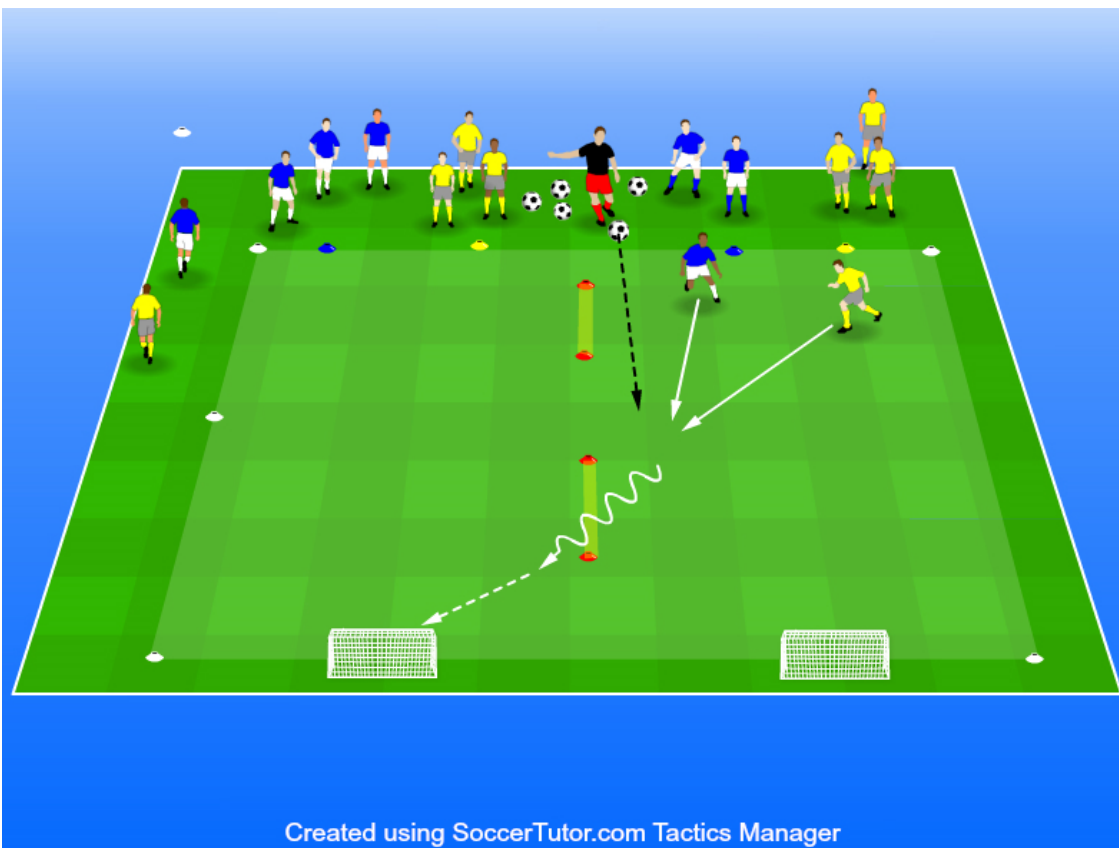




**Coach:** John Von Klopp  
**Club:** Academy  
**Role:** Coach  
**Qualf:** USSF Youth (United States)

### 1v1 COD Tolls To Goal 3



Created using SoccerTutor.com Tactics Manager

**Date:** 15/Jan/2022

**Measurement:** 20 x 20

**Time:** N/A:N/A

**Players:** 12

**Duration:** N/A

**Level:** U5 - 18+

**Objective:** Be first to the ball. If not first to the ball, get pressure on the ball while goalside. If the player with the ball has a defender goal side, move to the other gate.

**Description:** Two goals are across from the players and coach. There are "two" teams on each side of the coach. Coach plays a ball out & one player on each team will race to the ball. Both goals are an option. But before the player can go to score on a goal they must dribble through the gate "to pay the TOLL" in the center of the field. Players are allowed to go to either gate & change directions as often as they need to in order to shake the defender to allow a clear path to either goal. Pass the ball into the area in random places. \*Add a 2nd 1v1 dual at the same time

**Coaching Points:** Get to the ball quickly. Throw a fake to move the defender opposite of where you wish to dribble. Stop and go to change the speed of the defender. Keep after the ball. If the ball is lost, transition to defend immediately. If the ball is won, attack space quickly.

**Progression:** - Play 2v1  $\square = 2$  must make a pass before scoring.  $\square = 2$  must make a pass through a gate  $\square$ - Play 2v2 = Pass or dribble through a gate - Make random gates around the playing area  $\square$ (in place of the two in the center)