



Adult Transition

Newsletter for Teachers Working With Students 18-22
Educational Equity for All

April 2016

ME! Lessons for Teaching Self-Awareness & Self-Advocacy

Developed by Penny Cantley, Karen Little, & James Martin
Welcome to the ME! Lessons. All of the lessons and supplemental information needed to teach the lessons can be found on this page. Prior to teaching the lessons, please download and read

Educators using the ME! Lessons may modify all lesson materials as needed to better meet individual student and teacher needs. The Word documents and PowerPoint presentations can easily be modified by users, or the entire lesson package is available to download in PDF format.

- ME! Units 1-10 Lessons and Materials (combined pdf)

Educators may download, use, copy, and modify the ME! Lessons at no cost.

<http://www.ou.edu/education/centers-and-partnerships/zarrow/transition-education-materials/me-lessons-for-teaching-self-awareness-and-self-advocacy.html>



NEXT S.T.E.P. Complete Program

[Student Transition and Educational Planning](#)

Based on feedback from more than 250 teachers, this very successful curriculum has been extensively revised. The core purpose remains the same: helping students to make the transition from school to adult life smoothly and successfully. With a constant focus on self-determination, the *NEXT S.T.E.P.* (Student Transition and Educational Planning) curriculum helps students learn how to take charge of their own transition planning process.

<http://www.proedinc.com/customer/productView.aspx?ID=3485>

EMPLOYMENT



JobTIPS Student online program offers real world examples and assistance to

teens and adults transitioning to the workplace. It provides learning resources, guided exercises, graphic organizers, role-playing scenario cards, prescreening tests, video tutorials, and visual prompts to help individuals with any learning style get and keep a job. Try out the free Determining Interests section on the left navigation bar to see the depth of each topic. [Click here](#) for helpful hints on how to use JobTIPS Student Version.

[Subscribe now to get complete access to the full program](#)

For VR agencies, coaches and schools, [JobTIPS ToolboxPRO](#) provides an even larger selection of assessment and teaching materials. Designed to meet Common Core State Standards, it offers schools an easy-to-use, research based program to help their students prepare for skills needed after graduation.

<http://www.do2learn.com/JobTIPS/>

TRAINING



Teaching Soft Skills Through Workplace Simulations in Classroom Settings

<http://www.dol.gov/odep/documents/teachingsoftskills.pdf>

FEATURED IDEA OF THE MONTH



Working with disabilities: Learning soft skills
<https://www.youtube.com/watch?v=ZE6gtYaQWPI>

Secondary Transition: Age-Appropriate Assessment Tools

- Reading Free Vocational Interest Inventory: <http://www.pdassoc.com/rfvs.html>
- Work Adjustment Inventory: <http://www.proedinc.com/>
- Career Game/Red Hot Jobs: <http://www.careergame.com/>
- Career Decision-Making System: (Revised) <http://www.agsnet.com/>
- Responsibility and Independence Scale for Adolescents: <http://www.riversidepublishing.com/>
- The Transition Planning Inventory: (TPI) <http://www.proedinc.com/>
- The Transition Behavior Scale: <http://www.hes-inc.com/>
- Transition Skills Inventory: <http://www.proedinc.com/>
- iTransition (for students who are deaf or partially hearing): <http://www.pepnet.org/itransition.asp>
- Enderle-Severson Transition Rating Scale: <http://www.estr.net/>
- Ansell Casey Life Skills Assessment: <http://caseylifeskills.org/pages/assess/whatis.html>
- ISEEK: <http://www.iseek.org/sv/index.jsp>
- Vineland Adaptive Behavior Scales: <http://www.ags.pearsonassessments.com>
- Brigrance Life Skills Inventory: <http://www.curriculumassociate.com/>
- Ten Sigma: <http://www.tensigma.org/>
- NEXT: <http://www.ablenet.org/>
- Checklist of Adaptive Living Skills (CALs): <http://www.riverpub.com/>
- C.I.T.E. Academic Learning Styles: www.harding.edu/arc/PDF/CITE.pdf
- Informal Assessments for Transition Planning: <http://www.proedinc.com/>
- Care Assessment and Self-Determination/Self-Advocacy Checklist.
- Casey Life Skills: <http://www.caseylifeskills.org/>



Winning Futures is an award-winning nonprofit organization providing evidence-based **life skills curriculum** containing

group discussions and activities that can be easily facilitated by a mentor, adult or teacher.

<http://winningfuturesbooks.org/portal/life-skills-curriculum/?gclid=Cj0KEQjwid63BRCswIGqyOubtrUBEiQAvTol0c9DF-lsf6hCSYePEIHtVf4r3LX9dcVYVYdhId-IPT4aAoBy8P8HAQ>

WEBSITES AND RESOURCES

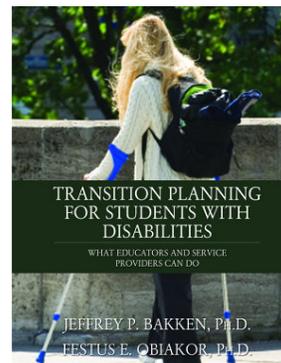
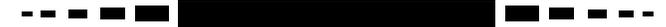
<https://www.region10.org/r10website/assets/File/postsecondarygoals2011.pdf>
<http://www.state.nj.us/education/specialed/transition/SampleActivitiesStrategies.pdf>
<http://www.specialeducationguide.com/blog/understanding-secondary-transition-plans-and-postsecondary-goals-for-students-with-disabilities/>



INDEPENDENT LIVING SKILLS



A Life Skills Program focuses on everyday skills for **Special Education Students**: personal/social skills, hygiene, independent life skills such as cooking and clothing care, work competencies, and functional academics. These skills are essential for special education students to learn because they provide the basis for and facilitate transition from school to life in the "real world. Special education students learn things better when they are not confined to sitting behind a desk or staying in one spot, learning life skills are best done "by doing"; "*We learn by doing.*" <http://teachingaid.org/>



Transition Planning for Students with Disabilities: What Educators and Service Providers Can Do

Jeffrey P. Bakken and Festus E. Obiakor

This book, therefore, focuses on all aspects of that transition planning from school to postschool levels. The text provides the reader with a foundation of transition services and a historical overview of models and practices and offers a critical look at transition with students from culturally and ethnically diverse backgrounds. In addition, it presents an in-depth look at assistive technology to assist students in fully participating in the planning for their future and also describes the process for planning and the importance of family collaboration.

Transition Lesson Plans / Curriculum

<https://sites.google.com/a/cloud.ifschools.org/d91-special-education-secondary-transition/home/transition-lesson-plans>