

LSSAA Track and Field Championships 2009 - 5/12/2009 to 5/13/2009
Sarnia Central Athletic Complex
Results

Women 100 Meter Dash Midget

=====				
LSSAA: ! 12.50	1994	Rachel Franz, Lambton Central		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Bonnema, Jess		Northern Civ	13.0hQ	2
2 Laureano, Janessa		St Patrick's	13.4hQ	1
3 Rops, Jillian		Lambton Cent	13.5hQ	2
4 Pecora, Marlowe		Northern Civ	13.6hQ	1
5 Makar, Robyn		St Christoph	13.7hQ	1
6 Cecile, Lindsay		Lambton Cent	13.8hQ	2
7 Manuik, Amelia		Lambton Cent	13.9hq	2
8 Kirkland, Annie		Northern Civ	14.0hq	2
9 Humphreys, Marissa		Sarnia Cits	14.3h	1
10 Kuskoff, Katy		St Christoph	14.4h	1
11 Naccarato, Jessica		St Christoph	14.5h	1
12 Lefaive, Jenny		Sarnia Cits	14.7h	2
13 Morgan, Lindsay		North Lambto	14.7h	1
14 Aberhart, Jamey		Sarnia Cits	15.4h	2

Women 100 Meter Dash Midget

=====				
LSSAA: ! 12.50	1994	Rachel Franz, Lambton Central		
Name	Year	School	Finals	Points
=====				
Finals				
1 Bonnema, Jess		Northern Civ	12.9h	10
2 Laureano, Janessa		St Patrick's	12.9h	8
3 Rops, Jillian		Lambton Cent	13.3h	6
4 Makar, Robyn		St Christoph	13.6h	5
5 Pecora, Marlowe		Northern Civ	13.7h	4
6 Cecile, Lindsay		Lambton Cent	13.7h	3
7 Kirkland, Annie		Northern Civ	13.8h	2
8 Manuik, Amelia		Lambton Cent	14.4h	1

Women 200 Meter Dash Midget

=====				
LSSAA: ! 26.00	1998	Tara Halls, St. Clair		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Laureano, Janessa		St Patrick's	28.19Q	1
2 Bonnema, Jess		Northern Civ	28.30Q	2
3 Holdaway, Leanne		Northern Civ	28.93Q	2
4 Wright, Laura		Northern Civ	29.16Q	1
5 Rops, Jillian		Lambton Cent	28.98Q	2
6 Deschenes, Danielle		St Christoph	29.79Q	1
7 Makar, Robyn		St Christoph	29.77q	2
8 Campbell, Shelley		North Lambto	29.93q	2
9 Bourque, Carly		Lambton Cent	30.28	1
10 Goodhand, Ryley		Lambton Cent	30.81	1
11 Kuskoff, Katy		St Christoph	31.03	2
12 Morgan, Lindsay		North Lambto	31.19	1
13 Daamen, Nicole		St Patrick's	32.19	2
14 Deschamps, Ashley		Sarnia Cits	33.62	1

Women 200 Meter Dash Midget

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LSSAA: ! 26.00 1998

Tara Halls, St. Clair

Name	Year School	Finals	Points
=====			
Finals			
1 Bonnema, Jess	Northern Civ	27.97	10
2 Laureano, Janessa	St Patrick's	28.56	8
3 Rops, Jillian	Lambton Cent	28.74	6
4 Campbell, Shelley	North Lambto	29.51	5
5 Holdaway, Leanne	Northern Civ	29.62	3.50
5 Deschenes, Danielle	St Christoph	29.62	3.50
7 Wright, Laura	Northern Civ	29.72	2
8 Makar, Robyn	St Christoph	29.86	1

Women 400 Meter Dash Midget

LSSAA: ! 58.10 1998

Tara Halls, St. Clair

Name	Year School	Finals	H#	Points
=====				
1 Smith, Siobhan	Northern Civ	1:03.4h	2	10
2 VanLeerzem, Jilleen	Lambton Cent	1:05.0h	2	8
3 Dann, Lauren	Northern Civ	1:05.1h	2	6
4 McDonald, Shaylynn	Lambton Cent	1:08.0h	1	4.50
4 Goodhand, Ryley	Lambton Cent	1:08.0h	2	4.50
6 Smolen, Char	Northern Civ	1:08.8h	2	3
7 Morden, Faith	St Christoph	1:08.9h	2	2
8 Poole, Kimberly	St Christoph	1:09.2h	1	1
9 Spano, Valerie	St Christoph	1:10.4h	1	
10 Campbell, Shelley	North Lambto	1:10.7h	2	

Women 800 Meter Run Midget

LSSAA: ! 2:13.60 2002

Aly Kohlmeier, St. Patrick'

Name	Year School	Finals	H#	Points
=====				
1 Smith, Siobhan	Northern Civ	2:30.7h	2	10
2 Wright, Ciara	Northern Civ	2:34.2h	2	8
3 Limb, Darian	Lambton Cent	2:37.3h	2	6
4 McDonald, Shaylynn	Lambton Cent	2:38.3h	2	5
5 Jameson, Melissa	Northern Civ	2:38.9h	2	4
6 Boyd, Lauren	North Lambto	2:42.4h	1	3
7 Vermeulen, Anneri	St Christoph	2:43.1h	2	2
8 Poole, Kimberly	St Christoph	2:51.3h	2	1
9 Gilmore, Chelsea	St Patrick's	2:56.4h	2	
10 Gordon, Alex	North Lambto	2:56.7h	1	
11 Bolton, Julie	Lambton Cent	3:02.7h	1	

Women 1500 Meter Run Midget

LSSAA: ! 4:38.40 2002

Aly Kohlmeier, St. Patrick'

Name	Year School	Finals	Points
=====			
1 Bourassa, Chantal	St-Francois Xavi	5:12.9h	10
2 Wright, Ciara	Northern Civ	5:20.2h	8
3 Jameson, Melissa	Northern Civ	5:21.0h	6
4 Odegard, Paige	Northern Civ	5:22.3h	5
5 Limb, Darian	Lambton Cent	5:23.2h	4
6 McDonald, Shaylynn	Lambton Cent	5:24.3h	3
7 Vermeulen, Anneri	St Christoph	5:24.7h	2
8 Boyd, Lauren	North Lambto	5:46.2h	1
9 VandenEndye, Amy	Lambton Cent	5:55.8h	
10 Gilmore, Chelsea	St Patrick's	6:08.3h	
11 Gordon, Alex	North Lambto	6:08.7h	
12 Poole, Kimberly	St Christoph	6:14.4h	

13 D'Arcey, Monique

St Patrick's

6:28.2h

Women 3000 Meter Run Midget

=====				
LSSAA: ! 10:15.20 1999 Nikki Reckman, Lambton Christ.				
Name	Year	School	Finals	Points
=====				
1 Odegard, Paige		Northern Civ	11:25.1h	10
2 Bourassa, Chantal		St-Francois Xavi	11:32.1h	8
3 Jameson, Melissa		Northern Civ	11:38.0h	6
4 Vermeulen, Anneri		St Christoph	12:00.4h	5
5 Wright, Ciara		Northern Civ	12:12.9h	4
6 Limb, Darian		Lambton Cent	13:07.6h	3
7 Boyd, Lauren		North Lambto	13:58.2h	2
8 Gordon, Alex		North Lambto	13:58.6h	1
9 Bolton, Julie		Lambton Cent	14:17.7h	
10 Barnes, Megan		Lambton Cent	14:20.7h	
11 Gilmore, Chelsea		St Patrick's	14:28.2h	
12 D'Arcey, Monique		St Patrick's	14:38.77	

Women 80 Meter Hurdles Midget

=====				
LSSAA: ! 12.20 1989 Becky Sager, Lambton Central				
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Pecora, Marlowe		Northern Civ	13.0hQ	2
2 VanBarneveld, Leah		Northern Civ	13.1hQ	1
3 VanLeerzem, Jilleen		Lambton Cent	13.3hQ	2
4 Morden, Faith		St Christoph	14.9hQ	1
5 Molzan, Hanna		Lambton Cent	13.9hQ	2
6 Holdaway, Leanne		Northern Civ	15.1hQ	1
7 Makar, Robyn		St Christoph	14.1hq	2
8 Krall, Stephanie		Lambton Cent	16.0hq	1
9 Lunn, Sandra		St Christoph	18.2h	1

Women 80 Meter Hurdles Midget

=====				
LSSAA: ! 12.20 1989 Becky Sager, Lambton Central				
Name	Year	School	Finals	Points
=====				
Finals				
1 VanBarneveld, Leah		Northern Civ	13.2h	10
2 VanLeerzem, Jilleen		Lambton Cent	13.3h	8
3 Pecora, Marlowe		Northern Civ	13.4h	6
4 Molzan, Hanna		Lambton Cent	13.8h	5
5 Makar, Robyn		St Christoph	14.4h	4
6 Holdaway, Leanne		Northern Civ	15.0h	3
7 Morden, Faith		St Christoph	15.7h	2
8 Krall, Stephanie		Lambton Cent	16.1h	1

Women 300 Meter Hurdles Midget

=====				
LSSAA: ! 46.80 1999 Ashley Morden, Lambton Central				
Name	Year	School	Finals	H# Points
=====				
1 Pecora, Marlowe		Northern Civ	49.4h	2 10
2 Smith, Siobhan		Northern Civ	49.5h	2 8
3 VanLeerzem, Jilleen		Lambton Cent	50.7h	2 6
4 Molzan, Hanna		Lambton Cent	52.3h	2 5
5 Morden, Faith		St Christoph	53.4h	2 4
6 Dally, Melissa		Northern Civ	53.7h	2 3
7 VandenEndye, Amy		Lambton Cent	58.2h	1 2

8 Carpani, Veronica	St. Clair SS	1:00.2h	1	1
9 Lunn, Sandra	St Christoph	1:02.3h	1	

Women 4x100 Meter Relay Midget

LSSAA: ! 51.90 1994		Lambton Central		Finals	H#	Points
School						
1 Northern C I & V S 'A'				53.34	2	10
1) Smith, Siobhan		2) Pecora, Marlowe				
3) Holdaway, Leanne		4) Bonnema, Jess				
2 Lambton Central C & V I 'A'				54.59	2	8
1) Manuik, Amelia		2) Molzan, Hanna				
3) Cecile, Lindsay		4) Rops, Jillian				
3 Lambton Central C & V I 'B'				55.59	2	6
1) Krall, Stephanie		2) Bourque, Carly				
3) McDonald, Shaylynn		4) VanLeerzem, Jilleen				
4 St. Christopher S S 'A'				56.26	2	5
1) Deschenes, Danielle		2) Makar, Robyn				
3) Morden, Faith		4) Rego, Elizabeth				
5 Northern C I & V S 'B'				56.38	2	4
1) Wright, Laura		2) Dally, Melissa				
3) VanBarneveld, Leah		4) Kirkland, Annie				
6 Northern C I & V S 'C'				57.52	1	3
1) Odegard, Paige		2) Mutis, Carolyn				
3) Dann, Lauren		4) Smolen, Char				
7 St. Christopher S S 'B'				58.95	2	2
1) Kuskoff, Katy		2) Lunn, Sandra				
3) Poole, Kimberly		4) Spano, Valerie				
8 North Lambton S S 'A'				59.63	2	1
1) Boyd, Lauren		2) Campbell, Shelley				
3) Gordon, Alex		4) Morgan, Lindsay				
9 St. Clair S S 'A'				1:01.39	1	
1) Carpani, Veronica		2) Drury, Jessica				
3) Kaldeway, Samantha		4) Hanly, Lexie				

Women High Jump Midget

LSSAA: ! 1.67m 2000		Lindsey DeGroot, St. Christopher		Finals	Points
Name	Year School				
1 VanBarneveld, Leah	Northern Civ			1.47m	10
2 Dally, Melissa	Northern Civ			1.40m	8
3 Krall, Stephanie	Lambton Cent			1.30m	6
4 Barnes, Megan	Lambton Cent			1.20m	5
5 Crawford, Harley	St Patrick's			1.20m	4

Women Long Jump Midget

LSSAA: ! 5.09m 2000		Sarah Nelson, Northern		Finals	Points
Name	Year School				
1 Molzan, Hanna	Lambton Cent			4.57m	10
2 VanBarneveld, Leah	Northern Civ			4.39m	8
3 Laureano, Janessa	St Patrick's			4.38m	6
4 Kuskoff, Katy	St Christoph			4.18m	5
5 Rops, Jillian	Lambton Cent			4.14m	4
6 Manuik, Amelia	Lambton Cent			3.93m	3
7 Morgan, Lindsay	North Lambto			3.80m	2
8 Aberhart, Jamey	Sarnia Cits			3.57m	1
9 Humphreys, Marissa	Sarnia Cits			3.36m	
10 Lefaive, Jenny	Sarnia Cits			3.17m	
11 Cloutier, Taylor	St Christoph			3.05m	

Women Triple Jump Midget

LSSAA: ! 10.82m 2000 Sarah Nelson, Northern				
Name	Year	School	Finals	Points
1 Holdaway, Leanne		Northern Civ	9.69m	10
2 Dally, Melissa		Northern Civ	9.02m	8
3 Bourque, Carly		Lambton Cent	8.68m	6
4 Krall, Stephanie		Lambton Cent	8.19m	5
5 Mutis, Carolyn		Northern Civ	8.08m	4
6 Deschamps, Ashley		Sarnia Cits	7.38m	3
7 McLean, Janelle		Lambton Cent	7.35m	2
8 Taylor, Nicole		St Patrick's	7.08m	1

Women Shot Put Midget

LSSAA: ! 10.85m 1989 Emily Ainsworth, SCITS				
Name	Year	School	Finals	Points
1 Arthurs, Alisha		Northern Civ	8.21m	10
2 Tamminga, Connie		Lambton Cent	7.81m	8
3 Naccarato, Jessica		St Christoph	7.59m	6
4 Hinchcliff, Lindsay		Lambton Cent	7.57m	5
5 Carpani, Veronica		St. Clair SS	7.41m	4
6 Campbell, Shelley		North Lambto	7.20m	3
7 Ravensberg, Megan		Northern Civ	6.98m	2
8 Sinclair, Kaitlyn		Lambton Cent	6.96m	1
9 Cloutier, Taylor		St Christoph	6.76m	
10 Hanly, Lexie		St. Clair SS	6.68m	
11 Kilmer, Karli		St Patrick's	6.61m	
12 Deery, Julia		St Christoph	6.19m	
13 Drury, Jessica		St. Clair SS	5.75m	
14 Wright, Laura		Northern Civ	5.62m	

Women Discus Throw Midget

LSSAA: ! 32.70m 1998 Danielle Sabourin, St. Christopher				
Name	Year	School	Finals	Points
1 Tamminga, Connie		Lambton Cent	23.07m	10
2 Carpani, Veronica		St. Clair SS	20.24m	8
3 Graham, Lindsay		Northern Civ	19.43m	6
4 Ravensberg, Megan		Northern Civ	19.23m	5
5 Ritchie, Deanna		Northern Civ	18.59m	4
6 Kaldeway, Samantha		St. Clair SS	17.51m	3
7 Kilmer, Karli		St Patrick's	17.39m	2
8 Hinchcliff, Lindsay		Lambton Cent	17.24m	1
9 Deery, Julia		St Christoph	16.74m	
10 Klapak, Maddie		Lambton Cent	16.70m	
11 Hanly, Lexie		St. Clair SS	15.88m	
12 Cloutier, Taylor		St Christoph	13.19m	
-- Deschenes, Danielle		St Christoph	FOUL	

Women Javelin Throw Midget

LSSAA: ! 36.08m 1998 Danielle Sabourin, St. Christopher				
Name	Year	School	Finals	Points
1 Hanly, Lexie		St. Clair SS	25.99m	10
2 Deery, Julia		St Christoph	24.92m	8
3 Ritchie, Deanna		Northern Civ	24.10m	6
4 Crawford, Harley		St Patrick's	24.07m	5

5	McLean, Janelle	Lambton Cent	23.05m	4
6	Graham, Lindsay	Northern Civ	22.28m	3
7	Deschenes, Danielle	St Christoph	21.29m	2
8	Drury, Jessica	St. Clair SS	21.22m	1
9	Ravensberg, Megan	Northern Civ	20.40m	
10	Taylor, Nicole	St Patrick's	20.16m	
11	Manuik, Amelia	Lambton Cent	19.85m	
12	Kaldeway, Samantha	St. Clair SS	17.73m	
13	Regan, Allie	St Christoph	17.10m	
14	Klapak, Maddie	Lambton Cent	16.27m	
15	Cobb, Megan	St Patrick's	13.86m	

Women 100 Meter Dash Junior

=====				
LSSAA: ! 12.00		1978	Carolyn Ellenor, Northern	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Ross, Kim	St. Clair SS	13.0hQ	1
2	Lewis, Brittany	St. Clair SS	13.2hQ	2
3	Hiller, Dayna	Northern Civ	13.6hQ	3
4	Seed, Megan	Northern Civ	13.3hQ	2
5	Moran, Kara	St Patrick's	13.6hQ	3
6	Campbell, Amanda	Lambton Cent	13.7hQ	1
7	Sokol, Jennie	St Patrick's	13.6hq	2
8	Richard, Tori	St. Clair SS	13.7hq	3
9	Charteris, Steph	Northern Civ	13.8h	1
10	Prevost, Jenna	St Christoph	13.9h	3
11	Delaurier, Chelsea	Lambton Cent	14.2h	3
12	Moran, Kaylyn	St Patrick's	14.2h	1
13	Stacey, Rose	St Christoph	14.2h	2
14	Lovell, Haleigh	Sarnia Cits	14.6h	2
15	Scherrer, Janet	Sarnia Cits	14.8h	1
15	Avery, Amelia	Lambton Cent	14.8h	1
17	Kee, Shannon	St Christoph	15.1h	3

Women 100 Meter Dash Junior

=====				
LSSAA: ! 12.00		1978	Carolyn Ellenor, Northern	
Name	Year	School	Finals	Points
=====				
Finals				
1	Lewis, Brittany	St. Clair SS	12.2h	10
2	Ross, Kim	St. Clair SS	13.2h	8
3	Hiller, Dayna	Northern Civ	13.5h	6
4	Seed, Megan	Northern Civ	13.6h	5
5	Moran, Kara	St Patrick's	13.8h	4
6	Campbell, Amanda	Lambton Cent	13.8h	3
7	Sokol, Jennie	St Patrick's	13.8h	2
8	Richard, Tori	St. Clair SS	14.3h	1

Women 200 Meter Dash Junior

=====				
LSSAA: ! 25.40		1970	Debbie Boylan, Northern	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Beaten, Devan	Northern Civ	28.56Q	2
2	Sokol, Jennie	St Patrick's	28.69Q	1
3	Seed, Megan	Northern Civ	28.95Q	2
4	Hiller, Dayna	Northern Civ	29.55Q	1
5	Moran, Kara	St Patrick's	29.35Q	2
6	Taylor, Tori	St Christoph	29.72Q	1

7	Richard, Tori	St. Clair SS	30.15q	2
8	Stacey, Rose	St Christoph	30.72q	1
9	Racher, Jenna	St. Clair SS	31.62	1
10	Annett, Becky	Lambton Cent	31.75	2
11	Kee, Shannon	St Christoph	32.69	1
12	Vaillancourt, Bryanne	St Patrick's	34.09	2

Women 200 Meter Dash Junior

=====				
LSSAA: ! 25.40		1970	Debbie Boylan, Northern	
Name	Year	School	Finals	Points
=====				

Finals

1	Beaten, Devan	Northern Civ	28.65	10
2	Hiller, Dayna	Northern Civ	29.52	8
3	Sokol, Jennie	St Patrick's	29.59	6
4	Seed, Megan	Northern Civ	29.79	5
5	Moran, Kara	St Patrick's	30.34	4
6	Richard, Tori	St. Clair SS	30.49	3
7	Stacey, Rose	St Christoph	30.68	2
8	Taylor, Tori	St Christoph	43.10	1

Women 400 Meter Dash Junior

=====				
LSSAA: ! 57.20		1998	Jordana Whittington, St. Christopher	
Name	Year	School	Finals	H# Points
=====				

1	Lewis, Brittany	St. Clair SS	58.0h	2	10
2	Beaten, Devan	Northern Civ	1:02.3h	2	8
3	Parker, Sarah	Northern Civ	1:04.0h	2	6
4	Charteris, Steph	Northern Civ	1:08.1h	2	5
5	Stacey, Rose	St Christoph	1:10.5h	2	4
6	Cassidy, Nicole	North Lambto	1:10.6h	1	3
7	Racher, Jenna	St. Clair SS	1:12.4h	1	2
8	Scherrer, Janet	Sarnia Cits	1:13.7h	2	1
9	Vaillancourt, Bryanne	St Patrick's	1:17.6h	1	
10	Kee, Shannon	St Christoph	1:22.7h	2	

Women 800 Meter Run Junior

=====				
LSSAA: ! 2:14.00		1998	Jordana Whittington, St. Christopher	
Name	Year	School	Finals	Points
=====				

1	Parker, Sarah	Northern Civ	2:24.00	10
2	Cassidy, Nicole	North Lambto	2:46.01	8
3	Polakovic, Kristina	St Christoph	2:46.98	6
4	Margetts, Wendy	Northern Civ	2:48.59	5
5	Regan, Victoria	Northern Civ	2:49.57	4
6	Selman, Nicole	St Patrick's	2:54.56	3
7	Poaps, Sarah	St. Clair SS	2:59.53	2
8	Racher, Jenna	St. Clair SS	3:05.89	1
9	Jenniskens, Megan	Lambton Cent	3:05.94	

Women 1500 Meter Run Junior

=====				
LSSAA: ! 4:33.90		2003	Aly Kohlmeier, St. Patrick'	
Name	Year	School	Finals	Points
=====				

1	Fleischer, Katie	Northern Civ	4:48.3h	10
2	Parker, Sarah	Northern Civ	5:11.0h	8
3	Polakovic, Kristina	St Christoph	5:31.2h	6
4	Margetts, Wendy	Northern Civ	5:38.7h	5
5	Poaps, Sarah	St. Clair SS	5:51.9h	4

6	Cassidy, Nicole	North Lambto	5:54.2h	3
7	Jenniskens, Megan	Lambton Cent	6:07.5h	2
8	Selman, Nicole	St Patrick's	6:09.6h	1
9	Armstrong, Corrine	Lambton Cent	6:13.9h	
10	Jackman, Danica	Lambton Cent	6:46.1h	

Women 3000 Meter Run Junior

LSSAA: ! 9:49.10 2001 Amy Kohlmeier, St. Patrick's				
Name	Year	School	Finals	Points
1	Fleischer, Katie	Northern Civ	10:37.0h	10
2	Polakovic, Kristina	St Christoph	12:01.3h	8
3	Margetts, Wendy	Northern Civ	12:23.5h	6
4	Mellon, Stefanie	Northern Civ	12:42.7h	5
5	Poaps, Sarah	St. Clair SS	12:55.9h	4
6	Jenniskens, Megan	Lambton Cent	13:09.9h	3
7	Selman, Nicole	St Patrick's	13:11.0h	2
8	Jackman, Danica	Lambton Cent	15:04.8h	1

Women 80 Meter Hurdles Junior

LSSAA: ! 11.70 1990 Becky Sager, Lambton Central				
Name	Year	School	Finals	Points
1	Dam, Vanessa	Lambton Cent	13.2h	10
2	Stoesser, Mary	St Patrick's	14.1h	8
3	Leonard, Ashlen	Northern Civ	14.2h	6
4	Kohn, Christine	Lambton Cent	14.5h	5
5	Lovell, Haleigh	Sarnia Cits	14.6h	4
6	Wookey, Allison	St Patrick's	15.0h	3
7	Li, Alice	Northern Civ	15.9h	2

Women 300 Meter Hurdles Junior

LSSAA: ! 45.30 1990 Becky Sager, Lambton Central					
Name	Year	School	Finals	H#	Points
1	Lewis, Brittany	St. Clair SS	45.9h	2	10
2	Stoesser, Mary	St Patrick's	51.2h	2	8
3	Leonard, Ashlen	Northern Civ	52.8h	2	6
4	Nelles, Kate	Sarnia Cits	53.0h	2	5
5	Macrae, Michelle	Lambton Cent	53.2h	2	4
6	Lovell, Haleigh	Sarnia Cits	53.7h	2	3
7	Kohn, Christine	Lambton Cent	53.8h	2	2
8	Charteris, Steph	Northern Civ	54.3h	1	1
9	Scherrer, Janet	Sarnia Cits	55.7h	1	
10	Wookey, Allison	St Patrick's	56.8h	2	
--	Li, Alice	Northern Civ	DQ	1	
--	Delaurier, Chelsea	Lambton Cent	DQ	1	

Women 4x100 Meter Relay Junior

LSSAA: ! 50.40 2002 Northern C I & V S				
School			Finals	Points
1	St. Patrick's H.S 'A'		52.74	10
	1) Stoesser, Mary	2) Laureano, Janessa		
	3) Moran, Kara	4) Sokol, Jennie		
2	Northern C I & V S 'A'		53.54	8
	1) Charteris, Steph	2) Hiller, Dayna		
	3) Beaten, Devan	4) Seed, Megan		
3	Lambton Central C & V I 'A'		55.06	6

1) Kohn, Christine	2) Dam, Vanessa		
3) Macrae, Michelle	4) Campbell, Amanda		
4 St. Christopher S S 'A'		56.43	5
1) Kee, Shannon	2) Stacey, Rose		
3) Girard, Danielle	4) Prevost, Jenna		
5 Northern C I & V S 'B'		57.38	4
1) Codling, Joeylin	2) Leonard, Ashlen		
3) Taylor, Lindsay	4) McLachlan-Hawryluk, Briar		
6 Sarnia CI & TS 'A'		57.56	3
1) Aberhart, Jamey	2) Lefaive, Jenny		
3) Nelles, Kate	4) Scherrer, Janet		
7 Lambton Central C & V I 'B'		59.36	2

Women High Jump Junior

LSSAA: ! 1.70m 1999		Shannon O'Hagan, St. Patrick's	
Name	Year School	Finals	Points
1 Dam, Vanessa	Lambton Cent	1.56m	10
2 Fleischer, Katie	Northern Civ	1.53m	8
3 Ross, Kim	St. Clair SS	1.45m	6
4 Nelles, Kate	Sarnia Cits	1.40m	5

Women Long Jump Junior

LSSAA: ! 5.29m 2002		Sarah Nelson, Northern CIV	
Name	Year School	Finals	Points
1 Campbell, Amanda	Lambton Cent	4.58m	10
2 Macrae, Michelle	Lambton Cent	4.29m	8
3 Girard, Danielle	St Christoph	4.16m	6
4 deMelo, Emma	Northern Civ	4.03m	5
5 Delaurier, Chelsea	Lambton Cent	3.95m	4
6 Richard, Tori	St. Clair SS	3.92m	3
7 Pawson, Meaghan	St. Clair SS	3.78m	2
8 Ryan, Kendra	St Christoph	3.39m	1

Women Triple Jump Junior

LSSAA: ! 11.28m 2002		Sarah Nelson, Northern CIV	
Name	Year School	Finals	Points
1 Stoesser, Mary	St Patrick's	10.06m	10
2 Ross, Kim	St. Clair SS	9.46m	8
3 Wookey, Allison	St Patrick's	9.10m	6
4 Campbell, Amanda	Lambton Cent	8.98m	5
5 Macrae, Michelle	Lambton Cent	8.96m	4
6 Prevost, Jenna	St Christoph	8.28m	3
7 Leonard, Ashlen	Northern Civ	8.24m	2
8 Li, Alice	Northern Civ	8.02m	1

Women Shot Put Junior

LSSAA: ! 11.91m 2001		Ashley Camden, St. Patrick's	
Name	Year School	Finals	Points
1 Girard, Danielle	St Christoph	10.25m	10
2 Dobbin, Karly	Lambton Cent	9.71m	8
3 Rogers, Jillian	Sarnia Cits	8.72m	6
4 Ellenor, Jessica	St Christoph	8.59m	5
5 Prevost, Jenna	St Christoph	8.58m	4
6 MacDougall, Alicia	Northern Civ	7.68m	3
7 Avery, Amelia	Lambton Cent	7.52m	2

8	Teschke, Kylie	Sarnia Cits	7.40m	1
9	Simon, Rachael	Sarnia Cits	6.81m	
10	Annett, Becky	Lambton Cent	6.61m	
11	Martin, Erica	Northern Civ	5.56m	
12	Morrow, Sarah	Northern Civ	5.22m	

Women Discus Throw Junior

=====				
LSSAA: ! 36.03m		2000	Danielle Sabourin, St. Christopher	
Name	Year	School	Finals	Points
=====				
1	Dobbin, Karly	Lambton Cent	32.89m	10
2	Rogers, Jillian	Sarnia Cits	27.83m	8
3	Graham, Hillary	St Patrick's	25.24m	6
4	Girard, Danielle	St Christoph	24.28m	5
5	Ellenor, Jessica	St Christoph	24.12m	4
6	MacDougall, Alicia	Northern Civ	23.83m	3
7	Belanger, Brianne	Sarnia Cits	22.66m	2
8	Simon, Rachael	Sarnia Cits	19.00m	1
9	Ryan, Kendra	St Christoph	18.19m	
10	Armstrong, Corrine	Lambton Cent	17.52m	
11	Woods, Taylor	Northern Civ	17.16m	
12	Duval, Dani	Northern Civ	15.70m	
13	Vanos, Justine	St Patrick's	15.27m	
14	Annett, Becky	Lambton Cent	15.14m	

Women Javelin Throw Junior

=====				
LSSAA: ! 39.26m		1977	Sandra O'Connor, SCITS	
Name	Year	School	Finals	Points
=====				
1	Belanger, Brianne	Sarnia Cits	30.05m	10
2	Dam, Vanessa	Lambton Cent	29.35m	8
3	Woods, Taylor	Northern Civ	28.64m	6
4	Dobbin, Karly	Lambton Cent	28.20m	5
5	Osborn, Jessica	St Patrick's	26.77m	4
6	Teschke, Kylie	Sarnia Cits	25.81m	3
7	MacDougall, Alicia	Northern Civ	25.75m	2
8	Rogers, Jillian	Sarnia Cits	23.91m	1
9	Nienhuis, Jacey	St Patrick's	23.23m	
10	Ellenor, Jessica	St Christoph	22.43m	
11	Armstrong, Corrine	Lambton Cent	18.55m	
12	Ferguson, Nicole	Northern Civ	15.94m	
13	Zwiegle, Melanie	St Christoph	15.59m	
14	Baraniuk, Savannah	St Patrick's	14.54m	
15	Ryan, Kendra	St Christoph	13.50m	

Women 100 Meter Dash Senior

=====				
LSSAA: ! 12.20		2003	Sarah Nelson, Northern CIV	
LSSAA: ! 12.30		1986	Sue McPhail, St. Clair	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Harding, Sarah	Northern Civ	12.4hQ	1
2	Wilson, Amy	North Lambto	13.2hQ	2
3	Williams, Riley	St. Clair SS	12.8hQ	1
4	Reddy, Meghan	St Christoph	13.3hQ	2
5	Spinozzi, Jenn	St Christoph	13.1hQ	1
6	Prong, Kelsey	North Lambto	13.3hQ	2
7	Picciuca, Kristin	St Christoph	13.4hq	1
8	Brown, Charlene	Lambton Cent	13.5hq	2
9	Moran, Shauna	St Patrick's	13.6h	1

10	Harding, Paige	Northern Civ	13.6h	2
11	Vandenburtg, Emily	Lambton Cent	13.8h	1
12	Hogan, Kelly	St Patrick's	13.9h	2
13	Sokol, Julie	St Patrick's	14.1h	2
14	Minten, Christine	Lambton Cent	14.2h	1
15	Flater, Candace	North Lambto	14.4h	1
16	Fleischer, Sarah	Northern Civ	14.7h	2

Women 100 Meter Dash Senior

=====				
LSSAA: !	12.20	2003	Sarah Nelson, Northern CIV	
LSSAA: !	12.30	1986	Sue McPhail, St. Clair	
Name	Year	School	Finals	Points
=====				

Finals

1	Wilson, Amy	North Lambto	12.7h	10
2	Harding, Sarah	Northern Civ	12.9h	8
3	Prong, Kelsey	North Lambto	13.3h	6
4	Reddy, Meghan	St Christoph	13.4h	5
5	Williams, Riley	St. Clair SS	J13.4h	4
6	Brown, Charlene	Lambton Cent	13.5h	3
7	Spinozzi, Jenn	St Christoph	13.6h	2
8	Picciuca, Kristin	St Christoph	13.8h	1

Women 200 Meter Dash Senior

=====				
LSSAA: !	25.90	2006	Sarah Taylor, St Christoph	
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	Wilson, Amy	North Lambto	26.6hQ	1
2	Pickering, Marianne	St Christoph	27.3hQ	2
3	Prong, Kelsey	North Lambto	27.7hQ	3
4	Makar, Nicole	St Christoph	27.9hQ	2
5	Payne, Adrienne	Sarnia Cits	28.0hQ	3
6	Reddy, Meghan	St Christoph	28.0hQ	1
7	Brown, Charlene	Lambton Cent	28.1hq	3
8	Harding, Paige	Northern Civ	28.4hq	2
9	Veens, Sarah	North Lambto	28.5h	1
10	Vandenburtg, Emily	Lambton Cent	28.7h	2
11	Hogan, Kelly	St Patrick's	29.4h	1
12	Lamb, Colleen	St Patrick's	29.6h	3
13	Sokol, Julie	St Patrick's	30.0h	2
14	Lisabeth, Brianne	St. Clair SS	30.2h	1
15	Fowlie, Alyssa	Northern Civ	30.7h	1
16	Fleischer, Sarah	Northern Civ	30.9h	2
17	Hart, Lauren	Lambton Cent	31.8h	3

Women 200 Meter Dash Senior

=====				
LSSAA: !	25.90	2006	Sarah Taylor, St Christoph	
Name	Year	School	Finals	Points
=====				

Finals

1	Wilson, Amy	North Lambto	26.86	10
2	Pickering, Marianne	St Christoph	26.96	8
3	Prong, Kelsey	North Lambto	28.05	6
4	Reddy, Meghan	St Christoph	28.46	5
5	Brown, Charlene	Lambton Cent	28.49	4
6	Payne, Adrienne	Sarnia Cits	28.51	3
7	Makar, Nicole	St Christoph	28.66	2
8	Harding, Paige	Northern Civ	29.00	1

Women 400 Meter Dash Senior

=====					
LSSAA: ! 57.90 1997		Erin Brand, Lambton Central			
Name	Year	School	Finals	H#	Points
=====					
1 Pickering, Marianne		St Christoph	59.3h	2	10
2 Makar, Nicole		St Christoph	1:02.1h	2	8
3 Vanos, Danielle		North Lambto	1:02.4h	2	6
4 Little, TJ		North Lambto	1:04.4h	2	5
5 Veens, Sarah		North Lambto	1:05.5h	2	4
6 Andrew, Heather		Lambton Cent	1:09.2h	2	3
7 Lamb, Colleen		St Patrick's	1:09.4h	1	2
8 Hart, Lauren		Lambton Cent	1:09.6h	1	1
9 Hogan, Kelly		St Patrick's	1:09.6h	1	
10 Evers, Amy		St Christoph	1:11.5h	2	

Women 800 Meter Run Senior

=====					
LSSAA: ! 2:11.10 1997		Erin Brand, Lambton Central			
Name	Year	School	Finals	H#	Points
=====					
1 Pickering, Marianne		St Christoph	2:20.0h	2	10
2 Gray, Jenn		Lambton Cent	2:27.7h	2	8
3 Vanos, Danielle		North Lambto	2:29.0h	2	6
4 M'Larkey, Erin		Northern Civ	2:30.0h	2	5
5 Makar, Nicole		St Christoph	2:35.5h	2	4
6 Sibbald, Jayde		Northern Civ	2:37.4h	1	3
7 Little, TJ		North Lambto	2:39.1h	2	2
8 Stephens, Jill		Lambton Cent	2:41.3h	2	1
9 Gordon, Jen		North Lambto	2:42.79	1	
10 Lundy, Courtney		St. Clair SS	2:47.7h	2	
11 Bedard, Haley		St Christoph	2:51.49	1	
12 Armstrong, Lauren		Lambton Cent	3:09.7h	1	

Women 1500 Meter Run Senior

=====				
LSSAA: ! 4:36.30 2000		Hilary Edmondson, St. Christopher		
Name	Year	School	Finals	Points
=====				
1 Cadwallader, Haley		Sarnia Cits	4:58.2h	10
2 Gray, Jenn		Lambton Cent	4:59.5h	8
3 M'Larkey, Erin		Northern Civ	5:03.6h	6
4 Ikert, Elise		Lambton Cent	5:20.0h	5
5 Sibbald, Jayde		Northern Civ	5:24.0h	4
6 Devet, Vicki		St Christoph	5:26.5h	3
7 Stephens, Jill		Lambton Cent	5:27.4h	2
8 Gordon, Jen		North Lambto	5:29.9h	1
9 Bedard, Haley		St Christoph	5:48.8h	
10 Davies, Justine		Northern Civ	5:50.0h	
11 Blythe, Lindsay		St Christoph	6:15.7h	
12 Dirven, Carmen		North Lambto	6:17.1h	

Women 3000 Meter Run Senior

=====				
LSSAA: ! 9:53.10		2000	Hilary Edmondson, St. Christopher	
Name	Year	School	Finals	Points
=====				
1 Ikert, Elise		Lambton Cent	11:11.4h	10
2 M'Larkey, Erin		Northern Civ	11:35.2h	8
3 Lundy, Courtney		St. Clair SS	11:48.8h	6
4 Devet, Vicki		St Christoph	12:09.6h	5
5 Stephens, Jill		Lambton Cent	12:23.2h	4
6 Gordon, Jen		North Lambto	12:24.2h	3

7	Davies, Justine	Northern Civ	12:37.0h	2
8	Bedard, Haley	St Christoph	12:40.7h	1
9	Dirven, Carmen	North Lambto	13:46.3h	
10	Blythe, Lindsay	St Christoph	14:15.8h	

Women 100 Meter Hurdles Senior

=====				
LSSAA: ! 14.90 2007 Adrienne Payne, Sarnia CITS				
Name	Year	School	Prelims	H#
=====				

Preliminaries

1	Harding, Sarah	Northern Civ	15.0hQ	1
2	Payne, Adrienne	Sarnia Cits	16.1hQ	2
3	Sommer, Danica	St. Clair SS	15.1hQ	1
4	Williams, Riley	St. Clair SS	16.2hQ	2
5	Reddy, Meghan	St Christoph	16.4hQ	1
6	Evers, Amy	St Christoph	16.9hQ	2
7	Harding, Paige	Northern Civ	16.8hq	1
8	Lebert, Laura	Lambton Cent	17.1hq	2
9	Ferguson, Carlie	Lambton Cent	17.2h	1
10	McPhail, Lakyn	Lambton Cent	18.2h	1
11	Wilson, Amy	North Lambto	18.3h	2

Women 100 Meter Hurdles Senior

=====				
LSSAA: ! 14.90 2007 Adrienne Payne, Sarnia CITS				
Name	Year	School	Finals	Points
=====				

Finals

1	Harding, Sarah	Northern Civ	15.0h	10
2	Sommer, Danica	St. Clair SS	15.2h	8
3	Williams, Riley	St. Clair SS	15.8h	6
4	Payne, Adrienne	Sarnia Cits	16.4h	5
5	Reddy, Meghan	St Christoph	16.7h	4
6	Evers, Amy	St Christoph	17.0h	3
7	Harding, Paige	Northern Civ	17.1h	2
8	Lebert, Laura	Lambton Cent	17.2h	1

Women 400 Meter Hurdles Senior

=====				
LSSAA: ! 1:05.20 1992 Carrie Thompson, Lambton Central				
Name	Year	School	Finals	Points
=====				

1	Sommer, Danica	St. Clair SS	1:06.69	10
2	Cadwallader, Haley	Sarnia Cits	1:06.83	8
3	Vanos, Danielle	North Lambto	1:07.81	6
4	Gray, Jenn	Lambton Cent	1:12.89	5
5	Ferguson, Carlie	Lambton Cent	1:15.45	4
6	Evers, Amy	St Christoph	1:15.52	3
7	Andrew, Heather	Lambton Cent	1:21.94	2

Women 1500 Meter Steeplechase Senior

=====				
LSSAA: ! 5:08.90 2005 Claire Percival, Northern				
Name	Year	School	Finals	Points
=====				

1	Cadwallader, Haley	Sarnia Cits	5:17.4h	10
2	Ikert, Elise	Lambton Cent	5:50.1h	8
3	Nelles, Kate	Sarnia Cits	5:53.5h	6
4	Lundy, Courtney	St. Clair SS	6:00.5h	5
5	Sibbald, Jayde	Northern Civ	6:09.2h	4

Women 4x100 Meter Relay Senior

LSSAA: ! 50.40 2005		St. Clair S S		Finals	H#	Points
School						
1	St. Clair S S 'A'			51.03	2	10
	1) Ross, Kim	2) Sommer, Danica				
	3) Williams, Riley	4) Lewis, Brittany				
2	North Lambton S S 'A'			52.76	2	8
	1) Wilson, Amy	2) Veens, Sarah				
	3) Vanos, Danielle	4) Prong, Kelsey				
3	St. Christopher S S 'A'			53.00	2	6
	1) Makar, Nicole	2) Pickering, Marianne				
	3) Reddy, Meghan	4) Spinozzi, Jenn				
4	Lambton Central C & V I 'A'			54.05	2	5
	1) Gray, Jenn	2) Andrew, Heather				
	3) Vandenburgt, Emily	4) Brown, Charlene				
5	Northern C I & V S 'A'			54.44	2	4
	1) Fowlie, Alyssa	2) Harding, Paige				
	3) Harding, Sarah	4) M'Larkey, Erin				
6	Sarnia CI & TS 'A'			55.19	2	3
	1) Cadwallader, Haley	2) Payne, Adrienne				
	3) Lovell, Haleigh	4) Humphreys, Marissa				
7	St. Patrick's H.S 'A'			56.04	2	2
	1) Hogan, Kelly	2) Moran, Shauna				
	3) Sokol, Julie	4) Lamb, Colleen				
8	Lambton Central C & V I 'B'			56.14	2	1
	1) Lebert, Laura	2) VanKlaveren, Rebecca				
	3) McPhail, Lakyn	4) Minten, Christine				
9	St. Christopher S S 'B'			56.29	1	
	1) Picciuca, Kristin	2) Evers, Amy				
	3) Devet, Vicki	4) Taylor, Tori				
10	North Lambton S S 'B'			57.25	1	
	1) Gordon, Jen	2) Little, TJ				
	3) Flater, Candace	4) Dirven, Carmen				
11	Lambton Central C & V I 'C'			57.59	1	
	1) Robson, Jessie	2) Gladu, Gillian				
	3) Hart, Lauren	4) MacFarlene, Candice				
12	St. Clair S S 'B'			57.89	1	
	1) Richard, Tori	2) Pawson, Meaghan				
	3) Lisabeth, Brianne	4) Racher, Jenna				
13	Northern C I & V S 'B'			59.76	1	
	1) Davies, Justine	2) Graham, Jenna				
	3) Sibbald, Jayde	4) Fleischer, Sarah				
14	St. Christopher S S 'C'			59.89	1	
	1) Chartrand, Amanda	2) Walker, Shelby				

Women 4x400 Meter Relay Senior

LSSAA: ! 4:01.00 1999		St. Christopher		Finals	H#	Points
School						
1	Northern C I & V S 'A'			4:10.8h	2	10
	1) Smith, Siobhan	2) Beaten, Devan				
	3) Parker, Sarah	4) Fleischer, Katie				
2	St. Christopher S S 'A'			4:14.0h	2	8
	1) Evers, Amy	2) Makar, Nicole				
	3) Picciuca, Kristin	4) Pickering, Marianne				
3	St. Clair S S 'A'			4:20.3h	2	6
	1) Sommer, Danica	2) Lundy, Courtney				
	3) Williams, Riley	4) Lewis, Brittany				
4	North Lambton S S 'A'			4:25.0h	1	5
	1) Veens, Sarah	2) Vanos, Danielle				
	3) Little, TJ	4) Campbell, Shelley				

5	Lambton Central C & V I 'A'		4:32.9h	2	4
	1) VanLeerzem, Jilleen	2) Gray, Jenn			
	3) McDonald, Shaylynn	4) Limb, Darian			
6	Lambton Central C & V I 'B'		4:40.9h	1	3
	1) Goodhand, Ryley	2) Hart, Lauren			
7	St. Christopher S S 'C'		4:41.7h	1	2
	1) Deschenes, Danielle	2) Spano, Valerie			
	3) Poole, Kimberly	4) Korosec, Rachel			
8	Northern C I & V S 'B'		4:41.8h	2	1
	1) M'Larkey, Erin	2) Smolen, Char			
	3) Dann, Lauren	4) Charteris, Steph			
9	Sarnia CI & TS 'A'		4:42.1h	2	
	1) Cadwallader, Haley	2) Scherrer, Janet			
	3) Nelles, Kate	4) Lovell, Haleigh			
10	St. Christopher S S 'B'		4:44.4h	2	
	1) Devet, Vicki	2) Reddy, Meghan			
	3) Polakovic, Kristina	4) Morden, Faith			
11	North Lambton S S 'B'		4:55.4h	1	
	1) Cassidy, Nicole	2) Dirven, Carmen			
	3) Gordon, Alex	4) Boyd, Lauren			

Women High Jump Senior

LSSAA: ! 1.73m 2001 Shannon O'Hagan, St. Patrick's				
Name	Year	School	Finals	Points
1 Williams, Riley		St. Clair SS	1.53m	10
2 VanKlaveren, Rebecca		Lambton Cent	1.50m	8
3 Gladu, Gillian		Lambton Cent	1.45m	6
4 Ladanchuk, Vanessa		St Christoph	1.30m	5
-- Mackie, Melissa		St Patrick's	NH	

Women Long Jump Senior

LSSAA: ! 5.48m 2003 Sarah Nelson, Northern CIV				
Name	Year	School	Finals	Points
1 Harding, Sarah		Northern Civ	4.58m	10
2 Payne, Adrienne		Sarnia Cits	4.45m	8
3 VanKlaveren, Rebecca		Lambton Cent	4.27m	6
4 Conroy, Sara		St Patrick's	4.22m	5
5 MacFarlene, Candice		Lambton Cent	4.12m	4
6 Walker, Shelby		St Christoph	4.11m	3
7 Lisabeth, Brianne		St. Clair SS	4.09m	2
8 Fowlie, Alyssa		Northern Civ	3.78m	1
9 Mackie, Melissa		St Patrick's	3.54m	

Women Triple Jump Senior

LSSAA: ! 11.27m 2003 Sarah Nelson, Northern CIV				
Name	Year	School	Finals	Points
1 Prong, Kelsey		North Lambto	10.33m	10
2 Sommer, Danica		St. Clair SS	10.19m	8
3 Conroy, Sara		St Patrick's	9.63m	6
4 Fowlie, Alyssa		Northern Civ	9.00m	5
5 Walker, Shelby		St Christoph	8.92m	4
6 Lisabeth, Brianne		St. Clair SS	8.86m	3
7 Gladu, Gillian		Lambton Cent	8.80m	2
8 Graham, Jenna		Northern Civ	8.75m	1
9 Armstrong, Lauren		Lambton Cent	7.60m	
10 Mackie, Melissa		St Patrick's	7.03m	
-- VanKlaveren, Rebecca		Lambton Cent	FOUL	

Women Shot Put Senior

=====				
LSSAA: ! 12.48m		1985	Bonnie Brooks, SCITS	
Name	Year	School	Finals	Points
=====				
1 Sanders, Kaitlyn		Lambton Cent	11.76m	10
2 Athanasopoulos, Sia		St Christoph	10.89m	8
3 Service, Ciji		St Patrick's	10.61m	6
4 Luker, Carissa		Lambton Cent	9.37m	5
5 Miller, Jessika		Northern Civ	9.27m	4
6 Rondinelli, Melissa		St Christoph	8.36m	3
7 Stead, Riley		St Christoph	8.02m	2
8 Carlton, Benett		Sarnia Cits	7.96m	1
9 Clark, Kaitlyn		St Patrick's	7.83m	
10 Robson, Jessie		Lambton Cent	6.68m	

Women Discus Throw Senior

=====				
LSSAA: ! 34.50m		1986	Shannon Robertson, SCITS	
Name	Year	School	Finals	Points
=====				
1 Sanders, Kaitlyn		Lambton Cent	32.70m	10
2 Luker, Carissa		Lambton Cent	32.17m	8
3 Service, Ciji		St Patrick's	30.85m	6
4 Miller, Jessika		Northern Civ	26.78m	5
5 Clark, Kaitlyn		St Patrick's	25.94m	4
6 Ladanchuk, Vanessa		St Christoph	23.48m	3
7 Carlton, Benett		Sarnia Cits	22.25m	2
8 Graham, Jenna		Northern Civ	22.05m	1
9 Rondinelli, Melissa		St Christoph	21.43m	
10 Flater, Candace		North Lambto	19.21m	
11 Stead, Riley		St Christoph	19.14m	
12 Sayers, Alicia		Sarnia Cits	16.92m	
13 Neilson, Cassidy		Northern Civ	13.98m	
14 Hart, Lauren		Lambton Cent	13.69m	

Women Javelin Throw Senior

=====				
LSSAA: ! 46.15m		2008	Maggie Mullen, St Patrick's	
Name	Year	School	Finals	Points
=====				
1 Henry, Kelsey		St Christoph	36.34m	10
2 Sanders, Kaitlyn		Lambton Cent	34.41m	8
3 Humphreys, Charito		St Patrick's	33.98m	6
4 Humphreys, Conchita		St Patrick's	31.82m	5
5 Graham, Jenna		Northern Civ	30.57m	4
6 Jacklin, Megan		Lambton Cent	29.96m	3
7 Athanasopoulos, Sia		St Christoph	27.26m	2
8 Ladanchuk, Vanessa		St Christoph	26.50m	1
9 Armstrong, Lauren		Lambton Cent	20.09m	
10 Neilson, Cassidy		Northern Civ	12.79m	
11 Sayers, Alicia		Sarnia Cits	10.16m	

Women 100 Meter Dash Ambulatory

=====			
LSSAA: ! 14.60		2008	Joanna Edwards, AMSS
Name	Year	School	Finals
=====			
1 Crevier, Sylvia		St Patrick's	15.7h
2 Patrick, Jen		Amss	15.9h
3 Hill, Kaitlyn		Amss	17.2h
4 Essery, Caroline		St Patrick's	18.7h

5 Dubuque, Danielle

Amss

19.9h

Men 100 Meter Dash Midget

LSSAA: ! 11.30 1993 Steve Maheu, St. Patrick's				
Name	Year	School	Prelims	H#
Preliminaries				
1 Bramwell, Drelan		Northern Civ	11.7hQ	1
2 McLean, Matt		St Patrick's	11.8hQ	2
3 Kelly, Ben		Sarnia Cits	12.0hQ	2
4 Klaudi, Matt		Northern Civ	12.1hQ	1
5 Moffatt, Jon		St. Clair SS	12.3hQ	1
6 Mater, Nate		Lambton Cent	12.4hQ	2
7 Elviage, Dawson		St. Clair SS	12.5hq	2
8 Highgate, Alex		Lambton Cent	12.5hq	1
9 Garrett, Adam		St Christoph	12.6h	1
10 Burkholder, Jeff		St. Clair SS	12.6h	2
11 Lindsay, Spencer		St Christoph	12.8h	1
12 VanDyke, Keaton		St Christoph	13.4h	1

Men 100 Meter Dash Midget

LSSAA: ! 11.30 1993 Steve Maheu, St. Patrick's				
Name	Year	School	Finals	Points
Finals				
1 McLean, Matt		St Patrick's	11.6h	10
2 Bramwell, Drelan		Northern Civ	11.7h	8
3 Kelly, Ben		Sarnia Cits	11.8h	6
4 Highgate, Alex		Lambton Cent	12.1h	5
5 Klaudi, Matt		Northern Civ	12.3h	4
6 Moffatt, Jon		St. Clair SS	12.3h	3
7 Elviage, Dawson		St. Clair SS	12.7h	2
8 Mater, Nate		Lambton Cent	12.8h	1

Men 200 Meter Dash Midget

LSSAA: ! 23.30 1986 Wendell Dennis, Northern				
Name	Year	School	Prelims	H#
Preliminaries				
1 Bramwell, Drelan		Northern Civ	24.22Q	1
2 McLean, Matt		St Patrick's	24.53Q	2
3 Packer, Jacob		Northern Civ	25.67Q	2
4 Prong, Tyler		North Lambto	25.94Q	1
5 Ryan, John		St Christoph	26.31Q	1
5 Helps, Steven		Lambton Cent	26.31Q	1
7 Highgate, Alex		Lambton Cent	26.37Q	2
8 Blonsky, Derek		Lambton Cent	26.55q	2
9 Burkholder, Jeff		St. Clair SS	26.66	1
10 Lindsay, Spencer		St Christoph	26.95	2
10 McKinley, Aaron		St Christoph	26.95	2
12 Duncan, Avery		St. Clair SS	27.29	2
13 Post, Devin		St. Clair SS	27.32	1

Men 200 Meter Dash Midget

LSSAA: ! 23.30 1986 Wendell Dennis, Northern				
Name	Year	School	Finals	Points
Finals				
1 McLean, Matt		St Patrick's	24.21	10

2	Bramwell, Drelan	Northern Civ	24.39	8
3	Packer, Jacob	Northern Civ	25.68	6
4	Prong, Tyler	North Lambto	26.08	5
5	Highgate, Alex	Lambton Cent	26.38	4
6	Blonsky, Derek	Lambton Cent	26.58	3
7	Helps, Steven	Lambton Cent	26.78	2
8	Ryan, John	St Christoph	26.79	1

Men 400 Meter Dash Midget

=====				
LSSAA: ! 52.80		2006	Michael Lever, Northern CIV	
Name	Year	School	Finals	H# Points
=====				
1	McLean, Matt	St Patrick's	53.4h	2 10
2	Webster, Broderick	Northern Civ	53.6h	2 8
3	Bramwell, Drelan	Northern Civ	56.0h	2 6
4	Sleaford, Jeff	Lambton Cent	58.7h	2 5
5	Prong, Tyler	North Lambto	58.8h	2 4
6	Rose, Clint	Lambton Cent	58.9h	1 3
7	Ryan, John	St Christoph	59.0h	2 2
8	McKinley, Aaron	St Christoph	59.7h	1 1
9	Lindsay, Spencer	St Christoph	1:01.1h	2
10	Mariuz, Alex	St Patrick's	1:01.3h	2
11	Maitland, Tyson	St. Clair SS	1:01.9h	1
12	Burkholder, Jeff	St. Clair SS	1:02.1h	1
13	Post, Devin	St. Clair SS	1:02.9h	1
14	VandenEnden, Tyler	St Patrick's	1:08.5h	1
15	Bell, Josh	Lambton Cent	1:10.1h	1

Men 800 Meter Run Midget

=====				
LSSAA: ! 2:03.90		2006	Michael Lever, Northern CIV	
Name	Year	School	Finals	H# Points
=====				
1	Master, Shawn	Northern Civ	2:04.15	2 10
2	Webster, Broderick	Northern Civ	2:10.71	2 8
3	Mendoza, Pablo	Northern Civ	2:11.41	2 6
4	Krall, Stephen	Amss	2:26.84	2 5
5	Helps, Steven	Lambton Cent	2:29.11	1 4
6	Ozburn, Alden	St Christoph	2:29.85	2 3
7	Kozlof, Dominic	St. Clair SS	2:30.94	1 2
8	Bronzi, Spencer	St Christoph	2:31.46	2 1
9	Manders, Derek	Lambton Cent	2:31.65	1
10	Zajda, Vaughan	St Patrick's	2:33.61	2
11	Maitland, Tyson	St. Clair SS	2:34.74	1
12	McGregor, Jesse	Lambton Cent	2:43.15	1
13	Columbus, Brad	St Patrick's	2:47.48	2
14	VandenEnden, Tyler	St Patrick's	2:50.27	1
15	Clelland, Josiah	St Christoph	2:55.31	1

Men 1500 Meter Run Midget

=====				
LSSAA: ! 4:22.10		2001	Russell Christie, Lambton Central	
Name	Year	School	Finals	Points
=====				
1	Master, Shawn	Northern Civ	4:18.9h!	10
2	Mendoza, Pablo	Northern Civ	4:31.4h	8
3	Powell, Kurt	Northern Civ	4:38.1h	6
4	Rocca, Michael	St Christoph	4:49.9h	5
5	Krall, Stephen	Amss	4:58.5h	4
6	Manders, Derek	Lambton Cent	5:10.0h	3
7	Ives, Zach	St Christoph	5:11.1h	2
8	Stewart, Mason	St Christoph	5:14.3h	1

9	Helps, Steven	Lambton Cent	5:17.0h
10	McGregor, Jesse	Lambton Cent	5:22.2h
11	Columbus, Brad	St Patrick's	5:37.3h
12	Vandenheuvel, Collin	St Patrick's	5:37.7h
13	Zajda, Vaughan	St Patrick's	5:37.9h

Men 3000 Meter Run Midget

=====				
LSSAA: ! 9:38.50		1986	Brian Burdett, Sarnia Central	
Name	Year	School	Finals	Points
=====				
1	Master, Shawn	Northern Civ	10:03.1h	10
2	Mendoza, Pablo	Northern Civ	10:07.4h	8
3	Powell, Kurt	Northern Civ	10:14.8h	6
4	Krall, Stephen	Amss	10:45.7h	5
5	McGregor, Jesse	Lambton Cent	11:15.0h	4
6	Stewart, Mason	St Christoph	11:30.6h	3
7	Manders, Derek	Lambton Cent	11:53.4h	2
8	DiCesare, Chris	St Christoph	12:06.1h	1
9	Zajda, Vaughan	St Patrick's	12:07.7h	
10	Vandenheuvel, Collin	St Patrick's	12:22.1h	
--	Columbus, Brad	St Patrick's	DNF	

Men 100 Meter Hurdles Midget

=====				
LSSAA: ! 14.30		1993	Cam Thompson, Lambton Central	
Name	Year	School	Finals	Points
=====				
1	Gray, Michael	Lambton Cent	15.2h	10
2	Klaudi, Matt	Northern Civ	15.4h	8
3	Moffatt, Jon	St. Clair SS	15.9h	6
4	Packer, Jacob	Northern Civ	16.9h	5
5	Rose, Clint	Lambton Cent	17.2h	4
6	Unsworth, George	Lambton Cent	19.0h	3
7	Duncan, Avery	St. Clair SS	19.3h	2

Men 300 Meter Hurdles Midget

=====				
LSSAA: ! 42.70		1993	Cam Thompson, Lambton Central	
Name	Year	School	Finals	Points
=====				
1	Gray, Michael	Lambton Cent	43.94	10
2	Packer, Jacob	Northern Civ	45.45	8
3	Klaudi, Matt	Northern Civ	45.48	6
4	Moffatt, Jon	St. Clair SS	46.91	5
5	Rose, Clint	Lambton Cent	48.42	4
6	Duncan, Avery	St. Clair SS	50.11	3
7	Unsworth, George	Lambton Cent	52.52	2

Men 4x100 Meter Relay Midget

=====				
LSSAA: ! 46.60		1986	St. Patrick's	
School			Finals	H# Points
=====				
1	Northern C I & V S 'A'		48.33	2 10
	1) Packer, Jacob	2) Williams, Jake		
	3) Bramwell, Drelan	4) Klaudi, Matt		
2	St. Clair S S 'A'		48.56	2 8
	1) Burkholder, Jeff	2) Elviage, Dawson		
	3) Duncan, Avery	4) Moffatt, Jon		
3	Lambton Central C & V I 'A'		49.79	2 6
	1) Mater, Nate	2) Rose, Clint		
	3) Langs, Austin	4) Highgate, Alex		

4 Northern C I & V S 'B'	50.09	2	5
1) Beauchamp, Marcel	2) Babcock, Drake		
3) Master, Shawn	4) Webster, Broderick		
5 St. Christopher S S 'A'	50.94	2	4
1) Dunn, Aaron	2) Garrett, Adam		
3) Lindsay, Spencer	4) Bell, Oren		
6 St. Christopher S S 'C'	56.73	1	3
1) Stewart, Mason	2) Spearman, Austin		
3) Bronzi, Spencer	4) Ives, Zach		
7 Lambton Central C & V I 'B'	57.17	2	2
1) Campbell, Scott	2) Blonsky, Derek		
3) Unsworth, George	4) Gray, Michael		
8 St. Christopher S S 'B'	59.92	1	1
1) McKinley, Aaron	2) Ryan, John		
3) Frazzalari, Michael	4) VanDyke, Keaton		

Men High Jump Midget

LSSAA: ! 1.86m 1996		Martin Kihle, St. Patrick's	
Name	Year School	Finals	Points
1 Williams, Jake	Northern Civ	1.87m!	10
2 Lanteigne, Austin	St Patrick's	1.75m	8
3 Campbell, Scott	Lambton Cent	1.70m	6
4 Sleaford, Jeff	Lambton Cent	1.65m	5
5 Dunn, Aaron	St Christoph	J1.65m	4
6 McGuire, Sam	Lambton Cent	1.60m	3
7 Webster, Broderick	Northern Civ	J1.60m	2
8 Spearman, Austin	St Christoph	1.55m	1
9 Higgin, Kayne	Northern Civ	J1.55m	
10 Militante, Braeden	St Patrick's	1.45m	
11 Bradshaw, Matt	St. Clair SS	1.40m	
-- Pamentor, Chris	St Christoph	NH	
-- Mariuz, Alex	St Patrick's	NH	

Men Long Jump Midget

LSSAA: ! 6.13m 1983		Bill Robb, St. Patrick's	
Name	Year School	Finals	Points
1 Lanteigne, Austin	St Patrick's	5.73m	10
2 Dunn, Aaron	St Christoph	5.41m	8
3 Babcock, Drake	Northern Civ	5.18m	6
4 Jeffery, Lukas	Lambton Cent	5.16m	5
5 Campbell, Scott	Lambton Cent	5.08m	4
6 Highgate, Alex	Lambton Cent	5.00m	3
7 Bradshaw, Matt	St. Clair SS	4.95m	2
8 O'Neill, Teegan	St. Clair SS	4.84m	1
9 Post, Devin	St. Clair SS	4.58m	
10 Beauchamp, Marcel	Northern Civ	4.38m	
11 Pamentor, Chris	St Christoph	4.25m	
12 Frazzalari, Michael	St Christoph	3.61m	

Men Triple Jump Midget

LSSAA: ! 12.78m 1997		Leron Mitchell, Northern	
Name	Year School	Finals	Points
1 Jeffery, Lukas	Lambton Cent	11.58m	10
2 Kelly, Ben	Sarnia Cits	11.34m	8
3 Prong, Tyler	North Lambto	11.32m	6
4 Blonsky, Derek	Lambton Cent	11.06m	5
5 Williams, Jake	Northern Civ	10.83m	4

6	Gray, Michael	Lambton Cent	10.80m	3
7	Babcock, Drake	Northern Civ	10.53m	2
8	O'Neill, Teegan	St. Clair SS	9.86m	1
9	Bradshaw, Matt	St. Clair SS	9.77m	
10	Maitland, Tyson	St. Clair SS	9.63m	
11	Mariuz, Alex	St Patrick's	9.30m	
12	Harris, Jeremy	St Christoph	8.93m	
13	Spearman, Austin	St Christoph	8.89m	
14	Frazzolari, Michael	St Christoph	8.14m	
--	Auterhoff, Hayden	Northern Civ	FOUL	

Men Shot Put Midget

=====				
LSSAA: ! 16.60m		1982 Dave Crombeen, St. Patrick's		
Name	Year	School	Finals	Points
=====				
1	Boersma, Brett	Northern Civ	12.62m	10
2	Garrett, Adam	St Christoph	11.36m	8
3	Langstaff, Phil	Lambton Cent	10.72m	6
4	VanHeijt, Marcel	St Christoph	10.35m	5
5	Litt, Braden	St. Clair SS	9.87m	4
6	Elviage, Dawson	St. Clair SS	9.80m	3
7	Noll, Carter	Lambton Cent	9.77m	2
8	Sisson, Aaron	St Patrick's	9.51m	1
9	McGuire, Sam	Lambton Cent	8.79m	
10	Collette, Josh	North Lambto	8.66m	
11	DiMurro, Davide	St Christoph	8.53m	

Men Discus Throw Midget

=====				
LSSAA: ! 47.16m		1997 Justin Farina, St. Christopher		
Name	Year	School	Finals	Points
=====				
1	Rocca, Michael	St Christoph	42.42m	10
2	Boersma, Brett	Northern Civ	31.16m	8
3	McCaig, Josh	St Christoph	30.86m	6
4	Collette, Josh	North Lambto	30.82m	5
5	Auterhoff, Hayden	Northern Civ	29.49m	4
6	Dowding, Quinn	Northern Civ	28.96m	3
7	Langstaff, Phil	Lambton Cent	27.03m	2
8	Wilhelm, Clayton	St Christoph	26.92m	1
9	Noll, Carter	Lambton Cent	23.84m	
10	Blonsky, Derek	Lambton Cent	17.54m	

Men Javelin Throw Midget

=====				
LSSAA: ! 61.16m		1982 Dave Crombeen, St. Patrick's		
Name	Year	School	Finals	Points
=====				
1	Williams, Jake	Northern Civ	47.17m	10
2	Lanteigne, Austin	St Patrick's	43.59m	8
3	McCaig, Josh	St Christoph	41.59m	6
4	Sleaford, Jeff	Lambton Cent	40.30m	5
5	Campbell, Scott	Lambton Cent	37.66m	4
6	Collette, Josh	North Lambto	37.15m	3
7	Litt, Braden	St. Clair SS	35.59m	2
8	Fleischer, Tom	Northern Civ	34.16m	1
9	Elviage, Dawson	St. Clair SS	33.54m	
10	Bell, Oren	St Christoph	31.98m	
11	Kelly, Ben	Sarnia Cits	28.40m	
12	Dowding, Quinn	Northern Civ	26.00m	
13	Li Wan Po, Dalton	Lambton Cent	20.30m	
--	Harris, Jeremy	St Christoph	FOUL	

Men 100 Meter Dash Junior

=====				
LSSAA: ! 10.80		1990	Shane Hussey, Lambton Central	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Annett, Tyler		Northern Civ	11.3hQ	1
2 Schallhorn, Steve		Northern Civ	11.6hQ	2
3 Dipaulo, Dom		St Patrick's	11.7hQ	1
4 Young, Ryan		Northern Civ	11.7hQ	2
5 Acton, Joel		St Patrick's	11.8hQ	1
6 VanBilsen, Brandon		St Christoph	12.3hQ	2
7 Butler, Brendan		Lambton Cent	12.1hq	1
8 Cassidy, Aaron		North Lambto	12.3hq	2
9 Beer, Alec		Lambton Cent	12.6h	2
10 Aitken, Chris		Lambton Cent	12.7h	2
11 Sayers, Cody		Sarnia Cits	12.8h	1
12 Gerliep, Tyler		St Christoph	12.8h	1

Men 100 Meter Dash Junior

=====				
LSSAA: ! 10.80		1990	Shane Hussey, Lambton Central	
Name	Year	School	Finals	Points
=====				
Finals				
1 Annett, Tyler		Northern Civ	10.9h	10
2 Young, Ryan		Northern Civ	11.3h	8
3 Schallhorn, Steve		Northern Civ	11.6h	6
4 Dipaulo, Dom		St Patrick's	11.6h	5
5 Butler, Brendan		Lambton Cent	11.9h	4
6 Acton, Joel		St Patrick's	12.0h	3
6 VanBilsen, Brandon		St Christoph	12.0h	2
8 Cassidy, Aaron		North Lambto	12.1h	1

Men 200 Meter Dash Junior

=====				
LSSAA: ! 22.10		1996	Brian Dicker, St. Patrick's	
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1 Annett, Tyler		Northern Civ	24.21Q	2
2 Young, Ryan		Northern Civ	24.23Q	1
3 Sullivan, Colin		St Patrick's	24.56Q	2
4 Dipaulo, Dom		St Patrick's	24.61Q	1
5 Schallhorn, Steve		Northern Civ	24.61Q	2
6 Cassidy, Aaron		North Lambto	26.15Q	1
7 VanBilsen, Brandon		St Christoph	25.46q	2
8 Zavitz, Ryan		Lambton Cent	26.31q	2
9 Villaneuva, Marcelo		St Christoph	26.54	1
10 Sayers, Cody		Sarnia Cits	26.56	2
11 Aitken, Chris		Lambton Cent	26.73	1
12 Gerliep, Tyler		St Christoph	27.31	2
13 Beer, Alec		Lambton Cent	27.59	1

Men 200 Meter Dash Junior

=====				
LSSAA: ! 22.10		1996	Brian Dicker, St. Patrick's	
Name	Year	School	Finals	Points
=====				
Finals				
1 Annett, Tyler		Northern Civ	23.94	10
2 Young, Ryan		Northern Civ	24.42	8

3	Dipauro, Dom	St Patrick's	24.56	6
4	Sullivan, Colin	St Patrick's	24.61	5
5	Schallhorn, Steve	Northern Civ	24.79	4
6	Cassidy, Aaron	North Lambto	25.34	3
7	Zavitz, Ryan	Lambton Cent	25.49	2

Men 400 Meter Dash Junior

LSSAA: ! 49.80 1990 Dave Pettit, Lambton Central				
Name	Year	School	Finals	H# Points
1 Annett, Tyler		Northern Civ	52.4h	2 10
2 Huzevka, Brandon		Northern Civ	53.2h	2 8
3 Cassidy, Aaron		North Lambto	55.5h	2 6
4 VanBilsen, Brandon		St Christoph	55.9h	1 5
5 Schallhorn, Steve		Northern Civ	56.8h	2 4
6 James, Colton		St Christoph	57.9h	2 3
7 Villaneuva, Marcelo		St Christoph	1:00.9h	2 2
8 Sayers, Cody		Sarnia Cits	1:03.1h	1 1
9 Hill, Mark		Lambton Cent	1:17.0h	1

Men 800 Meter Run Junior

LSSAA: ! 1:53.50 1994 Jay Cantin, St. Clair				
Name	Year	School	Finals	Points
1 Huzevka, Brandon		Northern Civ	2:01.14	10
2 Hall, Matt		St Christoph	2:15.97	8
3 Villaneuva, Marcelo		St Christoph	2:20.22	6
4 Gordon, Mike		North Lambto	2:20.29	5
5 Schmidtmeyer, Tyson		Northern Civ	2:21.29	4
6 Saunders, Troy		Northern Civ	2:25.99	3
7 Holley, Mike		St Christoph	2:26.39	2
8 Lush, Kurtis		St Patrick's	2:37.21	1
9 Hill, Mark		Lambton Cent	2:50.35	

Men 1500 Meter Run Junior

LSSAA: ! 4:02.60 1994 Jay Cantin, St. Clair				
Name	Year	School	Finals	Points
1 Huzevka, Brandon		Northern Civ	4:16.0h	10
2 Hall, Matt		St Christoph	4:21.0h	8
3 Leckie, Spencer		St. Clair SS	4:35.2h	6
4 Schaefer, Benji		Northern Civ	4:39.9h	5
5 Gordon, Mike		North Lambto	4:43.4h	4
6 Holley, Mike		St Christoph	4:44.6h	3
7 Asselin, Olivier		Northern Civ	4:53.1h	2
8 Brouwer, Brad		North Lambto	5:10.4h	1
9 Lush, Kurtis		St Patrick's	5:21.2h	
10 Hinchcliff, Derek		Lambton Cent	5:30.8h	

Men 3000 Meter Run Junior

LSSAA: ! 8:55.60 1975 Peter Butler, Northern				
Name	Year	School	Finals	Points
1 Hall, Matt		St Christoph	9:32.0h	10
2 Leckie, Spencer		St. Clair SS	10:02.6h	8
3 Schaefer, Benji		Northern Civ	10:03.3h	6
4 Gordon, Mike		North Lambto	10:05.9h	5
5 Holley, Mike		St Christoph	10:13.3h	4
6 Asselin, Olivier		Northern Civ	10:18.8h	3

7	Doughty, Mitch	Northern Civ	10:48.0h	2
8	Brouwer, Brad	North Lambto	11:15.5h	1
9	Vankampen, Christian	St Christoph	12:21.7h	

Men 100 Meter Hurdles Junior

LSSAA: ! 14.30 2004 Jason McKechnie, St. Clair SS				
Name	Year	School	Finals	Points
1 Paisley, Michael		Lambton Cent	15.0h	10
2 Ravenhorst, Jon		Northern Civ	15.1h	8
3 Service, Julian		St Patrick's	15.6h	6
4 VanVeller, Joel		Northern Civ	17.8h	5

Men 300 Meter Hurdles Junior

LSSAA: ! 40.20 1995 Cam Thompson, Lambton Central				
Name	Year	School	Finals	Points
1 Paisley, Michael		Lambton Cent	43.59	10
2 Service, Julian		St Patrick's	44.50	8
3 James, Colton		St Christoph	44.72	6
4 Ravenhorst, Jon		Northern Civ	46.07	5
5 Krall, Spencer		Lambton Cent	48.27	4
6 VanVeller, Joel		Northern Civ	48.46	3
7 Jasmin, Sam		Northern Civ	49.91	2
8 Hinchcliff, Derek		Lambton Cent	53.16	1

Men 4x100 Meter Relay Junior

LSSAA: ! 44.30 1990 Lambton Central				
School	Year	School	Finals	Points
1 Northern C I & V S 'A'			45.62	10
1) Schallhorn, Steve		2) Boersma, Cole		
3) Young, Ryan		4) Annett, Tyler		
2 St. Patrick's H.S 'A'			45.91	8
1) Acton, Joel		2) Dipaulo, Dom		
3) McLean, Matt		4) Sullivan, Colin		
3 Lambton Central C & V I 'A'			48.42	6
1) Aitken, Chris		2) Paisley, Michael		
3) Beer, Alec		4) Butler, Brendan		
4 Northern C I & V S 'B'			49.01	5
1) Ravenhorst, Jon		2) Jasmin, Sam		
3) VanVeller, Joel		4) Withers, Tyler		
5 North Lambton S S 'A'			50.28	4
1) Cassidy, Aaron		2) Gordon, Mike		
3) Prong, Tyler		4) Teeple, Nate		
6 Lambton Central C & V I 'B'			51.33	3
1) Hill, Mark		2) Zavitz, Ryan		
3) Krall, Spencer		4)		
7 St. Christopher S S 'A'			52.93	2
1) Gerliep, Tyler		2) James, Colton		
3) Spinozzi, Mark		4) VanBilsen, Brandon		

Men High Jump Junior

LSSAA: ! 2.00m 1989 Joe Tuscan, SCITS				
Name	Year	School	Finals	Points
1 Ravenhorst, Jon		Northern Civ	1.80m	10
2 Sullivan, Colin		St Patrick's	1.75m	8
3 Service, Julian		St Patrick's	1.70m	6

4	Moxley, Thomas	St Christoph	1.55m	4.50
4	James, Colton	St Christoph	1.55m	4.50
6	Straatman, Brandon	St Christoph	J1.55m	3
7	Rops, Travis	Lambton Cent	1.50m	1.50
7	Krall, Spencer	Lambton Cent	1.50m	1.50

Men Long Jump Junior

=====				
LSSAA: ! 6.67m 1981		Larry Helwig, St. Clair		
Name	Year	School	Finals	Points
=====				
1	Acton, Joel	St Patrick's	5.71m	10
2	Tower, Phil	St. Clair SS	5.40m	8
3	Withers, Tyler	Northern Civ	5.28m	6
4	Dipaulo, Dom	St Patrick's	5.02m	5
5	Moxley, Thomas	St Christoph	4.87m	4
6	Krall, Spencer	Lambton Cent	4.81m	3
7	Aitken, Chris	Lambton Cent	4.71m	2
8	Beer, Alec	Lambton Cent	4.53m	1
9	Straatman, Brandon	St Christoph	4.09m	

Men Triple Jump Junior

=====				
LSSAA: ! 13.50m 1999		Leron Mitchell, Northern		
Name	Year	School	Finals	Points
=====				
1	Tower, Phil	St. Clair SS	11.56m	10
2	Oh, Harry	St Patrick's	11.06m	8
3	Moxley, Thomas	St Christoph	10.68m	6
4	Zavitz, Ryan	Lambton Cent	10.20m	5
--	Rops, Travis	Lambton Cent	FOUL	

Men Shot Put Junior

=====				
LSSAA: ! 15.45m 1983		Dave Crombeen, St. Patrick's		
Name	Year	School	Finals	Points
=====				
1	Thompson, Brett	St Christoph	15.69m!	10
2	Nahmabin, Troy	Sarnia Cits	14.89m	8
3	Butler, Brendan	Lambton Cent	J14.89m	6
4	Boersma, Cole	Northern Civ	14.60m	5
5	Moskal, Dan	St Patrick's	13.37m	4
6	Teeple, Nate	North Lambto	11.99m	3
7	Oh, Harry	St Patrick's	11.62m	2
8	Blair, Carson	St Patrick's	11.53m	1
9	Tower, Phil	St. Clair SS	11.09m	
10	Babcock, Scott	Lambton Cent	10.98m	
11	Zavitz, Ryan	Lambton Cent	9.75m	
12	Hughes, Sam	St. Clair SS	9.50m	
12	DiMurro, Paulo	St Christoph	9.50m	

Men Discus Throw Junior

=====				
LSSAA: ! 57.07m 2007		Jackson Gray, Sarnia CITS		
Name	Year	School	Finals	Points
=====				
1	Nahmabin, Troy	Sarnia Cits	45.03m	10
2	Stymest, Justin	Northern Civ	44.64m	8
3	Thompson, Brett	St Christoph	41.63m	6
4	Moskal, Dan	St Patrick's	40.15m	5
5	Babcock, Scott	Lambton Cent	35.80m	4
6	Oh, Harry	St Patrick's	34.84m	3
7	Teeple, Nate	North Lambto	33.97m	2

8	Hughes, Sam	St. Clair SS	33.92m	1
9	Bennett, Chris	Northern Civ	29.89m	
10	Withers, Tyler	Northern Civ	29.01m	
11	Hinchcliff, Derek	Lambton Cent	28.76m	
12	Butler, Brendan	Lambton Cent	27.10m	
13	DiMurro, Paulo	St Christoph	24.12m	
--	Mitchell, Jacob	Sarnia Cits	FOUL	
--	Fracalanza, Brett	St Christoph	FOUL	

Men Javelin Throw Junior

=====				
LSSAA: ! 56.70m 1983		Dave Crombeen, St. Patrick's		
Name	Year	School	Finals	Points
=====				
1	Withers, Tyler	Northern Civ	53.20m	10
2	Paisley, Michael	Lambton Cent	52.75m	8
3	Acton, Joel	St Patrick's	49.86m	6
4	Thompson, Brett	St Christoph	44.92m	5
5	Sullivan, Colin	St Patrick's	44.60m	4
6	Teeple, Nate	North Lambto	43.65m	3
7	Jasmin, Sam	Northern Civ	43.13m	2
8	Stymest, Justin	Northern Civ	42.47m	1
9	Szewczak, Chris	St Christoph	38.76m	
10	Pearson, Andrew	Lambton Cent	38.17m	
11	Ferguson, Matt	Lambton Cent	32.90m	
12	Straatman, Brandon	St Christoph	32.08m	
--	Harding, Jesse	St Patrick's	FOUL	

Men 100 Meter Dash Senior

=====				
LSSAA: ! 10.60 1994		Craig Vandeweghe, St. Patrick's		
Name	Year	School	Prelims	H#
=====				
Preliminaries				
1	Strybos, Steven	St Christoph	11.3hQ	2
2	McPhail, Cody	Lambton Cent	11.4hQ	3
3	Cicchini, Tyler	St Patrick's	11.4hQ	1
4	Golub, Devin	St Christoph	11.4hq	2
5	Dally, Jared	Northern Civ	11.6hq	3
6	Charteris, Ryan	Northern Civ	11.7hq	3
7	Lue, Greg	St Christoph	11.7hq	2
8	Wattie, Graeme	Northern Civ	11.7hq	1
9	MacSorley, Duncan	Lambton Cent	11.8h	3
10	Crawford, Trevor	St. Clair SS	12.0h	2
11	Rate, Mitch	Lambton Cent	12.0h	3
12	Stewart, Sean	North Lambto	12.1h	1
13	Fontaine, William	Sarnia Cits	12.1h	2
14	Emmons, Mitch	North Lambto	12.2h	2
15	Helps, Mike	Sarnia Cits	12.8h	1

Men 100 Meter Dash Senior

=====				
LSSAA: ! 10.60 1994		Craig Vandeweghe, St. Patrick's		
Name	Year	School	Finals	Points
=====				
Finals				
1	Strybos, Steven	St Christoph	11.4h	10
2	Golub, Devin	St Christoph	J11.4h	8
3	Dally, Jared	Northern Civ	J11.4h	6
4	Cicchini, Tyler	St Patrick's	J11.4h	5
5	McPhail, Cody	Lambton Cent	J11.4h	4
6	Charteris, Ryan	Northern Civ	11.5h	3
7	Wattie, Graeme	Northern Civ	11.6h	2

8 Lue, Greg	St Christoph	11.8h	1
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Men 200 Meter Dash Senior

LSSAA: ! 22.00	2006	Justin Keating, Northern CIV
Name	Year School	Prelims H#

Preliminaries

1 Golub, Devin	St Christoph	23.87Q	1
2 Strybos, Steven	St Christoph	23.89Q	2
3 Cicchini, Tyler	St Patrick's	24.07Q	2
4 Dally, Jared	Northern Civ	24.24Q	1
5 McPhail, Cody	Lambton Cent	24.27Q	2
6 Wattie, Graeme	Northern Civ	24.47Q	1
7 Huzevka, Mario	Lambton Cent	24.37q	2
8 Lue, Greg	St Christoph	24.52q	1
9 Stewart, Sean	North Lambto	24.79	2
10 Lever, Mike	Northern Civ	24.87	2
11 Crawford, Trevor	St. Clair SS	25.72	1
12 Helps, Mike	Sarnia Cits	25.89	1
13 Fontaine, William	Sarnia Cits	26.19	2
14 Rate, Mitch	Lambton Cent	26.65	1
15 Ulrich, Tanner	North Lambto	27.17	2
16 Aberhart, Mike	Sarnia Cits	27.92	1

Men 200 Meter Dash Senior

LSSAA: ! 22.00	2006	Justin Keating, Northern CIV
Name	Year School	Finals Points

Finals

1 Strybos, Steven	St Christoph	23.58	10
2 Golub, Devin	St Christoph	23.78	8
3 Dally, Jared	Northern Civ	23.97	6
4 Cicchini, Tyler	St Patrick's	24.09	5
5 McPhail, Cody	Lambton Cent	24.17	4
6 Huzevka, Mario	Lambton Cent	24.33	3
7 Wattie, Graeme	Northern Civ	24.47	2
8 Lue, Greg	St Christoph	24.77	1

Men 400 Meter Dash Senior

LSSAA: ! 48.00	1988	Brian Dicker, St. Patrick's
Name	Year School	Finals H# Points

1 Vosburg, Joel	Northern Civ	51.4h	2	10
2 Sawatzky, Adam	Northern Civ	51.5h	2	8
3 Golub, Devin	St Christoph	52.8h	2	6
4 Huzevka, Mario	Lambton Cent	54.0h	2	5
5 Nelson, Mike	St Christoph	54.1h	2	4
6 Morden, Matt	St Christoph	54.2h	2	3
7 Stewart, Sean	North Lambto	54.9h	2	2
8 Allison, Joe	St Patrick's	56.7h	1	1
9 Babcock, Greg	Lambton Cent	57.7h	1	
10 Prins, Fraser	St Patrick's	58.4h	1	
11 Limb, Kyle	Lambton Cent	58.5h	1	
12 Stubbs, Ben	North Lambto	1:00.4h	1	
12 Aberhart, Mike	Sarnia Cits	1:00.4h	1	
14 Smith-White, CJ	St. Clair SS	1:00.7h	1	

Men 800 Meter Run Senior

LSSAA: ! 1:53.80	1995	Jay Cantin, St. Clair
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Name	Year	School	Finals	H#	Points
1	Galler, Patrick	Northern Civ	1:57.04	2	10
2	Sawatzky, Adam	Northern Civ	1:59.20	2	8
3	Vosburg, Joel	Northern Civ	1:59.77	2	6
4	Nelson, Mike	St Christoph	2:06.65	2	5
5	Smith, Clint	Lambton Cent	2:09.08	2	4
6	McKinlay, Conor	Sarnia Cits	2:17.87	2	3
7	Prins, Fraser	St Patrick's	2:19.56	1	2
8	Stubbs, Ben	North Lambto	2:22.64	1	1
9	Valdes, John	St Christoph	2:25.27	1	
10	Sparks, David	Lambton Cent	2:28.43	2	
11	Wong, Matt	St Christoph	3:02.38	1	

Men 1500 Meter Run Senior

LSSAA: ! 3:51.10 1995 Jay Cantin, St. Clair					
Name	Year	School	Finals	Points	
1	Galler, Patrick	Northern Civ	4:10.3h	10	
2	Sawatzky, Adam	Northern Civ	4:16.1h	8	
3	Hewlett, Tyler	Northern Civ	4:16.9h	6	
4	Yurkewich, Aaron	St Christoph	4:20.6h	5	
5	Nelson, Mike	St Christoph	4:29.2h	4	
6	DeCarolis, Alex	St Christoph	4:34.1h	3	
7	VanEngelen, Adam	North Lambto	4:48.5h	2	
8	Allison, Joe	St Patrick's	4:52.6h	1	
9	Carpani, Warren	St. Clair SS	4:58.3h		
10	Stewardson, Dylan	North Lambto	5:11.2h		
11	Stubbs, Ben	North Lambto	5:11.4h		
12	Audette, Phil	Lambton Cent	6:05.7h		

Men 3000 Meter Run Senior

LSSAA: ! 8:47.60 1983 Harvey Mitro, St. Patrick's					
Name	Year	School	Finals	Points	
1	Galler, Patrick	Northern Civ	9:13.7h	10	
2	Yurkewich, Aaron	St Christoph	9:20.4h	8	
3	Hewlett, Tyler	Northern Civ	9:24.6h	6	
4	Brown, Zac	Northern Civ	9:43.8h	5	
5	VanEngelen, Adam	North Lambto	10:24.3h	4	
6	Valdes, John	St Christoph	10:27.6h	3	
7	Sparks, David	Lambton Cent	10:31.5h	2	
8	Vankampen, Nic	St Christoph	10:50.2h	1	
9	Dipaulo, AJ	St Patrick's	11:12.1h		
10	Carpani, Warren	St. Clair SS	11:13.1h		
11	Stewardson, Dylan	North Lambto	11:40.4h		
12	Audette, Phil	Lambton Cent	13:44.8h		

Men 110 Meter Hurdles Senior

LSSAA: ! 14.60 2008 Derek Drouin, St Patrick's					
Name	Year	School	Finals	Points	
1	Morden, Matt	St Christoph	15.0h	10	
2	Withers, Ben	Northern Civ	J15.2h	8	
3	van Klaveren, Gerrit	St. Clair SS	J15.2h	6	
4	Stewart, Eli	Northern Civ	17.6h	5	
5	Butler, Marty	Lambton Cent	18.9h	4	

Men 400 Meter Hurdles Senior

LSSAA: ! 54.90 1987		Mark Detailleur, Lambton Central		
Name	Year	School	Finals	Points
=====				
1 Morden, Matt		St Christoph	58.18	10
2 Dally, Jared		Northern Civ	58.28	8
3 Smith, Clint		Lambton Cent	1:05.02	6
4 Butler, Marty		Lambton Cent	1:06.54	5
5 Stewart, Eli		Northern Civ	1:08.31	4
6 Fontaine, William		Sarnia Cits	1:09.26	3
7 Campbell, Brandon		Lambton Cent	1:09.89	2
8 Aberhart, Mike		Sarnia Cits	1:10.59	1

Men 2000 Meter Steeplechase Senior

LSSAA: ! 6:13.10 1987		Scott McLellan, St. Clair		
Name	Year	School	Finals	Points
=====				
1 Yurkewich, Aaron		St Christoph	6:36.9h	10
2 Smith, Clint		Lambton Cent	6:38.1h	8
3 Brown, Zac		Northern Civ	6:41.3h	6
4 Leckie, Spencer		St. Clair SS	7:01.3h	5
5 VanEngelen, Adam		North Lambto	7:12.8h	4
6 Johnson, Kelly		Northern Civ	7:14.5h	3
7 Vankampen, Nic		St Christoph	7:23.9h	2
8 Belanger, Tye		Sarnia Cits	7:26.3h	1
9 Campbell, Brandon		Lambton Cent	7:27.4h	
10 Barnes, Derek		Northern Civ	7:31.8h	
11 Sparks, David		Lambton Cent	7:32.3h	
12 Gower, Mark		St Christoph	7:40.4h	
13 Carpani, Warren		St. Clair SS	7:51.42	
14 Stewardson, Dylan		North Lambto	8:30.1h	

Men 4x100 Meter Relay Senior

LSSAA: ! 43.70 1987			St. Patrick's		
School			Finals	H#	Points
=====					
1	St. Christopher S S	'A'	45.56	2	10
	1) Golub, Devin				
	3) Nelson, Mike				
2	Northern C I & V S	'A'	45.88	2	8
	1) Charteris, Ryan				
	3) Dally, Jared				
3	Lambton Central C & V I	'A'	46.49	2	6
	1) Weed, Matt				
	3) Rate, Mitch				
4	St. Patrick's H.S	'A'	46.89	2	5
	1) Lanteigne, Austin				
	3) Buckle, Kyle				
5	Lambton Central C & V I	'B'	47.56	2	4
	1) Limb, Kyle				
	3) Molzan, Jordan				
6	North Lambton S S	'A'	48.43	2	3
	1) Lucier, Mike				
	3) VanEngelen, Adam				
7	Sarnia CI & TS	'A'	48.88	2	2
	1) Dease, Brock				
	3) Kelly, Ben				
8	St. Clair S S	'A'	49.23	1	1
	1) van Klaveren, Gerrit				
	3) Currie, Jake				
9	St. Christopher S S	'B'	50.22	2	
	1) Harris, Mike				

3) Garrett, Luke	4) Galipeau, Cameron		
10 Northern C I & V S 'B'	50.53	1	
1) Allen, Michael	2) Stewart, Eli		
3) Vosburg, Joel	4) Withers, Ben		
11 Sarnia CI & TS 'B'	51.29	1	
1) Randall, Ken	2) Sayers, Cody		
3) Gray, Jackson	4) Helps, Mike		

Men 4x400 Meter Relay Senior

LSSAA: ! 3:24.90 1992		Lambton Central		Finals	H#	Points
School						
1 Northern C I & V S 'A'			3:27.3h	2	10	
1) Dally, Jared		2) Sawatzky, Adam				
3) Vosburg, Joel		4) Annett, Tyler				
2 St. Christopher S S 'A'			3:38.2h	2	8	
1) Golub, Devin		2) McDonald, Eric				
3) Morden, Matt		4) Nelson, Mike				
3 Northern C I & V S 'B'			3:44.7h	2	6	
1) Huzevka, Brandon		2) Young, Ryan				
3) Warner, Josh		4) Johnson, Kelly				
4 Lambton Central C & V I 'A'			3:46.1h	2	5	
1) Paisley, Michael		2) Huzevka, Mario				
3) McPhail, Cody		4) Smith, Clint				
5 St. Patrick's H.S 'A'			3:46.8h	2	4	
1) Sullivan, Colin		2) Dipaulo, Dom				
3) Service, Julian		4) McLean, Matt				
6 St. Christopher S S 'B'			3:49.2h	2	3	
7 North Lambton S S 'A'			3:52.2h	1	2	
1) Cassidy, Aaron		2) Gordon, Mike				
3) Stewart, Sean		4) Prong, Tyler				
8 Lambton Central C & V I 'B'			3:55.8h	2	1	
1) Gray, Michael		2) Blonsky, Derek				
3) Rose, Clint		4) Sleaford, Jeff				
9 St. Christopher S S 'C'			4:01.42	1		
10 Sarnia CI & TS 'A'			4:10.7h	1		
1) Aberhart, Mike		2) Belanger, Tye				
3) Kelly, Ben		4) McKinlay, Conor				
11 North Lambton S S 'B'			4:14.3h	1		
1) Emmons, Mitch		2) Stewardson, Dylan				
3) VanEngelen, Adam		4) Stubbs, Ben				
12 St. Clair S S 'A'			4:14.6h	1		
1) Smith-White, CJ		2) Maitland, Tyson				
3) Duncan, Avery		4) Leckie, Spencer				

Men High Jump Senior

LSSAA: ! 2.06m 2006		Brad Huey, Lambton Cent		Finals	Points
Name	Year	School			
1 Dunn, Jayden		Lambton Cent	1.83m	10	
2 Withers, Ben		Northern Civ	1.75m	8	
3 Smith-White, CJ		St. Clair SS	1.70m	6	
4 Lucier, Mike		North Lambto	J1.70m	5	
5 Molzan, Jordan		Lambton Cent	1.65m	4	
6 Theoret, Nick		Northern Civ	J1.65m	2.50	
6 Fleischer, Mike		Northern Civ	J1.65m	2.50	
8 Rocca, Joe		St Christoph	J1.65m	1	
9 Ducharme, Evan		St Patrick's	1.60m		
10 Belanger, Tye		Sarnia Cits	J1.60m		
11 Campbell, Brandon		Lambton Cent	1.50m		

Men Long Jump Senior

LSSAA: ! 6.89m 2005		Rob Nickels, St. Clair SS		
Name	Year	School	Finals	Points
1 Lue, Greg		St Christoph	5.81m	10
2 Murray, Brad		St Patrick's	5.79m	8
3 van Klaveren, Gerrit		St. Clair SS	5.70m	6
4 Harris, Mike		St Christoph	5.42m	5
5 Dease, Brock		Sarnia Cits	5.35m	4
6 Ulrich, Cody		North Lambton	5.33m	3
7 Weed, Matt		Lambton Cent	5.32m	2
8 Charteris, Ryan		Northern Civ	5.16m	1
9 Wattie, Graeme		Northern Civ	5.08m	
10 Lajoie, Adam		St-Francois Xavi	5.07m	
11 Crawford, Trevor		St. Clair SS	4.89m	
12 Molzan, Jordan		Lambton Cent	4.87m	
13 Lucier, Mike		North Lambton	4.87m	
-- Huzevka, Mario		Lambton Cent	FOUL	

Men Triple Jump Senior

LSSAA: ! 14.39m 2007		Kevin Honig, Northern CIV		
Name	Year	School	Finals	Points
1 van Klaveren, Gerrit		St. Clair SS	12.62m	10
2 Murray, Brad		St Patrick's	12.53m	8
3 Withers, Ben		Northern Civ	12.02m	6
4 Charteris, Ryan		Northern Civ	11.91m	5
5 Harris, Mike		St Christoph	11.78m	4
6 Dease, Brock		Sarnia Cits	11.71m	3
7 Lucier, Mike		North Lambton	11.66m	2
8 Currie, Jake		St. Clair SS	11.38m	1
9 Dunn, Jayden		Lambton Cent	11.29m	
10 Ulrich, Cody		North Lambton	11.17m	
11 Weed, Matt		Lambton Cent	11.06m	
12 Clark, Ryan		St Christoph	10.81m	
13 Helps, Mike		Sarnia Cits	10.04m	

Men Shot Put Senior

LSSAA: ! 17.60m 2005		Andy Ysebaert, Sarnia CITS		
Name	Year	School	Finals	Points
1 Gray, Jackson		Sarnia Cits	15.57m	10
2 Wilson, Brendan		Lambton Cent	13.20m	8
3 Paulley, Jeff		Sarnia Cits	13.07m	6
4 Randall, Ken		Sarnia Cits	12.84m	5
5 Allen, Dave		Lambton Cent	12.53m	4
6 Stymest, Colin		Northern Civ	12.11m	3
7 MacSorley, Duncan		Lambton Cent	11.67m	2
8 Clark, Alex		St Patrick's	11.12m	1
9 Schrijver, Tim		North Lambton	10.46m	
10 Clark, Ryan		St Christoph	10.33m	
10 Brooks, Dave		Northern Civ	10.33m	
12 Dolbear, Matt		St Patrick's	10.14m	
13 Partington, Kevin		St-Francois Xavi	9.86m	
14 Winberg, Taylor		Northern Civ	9.83m	
15 Trim, Mike		St Patrick's	9.64m	
16 Grondin, Dillon		St Christoph	9.02m	

Men Discus Throw Senior

LSSAA: ! 56.81m 2002

Mike Marsh, Northern CIV

Name	Year	School	Finals	Points
1 Gray, Jackson		Sarnia Cits	50.34m	10
2 Wilson, Brendan		Lambton Cent	44.22m	8
3 Dobson, Jason		Sarnia Cits	41.09m	6
4 Stymest, Colin		Northern Civ	40.87m	5
5 Rocca, Joe		St Christoph	38.60m	4
6 Paulley, Jeff		Sarnia Cits	37.60m	3
7 Button, Alex		St Christoph	34.79m	2
8 van Klaveren, Karel		St. Clair SS	34.03m	1
9 Armstrong, Adam		Northern Civ	31.97m	
10 Emmons, Mitch		North Lambto	30.06m	
11 Schrijver, Tim		North Lambto	29.45m	
12 Allen, Dave		Lambton Cent	29.27m	
13 Trim, Mike		St Patrick's	26.55m	
14 South, Jason		Lambton Cent	25.99m	
15 Perry, Taylor		St. Clair SS	25.79m	
16 Beach, Corbin		Northern Civ	24.79m	

Men Javelin Throw Senior

LSSAA: ! 64.12m 1969

Rick Dowswell, Sarnia Central

Name	Year	School	Finals	Points
1 Perry, Taylor		St. Clair SS	47.83m	10
2 Fell, Rory		Sarnia Cits	46.84m	8
3 Babcock, Greg		Lambton Cent	45.93m	6
4 van Klaveren, Karel		St. Clair SS	44.03m	5
5 Stymest, Colin		Northern Civ	43.66m	4
6 Schrijver, Tim		North Lambto	42.95m	3
7 Acton, Kevin		St Patrick's	42.91m	2
8 Fleischer, Mike		Northern Civ	42.85m	1
9 Belanger, Tye		Sarnia Cits	39.33m	
10 Grondin, Dillon		St Christoph	39.06m	
11 Partington, Kevin		St-Francois Xavi	37.34m	
12 Armstrong, Adam		Northern Civ	35.49m	
13 Campbell, Curtis		St Christoph	34.11m	
14 MacSorley, Duncan		Lambton Cent	32.86m	
15 Emmons, Mitch		North Lambto	31.22m	
16 South, Jordan		Lambton Cent	28.80m	

Men 100 Meter Dash Ambulatory

LSSAA: ! 12.20 2008

David Westendorp, AMSS

Name	Year	School	Finals
1 O'Brien, Evan		Amss	12.7h
2 Karelesen, Kurt		Amss	13.8h
3 Wong, Brandon		Amss	13.8h
4 Daye, Cody		Amss	16.9h
5 DaSilva, Josh		St Patrick's	17.1h
6 Canini, Lucas		St Patrick's	21.6h
7 Koolen, Justin		Amss	23.3h

Female Team Scores - 1 Midget Division

Place School Points

- 1 Northern C I & V S SWNO 252.50
- 2 Lambton Central C & V I SWLC 165
- 3 St. Christopher S S SWST 60.50
- 4 St. Patrick's H.S SWSP 34
- 5 St. Clair S S SWSC 27
- 6 North Lambton S S SWNL 18
- 6 É.S. Saint-Francois Xavier SWSF 18
- 8 Sarnia CI & TS SWSR 4

Female Team Scores - 2 Junior Division

Place School Points

- 1 Northern C I & V S SWNO 173
- 2 Lambton Central C & V I SWLC 112
- 3 St. Patrick's H.S SWSP 77
- 4 St. Clair S S SWSC 74
- 5 St. Christopher S S SWST 70
- 6 Sarnia CI & TS SWSR 53
- 7 North Lambton S S SWNL 14

Female Team Scores - 3 Senior Division

Place School Points

- 1 Lambton Central C & V I SWLC 152
- 2 St. Christopher S S SWST 131
- 3 Northern C I & V S SWNO 99
- 4 North Lambton S S SWNL 88
- 5 St. Clair S S SWSC 78
- 6 Sarnia CI & TS SWSR 56
- 7 St. Patrick's H.S SWSP 42

Male Team Scores - 1 Midget Division

Place School Points

- 1 Northern C I & V S SWNO 214
- 2 Lambton Central C & V I SWLC 140
- 3 St. Christopher S S SWST 77
- 4 St. Patrick's H.S SWSP 57
- 5 St. Clair S S SWSC 44
- 6 North Lambton S S SWNL 23
- 7 Sarnia CI & TS SWSR 14
- 7 Alexander MacKenzie Secondary SWMK 14

Male Team Scores - 2 Junior Division

Place School Points

- 1 Northern C I & V S SWNO 193
- 2 St. Patrick's H.S SWSP 104
- 2 St. Christopher S S SWST 104
- 4 Lambton Central C & V I SWLC 72
- 5 North Lambton S S SWNL 38
- 6 St. Clair S S SWSC 33
- 7 Sarnia CI & TS SWSR 19

Male Team Scores - 3 Senior Division

Place School Points

- 1 Northern C I & V S SWNO 202
- 2 St. Christopher S S SWST 159
- 3 Lambton Central C & V I SWLC 107
- 4 Sarnia CI & TS SWSR 65
- 5 St. Clair S S SWSC 51
- 6 St. Patrick's H.S SWSP 42
- 7 North Lambton S S SWNL 31