

PILATES REFORMER GROUP SCHEDULE

Schedule Effective: **June 28, 2021**



LEVEL □ 301.229.0080 □ 7687 MACARTHUR BLVD., CABIN JOHN, MD

M	T	W	TH	F	S	SU
MORNING SESSIONS						
MIXED LEVEL REFORMER FIT 7:00-7:45AM <i>Andrea</i>	MIXED LEVEL REFORMER FIT 6:00 -6:45AM <i>Andrea</i>		MIXED LEVEL REFORMER FIT 6:00 -6:45AM <i>Andrea</i>			
	MIXED LEVEL REFORMER FIT 6:45 -7:30AM <i>Jocie</i>	MIXED LEVEL REFORMER FIT 7:45-8:30AM <i>Andrea</i>	MIXED LEVEL REFORMER FIT 6:45 -7:30AM <i>Jocie</i>	MIXED LEVEL REFORMER FIT 7:30-8:15AM <i>Andrea</i>		
	MIXED LEVEL REFORMER FIT 7:30-8:15AM <i>Andrea</i>	MIXED LEVEL REFORMER FIT 9:00-9:45AM <i>Andrea</i>	MIXED LEVEL REFORMER FIT 8:30 -9:15AM <i>Jocie</i>			MIXED LEVEL REFORMER FIT 9:00- 9:45AM <i>Andrea</i>
	MIXED LEVEL REFORMER FIT 11:30-12:15PM <i>Andrea</i>		MIXED LEVEL REFORMER FIT 11:00- 11:45AM <i>Andrea</i>	MIXED LEVEL REFORMER FIT 11:00- 11:45AM <i>Andrea</i>		MIXED LEVEL REFORMER FIT 10:00- 10:45AM <i>Andrea</i>
		INTERMEDIATE LEVEL (Private) REFORMER FIT 12:00-1:00PM <i>Magda</i>				

▲ All Pilates Reformer and Chair classes are an **EXTRA FEE**. LEVEL Members receive 10% discount on class costs. Advanced Registration required.