

Anima Christi

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from the side of Christ, wash me; Passion of Christ, strengthen me; O good Jesus, hear me; within Thy wounds, hide me; let me never be separated from Thee; from the evil one, deliver me; at the hour of my death, call me and bid me come to Thee, that with Thy saints, I may praise Thee forever and ever. Amen.