

# SENIOR MOMENTS

MORROW COUNTY'S MONTHLY NEWSLETTER

MAY 2018

**Seniors on Center**

**41 W. Center St.**

**Mt. Gilead, Ohio 43338**

**419-946-4191**

**Website: [www.seniorsoncenter.org](http://www.seniorsoncenter.org)**

**Center Hours**

**Monday—Friday**

**8:00AM-4:30PM**

MAY IS BETTER HEARING AND SPEECH MONTH, A TIME TO RAISE AWARENESS ABOUT COMMUNICATION DISORDERS AND AVAILABLE TREATMENT OPTIONS THAT CAN IMPROVE THE QUALITY OF LIFE FOR THOSE WHO EXPERIENCE PROBLEMS SPEAKING, HEARING OR UNDERSTANDING. VISIT [NIDCD.NIH.GOV](http://NIDCD.NIH.GOV) FOR MORE INFORMATION.

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## SERVICES PROVIDED THROUGH THE CENTER



### BELTONE

Angela Thomas, Hearing Care Practitioner from Beltone will be at the Seniors on Center. Call the Center for day and times. No appointment necessary.



### BLOOD PRESSURE

Sheryl Morris will be here every other Wednesday to perform blood pressure checks at 1pm.



### MEDICARE

Marc Follin will be in to answer any questions about Medicare you may have May 10th from 1-3pm at Seniors on Center.



### LEGAL AID

Karen McVay is available by appointment only to assist you in any legal questions you may have. Please give her a call and set up your appointment today 740-383-2161



### HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.



### LUNCH AT SENIORS ON CENTER

A hot lunch is served daily from 11:30am to 12:30pm. Reservations are required at least 24 hours in advance.



### TRANSPORTATION

Handicapped accessible transportation for doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice.



### HOMEMAKER

Light housekeeping

## ACTIVITIES TO LOOK FORWARD TO!

### LUNCH AND OUTINGS

This month's Lunch and Outing will be to a local greenhouse here in Morrow County. So come and join us for a great lunch here at the center and then a trip to a local greenhouse.

### LUNCH AND LEARN

Join us this month for our Lunch and Learn, we will be learning about Hospice. So join us for a wonderful lunch here at the center and stay and learn about Hospice.

### RUMMAGE SALE

We are having our annual Rummage Sale coming up on May 3rd from 9am-3pm and May 4th from 9am to Noon. If you have anything you would like to donate please bring it by. We will also be having a bake sale on Thursday from 9am-3pm. If you have anything you would like to make and bring in we would greatly appreciate it. Thank you in advance for your contribution.

### PLEASE NO SHOES OR LARGE FURNITURE.

### SENIOR CITIZEN DAY

Come join us for our annual Senior Citizen day at the Cardinal Center May 17th. Doors open at 11:00am. Please call and serve your spot for our fun filled day. Also please wear your hat, we are going to be doing a contest for the Most Original, Most Unusual and Funniest Hats.

### MOTHERS DAY

Join us here at the Seniors on Center May 11th at 12:15pm, for a Special Mothers Day Event. Kroger's Deli/Bakery manager Leanne Exline will be here to show us how to decorate Cookies and other special surprises for all the mom's and grandmothers here at the center.

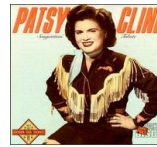
### SENIOR SPRING SPECTACULAR

Join us May 9th for the Senior Spring Spectacular at the Mansfield Renaissance Performing Arts Center. We will be leaving Kroger at 9:45am and arriving at around 11:00am. Tickets are \$3:00 per person with a suggested donation of \$5.00 for transportation. Stop in to the Seniors on Center to reserve your spot.



### COLUMBUS CLIPPERS

Join us June 25th for Dime a Dog Night at the Columbus Clippers Game. We Will be leaving Kroger at 5:30pm and arriving at 7:00pm. Tickets are \$20.00 for members and \$25.00 for non-members. Stop on in and get your spot reserved. Hope to catch you there.



### PATSY CLINE

We will be going to lunch and a show at the Der Dutchman Restaurant in Plain City. Kathleen Bressler will be delighting us with her heartfelt tribute to the late Patsy Cline. This event takes place on July 12th and we will be leaving Kroger's @ 9:30am. Tickets are \$60.00 for members and \$65.00 for non-members. A non refundable deposit of \$10.00 is due at the time you make your reservation.

### SCIOTO DOWNS

Our Casino trips are starting back up. Join us on the second and fourth Thursday of each month for a trip to Scioto Downs. We will be leaving Kroger at 9:00am, arriving at 10:00am and will be leaving Scioto Downs at 3:00pm and arriving home around 4:00pm. \$15.00 for members, \$20.00 for non-members. We hope you will join us.



## NUTRITION NEWS & TRANSPORTATION

We are pleased to have Seneca County as our new meal Caterer. We feel as though it has been an easy transition with the meals. Just some things to keep in mind.

1. If you would like a Deli Meal option instead of the Hot Meal, we need a 3-day notice.
2. They offer home style frozen meals as well, we would need 1 week notice for these.
3. It is also very important that you cancel your meal by 1:00pm the day before your delivery. We know emergencies happen, but please let us know as soon as you can so we can take you off the route for the day.
4. We cannot leave a meal if you are not home.

Please feel free to call if you have any issues or concerns

One of our drivers is in Mansfield for Dialysis on Mondays, Wednesdays and Fridays at 11:00am. One of our drivers is in Marion for dialysis on Mondays, Wednesdays, and Fridays at 11:00am. On Tuesdays and Thursdays, we have a driver in Marion for Dialysis at 9:00am. If you need transportation, please try to plan your trips to these places for around the same time. Thank You.

**Please note if you are calling for a meal you will need to call the day before by 1:00pm. If you are calling for a meal for music on Monday night you need to call on Friday by 1:00pm. Thank You**



# MORROW COUNTY SENIOR CLUBS AND OTHER ACTIVITIES

## CARDINGTON SENIORS

FRIDAY, MAY 25TH AT 12 NOON  
NEED RESERVATION—\$3.00 SUGGESTED  
DONATION

SENIORS ON CENTER, 41 W.  
CENTER ST., MT. GILEAD  
SHIRLEY ROBINSON 419-864-4077

## CHESTERVILLE SENIORS

TUESDAY, MAY 15TH, AT 12 NOON  
SELOVER LIBRARY, CHESTERVILLE

31 STATE ROUTE 95  
SUZI LYLE 419-768-3431



## SPARTA GOOD TIMES SENIORS

TUESDAY, MAY 8TH AT 12:30PM HIGHLAND  
PIZZA—YOUR OWN COST 6530 STATE ROUTE  
229, SPARTA DICK SEARS 419-768-2050

## MT GILEAD SENIORS CLUB

TUESDAY, MAY 15TH AT 12 NOON  
AT SENIORS ON CENTER,  
RESERVATIONS NEEDED. BRING DESSERT  
MARILYN SIPES 419-468-3500

## MARENGO/FULTON SENIORS

BREAKFAST AT FARMSTEAD MONDAY

MAY 7TH AT 9AM,  
CARRY IN LUNCH

FRIDAY MAY 21ST AT 12 NOON  
AMERICAN LEGION POST 710,  
1549 W. C.R. 26, MARENGO  
JOYCE TAYLOR 419-253-0727



## EUCHRE

EVERY THURSDAY STARTING AT NOON, JOIN US  
FOR A PROGRESSIVE GAME OF EUCHRE.

## SILVER SNEAKERS

THIS EXERCISE CLASS IS HELD EVERY  
MONDAY, WEDNESDAY, AND FRIDAY  
FROM 9-10AM



## CRAFT CLUB

EVERY MONDAY YOU CAN COME IN AND DO A  
NEW AND FUN CRAFT AT 10AM



## MUSIC AND MEAL

THE 1ST, 2ND, 3RD, & 4TH MON-  
DAY OF EACH MONTH, WE HAVE A MEAL WITH  
MUSIC TO FOLLOW THIS STARTS AT 5:00PM  
PLEASE CALL FRIDAY BY 1:00PM TO RESERVE  
YOUR SPOT.



## BINGO

COME IN ON THE 1st, 2nd, &  
4th TUESDAYS FROM 1-3PM FOR A FANTASTIC  
GAME OF BINGO



## BIBLE STUDY

EVERY FRIDAY YOU CAN COME  
IN A LEARN MORE ABOUT THE BIBLE WITH OUR  
BIBLE STUDY GROUP @ 12:30

## DINNER AND BINGO

THE FIRST WEDNESDAY OF EACH MONTH FROM  
4:30-6:30PM WE WILL BE DOING DINNER WITH A  
GAME OF BINGO TO FOLLOW. SO CALL BY  
1:00PM ON TUESDAY AND RESERVE YOUR SPOT

## MAY 2018 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Walking Taco Brown Rice Peaches Doritos Milk	2 Shredded Chicken Red Skin Potatoes Peas and Carrots Grape Juice Biscuit Milk	3 Pulled Pork Chicken Noodle Soup Salad, Tomatoes Mixed Fruit Bun Milk	4 Roast Beef Mashed Potatoes Carrots Apple Crisp Pudding Bread Milk
7 Chicken Breast Baked Beans Broccoli Grape Juice Bread Mini Sandies Milk	8 Cheese Omelet Diced Hash Browns Apple Juice Strawberries Muffin Milk	9 Turkey Breast Mashed Potatoes Green Beans Peaches Pudding Roll Milk	10 Shredded Chicken Tomato Basil Soup Tossed Salad Tomatoes Peaches Bun Milk	11 Meatloaf Mashed Potatoes Succotash Grape Juice Bread Milk
14 Chicken Leg Potato Salad California Blend Orange Juice Graham Cracker Bread Milk	15 Salisbury Steak Mashed Potatoes Green Beans Pears Roll Pudding Milk	16 Sausage Gravy String Cheese Red Skin Potatoes Pears and Blueberries Apple Juice Biscuit Milk	17 Ice Box Entree	18 Italian Chicken Breast Italian Blend Vegetables Strawberry Kiwi Juice Peaches Bread Graham Cracker Milk
21 Stuffed Peppers String Cheese Sliced Potatoes Apples Graham Crackers Bread Milk	22 BBQ Riblet Red Skin Potatoes California Blend Kiwi Bun Milk	23 Meat Loaf Mashed Potatoes Corn Pears and Blueberries Gold Fish Bread Milk	24 Veal Cutlet Chicken & Wild Rice Soup Tossed Salad Peaches Bun Milk	25 Chicken Breast Scalloped Potatoes Green Beans Pineapple Roll Cookie Milk
28 Closed in observance of Memorial Day	29 Roast Beef Mashed Potatoes Carrots Applesauce Pudding Bread Milk	30 Ham Scalloped Potatoes Green Beans Pineapple Roll Milk	31 Chicken Salad Potato Broccoli Soup Tossed Salad Mixed Fruit Bun Milk	

**6 LUNCH IS SERVED DAILY FROM 11:30-12:30. PLEASE NOTE MENU IS SUBJECT TO CHANGE.**

## MAY EVENTS AND IMPORTANT DATES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 9AM ROUND TABLE 1-3PM BINGO  MOTHER GOOSE DAY	2 9-10AM SILVER SNEAKERS  1PM FREE BLOOD PRES-SURE CHECK  1:30 GAMES  4:30-6:30PM BINGO HOSTED BY UNITED WAY	3 NOON EUCHRE  GARDEN MEDITATION DAY	4 9-10AM SILVER SNEAKERS  12:30PM BIBLE STUDY GAMES  MAY THE 4TH BE WITH YOU!!!
7 9-10AM SILVER SNEAKERS  10AM CRAFT CLUB  5:00PM MEAL, MUSIC BY THE COUNTRY TRAVELERS TO FOLLOW	8 9AM ROUND TABLE NOON BIRTHDAY PARTY  1-3PM BINGO  SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA	9 9-10AM SILVER SNEAKERS  11AM SENIOR SPRING SPECTACULAR  11AM FINANCE MEETING NOON BOARD MEETING  1:30 GAMES	10 NOON EUCHRE  9AM SCIOTO DOWNS CASINO TRIP  NATIONAL SHRIMP DAY	11 9-10AM SILVER SNEAKERS  12:15PM MOTHERS DAY EVENT  12:30PM BIBLE STUDY GAMES
14 9-10AM SILVER SNEAKERS  10AM CRAFT CLUB  5:00PM MEAL, MUSIC BY MONDAY NIGHT RAMBLERS TO FOLLOW	15 9AM ROUND TABLE CHESTERVILLE SENIORS MEET A@THE SELOVER LIBRARY  MT. GILEAD SENIORS MEET @ SENIORS ON CENTER	16 9-10AM SILVER SNEAKERS  11:30AM LUNCH AND OUTING TO LOCAL GREENHOUSE  1PM FREE BLOOD PRES-SURE CHECK  1:30 GAMES	17 NO EUCHRE  SENIOR CITIZEN DAY  NATIONAL CHERRY COBBLER DAY	18 9-10AM SILVER SNEAKERS  12:30PM BIBLE STUDY GAMES  NATIONAL PIZZA PARTY DAY
21 9-10AM SILVER SNEAKERS  10AM CRAFT CLUB  NOON MARENGO CARRY IN @AMERICAN LEGION  NOON-4PM COMMODITIES  5:00PM MEAL, MUSIC BY OPEN MIC TO FOLLOW	22 9AM ROUND TABLE  9AM-NOON COMMODITIES  1-3PM BINGO  NATIONAL VANILLA PUDDING DAY	23 9-10AM SILVER SNEAKERS  11:30AM LUNCH AND LEARN WITH HOSPICE  1:30 GAMES	24 NOON EUCHRE  9AM SCIOTO DOWNS CASINO TRIP  INTERNATIONAL TIARA DAY	25 9-10AM SILVER SNEAKERS  10AM-2PM KINGSTON EXPO  12:30PM BIBLE STUDY GAMES
28  CLOSED IN OBSERVANCE OF MEMORIAL DAY	29 9AM ROUND TABLE  1-3PM BINGO  LEARN ABOUT COMPOSTING DAY	30 9-10AM SILVER SNEAKERS  1PM FREE BLOOD PRES-SURE CHECK  1:30 GAMES	31 NOON EUCHRE  WORLD NO TOBACCO DAY	

## OTHER INFORMATION

**Winner's of the Guess when the State Park  
was done.**

Audrey Swango with a date of March 2018  
Sandy Linton with a date of March 27, 2018

**Winner of the Free Membership for 2019  
drawing**

Irene Gould

**Winner of the Easter Adult Coloring Contest**

1st place winner Robin Wycuff  
2nd place winner Eleanor Cole

Seniors on Center would like to give a  
BIG THANK YOU to the Morrow County  
Sheriffs Office and the Rusty Horseshoe,  
for all their hard work and the Wonder-  
ful Donation we received for their Ce-  
lebrity Waiter Dinner They put on.

**THANK YOU ALL VERY MUCH!**

We would like to Thank everyone that came with  
us on our Easter outing to Ponderosa. We Greatly  
Appreciate Each and Every One of you. And we  
really enjoyed getting to visit with all of you.  
Thank you all again for being a part of our Center





## PHOTOS



Robin Wycuff was our 1st place winner of our adult coloring contest. She won a \$20.00 gift card to Kroger.



Eleanor Cole was our 2nd place winner for our adult coloring contest. She won a \$10.00 gift card to Kroger.

Brian Johnson is giving a demonstration of the proper use of the biohazard equipment, during our continuing education for the drivers. Brian received fashion model of the year, for his biohazard look. Doesn't he look fabulous?



Rudy Gilbert was our big winner at our Ponderosa Easter outing. She got a big basket full of goodies.





# HAPPY BIRTHDAY

JOIN US ON TUESDAY MAY 8TH, AT NOON TO CELEBRATE THIS MONTHS BIRTHDAYS!

Ann Arnett

Bea Castle

Betty Helman

Carol Schorr

Donald Clinger

Dorothy Lee

Eleanor Cole

Euna Prince

Feliz Rodeheaver

Floyd Hawk

Jerry Hiatt

Joanna Gregory

John Schade

Judy Daniels

Junia Kauderer

Larry Clarkson

Marie Payton

Nancy Giesige

Phylis Miller

Phyllis Eckard

Robert Weiler

Rosemary Levings

Roy Zinn

Ruth Harshner

Sandra Shrader

Shelby Morr

Shirley McMasters

Sylvia Meadows

Wilma Reed



## NEW MEMEBERS

Darlene Andrick

Robert Littell

Ramona Littell

Lee Felt

Sheryl Marx

Linda Gordon

1. Harvard was founded before the invention of calculus.
2. Bananas are actually berries but Strawberries are not.
3. If the sun was the size of a white blood cell then the Milky Way Galaxy would be the size of the United States.
4. You can not snore and dream at the same time.
5. A coyote can hear a mouse moving under a foot of snow.
6. If you suppress a sneeze, you can rupture a blood vessel in your head or neck and die.
7. Our eyes are always the same size from birth, but our nose and ears never stop growing.
8. There really was a Captain Morgan. He was a Welsh pirate who later become the lieutenant governor of Jamaica.

JUST FOR FUN!

## Mother's Day

L E T A L O C O H C  
D U U G M G H S U F  
E K F O N C I C D L  
T I M T C I H F A O  
O S T A H E V I T W  
V S K B R G C I B E  
E E K I D E U C G R  
D S S A P F Y O K S  
Q H E S S G U H H L  
M E M O R I E S Q T

CAKE  
CHERISH  
CHOCOLATE  
FLOWERS  
GIFT  
MOM  
THOUGHTFUL  
GIVING  
SPECIAL  
DEVOTED  
HUGS  
KISSES  
MEMORIES

**This Newsletter is published by:**

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dba Seniors on Center  
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Mt. Gilead, OH 43338

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**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419.946.4191 \* 419.946.1037 facsimile**

**Website:**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.