

June/July 2020
At a glance
Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
7 Online Worship Affirming Ministry 10 th Anniversary 11:15	8 Meditation Online 7:15 pm	9 Prayer service Noon	10 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	11 Prayer service 4pm	12	13
14 Online Worship Open Hearts Jar 11:15 Annual Program Meeting	15 Meditation Online 7:15 pm	16 Prayer service Noon LSC Council 7pm, Zoom	17 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	18 Prayer service 4pm	19	20
21 Online Worship 11:15 Minute for Mission	22 Meditation Online 7:15 pm	23 Prayer service Noon	24 Prayer service 8:30 am Zoom Office Hours 2 – 4:30 pm	25 Prayer service 4pm	26 Film and Faith	27
28 Online Worship 11:15 Post Worship Tea	29 Meditation Online 7:15 pm	30 Prayer service Noon	1 CANADA DAY	2 Prayer service 4pm	3	4

PLEASE NOTE: lots of programming at Eastside has been suspended or has moved online during this COVID-19 social isolation time. If you are unsure if a program you attend is suspended, contact the program organizer or email eastsideunited@sasktel.net to check. We are moving into May assuming that things will still be in lockdown.



ANNOUNCEMENTS

June 7, 2020

306-761-0556 eastsideunited@sasktel.net
 Like us on facebook (Eastside United Church)
 Follow us on Twitter @Eastside_united
www.eastsideunited.ca



*W*elcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell-Walker
 Prayers: Stephannie Banks
 Pianist: Josh Hendrickssen
 Tech Support: Brian Mitchell-Walker
 Attendance: Clare Banks
 Worship Planning for Affirming Ministry Anniversary: Heather Balfour, Ernie Poirier, Stephannie Banks,

Last week's attendance: 51 Offering: \$355 Weekly budget: \$1463
 (not incl. PAR)

Office Hours:

The Living Spirit Center is closed due to concerns over COVID-19. Both Harvey and Russell are working remotely. If you need to contact the Eastside United Office, please email him at eastsideunited@sasktel.net.

Harvey's hours: Tuesday, Wednesday, Thursdays

Russell's Hours: Tuesday, Wednesday, Thursday, Friday. Russell's e-mail address: russell.eastside@sasktel.net cell #: 306.535.3720

Russell will be holding **Zoom Drop-in Office Hours** Wednesdays from 2 to 4:30 online. Use the worship [Zoom link](#).

Scripture Reading: John 13: 33-35

Songs –

With Open Hearts, M.E. Kish
 Who is My Mother? MV #178
 The Echo, Jeffery Straker
 My Love Colours Outside the Lines MV #138
 Draw the Circle Wide MV #145
 Go Make a Difference MV #209

We still need your support as our ministry continues!

Making your offering [online](http://www.eastsideunited.ca/donate2.html) (<http://www.eastsideunited.ca/donate2.html>) couldn't be easier. Additionally, offerings can be mailed to Eastside at: **Eastside United Church, 3018 Doan Drive, Regina, SK, S4V 1M1**
Or, if you do want to drop off an offering in person, please leave offerings in the mailbox at the office door. Thanks for your donation!

Hello Neighbour Card Reminder: there are necessary situations when leaving the house is unavoidable, like groceries and prescription pick-ups. If you would like to and are healthy enough to do so, download a Hello Neighbour card that was sent with the **weekly email** to let people know you're available to help! By putting these cards in mailboxes, it allows those of use who are well to help the people around us who may need it by volunteering to run errands or check-in.

LSC Meditation Mondays at 7:15 pm: Meditation Mondays have moved online using Zoom. If you are interested in participating, please contact Shauna Powers at powerss@hotmail.com

Munch Lunch programming is suspended. **Our funding runs out soon. If you know of any sources, let us know.**

Cloth Masks: As places re-open it will be important to wear masks as we are out in public, especially indoors. We have a group of creative folk of the congregation making masks. If you would like a mask, drop by the blue bin outside the main doors by the office to pick one or email the office or Russell indicating how many masks you need, and we will connect you with someone making masks. Elastic is needed if you have any! Thanks to Clare Banks, Wanda Barr, Gladys Olekson, Nancy Cranfield, Jean MacKay who are willing to make masks. More sewers are welcome!

Illustrated Ministry: We know many are trying to think through what they're going to do with schools and day cares closed. Illustrated Ministry has set up a page where you can receive **FREE weekly resources**. To access resources from Illustrated Ministry that will help support faith exploration with children and families during this time, please visit their website [HERE](#)



Messy Church at Home: Once a week, between Easter and the end of June, Messy Church will be providing scheduled [Messy Church at Home Sessions](#). This is to provide a backstop during this time when we can't gather in person. This list of resources is updated weekly.

Food Donations: Alex Pelletier is making lunches for the homeless and is accepting donations of juice boxes, granola bars and fruit. If you are able to, donations can go in the blue bin outside the office doors by Friday. Harvey will be at the Living Spirit Center on Thursdays from 10 am – 11 am if you want to drop off your donation then. If someone is able to volunteer to deliver donations to Alex, let [Russell](#) know.



Volunteers for the ICF: The Indigenous Christian Fellowship is looking for people on Fridays to make 90 lunches on-site. If you are available to help out, contact Russell or Doug Scheurwater.

June 14th: Annual Program Meeting: Next week! On June 14th, we will be holding our annual program meeting. It will be a shortened service, and the meeting will be held afterwards. A copy of the annual program meeting report will be distributed via email prior to the meeting. This is a great opportunity to hear about and celebrate the programs and ministries we offered this past year.

T-Shirt Orders: if you would like to order a **Love Thy Neighbour** Eastside United t-shirt, you can fill out an order form [HERE](#). Make sure that all parts of the form are filled out, so that your shirt is made in the right size and colour. Let's be a witness to our community!

Did you know that the city is proposing a **dog park** in the park space beside us? If you have questions or concerns, please speak to Bonnie Yake, Sarah Tkachuk, Brian Abrahamson or Russell.

PAR and M & S Donations: If you would like to add or increase PAR and/or M&S offerings, please contact Harvey and he will help you get set up or make changes. Email eastsideunited@sasktel.net to let Harvey know what changes you would like to make, and he will submit the changes for processing.



Victoria School Meal support: If you are willing to provide a meal, baking, or grocery cards, please let Russell know. Harvey will be at the church on Thursdays from 10 am – 11 am to receive donation drop-offs. From Anna-Marie Donovan: Victoria Campus is made up of five distinct programs that allow students who

do not or cannot fit into the “regular” school program to continue with their education. During this pandemic, staff are reaching out to students to check on their mental health and to provide whatever support they can emotionally and academically. While most students, at this time, have their basic needs met, there are a handful who experience food insecurity on a weekly basis. For the past two weeks, nutritious meals and groceries have been provided by members of Eastside, and on behalf of the staff and students of Victoria Campus, I would like to thank you for your support in assisting our most vulnerable youth. For people wanting to help, we are happy to accept homemade muffins or cookies, non-perishable items, fresh fruit, and grocery gift cards. Any donation will not be turned away!

I'd like to thank everyone who has donated food or money in the past month to help the students at Victoria Campus who do not have consistent access to healthy food like they would have before the pandemic. There are four families who are receiving homemade meals on a weekly basis, and the muffins and cookies that are being donated are going to a variety of students when teachers do sidewalk visits with them. The families are so very appreciative of the healthy meals, desserts, and goodies because they have been prepared with love. Knowing that members of the wider community care for them is a gift in and of itself.

The gift cards are equally important because they allow families to have the autonomy to make decisions based on their individual needs. Words cannot truly express the gratitude of the Vic Campus staff or the recipients of the food donations, but that is all I have to offer at the present time, so on behalf of the staff and families, I send you all a huge thank you and a virtual hug,

Anna-Marie

(If you have any questions about these programs, please feel free to call Anna-Marie Donovan at 306 523-3703.)

Suspended/Moved Programming as of May 27th:

- **TOPS** is suspended until further notice
- **Eastside Community Dinner** is suspended until further notice
- **Yoga** is cancelled until the fall
- **KAIROS** meetings are postponed until further notice
- **Meditation** is cancelled in-person, moved to Zoom
- **Craft/Study** is cancelled in-person, moved to Zoom
- **Eastside Choir** has canceled rehearsals until further notice
- **ICF Breakfast** has reduced programming
- **Congregational Faith and Wellness Series** is postponed
- **Messy Church** is suspended until further notice
- **Women's Breakfast** is suspended until further notice
- **Munch Lunch** programming is suspended until further notice
- **Film and Faith** is suspended in-person and will continue online.
- **AA** is suspended in-person
- **Forever... in Motion** is suspended until further notice.



Did you miss the announcements at last Sunday's worship service? Sometimes feel like an event snuck up on you and you didn't receive proper notice? Printed announcements are saved on the Eastside website each week - check 'em out at www.eastsideunited.ca under the **What's New** heading!

Were you unable to attend worship last week? You can find a video recording of last week's service online. Visit our website under the **WORSHIP** heading to find an uploaded video of service.



What is your favourite positive quote? Or a line of song that makes you happy? A poem you enjoy? Email your favourites to Harvey at eastsideunited@sasktel.net to share a smile with others in the weekly announcements!