ptolemy, Socrates, and many more were collected, preserved, and translated into Arabic. By the 11th century, all major Muslim cities (Baghdad, Cairo, and Cordoba) had unique institutions like universities, hospitals, and scientific laboratories. Muslims became the leaders of knowledge, and people from all over the world would go to Muslim cities for higher education. There is no field of knowledge which Muslims did not explore, investigate, research, think, or invent exemplary innovations.

Some of the noted Muslim medieval scholars who had made a profound influence on the world civilization are:


The decline of the intellectual superiority in the Muslim Ummah. In the 11th century, the separation of the revealed (“Qur’anic”) sources from the rational sources of knowledge were raised by distinguished Muslim scholars. They insisted on the supremacy of the revealed source which was of divine origin, adding that it should not be complemented or supplemented with rational sources of knowledge which they believed to be inferior and would bring a corrupting influence on the revealed knowledge.

Consequently, the madrasas in the Islamic realm abandoned teaching sciences. The great Renaissance Movement which transformed Europe into a dynamic and progressive civilization did not impact the neighboring Islamic countries because of the continued inflexible attitude of the orthodox, dogmatic Muslim jurists who only promoted teaching from Quran and Hadith, abandoning natural sciences.

Post-colonial Muslim countries were more preoccupied with consolidating their own political power than promoting the advancement of knowledge. Muslims today are, as a result, suffering from this ignorance. There are no contributions by scientists from Muslim countries in the technological revolution of the 20th century that has radically changed the world.

Current Status of Muslims: There are only 500 universities in 57 Muslim countries, whereas the USA has 5,758, and India has 8,407. Muslim-majority countries have 500 scientists per million, whereas the USA has 5,000 per million. There are approximately 1.8 billion Muslims in the world and there are roughly 15 million Jews. There have been 3 Muslim Nobel Laureates—in Science. A smaller Jewish population has 193 Nobel Laureates. We will never learn about modern knowledge of science, technology, innovations, and inventors unless we drastically change our mindset from rote learning to productive rational learning.

Hope for the future: Today, we need an education system which can produce Muslim experts in all fields of knowledge. By virtue of good educational programs for both males and females, the future generations will become the torchbearers of Islamic values and play an effective role in the world. We need to develop and effectively apply critical thinking skills to the complex problems that we face, and to the critical choices, we will be forced to make, as a result of the information explosion and other rapid technological changes. The progress for the future lies in the hand of this new generation and our focus should be to aspire this new generation to develop an interest in science and technology.

The Institute of Medieval Scholars and Preparing of Modern Scientist (IMIPMS) presented a seminar in April in Dallas, TX. This was a unique seminar presented for the first time in North Texas or possibly in the entire USA (Or World).

Six teams of young children (11-17 years old) were trained by Mr. Faizan Mirza who is a world-renowned aerospace scientist and the inventor of the Ground Real-ity Information processing system. He was a recipient of several prestigious awards and the founder of “Discover-STEM” whose goal is to transform young children into thinkers, creators and innovators. The children presented their innovative ideas on various themes such as:

- Alternative Fuel-Based rocket launch system.
- Self-Sanitizing door handle. This innovation is an attempt to prevent communicable diseases by a door handle which sanitizes itself.
- Relay Launch System. This NASA award-winning (1st prize among 10,000 students of 31 countries) innovation presents an alternative process of launching satellites.
- Micro-turbine Brick. This ‘Future City Competition’ award-winning (2nd prize in Texas State) innovation enables all buildings to generate electricity using forces of nature like air & water.
- Self-degradable plastic bottle. This innovation plastic bottle degrades itself in 4-6 weeks after use. This innovation was adjudged “Alternate Finalist” at global student’s innovation competition.
- Yuvi- Aircraft tray table sanitizer. Innovation to make your travel safer by disinfecting aircraft tray table by innovation ‘Yuvi’.

We are very hopeful that this new generation of Muslim scientist will take the place of their ancestors and one day assumes the leadership in science and technology.

Dr. Ahmed is the former professor of Psychiatrist at South Western Medical School Dallas and can be reached at mba0182@yahoo.com.
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Celestial Fire Bath of Sun, Stars, Earth, and Planets -Dr.Navaneet Pandurangan

We know that the Earth and Sun are surrounded by extreme cold. In this article, we are going to discuss the question of why nothing on earth is freezing, despite being surrounded by such a cold environment for billions of years? Likewise, the Sun is surrounded by a cold environment for billions of years. Since that is the case, why has the Sun not cooled over time? Beyond the earth's stratosphere, the temperature drops drastically. Commercial airplanes fly at heights of 36,000 feet, where outside temperatures drop below negative 60 degrees Fahrenheit (negative 51 degrees Celsius). Further away, the average temperature of empty space between celestial bodies is calculated to be 3 Kelvin (negative 270.15 degrees Celsius) for billions of years. Almost everyone knows that the Sun is generating a lot of heat and the Earth is receiving it. However, an equally important question is, “What is allowing the Sun and Earth to retain their heat for billions of years?”

For readers with little time, the quick scientific answer is that “Space acts like a vacuum (similar to a thermos flask), which keeps things either hot or cold. Vacuums are extremely good insulators”.

First, let us understand the three mechanisms of heat transfer. The first one is conduction. Heat is transferred by simple physical contact. When matter embraces other matter, heat transfer happens. Simple examples are ice cooled by simple physical contact. When matter embraces other matter but is also extremely cold. In a vacuum, the concept of temperature is meaningless. Thus, the Sun being cooled by “space” is meaningless.

Eventually, everything, including a bucket of water, the Earth and Sun, in contact with outer space at ~3 degrees Kelvin (~270 degrees Celsius) will lose heat via radiation. The Earth cools down at night by radiating infrared light. The Earth and Sun, in contact with outer space at ~3 degrees Kelvin (~270 degrees Celsius) will lose heat via radiation. The Earth or other planets? This is due to the gravitational force of the Sun. Anything goes up has to come down back to the Sun, just like on Earth.

The heat budget on spacecraft is delicate. If a satellite needs to be very cold (like a telescope) but produces a lot of its own heat, the energy balance can be a problem. Since there is no atmosphere through which heat loss can be transferred, a uniform temperature distribution cannot be maintained. Internal temperatures are always on the rise inside. Since there is no atmosphere through which heat loss can be transferred, ammonia is circulated through radiators outside of the Space Station to release the heat as infrared radiation.

Now we ask, how does the Earth get and sustain its heat? The heat from the Sun leaves radiation as a mechanism for heat loss. How does the Sun generate so much heat? The Sun is continuously generating heat, by fusing particles of the element hydrogen together to form helium in its core. The Sun’s core produces 620 million metric tons of hydrogen and 606 million metric tons of helium each second. The reduction in mass results in the release of huge energy. This energy generation balances the heat that is lost into space.

How does the Sun continuously sustain the process of heat generation? It is like a candle, slowly burning for a long time. Once its nuclear fuel is used up, the core of the Sun will collapse from the weight of the overlying layers due to gravity, pressure, and temperature again increase sufficiently to fuse the helium continually.

What is allowing the Sun and Earth to retain their heat for billions of years? Likewise, the Sun is surrounded by a cold environment for billions of years. Since that is the case, why has the Sun not cooled over time? Beyond the earth’s stratosphere, the temperature drops drastically. Commercial airplanes fly at heights of 36,000 feet, where outside temperatures drop below negative 60 degrees Fahrenheit (negative 51 degrees Celsius). Further away, the average temperature of empty space between celestial bodies is calculated to be 3 Kelvin (negative 270.15 degrees Celsius) for billions of years. Almost everyone knows that the Sun is generating a lot of heat and the Earth is receiving it. However, an equally important question is, “What is allowing the Sun and Earth to retain their heat for billions of years?”

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How does the Sun continuously sustain the process of heat generation? It is like a candle, slowly burning for a long time. Once its nuclear fuel is used up, the core of the Sun will collapse from the weight of the overlying layers due to gravity, pressure, and temperature again increase sufficiently to fuse the helium continually.

Why doesn’t the thrown out materials from the Sun reach the Earth or other planets? This is due to the gravitational force of the Sun. Anything goes up has to come down back to the Sun, just like on Earth.

The heat budget on spacecraft is delicate. If a satellite needs to be very cold (like a telescope) but produces a lot of its own heat, the energy balance can be a problem. Since there is no atmosphere through which heat loss can be transferred, a uniform temperature distribution cannot be maintained. Internal temperatures are always on the rise inside. Since there is no atmosphere through which heat loss can be transferred, ammonia is circulated through radiators outside of the Space Station to release the heat as infrared radiation.

I am sure you may have additional seeking questions now. Where and how did iron come to earth? Why did the Sun formed from a Supernova? Will our Sun ever explode like a Supernova? When will Sun's hydrogen fuel run out? Why is the Earth not falling on to the Sun? Why is the moon not falling onto Earth? How did the moon form from the Earth? Will the Earth ever escape the gravity of Sun? Whether earth formed before or after sun and stars?
Poem – JACINDA ARDERN (English) - A Tribute

By seeing you, O JACINDA (Nz PM),
Even a dead heart will rise high,
You are a soul with a message of peace, or!
An example of a bird at the altitude that fly?

At the Aftermath of the unfortunate terror incident,
We saw you humiliated with a depressed sigh.
Oh LORD, shield the children of this dwelling (NZ),
Retain them ceaselessly with humility and glorify.

No being should accustom to anguish at this raise,
Hatred to be confined while humanity must not die.
All who died, and buried away as martyrs (Shaheed),
To your warmth and praises O Lord, they shall live to deify.

Accept my humble prayers, both day and night O Almighty,
Enmities to fade, love and peace in the world to comply.

(Kareemullah H. Biyabani.....pen name=Kaleem Hyderabadi)
lunch at Farm house in Moinabad, hosted by Mir Hasan Ali Realtor's with Raof Ali, Aslam, Rashid, Sabir Quadri, Tayyab, Tahir, Rachamala Siddeshwar Sarpunch Shamshabad, Mohammed Asaduddin, Etesham Wuadri, Danish Khan, Yaser Siddique and Adnan Baig.

Meeting with MP Kalvakuntla Kavitha, Daughter of Chief Minister of Telangana State Honourable K. Chandrashekar Rao Garu at her Residence.

Iftekhar Shareef with Prince Muffakham Jah Bahadur the grandson of last Nizam of Hyderabad. Also seen in the pic AK Khan and Fazil Parvez. Mr Shareef invited the Prince who readily agreed to visit USA in August 2019. The event was held to felicitate Dr Ausaf Sayeed the new Ambassador of India to SAUDI ARABIA.

Dinner at Park Hyatt with Mohammed Azharuddin former India's Cricket Captain along with his son Asad Mohammad, Syed Noor, also had long chat with Hyderabad IPL team Sunrisers Youvul Pathan, Rashad Khan, Mohammed Nabi and others.

Sixty one years of comedy shows national and international level by the king of comedy DAULAT RAM ji now 81. A hilarious comedy show at Ravindra Bharathi, Hyderabad, along with top singers Vijaya Laksmi, Khan Ather, Noin Khan along with comedians Paya fame Shahabuddin, Qader Shareef, Dedh Matsuwa fame Hamid Kamal, HR Kola and others.
Hundreds of visitors showed up at the Open Mosque Day at the local Mosque in Wheaton.

Report and Pictures Syed Khalil Ullah

More than 500 Visitor from different Faith had filed through the Few-year-old mosque by mid-afternoon from local neighborhood, including DuPage County and Across Chicagoland, visited the Islamic Center of Wheaton. ICW has invited visitor from every year since last several years. Many friends and neighbors of different faiths inside to find out more about Islam’s teachings and understanding their Muslim neighbors. The program was hosted by Outreach/Interfaith Committee of Islamic Center of Wheaton on Saturday, April 13, 2019 at 11:00 a.m.

At the beginning all the guests were served traditional Mediterranean.

Many of the Visitors were first time visiting a mosque. They were treated to warm Islamic hospitality, including traditional foods and information on the tenets of the faith.

The event that started at 11:00 am and concluded at 2:00 pm welcomed many members of the non-Muslim community and neighbors with their family to the mosque, who came to see, explore and even spend a nice and wonderful time. The event was marked with a line-up of attendees which included members of churches, members of Temples and the synagogue.

During open mosque many of female guests having great opportunity to try on a hijab (head scarf) they allowed to take home if they like to. There was a special booth from Volunteers in hallway they drew beautiful designs of henna on guests’ hands. Mediterranean cuisine was served to everyone also served snacks to delicious desserts with tea and coffee.

"Today I came first time in Mosque to learned that the Muslim Faith and religion is one of peace and forgiveness and Peoples are here So nice and Friendly," Joshua Said. I am here today to just to sit here talking, sharing our faith and community experiences and sharing food." Mary said.

Open Door helps to create a sense of belonging and break down barriers between people from different faiths and cultures.

"The Purpose of the day is to break down barriers and promote interfaith harmony by giving people in the community the chance to learn about Islam and Muslim. I am thanking to everyone who came today." Shahid Omer Haqqani VP and chair Outreach/Interfaith Committee. "It was a pleasure to me welcome you in the Muslim community center. This is an opportunity for the Chicagoland community to engage in conversation about anything of topical interest, including shared faith issues, to unite and strengthen our humanity," said Abraham Antar, President ICW.

"This is a great memorable experience for me. If you invite me again, I will come next time." Gabriel said.

The program started with the recitation of holy Quran with sweet voice by Imam Ibrahim Darasawi. After recitation of holy Quran performed translation of verses of the Quran in English

Dr. Tammy Hussain, who converted to Islam a several years ago, spoke at the event and highlighted about Islam and women in Islam.

Right after the Dr. Hussain speech as completed, a panelist offered to answer any questions about Islam. The panel included Imam Ibrahim Darasawi, Dr. Sabeel Ahmed and Lady Scholar Naureen Ahmed. Guest and asked questions about the sharia law, the role of the Imam and wearing the hijab in the question-and-answer session.
Mega Midwest Wedding Expo held in Holiday Inn Crystal Lake attracts Hundreds Report & Pictures Syed Khalil Ullah.

The second and Super hits Midwest Wedding and Lifestyle Expo were held at Holiday Inn Chicago NW Crystal Lake, Illinois on Sunday April 14th, 2019. Many prospective brides and grooms turned out for the Beautiful Bridal Show.

The highlight of the day was the two-wonderful, dazzling fashion show. This was an Expo is one of the best bridal show in the Chicagoland after long time.

The snow in Chicagoland did not stop audience to come to see expo. An attendee said, "We live in Chicago we know how to drive.”

Midwest Wedding & Lifestyle Expo provides an excellent platform for business to business contacts and help producers, manufacturers, importers & exporters to network with international and local traders.

The expo connected brides-to-be with designers, stylists, florists, entertainers, makeup artists and jewelry collections. A South Asian wedding isn’t just about choosing a cake and hiring a photographer or Videographer technically there is lots of decisions to be made.

The two exquisite fashion shows. One was started 1:00 pm and the second was started 3:00 pm. Both shows were directed by top US teams and hair and makeup for the models was done by Tanvi Dhillon and Parul J Patel. Both fashion shows were directed Fashion show and Choreography by Nirmala Pandidurai. Both Shows was truly royal. While the men wear was all about sherwanis. But girls’ dresses lehengas in colors.

Inspire is Chicago’s premiere multi brand showroom in Indian-Pakistani clothing. Inspire is the exclusive retailer of Nomi Ansari, Sana Safinaz, Asifa & Nabeel, Nickie Nina, Mehdi, & others. The best in Indian-Pakistani wedding dresses

During interview with an organizer Shah Qureshy said, “In our expo we Bring together our best vendors and best wedding suppliers, you can find everything here today for your dream wedding day we have everything from designers to photographers, videographers suits & bridal gowns to florists to cakes, photographers to venues, wedding planners to caterers and so much more.”

Shah Qurashi further said, “Our South Asian People are increasingly looking for more of a lifestyle wedding”, Today brides, grooms, and their loved ones are invited to explore the Wedding Expo and enjoy complimentary South Asian food.

Visitors also got the chance to see Pakistani top celebrity Ms. Reema khan on ramp. She walked the ramp for the designer and Organizer.

Vice Consul General of Pakistan Chicago Ms. Rabia Shafiq was the chief guest at the Expo. Several State legislators receive leadership awards including State Representative Daniel Didech, State Senator Laura Fine, Lake County Treasurer Holly Kim and State Representative Jennifer Gong-Gershowitz.

At the end of Expo Shah Qureshy thanks all the sponsors, vendors, media, models, volunteers, and attendees for making our 2nd Midwest wedding Expo a huge success. She also said, “We will bring more and better wedding show in Chicago in a couple of months in Chicagoland with Big Surprise.

Telugu TV actresses Bhargavi and Anushka died in road accident

On Wednesday, early morning, two Telugu TV actresses Bhargavi (20) and Anushka (21) died in a road accident in Telangana’s Vikarabad district. The victims were accompanied by car driver Chakri and another person named Vinay Kumar.

As per reports, Bhargavi died on the spot while Anusha was rushed to government-run Osmania Hospital in Hyderabad where she succumbed to her wounds. Notably, driver Chakri and Vinay survived the crash with injuries. Reportedly, Chakri was driving the late actors back to Hyderabad from Vikarabad as they were shooting in Ananthagiri forest. While coming back home, the driver rammed the car into a tree in which both the actresses killed.

Meanwhile, Bhargavi was popular for her work in daily soap Mutyala Muggu whereas Anushka was a newcomer to the industry.
Asian Media USA ©

Chicago IL: Newly designated Consul General of India Mr. Sudhakar Dalela in collaboration with Indian American Business Council [IABC] headed by Harish Kolasani, IABC Founding President held Vibrant Goa roadshow highlighting Goa’s phenomenal success story in areas such as such as innovation, sustainability, industries, technology, youth, skill development and knowledge sharing and networking at the Indian Consulate premises in downtown Chicago on April 16, 2019. The entire gamut of Goa’s illustrious story will be extensively showcased at the Vibrant Goa Global Expo & Summit 2019 to be held in Goa, India on October 17-19, 2019.

Consul General of India Mr. Sudhakar Dalela in his keynote address comprehensively outlined India’s growing economic eminence and the trajectory of its extraordinary growth. Consul General Mr. Sudhakar Dalela commended the initiatives of the Goan leadership and the roadshow delegation including Dr. Jagat Shah and Raj Kumar Kamat in helping advance the vision of Goa through this magnificent Vibrant Goa 2019 Expo. Consul General of India Mr. Sudhakar Dalela said that this Vibrant Goa 2019 will augur well in validating Goa’s fastest growing economy which is driven by strong performance of industrial, mining, tourism and pharmaceuticals -- that which was reaffirmed by Prime Minister Narendra Modi.

Dr. Jagat Show, Founder Managing Director of Global Network & Chief Mentor of Vibrant Goa 2019 in his presentation expansively delineated the goal of Vibrant Goa Global Expo & Summit and presented a host of audiovisuals illustrating the phenomenal trajectory of growth of the state of Goa vis-à-vis India’s burgeoning economic eminence. Dr. Jagat Shah said Vibrant Goa Global Expo Summit would be an ideal convergence of Goa’s industries and business community to showcase their strengths, highlight business opportunities and facilitate knowledge dissemination across 19 countries worldwide and 20 states in India. He added Vibrant Goa 2019 would provide a practical opportunity to its participants to understand the potential of Goa across various sectors

Harish Kolasani, IABC President welcomed the corporate, business and community leader and explained the overview of Indian American Business Council and its significant role in creating platforms in connecting business entrepreneurs; more importantly connecting the small to medium businesses between the United States and India. In a statement, Harish Kolasani said that in less than 24 hours IABC has received huge wave of interest in participating in the Vibrant Goa 2019 including prominent leader Smita Shah, Chair of Delhi Committee on Chicago Sister Cities International had made remarks on ways Delhi Sister City Committee can complement the Vibrant Goa 2019.

Raj Kumar Kamat, Founder Managing Director of Kamat Group and President of Vibrant Goa Foundation presented the goal of the Vibrant Goa expo summit. Pranav Aggarwal Director of Balasahree Foods made presentation on ‘blue fort’ producing basmati rice. Anand Chatterjee, General Manager of Planet Hollywood Beach Resort made presentation on burgeoning tourism of Goa. Pranav Aggarwal, a basmati rice exporter from Goa was also part of delegation with his Blue Fort brand.

Keerthi Kumar Ravoori, IABC Director proposed the vote of thanks and thanked Consul General Mr. Sudhakar Dalela for opening the doors of his office and hosting this milestone meeting that sought to connect the delegation from Goa to Chicago’s business leaders.


VG GES 2019 will be one of a kind display expo; something that has never been witnessed by the people of Goa and its industry. This display shall be sharing all the developments, newer projects and vision of growth. In addition, the eco-friendly planet Hollywood beach resort was showcased at the Chicago roadshow.

The knowledge summit at VG GES 2019 will be organized concurrently with the Expo with an aim to bridge the gap between Goan industries and other national as well as international players. Moreover, internationally acknowledged and successful ‘Goans’ hailing from over 40 different countries shall be making a memorable visit to their native

Pursuing the idea of our honorable Prime Minister Mr. Narendra Modi to see India proliferate in corporate and commercial realms across the world by providing optimal combination of skilled human resources and state-of-the-art technology; Vibrant Goa Global Expo and Summit 2019 will be an ideal platform to meet, interact, network and discuss business possibilities for importers, exporters, investors, customers, experts and all those who matter in business and trade. Vibrant Goa 2019 is based on the Vibrant Gujarat model which brings together global business leaders, investors, corporations, thought leaders, policy and opinion makers to understand and explore business opportunities.


Over 17 international roadshows across 17 key countries globally and 20 national roadshows across 20 state capitals of India are being conducted to pave way for the participation of international & national delegations to help strengthen trade relations with India & Goa.

Photographs and Press release by: Asian Media USA
Volunteers from 92 cultures convene to plan the 29th Annual Skokie Festival of Cultures

Asian Media USA ©

Skokie IL: Representatives from 92 different cultures convened on Monday - April 15, 2019, to organize the 29th Skokie Festival of Cultures scheduled to take place on May 18 & 19, 2019 at Oakton Park. The three-day event is expected to draw an estimated 25,000 people from the Village of Skokie and surrounding areas.

The festival will kick-off on Friday evening with an International Short Film Festival and feature more than 60 ethnic performances throughout the weekend as visitors experience the cultural diversity existing within Skokie through the event theme “Passport to the World.”

John Marquardt, chairman of the Planning Committee and Pamela Zeid from the Village of Skokie led the volunteer meeting to finalize the cultural booth selection criteria.

This year’s event is expected to feature cultural booths highlighting cultural diversity existing within the Skokie community. The purpose of the festival is to bring together people from the Village for an entire weekend allowing them to celebrate one another’s customs and cultural backgrounds in a fun and colorful setting.

The food vendors for this year’s event include Skokie Rotary, Windsor Ice Cream, Blackhawk BBQ & Seafood, Lee Concessions, Tamale Express, LC Restaurant, Uncle Zorba’s Greek Foods, Urbhai Community Service Center and the Perk & Pickle Food truck.

This year’s event is sponsored by Geico, NorthShore University HealthSystem, State Farm, Nicor Gas, Renewal by Andersen, Bright Horizons Early Education & Preschool, Byline Bank, Chiro One Wellness Centers, Eye Level, Power Home Remodeling, First Bank Chicago-Highland Park, the Illinois Arts Council, and the Kiwanis and Rotary Clubs of Skokie Valley.

John Marquardt, and Pamela Zeid who led meeting did an excellent job at addressing questions from participating organizations; and generating enthusiasm and excitement of the upcoming event.

Krishna Goyal, Member, Skokie Human Relations Commission, who has been serving the Village of Skokie for more than 20 years and Chandrakant Modi, M.D. Chairperson, Gandhi Memorial Chicago, also attended the meeting. Due to Easter Sunday Babu Verma could not attend this meeting however he is part of cultural committee executive member in Village of Skokie.

Reliance Jio beats Airtel to become India’s 2nd largest telecom company

If you have been following the ongoing IPL cricket season, you would not have missed the commercials where Reliance Jio claims to be ‘Celebrating 300 million users’. The telco had reached this milestone in early March, in just two-and-a-half years of operations, sources told PTI. But with this feat, Jio has also emerged as India’s second largest telecom company, sending former top cat Bharti Airtel to the third rank.

Jio now has a customer base of 306 million while Airtel is lagging behind with 284 million, nearly 8% lower than Jio. The Times of India reported. Here’s another interesting comparison: Airtel crossed the 300 million customers mark only in its 19th year of operations.

According to the latest Telecom Monthly Subscriber Report released by the Telecom Regulatory Authority of India (TRAI), the market leader Vodafone-Idea lost 5.78 million mobile subscribers in the beginning of the year, reducing its total customer base to 409.3 million in end-February. Jio, which debuted in September 2016, had unleashed a price war that left the entire sector bleeding and forced into consolidation mode. While smaller operators such as Aircel and Reliance Communications Ltd shut down, Tata Teleservices and Telenor were acquired by Bharti Airtel Ltd, and the merger between Vodafone India and Idea Cellular gave the sector a new market leader after around 15 years.

According to insight provider New Street Research that publishes on Smartkarma, the third quarter (FY19) numbers were the first quarter where the market as a whole grew sequentially since Jio launched. While it expects profits to follow eventually, Chris Hoare, Partner (GEM Telcos) at the firm does not expect a “real turnaround” in 2019.

Jio has been aggressively adding subscribers while its rivals have been weeding out low-paying users. According to a report by JP Morgan, Jio added 27 million new customers between January and March 2019, after logging in 120 million new members through 2018. Furthermore, the company continues to lead the data space through its 4G-only business, and is actively scouting for more customers with cut-throat tariffs.

The focus on volume has paid off, and how. Jio last week reported a 64.7% jump in its net profit to Rs 840 crore in the March quarter of 2018-19. In the last fiscal, it managed an over four-fold jump in net profit to Rs 2,964 crore from Rs 723 crore in the previous year.

As per TRAI data, Jio also had the highest adjusted gross revenue (AGR) in access services among all the telecom companies in the December quarter. While Jio’s AGR reportedly stood Rs 9,482 crore, Vodafone-Idea was at Rs 7,224 crore and Airtel at Rs 6,440 crore.

“Jio, in fact, does need to gain outsized market share and be the dominant leader to realise its ambition around its digital portfolio,” investment bank Jefferies said in a recent note.

“It has made significant investments in digital properties and ambitions around retail and value generation in these imply a focus on market share in the near medium term,” read the note, adding that this focus on subscriber addition signals that the telecom market repair is still 12 months away.

The US-based firm believes that Jio will become “the dominant player with 40% market share” in FY21.
Shahid Afridi Foundation (SAF) host Thriving fundraiser Dinner in Chicago.

Report and Pictures Syed Khalil Ullah.

World’s well-known Charitable organization, Shahid Afridi Foundation (SAF) held a Successful and Thriving fundraiser Dinner where the audience was enthralled by Prominent sports celebrities including famous former World No. 1 professional squash player Jahangir Khan, Super Film Star Reema Khan and Shahid Afridi. The event was a great success with about 350 individuals attended the event.

The elegant fundraiser was hosted in the ballroom of Shalimar Banquet on April 19th, 2019 from 7.00 p.m. to 10.30 p.m. The theme of the event was “Education for every daughter” and Together make a difference for all of Humanity across the globe with Hope Not Out.

SAF is a non-profit organization founded in March 2014 by Shahid Afridi which aims to provide healthcare, educational and sports facilities in Pakistan and around the world.

It was an evening of mixed shades, the Audience includes all the ages, young youth, elders, the sports people’s business men, supporters, families, friends, and well-wishers and many people came from all social related platforms which fluctuated between somber and light, between happiness and smiles. The Program was started After Maghreb Salah. The evening began with Tilawat E Quran. The program included dinner, speeches and past and upcoming project presentations.

Shahid Afridi Foundation (SAF) founder Shahid Afridi said during an interview with local NEWS Paper, “We are committed to changing the lives of people of Pakistan, however whatever we do would be incomplete without your love and support. our foundation works like a family, a family dedicated to providing better healthcare, education and clean drinking water to every member of society and become a ray of hope for children, youngsters and adults alike.”

The foundation has initiated many projects, including a hospital in Kohat, water wells and hand pump project in Sindh and KPK, supporting schools, scholarships for students, raising funds for other hospitals and many other projects.

The Shahid Afridi Foundation is honored to announce Jahangir Khan as President of SAF at a ceremony held in Chicago. They also announce Mahmood Qasim will be the Executive Director of North America (USA & Canada).

Chief Executive Officer (CEO) Zahid Saeed provides a complete report of past and current project throughout the power point presentations.

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Shahid Afridi said SAF had a mission to enable world understanding, goodwill and peace through the improvement of health, the support of education, eradication of poverty, helping the needy and to see Pakistani people prosper, educated and healthy in the upcoming years in Pakistan, where the people were facing serious social and economic issues. SAF is working in the areas of health, education and drinking water. He further said everywhere I go welcome Citizen of Pakistan our organization to work for betterment of the people. Together we can raise Hope with “Taleem Hogi Aam, Har Beti ke Naam.”

After Fundraising Completed dinner was served which was catered through a local restaurant called Karahi Corner Devon Avenue Chicago. Several NEWS network and local press also participated and covering the event.
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Hundreds of migrants hoping to reach the United States boarded a freight train in southern Mexico late on Thursday, frustrated by efforts to slow their progress by the Mexican government, which is under pressure from U.S. President Donald Trump.

The risky move to board the train, known as “La Bestia” (The Beast), followed a mass breakout of migrants from a holding centre in the southern border city of Tapachula on Thursday night. The government estimated some 1,300 people escaped but said a majority later returned to the centre.

Men, women and children from various countries boarded the slow train as it pulled out of the town of Arriaga in the southern state of Chiapas, Mexican media reported. Migration authorities said at least 395 people had boarded the train.

The large group descended from the train on Friday after it reached the town of Ixtepec to the northwest of Arriaga.

“We hope our God above will keep helping us. We had to keep moving forwards,” said Michael Hernandez, a Honduran, after disembarking. “They won’t let us walk, so we climbed on the train. It’s our only option.”

Erick Morazan, 28, a Honduran migrant in Zapata, a few towns north of Ixtepec, said he knew several people on the train, adding that he had wanted to jump aboard himself.

“I know it’s very dangerous, but this is the life of a migrant,” he told Reuters by telephone.

Trump has threatened to close the U.S.-Mexico border if the administration of President Andres Manuel Lopez Obrador does not put a stop to illegal immigrants reaching the U.S. frontier.

Migrants are paying little heed so far.

The breakout from the Tapachula holding centre was one of the biggest in recent years, and came after Mexico stepped up efforts to round up and send home migrants.

Mexico’s migration institute said on Friday that of the roughly 645 people who had fled, 35 people had since returned. It added in a statement that the group consisted largely of Cubans, who have been coming to Mexico in growing numbers. The Tapachula facility is holding 980 Cubans out of a total of 1,745 people.

Migrant advocacy groups have said the space is designed for about half of that number.

Cubans, and migrants from other regions outside Central America, have added to the pressure on Mexico’s already overwhelmed shelters and detention centres. Costa Rica’s migration office said on Friday that, for the past week, more than 100 Cubans and Africans have crossed into Costa Rica on average every day from Panama, headed north.

Video footage of the escape from the Siglo XXI facility posted on social media showed people sprinting from the gates of the holding centre, the biggest of its kind in Mexico.

Families of migrants held at the centre say conditions inside are difficult. Detainees, they say, sleep on the hard floor, eat poorly and lack medical attention.

Mexico’s National Migration Institute did not reply to requests for comment on conditions at the facility.

(Reporting by Jose Cortes in Ixtepec and Delphine Schrank in Mexico City; Additional reporting by Alvaro Murillo in San Jose; Editing by Steve Orlofsky, Bill Berkrot and Sandra Maler)
During his time as a renowned professor and researcher in academia, Dr. Mohammad T. AliNiazee recognized the increasing tuition rates, increasing student loans and debts, and increasing time periods required for acquiring a college degree. Confronting this imbalance, NWSC is here to make a difference by offering more student guidance, smaller classes, and three full terms per year (rather than two). A culmination of his longtime dream of establishing a world class center of education founded on the principles of service, compassion, and quality, Professor AliNiazee took early retirement after nearly 40 years of a successful career in academia to establish NWSC. Dr. AliNiazee and the NWSC team are dedicated to building a private, non-profit school of higher education that provides affordable and quality education dedicated to science, medicine, and the humanities.

A cultural hub with numerous advanced centers for healthcare and medicine, Chicago was selected as the city to establish NWSC. In 2008, President AliNiazee acquired the property in Rolling Meadows, IL that is now NWSC. After establishing the Corporate Board and the Board of Regents, M.A.Q. Khan (late), a retired professor of biology for the University of Illinois at Chicago joined NWSC as the Chairman of the Board of Regents, and was appointed as the college’s Vice President. Dr. Khan was instrumental in this formative period at NWSC. Additional faculty and staff were hired by Dr. AliNiazee as the school started to grow.

Since its founding in 2008, NWSC has made great progress and continues to diligently work toward providing the very best educational environment. Currently, NWSC is an accredited institution offering accelerated degree seeking and healthcare certification programs. Since NWSC’s first two students in 2009, nearly 500 students have graduated over the past six years. Recent highlights of NWSC’s journey include attaining Title IV funding approval in May 2016 and initial institutional accreditation by the Accrediting Council for Independent Colleges and Schools (ACICS) in August 2014. If past performance is any indicator, NWSC has a bright future ahead.
PM Imran calls for creation of tourism corridor between BRI countries

Prime Minister Imran Khan urged for the creation of a tourism corridor between member countries of the Belt and Road Initiative (BRI) in order to promote regional connectivity.

While addressing a leaders’ round table conference in China, the prime minister congratulated President Xi Jinping on the 70th anniversary of the founding of the People's Republic of China and said that China is an example of “a great success of the modern age”.

He suggested that members of the BRI should:

- Establish a BRI Tourism Corridor for cultural and tourism exchanges.
- Develop programmes for improving the skills of labour from labour-surplus countries to assist the labour-deficient countries.
- Create multi-lingual digital platforms for connecting producers, consumers, and skilled job-seekers.

While explaining to the members of the conference the ties Pakistan and China have cultivated through the China-Pakistan Economic Corridor (CPEC), he said that “to further boost connectivity and benefits under the Belt Road Initiative’s umbrella” digital connectivity amongst member countries is key.

The other areas stressed by the premier to strengthen the ties formed through the BRI included mobility of labour, cultivation of cultural links and connectivity through knowledge and innovation.

Imran said the connectivity of Gwadar Port with China’s Xinjiang region will “provide a shorter route for China’s imports compared to the South China Sea, reduce the cost for Chinese companies, and develop western China as well”.

He emphasised that “CPEC is not a transaction. It is a transformation of our society.”

Along with a Pakistani delegation, the premier also met with Chinese Vice President Wang Qishan today. On behalf of President Xi Jinping, the vice president hosted a banquet for PM Imran and the Pakistani delegation.

In his speech at the inaugural session of the second Belt and Road Forum (BRF) in Beijing, Prime Minister Imran had said: “As the Belt and Road Initiative takes a further concrete shape, I suggest we direct our efforts and focus on the peoples of our countries, and towards addressing impediments on their way to sustainable growth.”

Prime Minister Imran is among the 37 heads of state and government participating in the second edition of BRF, which is a platform for BRI partners to come together for reviewing their cooperation under the programme and charting the roadmap for future. As many as 122 states and 49 international organisations are part of Chinese BRI.

The five-point action plan proposed by the prime minister included joint efforts for mitigating climate change, establishing a BRI tourism corridor for promoting people-to-people contacts and inter-cultural understanding, setting up an office of anti-corruption cooperation, creating a poverty alleviation fund, and further liberalising trade and investment flows by encouraging private sector and businesses to collaborate in projects.

Prime Minister Imran’s proposals reflected Pakistan government’s priorities and he recalled his administration’s massive tree plantation drive and efforts for alleviating poverty, including the launch of the Ehsas programme. Some of the proposals also reflected Chinese priorities as Beijing seeks to enhance the ‘quality of cooperation’ under the BRI.
As a debate rages over growing intolerance in the country, former US President Barack Obama disclosed that he had privately told Prime Minister Narendra Modi that India must not split on sectarian lines and that it must cherish the fact that Muslims here identify themselves as Indians.

“Particularly in a country like India where you have such an enormous Muslim population that is successful, integrated and thinks of itself as Indian and that is unfortunately always not the case in some other countries where a religious minority nevertheless feels a part of. I think that is something that should be cherished, nurtured and cultivated.

“And I think that all farsighted Indian leadership recognises that but it is important to continue and reinforce that,” he said speaking at the Hindustan Times Leadership Summit.

Obama, who was making his first visit to India after demitting office earlier this year, was reminded of his speech at Siri Fort auditorium on January 27, 2015 -- the last day of his last visit to India as US President -- in which he sounded caution “against any efforts to divide ourselves along sectarian lines and that it must be cherished, nurtured and cultivated.

He said the message was meant for “all of us” and “the same thing” was told “in private to Prime Minister Modi”.

“If you see a politician doing things that are questionable one of things as citizens you can ask yourself am I encouraging or supporting or giving licence to the values? If communities across India are saying we are not going to fall prey to division then that will strengthen the hands of those politicians who feel the same way.”

Asked how Modi responded to his message on religious tolerance particularly in the wake of Western media highlighting incidents of lynching in the name of cow protection and love jihad cases, Obama dodged a direct reply saying his goal was not to disclose his private conversations with other leaders.

But, he said, Modi’s impulses recognize the need for unity in India “to advance to the great nation status that India possesses and will continue and amplify in the years to come”. He said he had shared the concern in public in the United States of America, in Europe “because people feel worried and insecure about all the changes some of which are economic but some of which are cultural and social”.

“There are demographic changes taking place. Migration. People start looking different. There is a collision of cultures. People see much more vividly the differences between people.”

In an interactive session punctuated with humour and loud applause from the audience that included Congress Vice President Rahul Gandhi, Obama said all humans inherently try to make distinctions to make themselves feel more important than others. And these distinctions, he said, “are sometimes based on races, on religion, on class and always based on gender”.

He said a counter narrative had always been taking place at all times in the world but has become louder now. “It sometimes happens in Europe, in America and sometimes you see it in India where those old tribal impulses re-assert themselves.”

He said some elected leaders try to push back against those impulses and some try to exploit them.

Obama also spoke of how he admired Modi and his predecessor Manmohan Singh alike for their “political courage”.

Asked about his relationship with Prime Minister Modi, Obama paused a bit and said: “I like him and I think he is that he has a vision for the country that he is implementing and is in many ways modernising the bureaucracy.”

He heaped praise on former Prime Minister Manmohan Singh, who has come under attack from the ruling BJP, saying he was a great support in the aftermath of the 2008 financial crisis.

“But I really was also great friends with Singh, and when you look at the work and the steps that Singh took to open up and modernise the economy and launch what I think was really the foundations for the modern Indian economy. That is also important.”

“Here is the bottom line. Because India is a democracy, it has politics. And that is a healthy thing. As a non-Indian and as US President my job was to work with whichever party was in power. Keep in mind that Singh was primary interlocutor with me when we were saving the country from a global financial meltdown.”

“But Prime Minister Modi was the primary partner in unlocking the Paris Accord. Neither of those things was easy and both required some political courage back here in India.”

Obama jokingly said he had avoided journalist Karan Thapar’s attempt to get him into any diplomatic trouble.

“What I want to be very clear about is, that what I found with both leaders was that strong US-India relations were important; India’s movement towards a more modern economy that would give opportunity and lift hundreds of millions of people out of poverty was important; that electrifying the countryside was important; rebuilding infrastructure was important. And each leader obviously had a certain view about how that was going to be accomplished. And I found both of them to be engaged, honest, direct with me.”

“So you would not get me to play those games when it comes to my good friends in India,” he added with a smile, to loud laughter from the audience.

First Published: Business Standard Sat, December 02 2017. 10:15 IST
Malayali billionaire MA Yusuff Ali flies down from Malaysia to cast vote in Kerala

As voters lined up in front of the Aided Mopla Lower Primary School that transformed into a polling booth in the sleepy coastal village of Nattika, a man drove up to the school in a white-and-black Mini Cooper. Accompanied by his aides, the man, dressed in a plain shirt and mundu, walked up to the booth, smiling and joining the end of a queue. A few minutes later, he entered the booth, cast his vote, shook hands with a few locals and drove back.

The man is none other than MA Yusuff Ali, a native of Nattika, who migrated from the village in the early 70s to Abu Dhabi where he joined his uncle in business. Today, Yusuff Ali is the world’s richest Malayali and managing director of Lulu Group International, which runs a stream of hypermarkets, shopping malls and retail chains across India and the Middle East.

On Tuesday, the businessman, who has a net worth of $4.6 billion, participated in India’s democratic exercise as he landed from Malaysia to register his vote in his native village of Nattika in Kerala. Yusuff Ali makes routine business and personal trips to Kerala even though he is based out of Abu Dhabi.

The billionaire is reported to have wrapped up a meeting in Kuala Lumpur before flying in his personal jet to Kochi. There, he hopped onto his private helicopter and landed near the school in Nattika where his voter credentials were registered. Incidentally, it’s the same school where he’s reported to have completed his primary education. He was accompanied by his wife.

Yusuff Ali, widely seen in Kerala as a symbol of hardworking Malayali expatriate community in the Middle East, told Gulf News, “No matter how successful you become in life, remember you have a certain responsibility towards your country. There is no point being a fence sitter and talking about good and bad of your country politics unless you choose to become part of the system. The Constitution of India gives you the right to exercise your vote so take it and use it judiciously. If you don’t exercise it, you don’t have the right to complain and criticise.”

Hasan Minhaj Confronts Jared Kushner Over Relationship With Saudi Crown Prince

Hasan Minhaj Confronts Jared Kushner Over Relationship With Saudi Crown Prince
[HuffPost]
Amy Russo
HuffPost24 April 2019

Hasan Minhaj Confronts Jared Kushner Over Relationship With Saudi Crown Prince

While giving a toast at the Time 100 Summit, Hasan Minhaj publicly called out Jared Kushner, also in attendance, for his seemingly cozy relationship with Saudi Crown Prince Mohammed bin Salman.

The comedian roasted President Donald Trump’s son-in-law and adviser on Tuesday for his reported text communications with the crown prince and suggested that Kushner use his relationship with the Saudi leader, commonly referred to as “MBS,” to help free imprisoned activists.

“I’m very lucky that I get to be here in America and I can make jokes about very powerful leaders, and I have the safety of being here in America,” Minhaj said. “We have a lot of incredible rights here in America and safeties that we take for granted oftentimes.”

He then noted the imprisonment of Loujain al-Hathloul, a Saudi activist who fought to lift the country’s ban on female drivers, and pointedly suggested that “a high-ranking official in the White House” advocate for her release.

“This is a very powerful room, and I know there’s a lot of very powerful people here, and it would be crazy if — I don’t know, if there was just, like, a high-ranking official in the White House that could WhatsApp MBS and say, ‘Hey, maybe you could help that person get out of prison because they don’t deserve it,’ but that would be crazy,” Minhaj quipped.

Minhaj, whose politics and standup show are seemingly cozy relationship with Saudi Crown Prince

Instead, he recited a list of Trump’s goals in the Middle East, including curbing Iran, defeating the Islamic State terror group, quashing extremism and working on an Israeli-Palestinian peace deal.

Bennet later asked Kushner if he had advised the Saudi crown prince on managing the fallout of Khashoggi’s death.

“The advice I gave was, be as transparent as possible and that obviously we have to make sure there’s accountability for what happened,” Kushner replied.

When polling concluded late into the night on Tuesday, it became clear that the state had registered the highest voter turn out in three decades. Close to 77.68 per cent of the state’s voters had exercised their franchise, a significant jump from the 74 per cent polling it registered in the 2014 polls. Wayanad, home to the largest tribal population in the state, recorded 80 per cent voting, impressing poll-watchers.

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Bids invited for India's first undersea tunnel for bullet train project

The National High Speed Rail Corporation Ltd (NHSRCL) has issued a tender for the construction of the undersea tunnel which will be a part of the bullet train corridor.

According to a Times of India report, of the 508-km bullet train corridor, a 7-km-stretch will be under the Thane creek. The undersea tunnel will be built in this stretch to connect the corridor.

On Tuesday, NHSRCL issued a tender for the construction of India's first undersea tunnel. The tender mentions that the tunnel project would involve testing and commissioning of the high-speed railway line, reported TOI.

The tender further mentions that the work has to be completed within 3.5 years. The bullet train project has a 2022 deadline.

Meanwhile, land acquisition continues to remain a major hindrance in the way of Prime Minister Narendra Modi's dream project of India's first bullet train.

Several villages in both Gujarat and Maharashtra that fall on the route of the bullet train have raised objections to the project and land acquisition in these areas is yet to be completed.

The bullet train project has been undertaken with a massive budget of over Rs 1 lakh crore. Japan is providing a financial aid of Rs 88,000 crore.

NHSRCL has to acquire over 850 hectares of land in Gujarat, Maharashtra and Dadra & Nagar Haveli.

Ather Prepares For Rapid Expansion; Chennai Launch Date Revealed

Ather Energy has announced its entry into the state of Tamil Nadu with operations starting in Chennai. Ather Energy will be launching its products in the Chennai region in June 2019. Chennai will be the second city for Ather Energy to operate in, after Bangalore.

Ather Energy is an electric vehicle manufacturer based out of Bangalore and hence naturally chose Bangalore to launch its electric scooters. The company had very clearly announced at the launch that it would expand operations to a few other major cities in 2019, and the first such expansion will be taking place in June this year.

Ather Energy is one of the premium electric vehicle manufacturers in the country and it is one the few companies in the world of electric scooters to have gone all-out when it comes to R&D. The company found out during development of its scooters that lack of infrastructure is open. Croft on fire

Mangaluru Man Uses Reflective Collars to Save Stray Dogs from Speedy Vehicles

Stray dogs are always at the risk of getting run over on busy roads in India's bustling cities. But one animal rights activist from Mangaluru is doing his bit to change that.

For over a month now, Tauseef Ahmad has been tying reflective collars around the necks of stray dogs in the chief port city of Karnataka to protect them from getting hit by speedy vehicles.

"It has been 1.5 months I've started this project and luckily not a single dog with a collar around its neck has been injured Mangaluru: To save stray dogs from being hit by vehicles, Tauseef Ahmad has been tying reflective collars around their necks. Ahmad says, "It has been 1.5 months I've started this project & luckily not a single dog with a collar around its neck has been injured."

"Based on my own observations, I gathered that most of these accidents occur during the night time due to the lack of visibility of the stray animals. Especially close to the highway, there are an unaccounted number of deaths of these animals on the road," he was quoted as saying by the website.

"The reflector belt on dogs not only saves the lives of these animals, but it also saves the lives of the drivers," he added, pointing to multiple incidents involving stray dogs and two-wheelers. Ahmad believes a simple reflector can help prevent such mishaps.

Each reflective belt costs Rs 40 and Ahmad said he had bought around 500 from Indore using his personal savings.

We have already distributed them to few local residents and animal lovers to identify stray dogs and protect them. Inspired by the initiative, few locals have also taken into sponsoring 'stray animals with belts,' he says.

Last year, Tauseef was the youngest recipient of 'Best Street Care and Rescue' award at India for Animals (IFA). Meanwhile, social media users hailed Ahmad's heart-warming efforts to save stray dogs.

"Great initiative... keep it up," wrote one user, while another said he had seen "a human after a long time."

World Cup flashbacks: When Clive Lloyd's change of tactic triggered Pakistan's collapse in 1979 semifinals

Bengaluru, April 24: In the 1979 World Cup, the mighty West Indies led by the inimitable Clive Lloyd was looking for successful defence of the title which they had won four years back in the Old Blighty when they did everything right in the group stage, topping the points table after winning two of their three matches.

Pakistan, on the other hand, had made their maiden World Cup semifinal by finishing second in the group to England. Asif Iqbal's side met the Caribbean in the hunt for their maiden final and they decided to take the bull by its horns.

The match was played at the Kennington Oval where Iqbal won the toss and decided to send the opposition in. The famed West Indian opening duo of Gordon Greenidge (73) and Desmond Haynes (65) gave them a flying start with 132 runs on the board.

Match scorecard was left to Iqbal himself to apply the brakes after such a start and he picked the first four batsmen of the solid Caribbean line-up -- Viv Richards (42) and captain Lloyd (37) besides the openers.

Collins Kings' 25-ball 34 at No.5 saw acceleration down the order as the Windies finished with 293 for six in the stipulated 60 overs. Iqbal was the pick of Pakistani bowl-

ers for four for 56 while Imran Khan and Sarfraz Nawaz took one wicket each. Majid's fight

Chasing the target which was not easy against a formidable West Indian bowling attack.

Pakistan lost opener Saad Mohammad (2) to Michael Holding early, but the other opener Majid Khan (81) decided to give the world champions a tough fight. Zaheer comes in

He was joined by Zaheer Abbas (93) and the duo put up 166 runs for the second wicket against a bowling attack that included Andy Roberts, Holding, Colin Croft and Joel Garner.

The partnership had put even a captain like Lloyd under pressure and the target of 294 started looking increasingly smaller.

A terrific partnership by Majid-Abbas duo took Pakistan 118 runs closer to the target with nine wickets in hand and they went into the break. Lloyd's tactics

During the break, Lloyd made a note of what was going wrong and in a swift change of tactic, decided to change the line of attack from the off stump to the leg.

His bowlers followed the captain's advice and once Zaheer fell while trying to glance Croft only to be caught by wicket-keeper Deryck Murray, the floodgates were all

open. Croft on fire

Madj also departed 11 runs later, thanks to Croft again, and in the very next ball, the ever-reliable Javed Miandad was trapped before the wickets by the same bowler.

Pakistan's chase was never the same again as wickets started to fall at regular intervals as they lost the last nine wickets for only 74 runs to be eventually all out for 250 in the 57th over to lose the game by 43 runs.

World Cup flashback: When five run-outs ended Australia's chances in the 1975 final against West Indies

When Lloyd and Co. ruled the 1975 World Cup


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When Lloyd and Co. ruled the 1975 World Cup

To bring change in Pakistan’s behaviour, India must also change: Chidambaram

Senior Congress leader P Chidambaram on Sunday said in order to bring a change in Pakistan's behaviour, India should also change its stance towards the country.

"Whatever we do, we have to make Pakistan change its behaviour. That means we must also change our behaviour towards Pakistan. These attitudinal changes will happen over a period of time. But we must make an effort," Chidambaram said during a discussion titled — "Beyond Politics: Debating a new Security Manifesto", organised by think-tank Observer Research Foundation (ORF) in the national capital.

The former finance minister added that in order to fight external elements and "biggest external challenges" in terms of security and other aspects, "we need to find a way which can normalise India-Pakistan relations".

The leader's comments, however, did not go down too well with BJP, as the party claimed that Congress is speaking the language of the Pakistani Prime Minister Imran Khan and acting as a public relations arm of the Pakistan government.

“Congress party is blaming the Indian government for taking multi-pronged punitive steps against Pakistan including some trade-related initiatives. It seems that the Congress party is not happy that the military and non-military punitive steps initiated by the Indian government have silenced Pakistan and forced it to mend ways," said BJP national spokesperson GVL Narasimha Rao.

Rao added that the statements of several Congress leaders sound like music to Pakistan, which has lost all its international credibility and is cornered.

“It is unfortunate and condemnable that there is a race among the Congress and other opposition leaders to make pro-Pakistan statements at a time when the whole country is rallying behind our government and security forces in the aftermath of the Pulwama attack and air strikes in Balakot, deep inside Pakistan,” Rao alleged.

Also present at Chidambaram's discussion was Retd Lt General DS Hooda, who headed the Indian Army's Northern Command when the country carried out surgical strikes along the Pakistan border in 2016.

Hooda said that “one surgical strike or one air strike cannot change the behaviour of Pakistan.”

Gen Hooda also presented a report to the crowd, titled “India’s National Security Strategy”, which was created by his team for Congress.

“We may have tried everything and failed, but we have to try and try and try until we have a break. There is no reason why one day an Indian prime minister and a Pakistan prime minister cannot walk into each other's territory and shake hands,” he said. Hooda added that there needs to be radical thinking from both sides.

Chidambaram said that war is not an option at all. “Barring China, countries in the region are not even middle-income countries. The narrative of war is misleading. The war is not at all an option. We cannot afford to do things beyond the economic capacity,” the former finance minister said.

Mentioning the case of terrorism in Jammu and Kashmir and the Naga insurgency, Chidambaram said that internal security is related to national security.

2019 World Cup: Comparing the squads of India and Pakistan

he Pakistan Cricket Board had announced the 15-member squad, last week, for the upcoming ICC World Cup 2019.

The squad has the right feel to it and there is enough experience.

Meanwhile, India had announced their squad on April 15.

The two arch-rivals meet on June 16 in the coveted tournament. Here we compare the two squads ahead of the World Cup.

Top order: India ahead of Pakistan when it comes to top order

Rohit Sharma, Shikhar Dhawan and skipper Virat Kohli will handle the top order duties for India.

The three batsmen have been India’s main weapons in ODI cricket. India also have KL Rahul as back-up.

Meanwhile, Pakistan also have a decent top order unit.

Imam-ul-Haq, Abid Ali and Fakhar Zaman are the three choices.

The classy Babar Azam is their major strength at number three.

Middle order: Nothing to separate the middle order of the two sides

India could have issues with number four as Vijay Shankar lacks the experience.

But the onus will largely be on MS Dhoni and Kedar Jadhav to handle pressure situations. Dinesh Karthik provides the depth.

Pakistan will look up to the experience of Mohammad Hafeez, Shoaib Malik and skipper Sarfaraz Ahmed.

Their performances will define Pakistan.

Haris Sohail is in the mix as well.

All-rounders: The all-round department gives a similar feeling

Hardik Pandya comes in as the top all-rounder for India.

His presence can lift the side in the tournament.

Ravindra Jadeja is the spin all-rounder. Jadhav and Shankar will need to chip in as well.

For Pakistan, Faheem Ashraf can contribute as a bowling all-rounder.

Left-arm spin all-rounder Imad Wasim could play an important role.

Malik and Hafeez could be called upon at times.

Bowling: India’s bowling slightly better than Pakistan

India's two wrist-spinners in the form of Kuldeep Yadav and Yuzvendra Chahal can be their trump cards.

The three-man pace attack of Jasprit Bumrah, Bhuvneshwar Kumar and Mohammed Shami is one of the best in the tournament.

Pakistan will depend on ace spinner Shahid Khan.

Hasan Ali, Junaid Khan and Shoaheen Afridi are quality pacers.

Teenager Mohammad Hasnain can be a surprise package.

Our take: Overall India have a stronger unit than Pakistan

India go into the 2019 World Cup as one of the leading favorites.

They have been consistent and powerful in the format since the ICC Champions Trophy in 2017.

Kohli’s presence lifts the side up.

Meanwhile, Pakistan have lacked consistency over the years.

They are a good side, but the players will need to raise the bar if they need to go the distance.
Could there be any benefit associated with having migraine headaches? Most migraine patients would agree this is an odd question. Migraine is a common, inherited, lifelong, and often debilitating illness that impacts people most during their productive working and parenting years. It has been associated with a higher risk of vascular disorders such as stroke and heart attack, and psychiatric disorders like depression and anxiety. What could possibly be good about migraine? Migraines may protect against type 2 diabetes

But maybe there is some good news. A recent study suggests that, at least in women, having a diagnosis of active migraine is somewhat protective against the development of type 2 diabetes. In this study, which followed nearly 75,000 women for 10 years, women with active migraine were 20% to 30% less likely to develop type 2 diabetes over the course of the study than women with no history of migraine. In addition, if the migraine condition improves and the need for medication lessens, the risk of developing diabetes went up. This supports the notion that migraine is protective against developing diabetes, and this is not simply a chance association.

Headache specialists had long observed that their migraine patient populations did not develop diabetes as frequently as the general population, so this finding was not entirely unexpected. The reason for this relationship, though, remains unclear; after all, what could it be about having a headache that could make your blood sugar and insulin function improve? Looked at the other way around, one consideration could be that elevated blood sugar levels are somehow protective against developing a headache. Yet another explanation may have to do with CGRP, a protein molecule in the body that is active in both conditions and may be the factor that links them.

This was a large, well-conducted study. Two limitations were that it only studied women and that the population studied was a rather homogeneous group of mostly white professionals. Nonetheless, experts feel that the findings can likely be generalized to other populations.

Migraines may protect against alcoholism

There is another beneficial effect of migraine: research has suggested that migraine sufferers are relatively protected against the development of alcoholism. This may be a more intuitive relationship than with diabetes, since many people with migraine report that they avoid alcohol because it can trigger headache. Migraines may have offered an evolutionary advantage.

The possible evolutionary advantages of migraine have also been studied. As a rule, conditions that impair the function of an individual should lead to poorer survival in the long run and eventual dying out of the trait. And yet, after millions of years, migraine survives and thrives.

Migraines may protect against type 2 diabetes and this is not simply a chance association.

Several evolutionary explanations have been cited. One is that migraine may have originally evolved as a protective alarm system against toxins entering the body. Avoiding the ingestion of toxic substances because they produce headache could result in improved health and evolutionary advantage, compared to individuals without headache who might overuse such substances and thus suffer undesirable consequences. The migraine that we know today may have developed as a result of overactivity or oversensitization of that evolutionarily important early warning system.

However small the practical and daily consequence to those who suffer its effects, migraine may in fact have one or more silver linings after all.

Stop the sneezes! No more itching or watery eyes!

You can live free from allergy misery!

Learn how you can minimize, manage and prevent 50 of today’s most common allergies!

If you’ve ever been sidelined by an allergy’ sneezes and sniffles, or been embarrassed by an allergic rash or runny eyes, now you can say “enough!”

Whether you are plagued by seasonal allergies, discomfited by household dust and dander, or troubled with food allergies, Controlling Your Allergies will show you how to ease symptoms and reduce your susceptibility.

Controlling Your Allergies is an encompassing and empowering guide that reveals how to definitively identify offending allergens, swiftly alleviate symptoms, and securely protect yourself against recurrence.

With growing medical focus on allergies, Harvard doctors have distilled the latest and most useful advances into this Special Health Report. You’ll read about…

…the best testing to end the guessing. Allergic reactions can be triggered by hundreds of different allergens in the air, in your home or on your plate. You’ll be briefed on testing advances that can confirm your specific allergen sensitivity quickly, easily, and inexpensively.

…the smartest choices in allergy relievers. Allergy symptoms are irritating and uncomfortable. Untreated, they can lead to asthma and infection. You’ll learn which medications—from creams and capsules to sprays and shots—are the fastest, safest, and most effective.

…the right-now steps that can “allergy-proof” your future. The best medicine is to stop allergies before they start. In the Special Health Report you’ll find out about breakthroughs in halting early food allergies, ways to eliminate household allergens, how to get ahead of seasonal allergies, and more.

Don’t take chances with your brain health!

Do you sometimes have trouble remembering the name of your favorite movie? Or dinner plans with your spouse? Are you noticing that you’re having more difficulty finding your words? If so, it could be the result of normal aging—or it could be a condition called mild cognitive impairment (MCI). You owe it to yourself and your family to get the facts about MCI and learn what you can do to keep your brain healthy.

Fortunately, learning about MCI is now a lot easier thanks to Understanding Mild Cognitive Impairment, a new guide from the experts at Harvard Medical School. This information-packed resource tells you everything you need to know about MCI, including:

How you can reverse MCI. A diagnosis of MCI doesn’t necessarily mean you’re stuck with it. As you’ll discover in the guide, MCI is, in some cases, reversible. For example, certain types of medications can cause memory problems. Your doctor may be able to offer you a different drug therapy that won’t affect your memory. Depression is also linked to MCI. It may be possible to alleviate symptoms of MCI by treating the depression.

Steps you can take to protect yourself from MCI. Understanding Mild Cognitive Impairment offers simple tips to protect your brain health. Getting better sleep, lowering your stress levels, and adopting a Mediterranean-style diet have all been shown to help. As the guide explains, it’s also beneficial to keep learning new things and challenge your brain with activities like puzzles, playing a musical instrument, and learning a new language.

How MCI is treated. One approach to treating MCI is cognitive training. Offered in group or individual settings, cognitive training can help individuals make the most of their remaining cognitive skills. The guide also gives you strategies for improving your cardiovascular health. Achieving cardiovascular fitness is important because blockages in your blood flow can cause brain damage and speed up cognitive decline. Everything you need to know about MCI. Understanding Mild Cognitive Impairment, is a handy reference that gives you all the facts about MCI. You get a complete overview of the different parts of the brain, so you understand how each area supports cognition. You’ll learn how MCI is a form of cognitive decline that falls in a gray area between normal aging and dementia. And you’ll read about the different kinds of MCI, the risk factors for MCI, and how MCI is diagnosed.

If you or a loved one are facing MCI—or worried you might someday—it’s essential that you get informed. Order Understanding Mild Cognitive Impairment now and discover how you can help safeguard your brain health for years to come.

A silver lining for migraine sufferers?
What to Eat If You Have Kidney Stones

What you eat plays an important role in dissolving kidney stones and preventing future occurrences. Learn about foods that can cause kidney stones, and what foods are safe to eat if you have these stones in your body. Foods to Avoid for People With Kidney Stones

People with kidney stones, particularly calcium stones, should avoid eating oxalate-rich foods. Oxalate is a naturally occurring substance that could cause crystals to develop in urine, should there be a high concentration of this substance and not enough liquid to dilute it. High-oxalate foods include:

- Beets (roots and leaves)
- Okra
- Pepper
- Spinach
- Swiss chard
- Tomato soup
- Currants
- Star fruit
- Nuts like almonds, pecans and hazelnuts
- Wheat bran

Meanwhile, if your kidney stones are made of uric acid, refrain from eating:

- You should also limit your protein consumption, as your body's uric acid levels increase if you eat too much animal protein. A high-protein diet also tends to lower your body's levels of citrate, a chemical in urine that assists in preventing stone formation.

- Added sugars, particularly fructose, should be avoided as well. High-sugar diets upset mineral relationships in the body, and disrupt calcium and magnesium absorption. Sugar was also shown to increase kidney size and lead to pathological changes like kidney stone formation.6,7

Maximize These Minerals to Alleviate Kidney Stones

People with kidney stones can benefit from a nutrient-rich diet. As such, aim to increase your body's levels of:

- Magnesium: This helps prevent calcium from combining with kidney stone-causing oxalate. Excellent magnesium sources include Brussels sprouts, turnip greens, collard greens, broccoli, kale, Bok choy, romaine lettuce, avocados, fatty fish, raw cacao nibs and squash.

- Calcium: Eating calcium-rich foods instead of taking calcium supplements is a must, as calcium binds with oxalate once in the stomach and intestines prior to moving to the kidneys. Calcium-rich foods allow oxalate to leave the body and prevent kidney stone formation.8

Notable calcium-rich foods include dairy products like grass-fed milk, yogurt and cheeses. These are the ideal daily amounts of calcium, depending on your gender and age:9

- All adults (19 to 50 years old): 1,000 milligrams
- Females (51 to 70 years old): 1,200 milligrams
- Males (51 to 70 years old): 1,000 milligrams
- All adults above 70 years old: 1,200 milligrams

If you need to take a calcium supplement, take the lowest dose needed and consume it alongside meals. Furthermore, take a vitamin D3 and K2 supplement alongside calcium to ensure balanced levels of these elements in the body.

Research has shown that without important cofactors, and failing to supply these two other vitamins, can prompt excess calcium build up in the coronary arteries, trigger excess clotting and cause heart attacks.

These Are a Must If You Have Kidney Stones

Some of these kidney-friendly foods won't just alleviate kidney stones, but enhance kidney health, too:

- Apple cider vinegar
- Garlic
- Lemon and lime juice
- Pumpkin seeds
- Chervil, organic apples and red or purple grapes (but consume in moderation as these contain fructose that can damage health)
- Kale
- Onions
- Watermelon

Remember that your diet should be rich in whole foods, and not processed junk foods. Eat large amounts of fresh and organically grown vegetables, moderate portions of high-quality protein and substantial amounts of healthy fats like avocados, coconuts and coconut oil and organic pastured egg yolks.

Increase your fluid intake by drinking pure water. Vegetable juice is an excellent option too, provided that you use organic produce and juice them at home.

Chronic low-grade dehydration is a common cause of kidney stones, and by drinking more water, you reduce your risk for dehydration and kidney stones. Consume enough water that your urine has a light pale yellow color, and you end up making more bathroom trips (at least seven to eight times a day).

How to Talk to Your Child at Every Age

<table>
<thead>
<tr>
<th>0-2 years</th>
<th>3-5 years</th>
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<tbody>
<tr>
<td>Touch is the first form of communication.</td>
<td>Give your child your complete attention when possible</td>
</tr>
<tr>
<td>Use tone and body language to enhance what you say.</td>
<td>Watch your tone and body language</td>
</tr>
<tr>
<td>Respond to baby talk with conversation.</td>
<td>Help your child put words to his emotions.</td>
</tr>
<tr>
<td>Talking to your child despite his comprehension encourages language skills.</td>
<td>Use the help strategy to develop emotional regulation skills.</td>
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</tbody>
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<table>
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<tr>
<th>6-11 years</th>
<th>12-18 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Make time to talk</td>
<td>Talk with your teen not at him</td>
</tr>
<tr>
<td>Speak to your child in a respectful manner that presumes a level of maturity</td>
<td>Show respect for your teen's opinions.</td>
</tr>
<tr>
<td>When trying to get information from your child ask specific questions and keep talking even if they won't talk back.</td>
<td>Find opportunities such as car rides and television commercials to talk with your teen.</td>
</tr>
<tr>
<td>Listen without contradicting and repeat what you hear in a more mature manner.</td>
<td>Respect your teen's privacy and keep their confidences.</td>
</tr>
<tr>
<td>Allow your child to have some input in family rules.</td>
<td>Showing that you trust your teen will in turn encourage them to confide in you.</td>
</tr>
<tr>
<td>Laugh with your child and admit your mistakes.</td>
<td>Be yourself. A teen is old enough to respect you as an individual.</td>
</tr>
</tbody>
</table>
Your vehicle MAY be involved in a safety recall and MAY create a safety risk for you or your passengers. If left unrepaired, a potential safety defect could lead to injury or even death. Safety defects must be repaired by a dealer at no cost to you.

NHTSA Recall ID Number :  19V158
Manufacturer :  Ameritrans Bus, Inc.
Subject :  Wheelchair Lift may Raise too High/
FMVSS 403
Make Model Model Years
AMERTRANS E225 2016

NHTSA Recall ID Number :  19V159
Manufacturer :  Marion Body Works Inc.
Subject :  Brake Light may Randomly Illuminate/
FMVSS 108
Make Model Model Years
MARION FIRE AND EMERGENCY 2017-2018

NHTSA Recall ID Number :  19V160
Manufacturer :  Supreme Corporation
Subject :  Wheelchair Lift may Raise too High/
FMVSS 403
Make Model Model Years
SUPREME CLASSIC AMERICAN TROLLEY 2014-2016

NHTSA Recall ID Number :  19V161
Manufacturer :  SVI Trucks
Subject :  Brake Light may Randomly Illuminate/
FMVSS 108
Make Model Model Years
SVI TRUCKS FIRE ENGINE 2018
SVI TRUCKS HAZ-MAT 2018
SVI TRUCKS HEAVY RESCUE 2018
SVI TRUCKS LIGHT RESCUE 2018
SVI TRUCKS SVI TRUCKS 2018
SVI TRUCKS WILDLAND 2018

NHTSA Recall ID Number :  19V165
Manufacturer :  KZRV, LP
Subject :  Cooktop Flame May Invert
Make Model Model Years
KZRV ESCAPE2019 2019
KZRV SONIC.LITE 2019
KZRV SPORTSMEN 2019

NHTSA Recall ID Number :  19V167
Manufacturer :  Triumph Motorcycles America, LTD
Subject :  Coolant Leak Near Rear Tire
Make Model Model Years
TRIUMPH SPEED TWIN 2019

NHTSA Recall ID Number :  19V179
Manufacturer :  Porsche Cars North America, Inc.
Subject :  Air Bag Sensors may Be Loose
Make Model Model Years
PORSCHE 718 BOXSTER 2018
PORSCHE 718 CAYMAN 2018
PORSCHE 911 2018

NHTSA Recall ID Number :  19V180
Manufacturer :  Porsche Cars North America, Inc.
Subject :  Control Unit May Fail
Make Model Model Years
PORSCHE PANAMERA 2018
PORSCHE PANAMERA 4 2018
PORSCHE PANAMERA 4 EXECUTIVE 2018
PORSCHE PANAMERA 4 HYBRID 2018
PORSCHE PANAMERA 4 HYBRID EXECUTI
IS YOUR AIRBAG DEFECTIVE?

Nearly 70 million Takata airbag inflators, in approximately 42 million vehicles, are or will be under recall in the United States by 2020.

Even a minor fender bender can cause these airbag inflators to rupture, spraying metal shrapnel into drivers and passengers.

DON'T RISK INJURY OR DEATH, CHECK YOUR VEHICLE TODAY.

Here's How:

Find it | Write down your Vehicle Identification Number (VIN) or take a photograph of your license plate.

- Look for your VIN on the driver-side dashboard by the windshield or on your insurance card.

Search it | Visit AirbagRecall.com to upload a photo of your license plate or to look up your 17-digit VIN.

Then follow the on-screen instructions to prove you are not a robot.

Fix it | If you see text that reads recall incomplete...

YOUR AIRBAG INFLATOR WILL BE REPLACED FOR FREE.

Schedule an appointment at your automaker's local dealership as soon as possible.

If you see text that reads remedy not available, call a dealer anyway. Make sure your contact information is up to date so they can notify you as soon as parts are available for your repair.

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Pakistan criticises confinement of JKLF chief Yasin Malik

Islamabad: Pakistan on Monday criticised India for arresting and confining separatist leader Yasin Malik in connection with a case related to the funding of terror and separatist groups in Jammu and Kashmir.

The National Investigation Agency (NIA) arrested JKLF chief Malik on April 10 after a special NIA court in Jammu gave the go ahead for his custodial interrogation by the probe agency.

Malik, who was shifted to Tihar jail under police protection, was taken into preventive custody in February by the Jammu and Kashmir police and shifted to Jammu’s Kot Balwal jail.

Malik, whose organisation JKLF was banned last month by the Centre, is also facing two CBI cases. These relate to the kidnapping of Rubaiya Saeed, daughter of then Union home minister Mufti Mohammed Sayeed, in 1989, and the killing of four IAF personnel in 1990.

Pakistan strongly condemns the continuing incarceration and deteriorating health of Yasin Malik since February 22 on trumped up charges, Pakistan’s foreign office said in a press release.

We expect the Government of India to ensure the wellbeing of Malik, including provision of adequate health care,” it said.

N D Tiwari’s son Rohit Shekhar: Advocate whose career was overshadowed by paternity suit

Rohit Shekhar Tiwari was involved in a public and long-drawn battle to prove that late Uttar Pradesh chief minister N D Tiwari was his father. With Rohit’s death, his family finds itself in public attention again.

Rohit, 40, was born on February 15, 1979, to three-time Uttar Pradesh Chief Minister, Uttarakhand Chief Minister and Congress leader N D Tiwari and Dr Ujjwala Tiwari, a former Sanskrit lecturer and daughter of Haryana political leader Sher Singh.

His paternal uncle Bhaskar Bhatt remembers him as a serious and bookish child. “He wasn’t very interested in childish pleasures. He was keen on keeping up with current affairs through magazines. He enjoyed history and was particularly fond of Jawaharlal Nehru’s writings...” Shekhar did an LLB from Delhi University’s Faculty of Law. His career as an advocate was overshadowed by the paternity case against Tiwari, which he filed at the Delhi High Court in 2007.

It was Pratap, who, in 1997 had lodged a complaint against Chautala (then Leader of Opposition in Haryana Vidhan Sabha) accusing him of corruption. At that time, Bansi Lal was the chief minister. An FIR was registered against Chautala. However, three years later police filed a closure report in the court when Chautala became Haryana CM.

Pratap’s son Ravi is, however, now an INLD member. His wife Sunatna was recently appointed as general secretary of INLD’s women’s wing. Ranjit Singh, another brother of Chautala, remained an MLA and also cabinet minister during Devi Lal’s tenure in 1987. He is currently affiliated with the Congress while his son Gagandeep is a businessman and not in active politics.

Jagdish Singh was the only son of Debi Lal who never showed any interest in active politics. However, his sons have political ambitions. Ahead of October 2014 assembly polls, Jagdish’s sons Aditya and Anirudh had joined BJP, aspiring to contest assembly polls. However, they were not considered by BJP. They are again hopeful of getting a BJP ticket in this year’s assembly polls. Aditya had also defeated Abhay’s wife Kanta in January 2016 in panchayat polls in Zone 4 of Sirs.

Chautala’s cousin Dr Karam Veer Singh had contested 2009 assembly polls against Ajay and the 2014 assembly polls against Ajay’s wife Naina on Congress ticket from Dabwali assembly constituency. He, however, lost both times. Singh also holds a distinction of working as Officer on Special Duty with two chief ministers, Debi Lal and Bhupinder Singh Hooda.

N D Tiwari’s son Rohit Shekhar: Advocate whose career was overshadowed by paternity suit

In accounts to The Indian Express at that time, Tiwari had been a shadowy presence in Shekhar’s life, visiting them occasionally, and Rohit was told that Tiwari was his biological father at age 12. However, these visits stopped a few years later.

In 2012, the Supreme Court directed Tiwari to submit his blood for a DNA test, which established him as his biological father. In 2014, Tiwari publicly acknowledged and accepted Shekhar as his son.

According to Bhatt, while he was keen on carrying forward the political legacy of his father - who died last year - he was particularly interested in working for healthcare and education in remote areas.
Facebook VP who became a manager at 25 says this is the fastest way to get promoted

Facebook VP of product design Julie Zhuo knows more than a thing or two about how to stand out at work.

After graduating from Stanford University, Zhuo became an intern at Facebook and quickly worked her way up, becoming a manager at 25. Her experiences led her to write her new book, “The Making of a Manager: What to Do When Everyone Looks to You,” in which she shares professional advice she wishes she’d received earlier in her career.

As a top Silicon Valley executive who now has more than 10 years of experience in tech, Zhuo says she advises anyone looking to get noticed and promoted at work to be very transparent about their goals with their manager.

“My advice for how to get your manager to notice you is to be really explicit about what your goals are,” she tells CNBC Make It. “What do you care about? Where do you see yourself in three years? What are the skills that you want to learn and grow?”

Google knows everywhere you go — here’s how to stop it from tracking you and delete the logs

Google keeps a log of everywhere you go if you use Google apps and services on your phone. It has a creepy level of detail that might surprise you. Google makes it easy to find this information and limit how it can track you, though. Here’s how to do that.

Google GOOGL knows a lot about you and, if you use Google Maps or other Google apps, it stores a copy of everywhere you go. I recently performed Google’s “Privacy Checkup” to learn a bit more about what it knows about me, and was pretty surprised at the level of detail it had on my exact locations.

I picked a random date: April 16, 2019. It knew everywhere I went, including that I took Interstate 95 to our office in northern New Jersey and that I arrived at 7:58 a.m. It knew that at 1:02 p.m. I drove to Jersey City and took a train in to Manhattan to the New York Stock Exchange where I went, including that I took Interstate 95 to our office in northern New Jersey and that I arrived at 7:58 a.m. I picked a random date: April 16, 2019. It knew everywhere you go. I recently performed Google’s “Privacy Checkup” to learn a bit more about what it knows about me, and was pretty surprised at the level of detail it had on my exact locations.

It’s a creepy level of detail. Google says it uses location history to “create a private map of where you go with your signed-in devices even when you aren’t using a specific Google service.” It also says the “map is only visible to you.” The data, it says, provides “improved map searches and commute routes, as well as helping you to rediscover the places you’ve been and the routes you’ve traveled.”

I don’t really care about that information. I know the roads I drove on April 16, and I can’t see any reason why Google should store it, even if it’s only for my use. I never know who might be able to access that data, even if Google promises it’s private.

You can stop Google from storing your location history and delete what it has already stored. Here’s how.

Google will continue tracking your location unless you also turn off a separate “Web & App Activity” tracker. Google says it tracks your location from apps to provide “better recommendations, and more personalized experiences in Maps, Search, and other Google services.”

To turn off the “Web & Activity” timer:

Go to myaccount.google.com/activitycontrols

Once you’ve answered those questions, Zhuo says you should ask your boss for guidance in helping you to find the right opportunities at work that will get you closer to where you want to be.

“Tell your manager, ‘Hey, I’d like to get promoted. What do you think it takes for me?’” she says. “What do you think are my gaps? What are the skills that I need to grow, to get better and to be able to take that pay raise or be able to perform at the next level?”

Zhuo says the best way to think about how to get ahead is to look at your career with a long-term perspective, and then determine the little steps you’ll need to take to make progress. “Think about where you’d like to be in three years or five years,” she says. “Then try boiling it down. So, if you want to get somewhere in three years, what does that mean the next year needs to look like, or the next six months?”

“I think this has to be a dialogue with your manager,” she emphasizes. “It’s something that you talk about together, because maybe you want to do this [thing], but your manager thinks it’s going to be more realistic for you to work on these skills first.”

Finding the time to discuss your long-term goals at work may be difficult, but Zhuo says developing this relationship with your boss is critical to your success at a company. She says she does frequent check-ins with reports on her team so that she can “deeply understand [their] values, their fears and their hopes.”

“It gives me a sense of how I can best support them,” she says. “How I can best find opportunities that align with their goals, and how I can have that strong bond and build that trust with them.”
The Battle of Saragarhi is considered to be one of the most inspiring stories of human valour and bravery, not just in India, but the world over. Director Anurag Singh's film Kesari is a fitting tribute to this story of Sikh soldiers. It's a compelling war drama that combines strong emotions with blood-soaked action and retells an important chapter from the annals of Indian history. The film's best moments are fuelled by a towering performance by Akshay Kumar.

Kesari is a powerful film because it has an innate sense of emotional intelligence and raw shock value, too. It showcases the atrocity of war and violence unabashedly, always condemning the bloodshed at hand and forever celebrating the bravery of men. It's not just an action film, it's a war drama that spends time in establishing its main characters and gives the audience a detailed and authentic look at a story of true patriotism. The film is beautifully shot by Anshul Chobey and the production design Subrata Chakraborty and Amit Ray is equally important in making the dry and dusty setting of North-West province (now in Khyber, Pakistan) look authentic. Here's where the CGI also makes a big contribution in making the snow-capped backdrop where the CGI also makes a big contribution in making the snow-capped backdrop look authentic. Here's the central character of Havildar Ishar Singh. At forefront of all the action though is the central character of Havildar Ishar Singh. The last time a Sardar was as fierce and awe-inspiring was in Gadar. Ishar Singh is as much Anurag Singh's character as it is Akshay's and he's the embodiment of true Sikh values and pride. His nobility is a match for his bravery and to watch him command the emotions and gusto in Kesari is pure joy. This is what cinematic heroes should be like and Akshay Kumar does complete justice to the role. Parineeti Chopra gets a small but impactful role, effectively. As a target of the action and the rhetoric of the villain, she's an attack point for the audience to feel the wrath of the war. Despite the grim story it sets out to bring forth, No Fathers In Kashmir is sprinkled with heart-warming, light moments of interaction which bring a smile to your face. Especially the moments between Noor and Majid, that eventually develops into a tender love story even though the present realities and circumstances are so different.

Captivegatively shot (barring the mobile camera shots which are jarring), the film soaks you in the breathtaking beauty of Kashmir and creates a poignant juxtaposition with the scars of conflict apparent in the Valley. Add to that, the haunting background score that is mostly drawn from local folk music, adding its own dimension. The screenplay is delicately balanced with the filmmaker highlighting the dilemma on both ends. While the story is heart-wrenching and mostly gripping, the pace of the film does underwhelm at times. The superbly talented actors, Soni Razdan and Kulbhushan Kharbada add their heft to the film as Noor's grandparents in Kashmir. While Razdan's emotive eyes do most of the acting, Kharbanda's character is the voice of reason in the film. Ashvin Kumar as Arshid plays a crucial role, effectively. It's the innocent charm of the lead pair Zara Webb and Shivam Raina that shines through - especially Raina who touches a chord as Majid.

This film is not a light watch - it's a poignant tale that leaves you thinking about the half-widows and half-orphans, and many such untold stories.
A VISUALLY STUNNING FILM TOPPED WITH GREAT PERFORMANCES

STORY: A complex love story set during India’s Partition era, where the young Roop (Alia Bhatt) is torn between respect for husband Dev (Aditya Roy Kapur) and her newfound love for Zafar (Varun Dhawan). While their back stories and heart-breaking love saga unfolds, the history of India takes an epic turn, from where there is no coming back

REVIEW: As the name suggests, 'Kalank' is a story that questions the high morals of society, especially when it comes to love and family ties. At the heart of the story, the film focuses on how eternal love goes beyond the norms and rules of society, the trappings of religion, and all other physical and man-made boundaries. At a dramatic moment in the film, Aditya Roy Kapur's Dev remarks that if someone's wife is in love with another man, then what is the point of the marriage at all. In that aspect, writer and director Abhishek Varman’s film makes a strong point.

The story is based in a town called Husnabad, near Lahore, a few years before the Partition of India and Pakistan. It’s a town populated by blacksmiths and a majority of them are Muslims. Husnabad's most affluent family is the Chaudhrys - Dev and his father Balraj (Sanjay Dutt), who also run a liberal newspaper called The Daily News. Dev’s life takes a sudden turn when under strange circumstances he gets married to Roop. But the complexities in the story are just about to begin. Without revealing too much, during a visit to Bahaar Begum’s chamber (where Roop is honing her music skills) Roop meets Zafar, the local blacksmith and after several meetings they develop strong feelings for each other. The story seems like it offers something new, but the complex relationships and ill-fated romances are often predictable. What's fresh about 'Kalank' is the treatment. This period drama is mounted on a lavish scale and whether it’s the sets or the costumes, everything about the film brings the grandeur alive.

While it does make a strong case for the universal nature of love, the film’s screenplay at times, becomes a little too indulgent and keeps oscillating between the deft nuances as well as theatrical drama. And yet, there are sublime moments like the uneasy relationship between newly-weds Roop and Dev, the tender exchanges between Satya and Dev and the romantic scenes (topped with intense dialogues) between Roop and Zafar. The other high points of the film are the problematic equation between father and son, Dev and Balraj as well as the fragile teacher-student dynamic between Bahaar Begum and Roop. What we wish is that the narrative lingered more with such intimate moments that would make us feel more for the characters.

The biggest highlight of the film is the star-studded cast and thankfully, the performances measure up to the epic ensemble. Alia Bhatt leads the way in a role that showcases vulnerability and strength in equal measure. Varun Dhawan, flaunting his superbly toned, greased body looks great for the part and he shows immense intensity that his conflicted character demands. Another stand-out performance comes from Aditya Roy Kapur, who excels in the stoic silences and reserved nature of his character. Madhuri Dixit-Nene, Sanjay Dutt and Sonakshi Sinha chip in with moments of pitch-perfect drama, too. Kunal Kemmu as Zafar's friend Abdul, brings in tension and thrills in his grey-shaded role. The joint efforts of the cast add the proverbial punch to the experience of 'Kalank'.

An epic love saga based during the 1940s has so much scope for visual detailing and finesse. While 'Kalank' scales up the production in every aspect, at times, the world that it recreates looks a little too plush and away from reality. The film features arresting frames full of grand visuals captured by cinematographer Binod Pradhan, and the music by Pritam has stand out songs like ‘Ghar More Pardesiya’ and the ‘Kalank’ title track. At 2 hours and 48 minutes, with a tighter edit the story could have wrapped up much sooner though. ‘Kalank’ is a true labour of love that tells you a story laced with beautiful moments that will tug at your heartstrings.
KCR watches MLAs performance during elections

After getting elected in December 2018, TRS legislators seem to be losing their patience from constantly being put to the test by party president and Chief Minister K. Chandrasekhar Rao. Following the Assembly elections, the gram panchayat polls were held in January, and Lok Sabha elections in April. The ZPTC and MPTC elections will be held next month. Later in the year are urban local body polls.

For nearly two months, the CM had not constituted the Cabinet and said that he would take the MLAs into the ministry based on their performance in the Lok Sabha elections. Now that the Lok Sabha elections have concluded, the wait is on till May 23 for the outcome to find out how the legislators performed in their constituencies.

There are six vacancies in the Cabinet which is driving the hopeful. In addition to this, Mr Rao will be nominating 15 MLAs as parliamentary secretaries in the Cabinet. To recruit MLAs for these posts, Mr Rao will analyse their performance in the gram panchayat, Lok Sabha and the local bodies elections.

As per the original schedule, the Assembly elections had to be held along with Lok Sabha polls. However, Mr Rao advanced the Assembly elections by four months. TRS MLAs were hoping for a breather between the Assembly and Lok Sabha elections. However, with elections taking place back to back, they have had no time to rest or spend with their families. In addition to this, they’re spending a lot of money during elections.

For the ongoing ZPTC and MPTC elections, Mr Chandrasekhar Rao has appointed an in-charge for every district. Those who have been appointed are in-charge for the ZPTC and MPTC elections.

A distressed MLA on condition of anonymity said, “We’re afraid of being in charge, as it implies that we must spend money. We have exhausted our funds during the Assembly elections and are not in a position to spend for the zilla and mandal elections. I’m planning to head off on a vacation with my family to escape this.”

Some MLAs even said that Mr Rao had been assigning targets to be achieved through every election in order to assess their performance. "The party has assured several defected MLAs that they will be given positions. There are about 90 MLAs and nobody knows who among them will end up as Cabinet ministers and who will be made parliamentary secretaries," said another party MLA.

Comedian Ali hurt, gives fitting reply to Pawan Kalyan

Everybody knows that the actor Ali and Pawan Kalyan are close friends. However, in the present election, the Jana Sena chief criticized Ali in Rajahmundry for joining the YSRC despite having received a Jana Sena ticket and said that he did not believe in their ‘friendship’ anymore. This has hurt Ali badly, who gave a fitting reply to Pawan Kalyan in a video which he put up on social media which has now gone viral.

In his message to Pawan Kalyan, Ali said, “Chiranjeevi garu paved the way for you. You have it easy. I, on the other hand, paved my own way into the industry without any assistance. I even founded a charitable trust and have helped people belonging to all communities in Rajahmundry. When your career was just picking up, I was already in the grind with mine.”

The actor also pointed out in his message that he had never mentioned Pawan Kalyan’s name in his campaigns. “I’ve campaigned for the YSRC but I’ve never uttered a single word about or against you or your party in any of my speeches purely out of respect for you. But what you did in Rajahmundry, which happens to be my native place, is unacceptable, and you have left me no choice but to respond,” he said as he explained the reason behind his response.

“You said that you’ve helped me a lot, except I don’t remember how or when. Did you ever offer me a role in your film? Did you ever offer to help me financially? You’ve done nothing for me. Besides, I’d rather die hungry than ask anybody for help or accept favours anyway,” said an emotional Ali.

The actor further said that when Pawan Kalyan had just floated the new party, he was the first one to congratulate him and to wish him well. “I still remember that I had presented the Quran to you on the occasion. You will always be in my heart and I will always wish well for you. But the way you’ve spoken about me has hurt me very deeply. I am very sorry, Pawan Kalyan garu,” he said.

Ali also said that his joining the YSRC was a personal decision and that he doesn’t need to discuss all his moves with everybody.
فیریڈ، کبک، امبزی اور غنی (کے کامیابیات)

غلامرضا نے ایک بار دیکھا کہ جہاں قصابی ، کوچلی یا بھی کسی بھی کم کی جانکی پڑتا ہے ، اسی کو ہی کچھ بنایا جاسکتا ہے۔ مگر بچوں کے لیے یہ ایک بڑی پیشرفت ہے۔

غلامرضا کا دیکھنا کہا کہ بچے کے لیے ہر وقت مطالعہ کا وقت ہے۔ اسے تمام ماحول سے بچا کر مطالعہ کے لیے زیادہ وقت دیادی جائے۔

غلامرضا خود کو بیان کررہا ہے کہ بچوں کو مطالعہ کا وقت ملتا ہے۔ اس کے لیے وہ بچوں کے لیے مطالعہ کا وقت بیان کررہا ہے۔

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Three NFL fans of a losing team were drowning their sorrows at a sports bar after the team lost yet again. The first fan said, “I blame the coach. If he developed better plays, we’d be a great team.” The second fan nodded and replied, “I blame the players. They just don’t try hard enough.” The third fan thought for a moment and then said, “I blame my mom and dad. If I’d been born in Boston, I’d be supporting a better team.”

The cowboy was trying to buy a health insurance policy. The insurance agent was going down the list of standard questions.

“Ever have an accident?”

“Nope, nary a one.”

“None? You’ve never had any accidents.”

“Nope. Ain’t had one. Never.”

Well, you said in this form you were bitten by a snake once. Wouldn’t you consider that an accident?”

Heck, no. That dang varmint bit me on purpose.”

A wealthy investor walked into a bank and said to the bank manager, “I would like to speak with Mr. Reginald Jones, who I understand is a tried and trusted employee of yours.”

The banker said, “Yes, he certainly was trusted. And he will be tried as soon as we catch him.”

Two dog owners were boasting about the intelligence of their pets.

“The smartest dog I ever had,” said one, “was an amazing Afghan hound that could play cards. He was amazing at poker, he could beat anyone, even professionals. But I had to have him put down.”

“You had him put to sleep?” said the other. “You must be crazy. A bright dog like that could be worth a million dollars.”

“I had no choice. I caught him using marked cards.”

On a beautiful sunny Saturday afternoon my buddy and I stood on the first tee of our Golf Club. He had just pulled out his driver when a young woman in a wedding dress came running up to him, crying. She slaps him in the face, turns, and runs away.

My buddy turns to me and says calmly, “I don’t know what her problem is. I distinctly told her only if it rained.”

Bob meets Bill at the bar after work and is looking down in the dumps.

“What’s wrong now Bob,” asked Bill.

Bob replies, “They called in a management team and gave everyone in the office an aptitude test to see what they were best suited for.”

“Yeah, so what’s the problem with that,” asks Bill.

Bob sighs, “Well, it seems I’m best suited for unemployment.”

Little Johnny’s school cook prided herself on the healthy meals she provided with lots of vegetables and fruits.

One day when the power failed, the cook couldn’t serve a hot meal in the cafeteria, so at the last minute she whipped up great stacks of peanut-butter-and-jelly sandwiches.

Upon filling up his plate, Little Johnny’s comment was, “Finally, a home-cooked meal!”

Bea: I hate that snobby Sue. Because of her I lost a hundred fifty pounds!

Lucy: Wow! What did she do?

Bea: She stole my boyfriend.