The November 2016 Newsletter

Gardens Gate

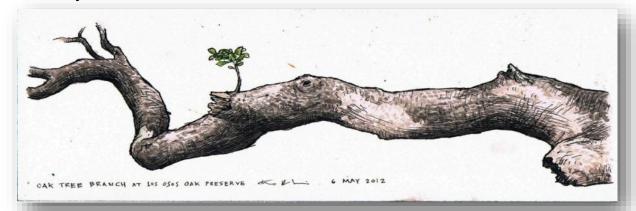


Botanical Gardens
Florida



### **RESILIENCY** AFTER STORM

"Life is a storm, my young friend. You will bask in the sunlight one moment, be shattered on the rocks the next. What makes you a man is what you do when that storm comes. You must look into that storm and shout as you did in Rome. Do your worst, for I will do mine! Then the fates will know you as we know you. " — Alexandre Dumas in the Count of Monte Cristo



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BOARD OF DIRECTORS MEETING NOVEMBER 14TH **4:30 - 6:30** |



2410 SE Westmoreland Blvd. Port St. Lucie, FL 34952 Phone: 772.337.1959 Fax: 772.237.5952

E-mail: info@pslbotanicalgardens.org Web: www.pslbotanicalgardens.org Hours: Wednesday - Saturday 10am - 4pm

Sunday Noon - 4pm

Closed Monday, Tuesday & Holidays

Suggested Donations: Adults \$5

Students \$2

Children 12 & Under Welcome Members and Active Military (with family) Welcome (IDs required)

#### Mission Statement . . .

Friends' mission is to create and maintain a beautiful, serene sanctuary in the center of Port St. Lucie that is environmentally sound and naturally diverse and to provide educational, cultural and recreational opportunities for all who visit.

#### Officers & Directors . . .

President: Joleen King
Vice President: Illona Christie
Secretary: Claire Clark
Treasurer: Cheri Mabry
Directors: Mike Alexander
Brenda Gustafso

Brenda Gustafson Jeffrey Policar Gloria "Gigi" Norelli Kate O'Neill Jennifer Scee Tim Sutton

#### Standing Committee Chairs . . .

Strategic Planning Committee: Joleen King Horticulture Committee: TBD Finance Committee: Cheri Mabry

Membership & Volunteer

Committee: Illona Christie
Gift Shop Committee: Jennifer Scee

Resource Development

Committee: Claire Clark Election Committee: Debby Augst

#### Newsletter...

Editor: Judy Nash-Wade Design: Mark Barnes

The Port St. Lucie Botanical Gardens is managed and operated by Friends of the Port St. Lucie Botanical Gardens, Inc. The Friends of the Port St. Lucie Botanical Gardens, Inc. receives no funding from any government agency. Your admission donations help us maintain and grow The Gardens.

#### PRESIDENT'S MESSAGE...

Holidays! Please include the PSL Botanical Gardens in your holiday planning this year, whether it's visiting our Gift Shop for unique gift ideas or starting a tour of Port St Lucie with YOUR Botanical Gardens on Westmoreland Blvd with visiting friends and family.

One holiday that is celebrated by the PSL Botanical Gardens is Arbor Day, observed in January in



Florida. We have a traditional tree planting and observance of memorials and dedications received from members and the public. A simple, dignified ceremony will be held January 20, 2017. As you gather with friends and family during this holiday season, consider remembering those whose memory you hold dear at the January Arbor Day celebration. There is a minimum donation of \$25 per name.

Watch for more information in the December newsletter. Please enjoy this holiday season from your Friends at the PSL Botanical Gardens.

Joleen King President





## Become A Member Today Membership Application

Port St. Lucie, FL 34952

Type: Student (18-22) - \$15 | Individual - \$25 | Family & Friends\* - \$50 | Business/Corporate\* - \$75

\* Secondary Member Name / Business Contact Name

\* Address

City State Zip

Telephone

Email

Please make checks payable to:

Friends of the Port St. Lucie Botanical Gardens
2410 SE Westmoreland Blvd.

# Helpful Hints (tips) from Hortense,

- A spray bottle of two parts vinegar and one part water is good for getting rid of slugs on your garden plants.
- For indoor and outdoor plants clay pots are better than plastic. Clay pots allow the plants to breathe and are cooler for the plant roots.
- When you change the water in your aquarium save it to use on your houseplants. They will love it!
- A paste of baking soda and water will remove most stains from your plastic garden furniture.
- When planting flowers, first scrape a bar of soap across your fingernails to keep them from getting soil stained.
- Sprinkling pepper in the garden will repel cats and other critters from digging or lying on your plants.
- You're more likely to kill your houseplants by over-watering than under-watering. Once a week is sufficient for most houseplants.
- Got ants in your pants? Get even by sprinkling some uncooked grits on the ant hill. The nasty little brutes will chow down, then swell up and die...revenge!



New Renew Gift



<sup>\*</sup>HORTense takes no responsibility for her claims. And furthermore, she is penniless so don't try suing her...

Resilience is the ability to withstand a crisis, absorb damage, recover quickly and adapt to disruptive events. Preparedness builds and strengthens resiliency. We as individuals know to prepare so that we can recover quickly; nature is a master of resiliency with its strong instinct to survive. Feel confidence in your own growth and strength as you learned, prepared, and weathered Hurricane Matthew, but continuing learning from and preparing for the storm of life.



Nature is our constant teacher. Watch for and nurture new growth on old; observe a new plant immerging where one was not before; and learn from the branches that were not broken – they were strong enough to bend.

For detailed information on assessing damage, restoring and up righting trees after a storm, restoration pruning, etc., visit: http://edis.ifas.ufl.edu





Children's Event: Garden in a Bag





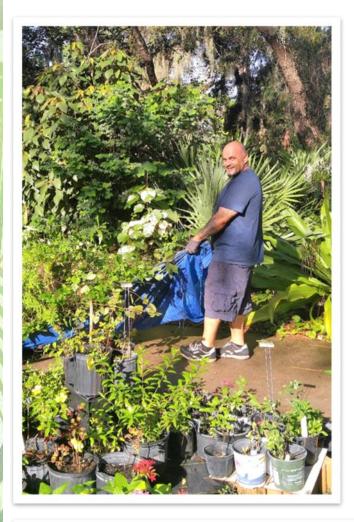


#### **Growing Vegetables Using Hydroponics Seminar**





#### **Seen Around The Gardens**





























**Look For Me In The Gardens** 





















# Calendar of OEvents Clavember

1 <sup>st</sup>	Florida Federation of Garden Clubs	8:00 - 4:00 pm	Members only
2 <sup>nd</sup>	Advanced Spanish Classes	10:00 - 11:30 am	Fee info. call 772.924.1002
2 <sup>nd</sup>	German American Club Board Mtg.	2:00 pm - 4:00 pm	Members Welcome
2 <sup>nd</sup>	Fort Pierce Jazz & Blues Jazz Jams	6:30 - 9:30 pm	\$6 Donation, \$5 Members
2 <sup>nd</sup>	Florida Federation of Garden Clubs	8:00 - 4:00 pm	Members only
3 <sup>rd</sup>	Florida Federation of Garden Clubs	8:00 - 4:00 pm	Members only
3 <sup>rd</sup>	German American Chorus Rehearsal	2:00 - 4:00 pm	Members only
8 <sup>th</sup>	Orchid Society Meeting	11:00 am - 3:00 pm	Members Welcome
9 <sup>th</sup>	Advanced Spanish Classes	10:00 - 11:30 am	Fee Info. call 772.924.1002
9 <sup>th</sup>	Master Gardeners' Meeting	10:30 am - 1:00 pm	Members Only
10 <sup>th</sup>	PSL Anglers Club Meeting	6:30 - 9:00 pm	Members Welcome
14 <sup>th</sup>	Rio Lindo Board Meeting	10:00 am - Noon	Rio Lindo Board Members
14 <sup>th</sup>	<b>Board of Directors Meeting</b>	4:30 - 6:30 pm	Members Welcome
16 <sup>th</sup>	Advanced Spanish Classes	10:00 - 11:30 am	Fee info. call 772.924.1002
16 <sup>th</sup>	Fort Pierce Jazz & Blues Jazz Jams	6:30 - 9:30 pm	\$6 Donation, Members \$5
17 <sup>th</sup>	Treas. Coast Hibiscus Society Mtg.	10:30 am - 1:00 pm	All Welcome
17 <sup>th</sup>	German American Chorus Rehearsal	2:00 - 4:00 PM	Members Only
23 <sup>rd</sup>	Advanced Spanish Classes	10:00 - 11:30 am	Fee info. call 772.924.1002
24 <sup>th</sup>	Thanksgiving Day	Gardens Closed	
28 <sup>th</sup>	Rio Lindo Garden Club Meeting	12:45 - 4:00 pm	Members Welcome
30 <sup>th</sup>	Advanced Spanish Classes	10:00 - 11:30 am	Fee info. call 772.924.1002
30 <sup>th</sup>	Fort Pierce Jazz & Blues Jazz Jams	6:30 - 9:30 pm	\$6.00 Donation, Members \$5

The Gardens is closed Monday's & Tuesday's • For more information on events, please call 772.337.1959



#### University of Florida IFAS Extension Central Florida Gardening Calendar — November

#### What to Plant

**Annuals/Bedding plants**: Create a display of fall colors with cool-season plants. Some examples include impatiens, strawflower, cape daisy, and pansy. **See** *Annuals*: <a href="http://edis.ifas.ufl.edu/topic annual landscape plants">http://edis.ifas.ufl.edu/topic annual landscape plants</a>

**Bulbs**: Many bulbs like to get their start in cool weather. Bulbs to plant this month include amaryllis, crinum, and the many varieties of elephant's ear. **See** *Bulbs for Florida*: <a href="http://edis.ifas.ufl.edu/topic bulbous flowers">http://edis.ifas.ufl.edu/topic bulbous flowers</a>

**Herbs**: Continue planting herbs from seeds or plants. A wide variety of herbs like cooler, dryer weather, including cilantro, dill, fennel, parsley, sage, and thyme. **See** *Herbs*: <a href="http://edis.ifas.ufl.edu/topic\_herbs">http://edis.ifas.ufl.edu/topic\_herbs</a>

**Vegetables**: Lots of choices exist for November including beans, broccoli, kale, snow/English peas, and strawberries. **See** *Vegetable Gardening in Florida*: <a href="http://edis.ifas.ufl.edu/topic vegetable gardening">http://edis.ifas.ufl.edu/topic vegetable gardening</a>

#### What to Do

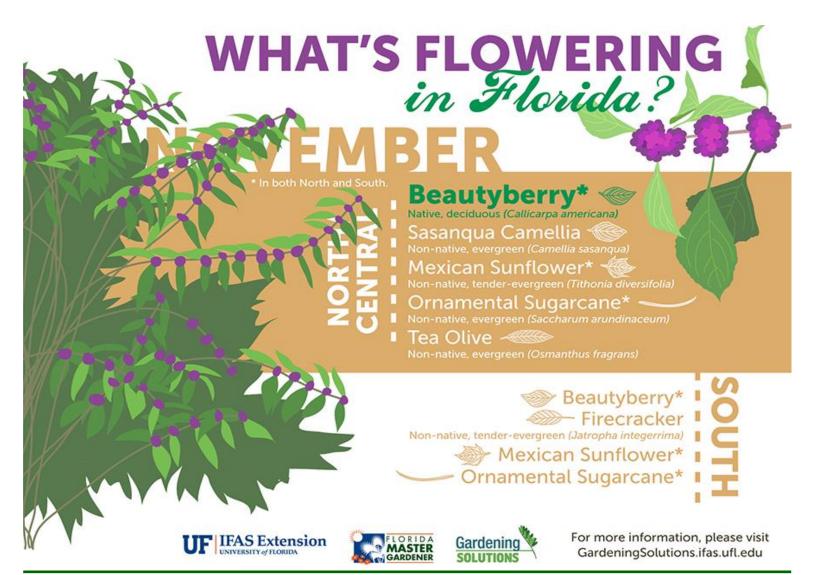
**Perennials**: Divide and replant overgrown perennials and bulbs now so that they establish before the coolest weather arrives. **See** *Seeds and Propagation (Lawn and Garden)*: <a href="http://edu.topic garden propagation">http://edu.topic garden propagation</a>

**Lawns**: Watch for brown patch and large patch until May. These fungal diseases cause areas of grass to turn brown. Since treatment is difficult, prevention with proper cultural practices is key. **See** *Turf Diseases*: <a href="http://edis.ifas.ufl.edu/topic\_turf\_diseases">http://edis.ifas.ufl.edu/topic\_turf\_diseases</a>

**Scale insects**: Take advantage of lower temperatures to apply horticultural oil sprays to control scale insects. **See***Landscape Pest Management*: <a href="http://edis.ifas.ufl.edu/topic landscape pests">http://edis.ifas.ufl.edu/topic landscape pests</a>

**Irrigation**: Turn off systems and water only if needed. Plants need less supplemental watering in cooler weather. **See** *Landscape Irrigation*: <a href="http://edis.ifas.ufl.edu/topic\_landscape\_irrigation">http://edis.ifas.ufl.edu/topic\_landscape\_irrigation</a>

**Poinsettias**: Watch for hornworms on poinsettias planted in the landscape. This pest can quickly defoliate a plant. Handpick or treat only the infested area. **See** *Poinsettias*: <a href="http://edu.topic\_poinsettia">http://edu.topic\_poinsettia</a>





This month our Jazz Jams will be held on November 2nd, November 13th & November 30th starting at 6:30 pm

### JAZZ **JAMS**

At The Gardens

Donation \$5 per person. Gardens & Jazz Society Members \$4 per person.

Sponsored by the Fort Pierce Jazz & Blues Society HEARD AROUND THE GARDENS

"Their kids' events are wonderful! Children always leave with smiles, new knowledge about nature crafts and/or plants. I highly recommend it!" - Wendy C.

"Really enjoyed walking through the Gardens and listening to the birds. Quite peaceful." - Judy B.

"Love the Gardens. Besides all the beautiful flowers and plants."

The volunteers are so helpful and friendly. And its home to our beloved Gopher tortoise and ospreys." - Heather L.

"The experience we had was great, my grandchildren had the time to talk, I listened to their stories and we were able to share life in a beautiful setting." - Frank M.

#### **GARDEN OF THE MONTH: PALM WALK**

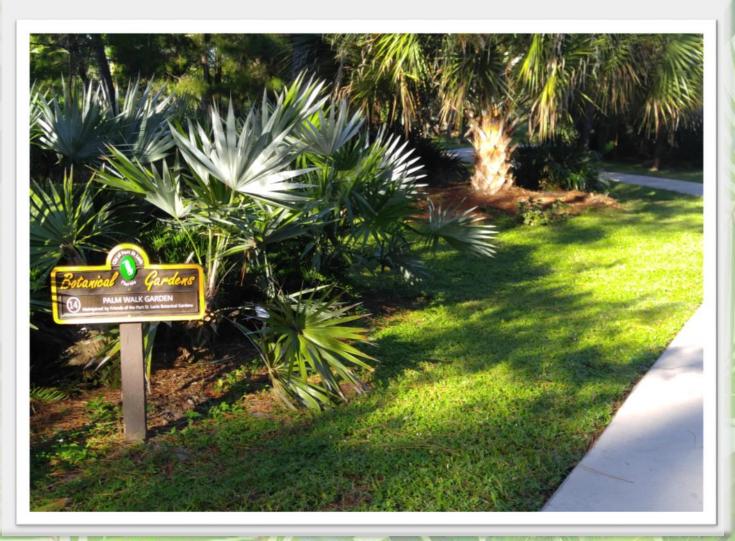
MAINTAINED BY PORT SAINT LUCIE BOTANICAL GARDENS

**THE PALM WALK**, our newest Garden, is located via walkway just west of the Native Plant Garden Room. Completed in February, 2015, the new garden room has introduced native palms to The Gardens in a way that looks totally natural in the setting, almost as though they have always been there.

Darl Emling, along with assistance from Josephine Telenko and Susan Shay Frostrom, owner of Palm City Palms and Tropicals were instrumental in planning the Palm Walk. Susan designed the garden room and irrigation layouts, provided a \$10,000 memorial gift toward the discounted cost. We are very proud of this new garden room and appreciate the generous donor!

The Palm Walk is in itself a study in Florida Native Plants. Along the walk you will find:

Buccaneer Palm (Pseudophoenix sargentii), Needle Palm (Rhapidophyllum hystrix), Paurotis Palm (Acoelorrhaphe wrightii), Royal Palm (Roystonea regia), Saw Palmetto (Serenoa repens), Cabbage Palm (Sabal palmetto), Dwarf Palmetto (Sabal minor), Scrub Palmetto (Sabal etonia), Florida Thatch Palm (Thrinax radiata), Keys Thatch Palm (Leucothrinax morrisii), and Silver Palm (Coccothrinax argentata)



#### **GARDEN OF THE MONTH: PALM WALK**

Some practical points to know about some of these palms: The Needle Palm is one of the most cold-tolerant palms found anywhere; Buccaneer Palm is an endangered Florida native, once found in abundance in the upper Florida Keys. Wild collecting and development have greatly reduced its numbers, it grows well, albeit very slowly, in hot regions with erratic rainfall and limey soils. It is one of the most wind and salt tolerant palms, making it suitable for coastal plantings, where it can tolerate the occasional salt water inundation. The Dwarf Palmetto appears to be without a trunk, and makes a good landscaping shrub.

Unfortunately, the 2 Buccaneer Palms at the east side of the Palm Walk got smashed by a pine tree that fell on them during Matthew in October. Darl, Tim Sutton, and Deirdre came to the rescue and sawed away the pine tree to get it off of the palms. The Buccaneers are very slow growing and will take a long time to recover. We hope they make it.

Tim Sutton and Darl Emling are the primary custodians of this garden today. There is an option under consideration to add in some backdrop plants that would dress up and bring some color to the area. We have also discussed bringing in some cycads to add a little diversity. Both of them can be found most Saturday's at the Palm Walk – you are welcome to join in!

Judy Nash-Wade Editor





Looking for information on trimming Palms? Check out the easy guide available in our Gift Shop!



### **Volunteer at the Friends of the Port St Lucie Botanical Gardens**

#### **Propagation:**

Assist with propagation, plant sales and all areas of propagation techniques. No experience needed.

Bring gloves and clippers.

Thursday – Saturday 8:30AM – 12PM in the Propagation Area.

Please call Brenda Gustafson at 772-678-8523.



### **e** Center & Gift



If you enjoy greeting and meeting 'The Gardens' guests, handing out informational materials, answering the telephone and assisting with questions and requests this is the place for you. Assist in the selection and sales of books, gifts and other merchandise. Capable of handling money and accountable for gift shop receipts. Ability to work well with other volunteers and the public. Open Wednesday – Saturday – 10AM-4PM, Sunday 12AM-4PM. No experience needed. Retail experience in Gift Shop a plus.

Please Call Illona Christie at 772-337-1959



Please contact Brenda Gustafson (772-678-8523) or Illona Christie (772-337-1959) for more information or to arrange for item drop off.



#### THE CORNUCOPIA

#### The Cornucopia - Early History

The cornucopia also known as the "horn of plenty," is a symbol of food, abundance, the harvest, and Thanksgiving. It dates back to the 5th century B.C., where according to Greek mythology, the horn belonged to Amalthea, the goat who became Zeus' foster mother after his mother, Rhea, sent him to live in a hidden cave on Mount Ida to keep him safe from his father, Cronus. Cronus, for whatever reason, was convinced that Zeus would try to overthrow him when he grew up. To prevent that, Cronus decided to do away with his son.

The infant Zeus lived in a cave with Amalthea, the goat that nursed him and raised him as her own child. One day when the two were playing together, Zeus accidentally broke Amalthea's horn. That turned her into a unicorn.

When Zeus was old enough to realize what had happened to Amalthea, he was overcome with remorse. He returned the horn to her. No one knew that the horn had acquired magical powers. Whenever the person in whose possession it was wished for something, the horn would be replenished until it overflowed.

#### Cornucopia - As a Symbol of Thanksgiving

The cornucopia that has become a symbol of Thanksgiving is also a symbol of prosperity. The link to prosperity is evident in the range of names that are used to describe the cornucopia including the Horn of Amalthea, Food of Worship, Horn of Plenty & Harvest Cone.

HAPPY THANKSGIVING FROM YOUR FRIENDS AT THE PORT ST. LUCIE BOTANICAL GARDENS.





#### **HORTICULTURE KNOW HOW...**

# Friends of the Port St. Lucie Botanical Gardens Horticulture Class Series 2016 Edible Landscaping

- 1. Two opposites. Grow what you eat and also expand your horizons. The subtropical world contains a vast array of unusual edible fruits, vegetables, and spices. Try something different. Florida is full of opportunities to try Asian, Indian, South American foods. Be brave.
- 2. Use the situation that you have. Soil, drainage, sun, etc. It may be difficult to impossible to modify many site characteristics. Study what you have. Different plants can go different places. Consider any legal limitations Home owner associations, etc.
- 3. Right plant; right place. Generally, most food plants need full sun, protection from strong winds, soils of at least moderate quality and moderate pH, irrigation. Improve you soil by adding organic matter = compost, ground up yard waste, etc. If you are throwing away vegetable and yard waste you are throwing away money.
- 4. Integrate edible plants into your landscaping. Fruit trees for shade, fruiting shrubs or small trees for buffers, edible leafy vegetables for ground covers. Herbs as small shrubs and ground covers.
- 5. Think up. Fruits and vegetables can be grown as vines for shade and privacy. Grapes, gourds, cucumbers, pole beans, tomatoes, etc. Select indeterminate tomato and cucumber varieties for long harvests.
- 6. Container plants most vegetables can be grown in containers. Need moderate size, drainage, high fertility soil, full sun. Exception to full sun leafy greens, oriental greens. Many dwarf fruit trees can be grown in containers. Combine plants that require the same conditions.



#### Continued from Pg 19

- 7. Raised beds make amending the soil easier and are often easier for people to manage. Be careful about selection of your materials; do not select materials that will leach toxins into your soils. Put down an organic weed barrier between the new soil and the old soil paper, newspaper, etc. Not plastic.
- 8. Start small and start with a plan. Consider the crop rotation. Don't follow crops with crops from the same families. Consider the time to harvest.
- 9. Most vegetables can be started from seeds but buying starts means faster crops and you can buy just what you need. Usually, not



much variety available in starts. There is an astonishing array of seeds available from specialty providers that will allow you to grow crops year round. Lots of crops can be grown from seeds from the produce department.

10. Specific information. Best source are the UF publications. http://edis.ifas.ufl.edu/topic\_hs\_vegetables. Also, books and magazines; Florida Gardening. Try the library. Join the Rare Fruit Club in Ft. Pierce or Palm Beach.



# Are you a Member of Friends? Friends Membership is...



Become a Member of a Growing Community... Friends of the Port St. Lucie Botanical Gardens, Inc.



Click Here to Join or Renew Your Membership Today



# "like" us on VISIT OUR facebook WEBSITE





#### **PSLBG Propagation**

Purchase 2 plants & receive a small Plant FREE

Our PSLBG Propagation Center has a large variety of plants starting at \$2 and trees at very reasonable prices.

### We're open:

Sunday • 12pm - 4pm Wednesday-Saturday • 10am - 4pm

# ATTENTION ALL MEMBERS SAVE THE DATE



#### **CANDIDATES NEEDED FOR THE PSLBG 2017 BOARD OF DIRECTORS**

Please consider running for Board of Directors of the Friends of the Port St Lucie Botanical Gardens

Check your PSLBG newsletter and website on 11/25/2016 for the Intent to be a Candidate form, qualifications to run and BIO info. Forms will also be available at the office or contact Debby Augst, Election Committee Chair at <a href="mailto:elections@pslbotanicalgardens.org">elections@pslbotanicalgardens.org</a>

\*\*Deadline to file Notice of Intent to be a Candidate is 12/31/2016\*\*

# MEMBERS & VOLUNTEERS SAVE THE DATE



### **DECEMBER 12, 2016 • 6PM**



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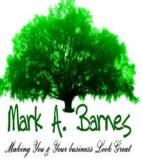
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