

JULY, WEEK 3

# FIRST UNITED METHODIST CHURCH OF BATON ROUGE PRETEEN MINISTRY

## AT-HOME BIBLE STUDY: PARENT GUIDE

### STEP 1: WATCH THE WEEKLY VIDEO

### STEP 2: DO THIS ACTIVITY WITH YOUR CHILD:



Preteen Worship | Taylor Bacon | June 28, 2020



**WHAT YOU NEED:** Water bottles or clear glasses of water about halfway full, index cards, markers

**WHAT YOU DO:** Instruct your kids to draw two arrows on their index cards, making sure each arrow points in a different direction—one to the left, and one to the right.

- Tell your kids to hold the bottle/glass of water up right in front of the index card and slowly move the index card back and forth. Ask your kids what happens. (The arrows appear to change direction!) As the card moves in front of the glass/bottle, the arrow that points right appears to point left and the arrow that points left appears to point right!
- Move the card from behind the glass, and see what happens. (The arrows return to their original directions.)

• Ask if anyone knows why this happens. (It's called refraction, and it happens because light bends when it passes through things like water or plastic.) • Say: "Think about the arrows . . . things aren't always what they seem."

Changing your perspective, or the way you look at something, can change your feelings and opinions about it." Can you think of a time when something like this happened? Maybe you really didn't want to read the assigned book at school because you didn't like the cover, but then you read it (and took a closer look at it), and it changed how you thought about the book.

When have you seen something good come out of something bad?

### STEP 3: ASK YOUR CHILD:

### STEP 4: CLOSE IN PRAYER

**WHAT YOU NEED:** No supplies needed

**WHAT YOU DO:** (Verse signs are pages 2-4 of this document)

**WHAT YOU DO:** Ask:

- When have you seen something good come out of something bad?
- How can knowing Jesus change your perspective on, or how you feel about something in your life?
- [Make It Personal] (Tell your kids about a time when knowing Jesus changed your perspective on something difficult in your life. Make sure you point out that it didn't take away the pain all together, but that it just gave you a different viewpoint, hope, and perspective.)
- Tape the verse signs up around your room.
- Ask kids to get into a bit of a quiet mindset and make themselves still.
- Encourage them to focus on what God says in each verse. What do you know about God from the verse? Notice His promises.
- Tell them to pray silently at each station: thank God for His promises, ask Him for help to remember Him and trust Him in the struggles and problems.
- Ask Him to use the verses to change their perspective.
- Rotate to the next station after one minute, until everyone has been to each of the stations.

Close this time with a prayer.

CONNECT WITH US:



@FUMCBRPRETEEN



FIRST UNITED METHODIST CHURCH OF BATON ROUGE



www.firstmethodist.org



**“Don’t worry about anything. No matter what happens, tell God about everything. Ask and pray, and give thanks to him. Then God’s peace will watch over your hearts and your minds. He will do this because you belong to Christ Jesus. God’s peace can never be completely understood.”**

**Philippians 4:6-7, NIV**

**“Trust in the Lord with all your heart. Do not depend on your own understanding. In all your ways obey him. Then he will make your paths smooth and straight.”**

**Proverbs 3:5-6, NIV**

**God always gives you all the grace you need. So you will only have to suffer for a little while. Then God himself will build you up again. He will make you strong and steady. And he has chosen you to share in his eternal glory because you belong to Christ.”**

**1 Peter 5:10, NIV**