

Support Options

1. Escrip.com group #500030141
 2. Shop.com/nchelpinghands
 3. Annual Spaghetti Dinner
 4. Holiday Frozen Cookies
 5. Bus Advertising Banner
 6. Adopt a Caregiver
 7. Donate supplies
 8. Donate food
 9. Donate items for Silent Auction or raffle baskets.
 10. Donate funds for marketing
 11. Purchase our T-Shirt (\$25) and wear often to show your support
 12. Volunteer 2-4 hours a week helping at the program Mon-Tue-Fri
- Ask for more information to get started!

13) BONUS! SHARE, SHARE, SHARE!

Pass out our brochures, talk with neighbors and friends about Adult Day Care and the benefit it brings to caregivers. Our community is growing and so many still don't know we exist. HELP US GET THE WORD OUT and give caregivers the break they deserve!

Call us at 530-432-2540
P.O. Box 309 Penn Valley,
CA 95946

www.nchelpinghands.org

PLACE
STAMP
HERE

Helping Hands Caregiver Resource Center

P.O. Box 309
Penn Valley, CA 95946



**WE REALLY NEED A
NEW SIGN!**

**And other ways you can help
support Nevada County's *ONLY*
RESPIRE CARE CENTER**

HELPING HANDS CAREGIVER
RESOURCE CENTER
17645 PENN VALLEY DRIVE
Penn Valley, CA 95946

530-432-2540



YOU CAN BE A HELPING HAND!

Let us tell you about several ways you can contribute.

Helping Hands has been licensed and operating since October 2008. The need for caregiver respite in our community is huge, yet the availability of relief services are simply not enough and the cost for private care is out of reach for many. Helping Hands provides a reasonably affordable way to provide respite for caregivers in a safe and enjoyable social environment for their loved one. How can we afford to keep the respite care center open and operating on a limited budget? Only with the help of others like you!

“Many hands make for light work.”

John Haywood

IF YOU WANT MORE INFORMATION Give us a call at 530-432-2540 and our friendly staff will assist you.

If all you can do is a little, then a little is enough!

1) eScrip is simple to use, nothing to track or sell - you simply fundraise every time you shop and dine out with your registered cards, or when you shop from our their online mall.

2) shop.com/nchelpinghands From Ace Hardware to Apple products, AT&T to Best Buy, Bloomingdales to Cosco exclusive Kirkland brands (found on jet.com), Direct TV to Dollar General, Groupon to Home Depot, to JCPenny, Sears, Kmart, Target, and HUNDREDS of other retailers including the newest SHOP LOCAL program; shop.com returns cash to you AND cash to your sponsored non-profit. For your convenience – to protect your personal information, we offer on-site ordering. You pay us– we order & pay. Did I mention– most orders offer *FREE* shipping right to your door? It's a Win-Win!

3) Spaghetti Dinner Every fall we celebrate another year of providing respite care to our community by having a spaghetti dinner/raffle basket/silent auction. With a donation of \$10/plate guests enjoy a wholesome homemade dinner along with entertainment from local artists.

4) Holiday Frozen ready-to-bake Cookies are available from Nov. 1st through Dec. 15th. \$6/per dozen organic wholesome ingredients, sugar free/ gluten free available. Buy for yourself or give as gifts! Makes the Holiday season a bit easier and a lot sweeter!

5) Bus Banner The local ADA bus service (The Lift) will advertise on their busses with our program banner for \$100/month. We are hoping to have 3, one in each major location of our county for awareness of respite care.

6) Adopt A Caregiver 60-70% of participating families cannot afford the nominal daily rate. Consider the benefit of sponsoring a caregiver by giving \$10, \$20, or more each month to offset their deficit and give peace of mind to one caregiver at a time. As a 501-c3 non-profit, donations are usually tax deductible.

7) Supplies are something we always need. Here is a list of items we use regularly.

Art supplies; acrylic or water color paints, glue, brushes, colored pencils, colored paper, water color paper, beads, sequins, woodworking kits, ready to paint ceramics, silk flowers, holiday stickers, scotch tape, cheap paper plates, dry erase markers, marker board cleaner
Office supplies; printer paper, black ink hp 901, postage stamps, non-latex gloves, hand sanitizer, tissues, paper towels

8) Food. Over 80% of our meals are supplemented by the Nevada County Food Bank! We need: sugar free hot chocolate mix, Crystal lite with Splenda, coffee creamer, canned soups, fresh seasonal vegetables and fruits, butter, whole grain bread/rolls.

9) Silent Auction or Raffle Baskets Quality items to auction or put in our raffle baskets. Ideas are limitless and nothing is ever refused! We appreciate everyone who helps!

10) MARKETING Advertising is expensive and we have no extra funds available for marketing because every penny currently goes to care for our participants. We could use funds or donated time on the radio, local newspaper, community TV channels, etc. We're open to any ideas and help from the community. We also could use a nice professional sign at our facility!

11) T-Shirts Our black tee shirts with bright Helping Hands logo are printed locally and show your support every time you wear it! Adult sizes sm-XL \$25. Other styles and child sizes can be ordered.

12) Volunteer Volunteers bring new ideas and a sense of community involvement we desire. Getting started is easy. Give us a call or go online to www.nchelpinghands.org and download to volunteer packet. Fingerprinting is required.