



Happy 4th of July!



PRESIDENT'S MESSAGE

While life has yet to get back to normal, I have been fortunate to belong to two of our Newcomers groups which have figured out how to meet using Zoom. The Cooking Club has met twice now, and it has been so good to be able to “see” and talk to friends about recipes and just to catch up. The Book Club also found that Zoom is a good, safe way to continue to get together, although many of us miss the donuts at Dunkin’. Mary Beth Russo, who now lives in Ohio, was able to pop into our meeting to say hi. It sure was good to see her again. We also welcomed a new member to our group, Meryl Meher.

God bless you all. - Joan Bové



It is time to renew your Newcomers membership. The application for 2020-2021 membership is now available on the website www.newcomerscfl.org. The completed application along with your check/cash should be received by your Membership Chair by July 31, 2020. If you are unable to print the form, contact Brenda Jones at 407-366-7751, and she will make sure you get one.

Please be aware that most Newcomers activities are currently cancelled due to the COVID-19 concerns. Activities will resume when it is deemed safe for us to gather again.



- 4 Mary Rinaldi
- 10 Marcia Hahn
- 10 Lorraine Macaione
- 14 Nancy Raymond
- 17 Judy Judge
- 20 Elizabeth Ryan
- 21 Joan Lenard
- 24 Joan Bové
- 25 Michele Marino
- 28 Michael Frazier
- 28 Joann Mazefsky
- 31 Catherine Eversley



The July birth flowers are the larkspur and the water lily, and the birthstone is a ruby. Larkspur were very popular gift flowers in Victorian times. In general, the flowers symbolize an open heart and can be associated with strong romantic feelings. Here are some more specific petal color meanings:

- Pink larkspur flowers represent fickleness.
- White blossoms signify a happy-go-lucky nature.
- Purple represent first love and a sweet disposition.

The other July flower is the water lily, which signifies purity and majesty. Aside from being lovely in their own right, water lilies are often used in ponds to deter the growth of algae and to shade and cool the water for resident fish and frogs.





COOKING CLUB

Vicki Nidzgorski 813-395-3611

Karyll Shaw was our Zoom hostess again for our June 11 Cooking Club meeting, with the theme of "Your Favorite Summer Recipe." Some ladies actually submitted a couple of their favorites, for a total of 11 recipes. Eight ladies participated in our recipe sharing and discussion. A shout out to Carol Smith for putting the recipes in a PDF format for easier sharing and discussing. Since the 4th of July is this month, this salad recipe, submitted by Vicki Nidzgorski, seems appropriate. Enjoy!

Red, White and Blue Fruit Salad

- 2 cups watermelon, cubed
- 1 cup jicama, peeled and cubed or green apple with peel left on
- 1 cup blueberries
- 2 Tbs. lime juice
- 2 Tbs. honey
- Pinch of chili powder
- ½ tsp. salt
- ¼ cup fresh mint, chopped
- ¼ cup feta cheese, crumbled

- ◇ Mix watermelon, jicama or apples and blueberries in a large bowl.
- ◇ Mix lime juice, honey, chili powder and salt in a small bowl and pour over watermelon mixture.
- ◇ Add mint and more salt to taste, top with feta cheese crumbles.
- ◇ Chill for 30-60 minutes before serving. Serves 6.

For our July 9 meeting, we have decided to continue with a Zoom meeting. Brenda Jones, our July hostess, has selected "Just Desserts" for the theme. Since we only have 40 minutes on Zoom, we will need to keep participants to 8-10 ladies, to be able to discuss each recipe briefly. Again, this will need to be a recipe you have actually made before, not a new one, so you are able to discuss it. All Cooking Club members are invited to submit a recipe. Carol Smith will compile them in a PDF, and I will send it out. Recipe submissions and RSVP for the July 9 Zoom meeting should be submitted to Vicki Nidzgorski at vanum77@aol.com by July 2. Happy Cooking!

HOOKED ON BOOKS

The first ever Book Club Zoom meeting was held in June. It was good to be able to reconnect with each other as well as to discuss the book *Last Day* by Luanne Rice. We concluded that this book would not make our favorite list. The book that tops that list is *A Man Called Ove* by Fredrik Backman. We decided to be safe and continue to meet with Zoom for our July discussion of two books by Elizabeth Strout, *Olive Kitteridge* and *Olive, Again*. On Tuesday, July 14, we will meet at 1:30 on Zoom. If you are interested in joining our group, please contact Carol Smith at smith4cr@gmail.com by Thursday, July 9, in order to receive the Zoom invitation.



HOOKED ON BOOKS READING LIST



Thinking about joining Book Club – here are the books we will be reading over the next few months. Please note that the two *Olive* books have been combined for the July meeting.

- JULY *Olive Kitteridge* and *Olive, Again*
by Elizabeth Strout
- AUG *The Fall of Marigolds*
by Susan Meissner
- SEP *The Broken Circle: The Memoir of Escaping Afghanistan*
by Enjeela Ahmadi-Miller
- OCT *The Silent Patient*
by Alex Michaelides
- NOV *The German Girl*
by Armando Lucas Correa
- DEC *The Midwife's Confession*
by Diane Chamberlain