

November/December 2019

At a glance

Full descriptions of activities in bulletin.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
24 Worship 11:15 Potluck	25 Meditation 7:15 pm AA 8 pm	26 Cards 9:30 TOPS 6:30	27 Coffee Shop 2 – 4:30 pm @2 nd Cup Community Potluck Faith Form. 7 pm	28 Forever in Motion 10 am Craft/Study 1:30 Worship Input 7 pm	29 Film & Faith	30
1 Advent 1 Worship 11:15 Comm. Future of Regina UCs Potluck Collecting for Rainbow Youth Xmas	2 Meditation 7:15 pm AA 8 pm	3 Cards 9:30 TOPS 6:30 Gratitude Team 7 pm	4 Coffee Shop 2 – 4:30 pm @ 2 nd Cup Caroling Advent worship with Wesley UC 7 pm	5 Forever in Motion 10 am Craft/Study 1:30 Carols & Nativity 7 pm	6	7 Messy Church 4 pm
8 Advent 2 Worship 11:15 Open Hearts Jar	9 Meditation 7:15 pm AA 8 pm	10 Cards 9:30 TOPS 6:30	11 Coffee Shop 2 – 4:30 pm @B.A. Soup & Advent Service 5:30 pm	12 Forever in Motion 10 am Craft/Study 1:30	13	14 Women's Breakfast 8 am
15 Advent 3 Worship 11:15 Prayer Candles Wascana Worship	16 Meditation 7:15 pm AA 8 pm	17 Cards 9:30 TOPS 6:30	18 Coffee Shop 2 – 4:30 pm @B.A. Blue Christmas 7pm	19 Forever in Motion 10 am Craft/Study 1:30 Community Dinner	20	21 Christmas Beer & Hymns 3 pm
22 Advent 4 Worship 11:15	23 AA 8 pm	24 Christmas Eve Worship Family 7 pm Communion 9 pm	25 	26	27	28 ICF Breakfast 9 am

TOPS = Take Off Pounds Sensibly
AA = Alcoholics Anonymous



ANNOUNCEMENTS

November 24, 2019

306-761-0556 eastsideunited@sasktel.net
Like us on facebook (Eastside United Church)
Follow us on Twitter @Eastside_united
www.eastsideunited.ca



Welcome to Eastside United. May our opportunities of ministry offer you rest, challenge and peace on your Christian journey.

Ministers:

Minister: Russell Mitchell Walker

Greeting: Linda Wasmuth and Sharon Oudot

Congregational Care Greeter: Sheri Nupdal

PowerPoint: Janet Bjorndahl

Pianist: Joshua Hendricksen

Last week's attendance: 48 Offering: \$601 Weekly budget: \$1100

Office Hours:

Tuesday, Wednesday and Thursday from 8:30 am to 3:30 pm

Russell's Office Hours:

Tuesday, Wednesday and Thursday, working from home Friday

Russell's e-mail address: russell.eastside@sasktel.net

Russell will again be holding **Coffee Shop Office Hours** Wednesdays through November from 2 to 4:30 at Second Cup on Quance Street.

Scripture Reading: Psalm: 119 Refrain 1; VU 838
Matthew 5: 1-14

Songs –

Gather Us In MV #7

Tell me the Stories of Jesus VU #357

Shout for God (All God's Children Sing #48)

Bring Many Names VU #268 vs 1,2,3 5

Every Day is a Day of Thanksgiving MV #185

Who is My Mother? MV #178

Like a Rock MV #92

Advent Newsletter: If you would like to include something in the Advent newsletter, please forward to Suzanne at eastsideunited@sasktel.net by November 26.

St. Philip Senior Ministry Outreach card playing program, Tuesday mornings at 9:30 am in the East Sanctuary at the Living Spirit Centre. Whist and lessons to those that would like to learn. Come out and enjoy fellowship, coffee and card playing. For more information, call Rod 306-535-2877. There is a short morning prayer service from 9 am for those interested. Everyone is welcome.

Forever... in motion at the LSC, Thursday mornings at 10 am! *Forever... in motion* is a physical activity program for adults 50 and over. Benefits include stronger muscles and bones, better overall health, weight control, improved posture and balance, reduced risk of injury, relaxation and reduced stress, improved quality of life, and improved cognitive ability. And it's FREE! Wear comfortable clothing and running shoes, and bring a water bottle. For more information please call Heather at 306-737-4681.

Eastside's Craft/Study Group, Thursdays at 1:30 pm in the East Sanctuary! Join us as we share in discussion, handiwork and coffee time following. We are starting another great new book, *Searching for Sunday: Loving, Leaving, and Finding the Church* by Rachel Held Evans.

LSC Meditation Monday evenings at 7:15 pm. Wanda Barr will be leading our November 25 Meditation. All are welcome to explore meditation with us within a friendly and loving circle of people. Dress comfortably, bring a friend.

Carol Singing in the Community – Join Russell at **Second Cup** on Wednesday, December 4 at 3 pm for some Carol Singing to help the community get into the Spirit of Christmas! Let Russell know if you can join.

Great Christmas Gift Idea! Give the gift of Broadview Magazine for the Special Gift Price of just \$20 (plus tax). It's the gift that keeps on giving all year long! Talk to Suzanne in the office to find out more.

Friday, November 29 at 7:30 p.m. at Knox-Metropolitan United Church: The Regina Philharmonic Chorus will present *Gloria in Excelsis*, an exciting choral concert featuring a chorus of 100 voices, soloists, a brass ensemble and organ, all conducted by Hart Godden. Tickets are available online at reginaphilharmonic.com or at Paper Umbrella on 13th Avenue.

The Regina Cluster is working toward a **city-wide confirmation/faith exploration program**. If you know of youth who may be interested, let Russell know.

Inaugural meeting of the new multi-faith justice initiative, KAIROS Regina, Wednesday, November 27 at 7 pm at Wesley United Church, 3913 Hillsdale St., Regina. Inaugural speaker: Rev. Cam Fraser (Knox-Metropolitan United Church) on ecumenical and interfaith cooperation in the pursuit of justice. Over the summer and fall, a series of exploratory meetings were held to consider the feasibility of re-building the former KAIROS Regina group. A series of decisions have been made, including:

- to re-establish the group in association with KAIROS Canada
- to invite multi-faith participation in the group
- to focus on three areas of common concern:
 - Poverty
 - Indigenous reconciliation
 - Climate change and the environment

There are two kinds of membership in KAIROS Regina:

1. Faith communities (a congregation, parish, temple, or other religious body) may join KAIROS Regina and appoint a representative.
2. Individuals may register as a KAIROS Companion and be connected with the local group.

We invite you to register as a KAIROS Companion at <https://www.kairoscanada.org/get-involved/join-kairos-companion>. This will connect you to KAIROS Canada, where you can select KAIROS Regina as your local group.

Christmas is Coming! Join us for a soup and sandwich lunch and partake of Santa's Kitchen! Baking, preserves, pies, Christmas cakes and puddings at Lakeview United Church, 3200 McCallum Avenue. Saturday, November 30, 2019, 10:30 am – 1:30 pm. Admission: \$6 at the door. Donations of baking are welcome.

Wesley United Church is proud to share that their Senior Choir will be performing on December 2, 2019 at Carnegie Hall in New York City. They have been invited to perform by Distinguished Concerts International New York (DCINY) after seeing an online video of them singing a song composed by Mark Hayes. The annual Choir Service at Wesley United Church is scheduled for December 8, 2019 if you wish to attend. For more information about our amazing choir, please visit WesleyUnitedRegina.ca.

EXPLORING THE UNIVERSAL CHRIST: An 8-Week Book Study in Regina. If you are looking for a more inclusive and compassionate spirituality, you are invited to join a book study featuring Fr. Richard Rohr's newest book, *The Universal Christ: How a Forgotten Reality Can Change Everything We See, Hope For, and Believe*. Tuesday evenings, 7:30 – 9 pm, beginning January 14, ending March 4. Location: St. Luke's Anglican Church, 3233 Argyle Road, Regina. Facilitator: Margi Hollingshead. Cost: \$80, which includes the companion study guide. Come with your own copy of *The Universal Christ* and the ability to commit to at least six of the eight sessions. Minimum eight participants are needed to offer this program - registration deadline Jan 9.

*The Living Spirit Centre
invites you to*



A Carol Singing and Nativity Evening

Thursday,
December 5
at 7 pm

We are inviting families to share their Nativity scenes by putting them on display. If there is a special story to your scene, please include that for the display. Nativity scenes may be dropped off at the LSC from December 1 to 5 and picked up Saturday, December 7.

3018 DOAN DR.

306-761-0556

Messy Advent

Sat Dec 7 4 - 7 pm

**An event for
families with
crafts, worship,
and a meal!**

**This is a shared ministry program of the
Living Spirit Centre!
3018 Doan Drive, Regina
INFO & RSVP: 306-761-0556**

Christmas Quiet

Join us for Advent worship

December 4 @ 7 pm

Advent Service shared with
Wesley United Church

December 11 @ 5:30 pm

Soup supper followed by worship at
6:30 pm, shared with LSC Partners

December 18 @ 7 pm

Blue Christmas Service
for those experiencing loss

All are welcome

INFO 306-761-0556



Come now,
O God of Peace...

Join us for Christmas worship

Christmas Eve

Family service
@ 7 pm

Candlelight &
Communion service

Shared service
@ 9 pm

All are welcome.

INFO 306-761-0556



Christmas Beer & Hymns

Carol Singing at
Leopold's Tavern
3735 East Quance Gate

Songsheets available!

Check out Facebook event here!

<http://bit.ly/BeerHymns>



All are welcome!

INFO 306-761-0556



Rainbow Youth Centre Christmas Stocking Project



Most Needed List

Below are the gift items needed to fill 180 Christmas Stockings
that will be distributed to children and youth
at Rainbow Youth Centre this holiday season.

2019 Shopping List

- | | | |
|---------------------|-----------------|----------------------------|
| ☆ Toques | * new, not used | (size: adult) |
| ☆ Mittens | * new, not used | (size: adult) |
| ☆ Socks | * new, not used | (size: infant and toddler) |
| ☆ Bibs | | |
| ☆ Baby Shampoo | | |
| ☆ Toothbrushes | | (children's and adult) |
| ☆ Toothpaste | | (children's) |
| ☆ Deodorant | | (female) |
| ☆ Shampoo/Body Wash | | (children's) |
| ☆ Shampoo | | (adult) |
| ☆ Coloring Books | | (children's) |
| ☆ Reading Books | | (infant and children's) |
| ☆ Crayons | | (wax crayons) |

If you prefer, make a cash donation
or donate a gift card from Shoppers Drug Mart or Wal-Mart,
and let *Rainbow Elves* do the shopping.

Once again this year
Eastside is pleased to
support the Rainbow Youth
Centre with stocking
stuffers for their annual
Christmas party. You will
find candy canes hanging on
the Christmas tree on
December 1, each labeled
with potential gifts you can
give. ***We wanted to give
you a bit more time to shop
so are providing the list of
items here as well.*** All gifts
must be brought to the
church by December 8 as
they will be delivered to the
Rainbow Youth Centre on
December 9. Thank you for
your generous giving again
this year!