

July 2017 (Practice Schedule)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				USA Outdoor Nationals	USA Outdoor Nationals	1 USA Outdoor Nationals
2 Return Home Outdoor Nationals	3 Practice 6:30 to 8:00 Edmond North High school	4 No Practice 4th of July	5	6 Region 9 Track & Field Championships (Decathletes depart for St Louis MO))	7 Region 9 Track & Field Championships	8 Region 9 Track & Field Championships
9 Region 9 Finals Return Home	10 Practice 6:30 to 8:00 Edmond North High school	11 Practice 6:30 to 8:00 Edmond North High school	12	13 Practice 6:30 to 8:00 Edmond North High school	14	15
16	17 Practice 6:30 to 8:00 Edmond North High school	18 Practice 6:30 to 8:00 Edmond North High school	19	20 Practice 6:30 to 8:00 Edmond North	21 Practice 6:30 to 8:00 Edmond North	22
23	24 Practice 6:30 to 8:00 Edmond North High school	25 Practice 6:30 to 8:00 Edmond North High school	26 Those competing at Nationals depart for Lawrence KS	27 Practice 6:30 to 8:00 Edmond North High school	28 USATF Junior Olympics	29 USATF Junior Olympics
30 USATF Junior Olympics	31 Practice 6:30 to 8:00 Edmond North High school (End of program)					

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**Central Oklahoma Flyers
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