

August 28 Notes

Review:

Chapter 8 (p. 155)

“The heart is the official functioning as the ruler.”

君主之管 jūn zhǔ zhī guān

君 – sovereign; ruler; lord (noble rank) (SCM)

主 - the one in dominant, principle position (SCM)

管 – office for transaction of government business (SCM); official rank in bureaucracy, office to which one is appointed (SCM)

“It is clear and quiet and houses one’s magic power 靈” (Wang Bing)

靈 líng - numinous, sacred; spiritual power or efficacy; potency of the disembodied world; ethereal, supernatural (SMC)

- Life principle, vital principle, embodied realization of the numinous, one’s inner spirit; potency of this principle that may survive the body’s demise (SCM)
- Seemingly divine intelligence or awareness (SCM)

“Spirit brilliance originates from it.”

神 shén - Spirit(ual), divine (SCM)

- Actualizing spirit in humans, that power or agency which makes it possible interaction and relation with nature and other beings (SCM)
- Of a quality surpassing the normally human or transcending the ordinary yin and yang (SCM)
- Natural order, law of nature (SCM)

明 míng – light, luminous; diffusely bright; shed light on, illuminate; evident, clear, manifest; perceptive (SCM)

神明 – “divinely luminous essences” (SCM)

“The lung is the official functioning as chancellor and mentor.”

相傳之管 xiāng fù zhī guān

相 – mutual action

傳 – mentor, adviser, counselor

“Order and moderation originate in it.”

治 zhì – set things in their proper channels; govern (state policy), heal (illness), dress (stones, gems), solve (difficulties) (SCM)

節 jié – node or joint on bamboo; juncture; segment; measure(d), regular(ity); (to) moderate (SCM)

“It is responsible for passage of camp and guard qi.” (Wang Bing)

營 yíng - to lay out, plan; to project; undertake, carry out (SCM)

- encamp(ment), garrison; guard (SCM)
- “Construction” (Wiseman)

衛 wèi - defend, safeguard; guard (SCM)

- “Defense” (Wiseman)

p. 156 Liver – general, “brave and able to pass decisions” (Wang Bing)

Planning and deliberation

謀 móu – take counsel with; consider options; plan, strategize, strategy (SCM)

慮 lù – ponder, think on; reflect on; meditate; infer(ence); anticipate; expect (SCM)

“... develops that which has not sprouted yet.” (Wang Bing)

New:

Gallbladder – rectifier

中 zhōng – in, inner, innermost, inside; among; center, central, middle; intermediate (SCM)

正 zhèng – correct, proper; not inclined to one side, upright; just, impartial; normal (SMC)

- rectify, correct, regulate

- principal, most important

Decisions and judgements

決 jué - breach; flow out; run out; break out/through (SCM)

- decide(dly), decisive; determine(d); resolve, resolute(ly) (SCM)

斷 duàn – break apart; tear off; put a stop to, check (SCM)

“Tough upright and determine”, “straight forward and know no doubts” (Wang Bing)

Dàn zhōng 膻中 - minister and envoy

Dàn zhōng 膻中 – Ren 17, Alarm point of PC. Meeting point of qi (PD)

臣 chén – “subject, servant, in conjunction with 君 jūn (“sovereign”, heart)” (SCM)

使 shǐ – “dispatch, commission, send on an errand; give free reign to, allow unrestricted action” (SCM)

“Joy and happiness originate in it”

“Region in the chest between the two breasts... the Sea of Qi... it spreads the qi... When qi and mind are in appropriate condition, good fortune and joy emerge...” (Wang Bing)

“Heart enclosing network... the palace walls inside of which the heart ruler resides” (Zhang Qi)

~ Ling Shu’s “Heart Enclosing Network”

p. 157 Spleen and Stomach – Grain storage (倉廩 cháng lǐn – granary)

Five flavors (五味 wǔ wèi) originate from them

Large intestine – “transmitter along the Way”

傳 chuán – “transmit, pass along; circulate, spread; transfer, hand over from one person to another; impart; pass on orally” (SCM)

道 dào – “Way that leads somewhere, road, route; the Way, fundamental reality; way of doing something, method” (SCM)

→ “Transmitter/impart of the Way”? “Route of transmission”?

Reading into text

Close reading of the text

Classical commentary

Textual context

“Changes and transformation (變化 biàn huà) originate in it”

Creation and dissolution of things

Small intestine – “the recipient of what has been perfected”

盛 shèng – “flourishing; exuberant; of peak intensity” (SCM)

“the transformation (化 huà) of things originates in it”

Kidneys – operator with force

作 zuò – “rise, stand up; raise up; arise, begin; devise, create; undertake” (SCM)

強 qiáng – “strong; vigorous” (SCM)

“Technical skills and expertise originate from them”

伎 jì – “technique, skill; artisan, craftsman” (SCM)

巧 qiǎo – “skill, dexterity, acumen, artistry” (SCM)

p. 158 Triple burner – opener of the channels

決 jué – “breach in a dam; flow out, burst forth; run out; break out/away from;
decide(dly), decisive” (SCM)

洩/瀆 – “drainage trough, culvert; canal; overflow, inundate” (SCM)

“It guides yin and yang and opens blockages... Opener of the ditches and waterways”

(Wang Bing)

“Paths of water (水道 shuǐ dào) originate in it”

Urinary Bladder – regional rectifier (州都 zhōu dōu)

州 zhōu – “isle, land are surrounded by water; administrative unit” (SCM)

“Body liquids (津液 jīn yè) are stored in it”

津 jīn – “crossing-point of river; key point or person; river bank; moisten; body fluids, saliva”
(SCM)

液 yè – “fluid, especially heavy or dense fluid; melt together” (SCM)