

MAY 2023

Preston Hollow UMC Child Development Center

Monday

Breakfast Snack: Yoplait yogurt **1**
Lunch: Cheese sandwich w/veggie sticks, pineapple cups
Afternoon Snack: Skinny Pop popcorn

Breakfast Snack: BelVita bars **8**
Lunch: Vegetable soup w/crackers, pineapple cups
Afternoon Snack: Cheez-Its

Breakfast Snack: GoYo Squeeze yogurt **15**
Lunch: Red beans & rice, roll, fruit cocktail
Afternoon Snack: Fig newton bars

Breakfast Snack: Fig Newton bars **22**
Lunch: Pimiento cheese sandwich, veggie chips, fruit cocktail
Afternoon Snack: Fruit chews

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School Closed

Tuesday

Breakfast Snack: Nutri Grain bar **2**
Lunch: Turkey wraps w/baked chips, mandarin oranges
Afternoon Snack: Rice Krispie treat

Breakfast Snack: Yogurt w/fruit **9**
Lunch: Chicken nuggets, spinach salad, pear cups
Afternoon Snack: Graham crackers

Breakfast Snack: Strawberry pop tart **16**
Lunch: Turkey tacos, mild salsa, applesauce
Afternoon Snack: String cheese w/baked tortilla chips

Breakfast Snack Cinnamon rice cake **23**
Lunch: Mini pizza bites, spinach salad, pineapple cups
Afternoon Snack: Nilla wafers

Breakfast Snack: Oatmeal bars **30**
Lunch: Cream of broccoli soup w/crackers, fruit cocktail
Afternoon Snack: Rice Krispie treat

Wednesday

Breakfast Snack: Raisin toast **3**
Lunch: Chicken noodle soup w/crackers, spinach salad, applesauce
Afternoon Snack: Fig Newton bars

Breakfast Snack: Nutri Grain bar **10**
Lunch: Taquitos w/mild salsa, garden salad, applesauce
Afternoon Snack: Quaker rice cakes

Breakfast Snack: Raisin toast **17**
Lunch: Lentil spaghetti, spinach salad, peaches
Afternoon Snack: Goldfish crackers

Breakfast Snack: Oatmeal bars **24**
Lunch: No nut butter w/honey roll up, veggie chips, peaches
Afternoon Snack: Belvita bars

Breakfast Snack: Yoplait yogurt **31**
Lunch: Turkey & cream cheese roll ups, coleslaw, peaches
Afternoon Snack: Graham crackers

Thursday

Breakfast Snack: Cinnamon Pop Tart **4**
Lunch: Bean burrito, guacamole, baked tortilla chips, fruit cocktail
Afternoon Snack: Nilla Wafers

Breakfast Snack: Mini bagels **11**
Lunch: No nut butter w/jelly roll ups, veggie chips, mandarin oranges
Afternoon Snack: Goldfish crackers

Breakfast Snack: Yoplait yogurt **18**
Lunch: Turkey and cheese sandwich, veggie chips, pineapple
Afternoon Snack: Trail Mix

Breakfast: Yoplait yogurt **25**
Lunch: Turkey bologna sandwich w/ garden salad, pears
Afternoon Snack: Animal crackers

Friday

Breakfast Snack: Oatmeal bars **5**
Lunch: Tuna salad w/crackers, veggie chips, pears
Afternoon Snack: Popsicles

Breakfast Snack: Graham crackers **12**
Lunch: Tuna ranch pasta, carrot salad, peaches
Afternoon Snack: Popsicles

Breakfast Snack: BelVita bars **19**
Lunch: Fish sticks w/tartar sauce, coleslaw, pears
Afternoon Snack: Popsicles

Breakfast: NutriGrain bar **26**
Lunch: Tuna cheese melts, veggie chips, mandarin oranges
Afternoon Snack: Popsicles

