

CP-02 Counseling Families I

\$230

Family Therapy

14 hours

Objectives: Explores family therapy from the first interview to termination. Helps the therapist to see family therapy as a process that involves planned interventions, sensitivity and clarity on the part of the therapist.

Text: Essential Skills in Family Therapy by JoEllen Patterson, Lee Williams, Claudia Grauf-Grounds & Larry Chamow
ISBN: 1572303077

Motivational Interviewing

12 hours

Objectives: Identifies strategies that develop a counseling relationship that motivated the client to change. Prepares clients to utilize their skills as they create an environment that fosters client change.

Text: Motivational Interviewing: Preparing People for Change by William K. Miller & Stephen Rollnick
ISBN: 9781609182274

Mastering Resistance

14 hours

Objectives: Specific approaches and techniques the therapist can utilize to effectively deal with resistant clients are examined especially as they apply to couple and family counseling.

Text: Mastering Resistance: A Practical Guide To Family Therapy by Carol M. Anderson & Susan Stewart
ISBN: 0898620449

Substance Abuse & Family Recovery

14 hours

Objectives: Provides the therapist with a background in the theory of substance use in the family and with couples. Enables the therapist to better apply that theory as they consult with the family where substance abuse is a major issue.

Text: Couple & Family Therapy in Addiction by Jerome D. Levine ISBN: 1568216416

Marriage Counseling

20 hours

Objectives: To learn the research based theory of marriage as put forth in the Gottman book. To learn how to assess the issues in a marriage without falling into various pitfalls noted there. To learn how to create effective interventions with a marriage which help the members solve problems, and deals with problems of resistance and relapse.

Text: The Marriage Clinic: A Scientifically Based Marital Therapy by John M. Gottman ISBN: 9780393702828

Family Intervention

12 hours

Objectives: This course lays out how prepare for and implement a successful family intervention in the addict's life.

Text: Training Families to Do a Successful Intervention by Alexandra Robbin, et. al. ISBN: 1562461168