

Ladies In Training

ladiesintraining.net

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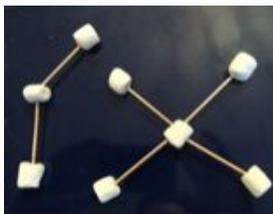
About

Welcome! Ladies in Training (LIT) is an after-school program at BFES dedicated to the development of young girls' creativity and academic skills. We have been running for 4 years. We integrate math, science, literature, and foreign language into our lessons. We also have fun, creative projects using the fine arts (visual arts, theater, crafts).

Important Details

- We meet two Fridays of every month at 3:50-4:50 pm at Beverly Farms Elementary School. First session is Friday, Sept 28.
- \$50 due for **each** child per semester (10% discount for siblings). Please pay by check made out to: **Ladies In Training**
- If you have any questions, email us at: ladiesintraining2018@gmail.com
- Register at ladiesintraining.net by clicking the "Registration" tab.

Atom Building
with
Marshmallows!



Science:
Heterogeneous
or
Homogeneous
Cookie?

Activities such as...

- Paper Chromatography (Academic)
- Extracting DNA (Academic)
- Egg Drop (Creative)
- Business Simulation Games (Leadership)
- Skittle Race (Teamwork)



Arts: Designing and
creating hair bows

Counselors

- Current counselors: Celine, Kaylen, Mae, and Mina.
- All counselors completed training for LIT.
- Founded in 2014 by young ladies who now attend Harvard, Stanford, UC Berkeley, and Wake Forest.
- All counselors are alumni of BFES and LIT, and are super excited to come back!