



As a Success Strategist, Lifestyle Evangelist, and Change Catalyst, Kristine Gunn is an interactive motivational speaker who inspires men and women to break through disappointment, patterns, and beliefs about the past to create a vibrant new future – whether that’s a new relationship, an “all in” faith life, or the realization of a bold new dream. She intertwines God’s Word, her own experiences, and hope found in the Bible that is relatable and encouraging.

In her trademark inspiring, compassionate, and relatable voice, Kristine guides her audience on a *transformational* journey of understanding who they really are... and what they were born to be and do. Her teaching challenges participants to make the leap from:

- Fear to freedom
- Resignation to risk taking
- Frustration to fulfillment
- Waiting to accelerating
- Life By Default to Life By Design

With over 25 years of corporate consulting, speaking, training and mentoring experience, Kristine blends practical insights and thought provoking exercises to invite men and women everywhere to take hold of their God size dreams and turn their unfinished ideas into unstoppable action!

Based in Orange County, California, when Kristine isn’t speaking and coaching with executive organizations, she is spreading her personal brand of inspiration through coaching, motivational seminars, ministry retreats, and one-on-one sessions with clients. You can find her website at KristineGunn.com.