



CHOCOLATE AND WHITE MILK ARE SERVED DAILY. CHOICE OF SALAD BAR IS AVAILABLE TO GRADES 3-12. MENUS ARE SUBJECT TO CHANGE.



Fitness Tip: Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV



Monday

Tuesday

Wednesday

Thursday

Friday



CHICKEN FAJITAS
MEXICAN RICE
APPLESAUCE
CARROT STICKS

NO SCHOOL TODAY

NO SCHOOL TODAY

CHICKEN ALFREDO
GREEN BEANS
PEACHES
BREAD

HOT HAM AND CHEESE
SPAGHETTI AND SAUCE
FRUIT SALAD
PUDDING

FRITO PIE
CARROT STICKS
ORANGES
RICE CRISPY

HOT DOG ON BUN
TATOR TOTS
STRAWBERRIES
YOGURT

CHEESE BURGER ON BUN
BAKED BEANS
PEARS
BROCCOLI

SPAGHETTI
BREAD STICKS
SALAD
PEACHES

NACHOS AND DIP
CORN
SALAD
PEARS
YOGURT

CHICKEN PATTY
GREEN BEANS
FRUIT
BREAD

DELI SUB
TATOR TOTS
STRAWBERRIES
PUDDING

SAUSAGE PATTY
PANCAKES
HASHBROWN PATTY
ORANGES

CHICKEN PARMESEAN
AUGRATIN POTATOES
SALAD
PEACHES
BREAD

SLOPPY JOE ON BUN
GREEN BEANS
PINEAPPLE
NO BAKE COOKIE

TACOS
CORN
FRUIT SALAD
CARROT STICKS

CORN DOG
BAKED BEANS
SALAD
STRAWBERRIES
GRAHAM CRACKER

COUNTRY FRIED STEAK
MASHED POTATOES
SALAD
PEACHES
BREAD

CHEESE BURGER ON BUN
OVEN FRIES
BROCCOLI
APPLESAUCE
PUDDING

CHICKEN STIR-FRY
RICE
CARROT STICKS
APPLESAUCE

BBQ RIB PATTY
TATOR TOTS
STRAWBERRIES
PUDDING

PIZZA
SALAD
COOKIES
APPLES