

**2019 York County Senior Games
Registration Form**

**One registrant per form. Form may be copied. Complete both sides of this form.
If you have any questions please call (717) 771-9001.**

Name: _____ Male/Female (circle) _____
Address: _____ Birth date: _____
City/State/Zip: _____ Age (as of 12/31/19): _____
Home Phone: _____ Work/ Cell Phone: _____
Email Address: _____
Emergency Contact Name and Phone: _____

T-Shirt Size (Circle One): S M L XL XXL XXXL

**2019 York County Senior Games Release & Waiver of Liability
*Please read and sign.***

To the best of my knowledge, information and belief, I have no physical restrictions, which would prohibit my participation in the events that I have selected in the York County Senior Games.
I have prepared myself for the events which I have entered by practicing prior to the Senior Games.
I am participating in these events voluntarily and at my own risk. I agree not to sue the York County Senior Games and all of the sponsoring organizations or any other representatives for any injuries or other damages to me resulting from my participation in the York County Senior Games to be held on June 17 through June 21, 2019 at the aforementioned locations.
I execute this release in consideration for the sponsoring of these Senior Games by the York County Area Agency on Aging and all other sponsoring organizations.
If a lawsuit is initiated on my behalf against the York County Senior Games or any other sponsoring organizations and it results in a monetary award of damages to me or any other person or legal entity, I agree to reimburse the York County Area Agency on Aging/York County Senior Games or any other sponsoring organizations for any monies required to be paid by them.
The York County Senior Games has my permission to have medical personnel attend to me if it is deemed necessary for my health, welfare and safety.
I acknowledge that I was, prior to the date of the release, advised that the York County Senior Games strongly recommends that each participant consult his/her physician in regard to practice, preparation, and competition in this program or any similar activity.
I, the undersigned participant, hereby waive the right to any interest in pictures taken of me during the York County Senior Games to be held on June 17 through June 21, 2019, at the aforementioned locations.

Signature _____ Date _____

Please mail completed Registration Form with the Release and Waiver of Liability section signed along with your Registration Fee to:

**York County Area Agency on Aging
ATTN: Senior Games
100 W. Market Street
York, PA 17401**

**REGISTRATION DEADLINE is June 7. NO EXCEPTIONS.
Registration Fee is \$15.00.
Checks MUST be made payable to YORK COUNTY AREA AGENCY ON AGING.**

Senior Games Administrative Use Only

Date Received _____ Registration Fee _____ Donation _____ Check #/ Cash _____ Confirmation _____

2019 SENIOR GAMES EVENT SELECTIONS

Place a check mark (✓) by each event you wish to participate in.

Monday, June 17, 2019

Bowling

- Singles 9:00 AM
- Doubles 12:00 PM

A Walk in the Park 9:00 AM

Pickleball

- Men's 9:00 AM (Partner _____)
- Women's 11:00 AM (Partner _____)
- Mixed 1:30 PM (Partner _____)

Table Tennis 2:00 PM

Tuesday, June 18, 2019

Bocce

- Ages 50-59 9:00 AM
- Ages 80+ 10:00 AM
- Ages 75-79 11:00 AM
- Ages 70-74 12:00 PM
- Ages 65-69 1:00 PM
- Ages 60-64 2:00 PM

- Ladder Golf 9:00 AM - 2:00 PM
- Soccer Kick 9:00 AM - 2:00 PM
- Washers 9:00 AM - 2:00 PM
- Wii Archery 10:00 AM - 3:00 PM

Mini Golf 1:00 PM - 6:00 PM
(Must start event by 5:30 PM)

Wednesday, June 19, 2019

Running

- 5K Run/Walk 8:00 AM
- 50-Meter 9:15 AM
- 100-Meter 9:45 AM
- 4X100 Relay 10:15 AM
- 400-Meter 10:45 AM
- Sprint Medley 11:15 AM
- 1600-Meter 11:45 AM

Shuffleboard

- Ages 80+ 10:00 AM
- Ages 75-79 11:00 AM
- Ages 70-74 12:00 PM
- Ages 65-69 1:00 PM
- Ages 60-64 2:00 PM
- Ages 50-59 3:00 PM

Target Shooting 1:00 PM
 Trap Shooting 6:00 PM
(Optional practice 5:00 PM)

Throws

9:00 AM - 2:00 PM

- Football
- Frisbee
- Softball

Basketball Hoops

3:00 PM—5:00 PM

- Foul Shooting
- Hot Shot

Thursday, June 20, 2019

- 9-Hole Golf (Cart) 8:00 AM
- Horseshoes - Singles 8:00 AM
- Horseshoes - Doubles Immediately Following Singles
- Darts 9:00 AM - 3:00 PM
- Wii Bowling 9:00 AM - 3:00 PM

500-Bid Card Game 9:30 AM

Basketball Hoops 3:00 PM - 5:00 PM
 Foul Shooting
 Hot Shot

3-on-3 Basketball 6:00 PM

Friday, June 21, 2019

- Cornhole 8:30 AM - 12:00 PM
- Darts 9:00 AM - 1:00 PM
- Wii Bowling 9:00 AM - 1:00 PM
- Pinochle 9:00 AM
- Poker 12:30 PM

Swimming

Each event will be held immediately following previous one in order listed
(Warm up begins at 9:30 AM)

- Freestyle 50-Yard 9:45 AM
- Backstroke 50-Yard Immediately Following
- Breaststroke 50-Yard Immediately Following
- Freestyle 100-Yard Immediately Following
- Backstroke 100-Yard Immediately Following
- Breaststroke 100-Yard Immediately Following
- Individual Medley Immediately Following
- Freestyle Relay 200-Yard Immediately Following
- Medley Relay 200-Yard Immediately Following

Triathlon:

Must compete in 3 events: **Wednesday-Softball Throw & 100 Meter Run and Friday-50 Yard Freestyle Swim.**