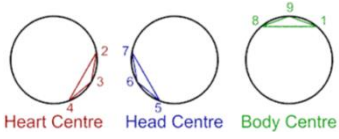
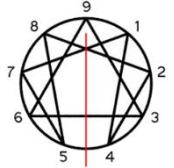
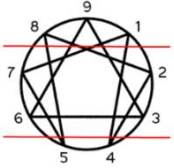
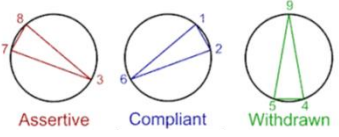
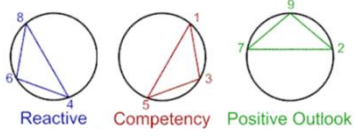
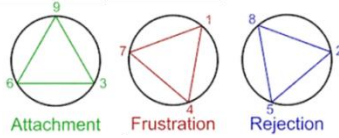


## TRIADS

<p><b>Centers</b></p>  <p>Heart Centre    Head Centre    Body Centre</p>	<p>Centers tell us what each type is seeking and their primary imbalance.</p> <ul style="list-style-type: none"> <li>• Body/Instinctive Center (Types 8,9,1) – down to earth, fiery, sensate, no-nonsense, impatient, non-emotional</li> <li>• Heart/Feeling Center (Types 2,3,4) – flowing, feminine, warm, expressive, relational, sensitive</li> <li>• Head/Thinking Center (Types 5,6,7) – airy, masculine, cool, intellectual, commonality-related, non-reactive, non-emotional</li> </ul>
<p><b>Vertical Zones</b></p> 	<ul style="list-style-type: none"> <li>• <i>Involution</i>: creating images (art) – feminine process, imaginative, wild, nurturing, subjective, animates the material world – 9 being, 1 dreaming, 2 anticipating, humanizing, 3 authenticating, 4 individualizing, 5 deepening, surrendering,</li> <li>• <i>Evolution</i>: evaluating images (science) – masculine, simplifying, scientific, objective, implements, evaluates and rejects – 5 observing, 6 systematizing, serving, 7 sharing, celebrating, 8 consolidating, 9 assimilating, being.</li> </ul> <p>The body center cradles both sides, focusing on the ethics that govern behavior</p>
<p><b>Horizontal Zones</b></p> 	<p>High, medium and low energies.</p> <ul style="list-style-type: none"> <li>• Spirit – Irritable, instinctual, and resolute. They gain balance by translating spiritual fire into physical action.</li> <li>• Ego – Congenial, outgoing, relational, and interactive. They gain balance by getting involved in the world around them.</li> <li>• Soul – Solitary, socially withdrawn, and sensitive. They gain balance by attuning to the depths of life.</li> </ul>
<p><b>Other energy groupings</b></p>	<p>9, 3, 6 – subtle energy, does nothing with the energy, anti-matter that holds matter in place 3s are receptive to social/relational signals 6s are receptive to mental signals 9s are receptive to somatic signals</p> <p>8, 2, 5 – super energy 2s are super feelers 5s are super thinkers 8s are super body types</p> <p>1, 4, 7 – internalized energy 1s create complex ethical (action-oriented) systems 4s create synesthetic/integrative forms of art 7s think up eclectic innovations and futuristic schemes</p>
<p><b>Hornevian Social Styles</b></p>  <p>Assertive    Compliant    Withdrawn</p>	<p>How each type tries to get what it wants –</p> <ul style="list-style-type: none"> <li>• Compliant Cooperators group (Types 1,2,6) – moving with; bounce things off others</li> <li>• Withdrawn Soloists group (Types 4,5,9) – moving away; process internally</li> <li>• Assertive Initiators group (Types 3,7,8) – moving against; process out loud</li> </ul>
<p><b>Harmonics (conflict styles)</b></p>  <p>Reactive    Competency    Positive Outlook</p>	<p>What each type does when it does not get what it wants –</p> <ul style="list-style-type: none"> <li>• Positive Outlook group (Types 2,7,9) – put aside disappointment</li> <li>• Competency Group (Types 1,3,5) – put aside personal feelings</li> <li>• Reactive Group (Types 4,6,8) – needs reaction from others</li> </ul>
<p><b>Object Relations</b></p>  <p>Attachment    Frustration    Rejection</p>	<p>Fundamental emotional state that sustains each type's sense of self –</p> <ul style="list-style-type: none"> <li>• Attachment group (Types 3,6,9) – adapt so they can attach</li> <li>• Frustration group (Types 1,4,7) – always disillusioned</li> <li>• Rejection group (Types 2,5,8) – rejected by others and self</li> </ul>