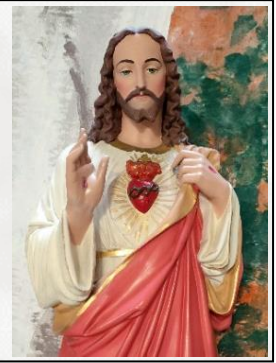




# Sacred Heart Parish Preston



322 Bell St, Preston 3072  
Phone (03) 9480 3398 or (03) 9484 2124  
Email: preston@cam.org.au  
Website: www.sacredheartpreston.com.au

## Office Hours:

Mon, Thurs & Fri: 10am -3pm

**Parish Priest:** Fr Aloysius Nato, SVD

**Italian Community Chaplain:**

Fr Albano Da Costa, SVD 0478 963 248

**Parish Office:** Rachel Costa

**School Principal:** Mark Tierney

**School Phone:** 9487 1001

**Sacrament Coordinator:** TBA

**Safeguarding Committee:**

**Safeguarding Officer:** Robert Dullard

**Safeguarding Committee: Members:**

Mary Harb, Teresa Dang, Pauline O'Day

**Parish Council Members:**

Gerard Grant (chairperson), Mark Tierney,

Natalie Baran, Judeline Wadhvani

**Liturgy Committee:**

Chair – Judeline Wadhvani

**Coordinators:**

Lectors and Audio Visual – Jessy Thambiraj

Music – Carolina Constable

Safeguarding – Pauline O'Day

Hospitality, Altar & Environment – Marilène

Fortuna

**Parish Finance Committee:**

Peter Constable (Chair)

**St. Vincent de Paul Society:**

Xavier Ndour (President) 0402 173 236

**Parish Mass Schedule**

**Weekend Masses:**

**Saturday:** 6:00pm

**Sunday:** 9:00am (*Italian*), 10:30 am, 6:00 pm

**Weekday Masses:**

**Monday to Friday:** 9:10am

**Healing Mass: 1st Friday** of February,

May, August & November at 1:30pm

**Next Healing Mass: Friday 7 Feb. 2025**

**Devotional Practices:**

**Adoration of the Blessed Sacrament:**

No Adoration in January. Adoration

will recommence in February 2025.

**Holy Rosary:** Thurs after the 9:10am Mass

**Reconciliation: Every Saturday at 5:15pm**

**Baptisms & Weddings:** By appointment only

**Breakfast with Fr Aloysius**

1<sup>st</sup> Monday of the month, the next one is on

**Monday 6 February** in the presbytery after

9:10am Mass. All welcome

Bulletin printed: 24/1/2025

*Our Parish is committed to the safety, wellbeing and dignity of all children and vulnerable adults.*

## 3rd Sunday in Ordinary Time (Year C) Sunday 26 January 2025

### Living the Mission of Jesus – Open to all

*“Your Words Lord Are Spirit and Life!”*

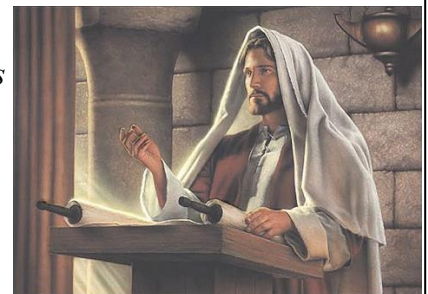
This Sunday’s readings provide us with teachings to build up ourselves, our communities, our church, and our society in the light of God’s word, and in the clear direction of Jesus’ mission. And we are urged to do this with joy and conviction. Although at first seemingly different from each other there is a common and fundamental theme: all are reflections upon the nature of the relationship between God and His people which is grounded and built on active, practical participation in the proclamation of God’s faithful and merciful love for all.

In the First reading, Ezra the priest reads to the people from the Book of the Law. They are newly returned from exile to rebuild the city walls and the Temple: but more profoundly to rebuild their relationship with God. Moved to tears, they are told, ‘Do not be sad; the joy of the Lord is your stronghold’. The Psalm is a hymn of praise to God’s law. His words give spirit and life.

In the Second reading, St Paul tells us that through baptism, we have all become members of one body, with Christ as our head. This picture of a unique being made up of parts equally valued and interacting harmoniously as one body is the pattern of our community life as Christians. We are dependent on each other and inspired by the Spirit to share our gifts and our sorrows.

The Gospel of Luke begins with an introduction about how he shaped the two sections of his writing: the Gospel and the Acts of the Apostles. Luke structured his Gospel around Jesus’ journey from Galilee to Jerusalem where the promise of salvation – the giving of His life to and for His people comes to fulfillment: his second volume is the story of the continuation of Jesus’ mission; the spreading of the Good News going from Jerusalem to the ends of the earth through His disciples. Along the way Luke puts special emphasis on Jesus’ outreach to the poor and the weak, on God’s mercy and forgiveness, on the importance of prayer, and the work of the spirit that motivates those called to carry on the mission which stretches far beyond acts of piety and devotional practices through acts of compassion, service and healing. Luke includes many parables drawn from everyday life to connect Word to the life of God’s people. The passage for today shows us Jesus, newly returned from the desert after His baptism. In the synagogue, He reads from the prophet Isaiah, announcing His mission as a continuity of Israel’s prophetic tradition. Jesus’ mission will include bringing glad tidings to the poor, freedom to captives, giving a voice to the unheard, healing the sick, freedom to those oppressed in many ways and proclaiming a “year of God’s favour” -a year of jubilee and forgiveness. Through this text Jesus announces God’s salvation and the true nature of His mission in which we, as pilgrims of hope are called to share.

*“Loving God, direct your love that is within us that our efforts in the name of Your Son may bring Humankind to unity and peace.”*



## Sacred Heart Parish Prayer

*Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.*

Sat 6pm Mass	Lectors	Ministers of Communion	Altar Servers
25-Jan-	Mary Harb Marlene Vergou	Terry Murphy	
01-Feb-	Teresa Dang Terry Murphy	Charlotte Bainy	
08-Feb-	Marlene Vergou Mary Harb	Terry Murphy	

Sun 10:30am Mass	Lectors	Ministers of Communion	Slide Projection	Altar Servers
26-Jan-	Jessica Suppiah Ophelia Swai	Giovanna D' Intino	Judeline	
02-Feb-	Jessy Thambiraj Marilène Fortuna	Mia Grant	Jessy	
09-Feb-	Judeline Wadhvani Jessica Suppiah	Gerard Grant	Judeline	

Sun 6pm Mass	Lectors	Ministers of Communion
26-Jan-	Jenifer Cahapay Susan Bakani	Robert Dullard
02-Feb-	John Gaffney Shanthi Antony	Judith Pimentel
09-Feb-	Snehita Antony Susan Bakani	Damian Casamento

## A Heartfelt Thanks to All Our Volunteers



### WE PRAY FOR:

#### The elderly and the sick

Charlene Apollos, Sandra Bishop, John Storrie, Joan Bonwick,

Our Sacred Heart School student Samantha Corsi

*Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.*

#### Those who have died recently:

*Fr Bruno Carrera, RIP 12/1*

#### We Commemorate:

*Han Mook Kim (Luciano) – Sun 26/1 at 10:30am*

*Cecillia Moon – Sun 26/1 at 10:30am*

*O Lord may perpetual light shine upon them.*

*May they rest in peace. Amen.*



#### Last week's Collection: 19.1.2025

1st Collection for our Church: \$1,092

2nd Collection for support of clergy: \$465

Thank you for your kind generosity!



#### Sacrificial giving via QR code

To support our parish, you can make a donation by scanning this QR code

which is unique to Sacred Heart Church, Preston. It will give you direct access to the CDF pay webpage by following a few easy steps. The QR code is also displayed in the Church foyer. Many thanks for your continued generosity and support to Sacred Heart parish.



## ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands. We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



### † Solemnities / Feasts / Memorials of the Week †

*Monday 27 January*      *Sts Timothy & Titus, Bishops*  
*St Angela Merici, Virgin*

*Tuesday 28 January*      *St Thomas Aquinas, Priest, Doctor*

*Friday 31 January*      *St John Bosco, Priest*

*Saturday 1 February*      *St Brigid of Ireland*



### THOUGHTS FROM POPE FRANCIS

*May the Lord open our ears and hearts so that we may listen to His Word and those of our brothers and sisters. Through our attentiveness and charity, we can make our world more fraternal and restore to it the hope of joy.*



## AUSTRALIA DAY PRAYER (26 JANUARY)

We bless you, God of the universe,  
for this land,  
for its contrasts of landscape and climate,  
for its abundance of wealth and opportunity.

We bless you for our history,  
with all its struggle in adversity,  
its courage and hope,

Give us in our diversity  
tolerance and respect for each other  
and a passionate commitment to justice for all.

Bless us so that we might be a blessing to others.

We ask this through Jesus Christ our Lord.

Amen.



May all who celebrate Lunar New Year, in our land and around the world, receive the gifts of peace, hope, freedom and security. Amen

## PRAYER FOR THE BEGINNING OF THE SCHOOL YEAR



God of wisdom and might, we praise you for the wonders of our being, for mind, body and spirit. Be with our children as they begin a new school year. Bless them, their parents, and their teachers and staff. Give them strength and grace as their bodies grow; wisdom and knowledge to their minds as they search for understanding; and peace and zeal to their spirits. We ask this through Jesus Christ our Lord. Amen.

## The Jubilee of Jesus

According to the evangelist Luke, Jesus consciously used the language of jubilee when he began His ministry in the synagogue at Nazareth. Standing before the people, Jesus read from the prophet Isaiah:

*"The Spirit of the Lord is upon me, for he has anointed me to bring good news to the poor. He has sent me to proclaim release to captives, sight to the blind, to let the oppressed go free, to proclaim a year of the Lord's favour."* (Luke 4:18-19)

Through His life, death and resurrection, Jesus brought about a kind of 'ultimate jubilee'; a time of newness and 'new creation' (2 Cor 5:17) a time of abundant mercy for His people until His return in glory. The apostles saw it as their responsibility to continue this work of Christ's jubilee: 'See now is the acceptable time; see now is the day of salvation' (2 Cor 6:2).

As pilgrims of hope, let us embrace the message of Jubilee in how we live our life everyday.

(Ref: Pilgrims of Hope, Jubilee 2025 Resource Pack for Parishes, Catholic Archdiocese of Melbourne)



## The Jubilee Prayer

Father in heaven,  
may the *faith* you have given us  
in your son, Jesus Christ, our brother,  
and the flame of *charity* enkindled  
in our hearts by the Holy Spirit,  
reawaken in us the blessed *hope*  
for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel. May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*, a yearning for the treasures of heaven. May that same grace spread the joy and peace of our Redeemer throughout the earth. To you our God, eternally blessed, be glory and praise for ever. Amen



## ♥ EQUAL IN WORTH - STRONGER IN UNITY ♥

*"Never look down on anybody, unless you're helping them up."*

~ Jesse Jackson ~

As we step into the new year, it's a good time to reflect on how we treat one another. No matter our backgrounds, roles or circumstances, we all share the same humanity and the same value. The person serving meals or mending roads is just as important as the one leading meetings or creating policies. Each person carries their own hopes and challenges, even if we don't always see them. We never truly know what someone might be facing, so kindness is always the right choice. A smile, a kind word or a small act can have the power to uplift and connect us. It costs nothing but can mean so much. As the year begins, let's strive to treat others with respect, empathy and fairness, just as we'd hope to be treated. When we view everyone as equals and start by showing kindness, we can all make a meaningful difference in each other's lives.



*Dear God, help us to start each day with kindness, seeing the value in every person. May our actions reflect compassion and empathy, strengthening our bonds and uplifting those around us. Guide us to create a world where we all thrive together in Your love and grace. Amen.*

Sourced from [www.majellan.media](http://www.majellan.media)

Dear Sacred Heart Parishioners,

You are invited to **The Bethany Way** retreat:  
*'At the feet of Jesus: on retreat with Martha, Mary, and Lazarus'*

Saturday 8 February 2025, 12pm-4pm

Catholic Leadership Centre,

576 Victoria Parade, East Melbourne

All are welcome to join for Mass at 11:30am

Lunch included.

This **free retreat** will introduce you to The Bethany Way — a journey of being formed in the faith and equipped to form others, whatever your field of influence.

Grow to:

pray more authentically.

believe more deeply.

articulate more clearly

love more faithfully

RSVP BY 3 FEBRUARY

[www.trybooking.com/CXHYE](http://www.trybooking.com/CXHYE)

ENQUIRIES: [proclaim@cam.org.au](mailto:proclaim@cam.org.au) or 9926 5761



## Piety Shop

The piety shop stocks small gifts and cards for **all Sacraments** as well as various religious items at reasonable prices. Please take the time to have a look after any of the weekend Masses. Thank you.



## Pursuing a Lasting Love Celebrating Marriage Week!

7 - 14 February 2025

It is always good to be reminded to **invest** in your marriage. A strong marriage overflows with love and compassion to your family and beyond. SmartLoving has created "**The Intentional Couple**" micro-course as a free gift for all married couples,

visit: [www.smartloving.org/gift](http://www.smartloving.org/gift)

Brochures can be found in the church foyer



## Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



## 😊 Joke Corner 😊

Because it's back to school time ...

What did the maths book say to the calculator on their first day of school?

"You can count on me to solve your problems!"

Why did the ruler feel lonely on the first day of school?

It had no one to measure up to!

Why are plants always prepared for math class on their first day of school?

Because they have their square roots down!

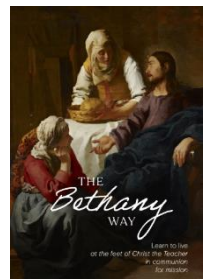
Why did the backpack feel relieved on the first day of school?

It finally had a shoulder to lean on!

What did the geometry teacher say to the circle and the square on the first day of school?

"Let's get this class in shape!"

Why did the computer teacher feel energised on the first day of school?  
She was ready to byte out of a new year of teaching technology!



## PENITENTIAL ACT

I confess to almighty **God** and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

*And, striking their breast, they say:*  
through my fault, through my fault,  
through my most grievous fault;  
therefore, I ask blessed Mary Ever-Virgin, all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

## GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

## FIRST READING

*Nehemiah 8:2-6,8-10*

Ezra the priest brought the Law before the assembly, consisting of men, women, and children old enough to understand. This was the first day of the seventh month. On the square before the Water Gate, in the presence of the men and women, and children old enough to understand, he read from the book from early morning till noon; all the people listened attentively to the Book of the Law.

Ezra the scribe stood on a wooden dais erected for the purpose. In full view of all the people – since he stood higher than all the people – Ezra opened the book; and when he opened it all the people stood up. Then Ezra blessed the Lord, the great God, and all the people raised their hands and answered, ‘Amen! Amen!’ Then they bowed down and, face to the ground, prostrated themselves before the Lord. And Ezra read from the Law of God, translating and giving the sense, so that the people understood what was read.

Then Nehemiah – His Excellency – and Ezra, priest and scribe, and the Levites who were instructing the people, said to all the people, ‘This day is sacred to the Lord your God. Do not be mournful, do

not weep.’ For the people were all in tears as they listened to the words of the Law. He then said, ‘Go, eat the fat, drink the sweet wine, and send a portion to the man who has nothing prepared ready. For this day is sacred to our Lord. Do not be sad: the joy of the Lord is your stronghold.’

The Word of the Lord

**All: Thanks be to God.**

## RESPONSORIAL PSALM

**Psalm 18(19):8-10,15**

*The Response Is:*

*Your words, Lord, are Spirit and life.*

The law of the Lord is perfect, it revives the soul. The rule of the Lord is to be trusted, it gives wisdom to the simple.

*Your words, Lord, are Spirit and life.*

The precepts of the Lord are right, they gladden the heart. The command of the Lord is clear, it gives light to the eyes.

*Your words, Lord, are Spirit and life.*

The fear of the Lord is holy, abiding for ever. The decrees of the Lord are truth and all of them just.

*Your words, Lord, are Spirit and life.*

May the spoken words of my mouth, the thoughts of my heart, win favour in your sight, O Lord, my rescuer, my rock!

*Your words, Lord, are Spirit and life.*

## SECOND READING

*1 Corinthians 12:12-14, 27*

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

Nor is the body to be identified with any one of its many parts. Now you together are Christ’s body; but each of you is a different part of it.

The Word of the Lord

**All: Thanks be to God.**

*Please stand for the Gospel*

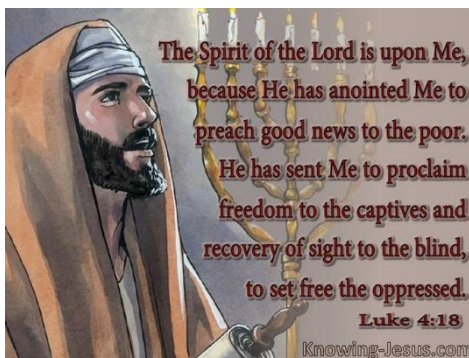
*Acclamation.*

## GOSPEL ACCLAMATION

*Alleluia, alleluia!*

The Lord sent me to bring Good News to the poor and freedom to prisoners.

*Alleluia!*



## GOSPEL

*Luke 1:1-4,4:14-21*

Seeing that many others have undertaken to draw up accounts of the events that have taken place among us, exactly as these were handed down to us by those who from the outset were eyewitnesses and ministers of the word, I in my turn, after carefully going over the whole story from the beginning, have decided to write an ordered account for you, Theophilus, so that your Excellency may learn how well founded the teaching is that you have received.

Jesus, with the power of the Spirit in him, returned to Galilee; and his reputation spread throughout the countryside. He taught in their synagogues and everyone praised him.

He came to Nazara, where he had been brought up, and went into the synagogue on the sabbath day as he usually did. He stood up to read and they handed him the scroll of the prophet Isaiah. Unrolling the scroll he found the place where it is written:

The spirit of the Lord has been given to me, for he has anointed me.

He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord’s year of favour.

He then rolled up the scroll, gave it back to the assistant and sat down. And all eyes in the synagogue were fixed on him. Then he began to speak to them, ‘This text is being fulfilled today even as you listen.’

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## APOSTLES' CREED

I believe in God, / the Father almighty, / Creator of heaven and earth, / and in Jesus Christ, his only Son, our lord, / who was conceived by the Holy Spirit, / born of the Virgin Mary, / suffered under Pontius Pilate, / was crucified, died and was buried; / he descended into hell; / on the third day he rose again from the dead; / he ascended into heaven, / and is seated at the right hand of God the Father almighty; / from there he will come to judge the living and the dead. / I believe in the Holy Spirit, / the holy catholic Church, / the communion of saints, / the forgiveness of sins, / the resurrection of the body, / and life everlasting. Amen.

## COMMUNION ANTIPHON

Look toward the Lord and be radiant;  
let your faces not be abashed.