

# SMNW Baseball Tryouts 2018



# Staff:

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Head Varsity

Tanner Ybarra

Assistant Varsity

Josiah Enyart

Junior Varsity

Matt Milner

CTeam

All Coaches

DTeam

Adam Giacalone

Pitching Coach - Full Program

# Website:

- When in doubt look at the website

● **SMNWBASEBALL.ORG**



# Batting Cages

- Sponsored by:



Thanks to all the volunteers that assisted in pouring the concrete slabs.

# Requirements:

- Must be completed before tryouts
  - Physical Form/Concussion Form
    - Can be found on the website or from Mrs. Horseman
- You CAN NOT tryout without these forms being completed.
  - This will constitute as one of your three days of tryouts
- Athletic Packet Online
  - Needs to be completed after tryouts, before first game
  - Parent and Player EACH need to login to their skyward portal to complete



# General Information:

- Each player will receive at least a 3 day tryout
  - Players from winter sports will receive 3 days from their first eligible day
  - Illness and family emergency can result in a tryout extension
- NO spot is guaranteed
  - All players must display their abilities and assets to the program

# Information continued:

- Evaluations will be based on:
  - Coachability
  - Knowledge of the Game
  - Skill Levels
  - I can control
    - My attitude
    - My Work Ethic
    - My Throws
    - My swings
    - My concentration



# Tryout Times:

- Monday, February 26<sup>th</sup> Day 1
  - **An email will be sent to confirm times**
  - Freshman will workout from 6 am to 7:20 am
  - Meet in the back by the receiving room, READY TO GO
    - Enter through these doors
    - Store equipment in the baseball closet after tryouts
  - Sophomore – Senior will workout from 5:45 to 9:00 pm
    - Meet outside the baseball closet
- Remainder of the Week:
  - Will be posted on the website and the baseball board by the weight room
- Times will vary due to:
  - Weather
  - Sharing facilities with other teams
  - Basketball Games



# What to Wear:

- HATS!!
  - Baseball players wear hats and wear them forward
- Dress appropriate for the weather
  - Shorts are appropriate when inside
  - Pants should be worn outside
  - Have pants and sweatshirt in bag at all times

# What to Expect:

- Pitching
  - At least 2 Bullpens
  - Will be charted for accuracy and location
- Hitting
  - Hit against machine and live pitching
  - Will be charted for types of contact
  - At least 3 rounds
- Fielding
  - Various drills working with hands, feet, and proper throwing techniques

# Important Dates:

- Tryouts will conclude by March 3<sup>rd</sup>
- Spring Sports Parent/Player Meeting
  - March 5<sup>th</sup>
    - General Meeting is at 6:30 pm
      - In the little theatre
    - Baseball Meeting is at 7:00 pm
      - In the Cafeteria



# Final Thoughts:

- Baseball is a great game that can teach many life lessons. As a player; enjoy the game and learn from it daily. As a parent; embrace the moments you having watching your son play.

