

The 10 Best Vegetarian Restaurants In NYC

Sure, this town's famous for its [delis](#), [steakhouses](#) and hot dog stands, but New York is more than just a meat-eater's paradise. We've got plenty of restaurants, cafes and falafel stands serving up veggie-friendly foods, and though your unyielding carnivore of a father might turn his nose up at bean curd, much of New York's vegetarian fare is just as much of a culinary triumph as its porterhouses. Here are our favorite vegetarian restaurants in the city; as always, leave yours in the comments.

LuAnne's Wild Ginger: ...This pan-Asian joint—with 2 locations in Manhattan and Brooklyn—serves up veggie stir-fries, pad thais, noodle dishes and other delicacies with a healthy twist. Try the sweet-and-sour sesame soy protein, or, for something a little less saucy, you can order sweet-citrus soy protein served with brown rice. They've also got a stellar veggie pad thai with bean sprouts and brown tofu, plus there's a hefty selection of loose-leaf organic hot teas and homemade iced drinks like Thai iced coffee to temper all that soy.

May 1, 2013



Six Spots To Get Your Fake Meat Fix

Happy Vegan Month! Today we're offering you a mouthwatering offering of fake meats. We can fully attest to the quality of these six spots, and have even seen devoted carnivores drool over their dishes.



LudAnne's

Wild Ginger

... serves up some of, if not *the*, best fake meat around, and even offer lunch specials (with a main course, and some extras, like a pumpkin slice, spring roll, and miso soup). We highly recommend a soy protein dish, like the Sweet & Sour Sesame Soy Protein.

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Coast to Coast: Where to Go Veg Out

Best vegan and vegetarian restaurants across the U.S.



LuAnne's **Wild Ginger**

Noodle lovers slurp it up at LuAnne's, where pan-Asian vegan dishes erase all memories of pad thai filled with eggs & shrimp. Also worth a bite: curried samosas with mint chutney for dipping.

Nominee: Top 5 Vegetarian Restaurants in NYC



LuAnne's Wild Ginger All-Asian Vegan

Time Out Ratings *Strong 4/5*

Vegan dining feels more like a hip lifestyle choice than a restricted diet at this Manhattan eatery. The sparse décor, soft Elliott Smith piped over the speakers and flickering candlelight lull diners into a blissful mood. The lengthy menu, filled with refined mock-meat interpretations of Thai, Chinese and Japanese dishes, helps too. We enjoyed an appetizer of lightly battered salt-and-pepper king oyster mushrooms, which approximated the shape and crisp-on-the-outside, chewy-on-the-inside texture of a great fried calamari. A lighter choice is the avocado salad, which was pepped up with fresh greens and a zesty carrot-ginger dressing. All too often, vegan offerings are slathered with overly sweet, fruity glazes, but the General Tsoy's soy protein avoided that blunder. Thick chunks of breaded faux chicken, whole red chilies and broccoli florets were doused with a spicy brown sauce and served with a side of nutty rice. If the atmosphere and the eats don't put you into a Zen state of mind, a glass of beer, sake or wine just might.—*TONY*