



DRUG FACT SHEET

Bath Salts

“Bath Salt” is one of the latest designer drugs. It is now illegal under federal law to sell the chemical compounds that have been created and sold as bath salts.

Class of drug:	Synthetic Stimulant
Main active ingredients:	MDPV (methylenedioxypropylvalerone) and mephedrone (which are found in a lower dosage in legitimate bath salts and plant foods)
What it looks like:	White, powdery or crystallized substance packaged as bath salt
Street names:	Ivory Wave, Bolivian Bath, Vanilla Sky, Legal Cocaine, Snow White, Hurricane Charlie, Bliss, Pure White, Purple Iris, XXX-rated plant food
How it is used:	Inhaled, injected, eaten in food and swallowed in drinks. Bath Salt can be rolled into joints with marijuana and smoked, too (called Head Trip Potpourri).
Duration of high:	The initial rush peaks within 15 minutes to one hour and can last for five hours. Many users re-dose to extend the effects for a few days.
Withdrawal symptoms:	Fatigue, depression, anxiety, psychotic behaviors
Detected in the body:	Yes, through quantitative testing for MDPV, Mephedrone and Methylone, but it is not detected in routine drug tests
Effects:	Mimics the high of cocaine, ecstasy and amphetamines Physical —Chest pains, headaches, high blood pressure, increased pulse, muscle twitching, cravings, insomnia, seizures Mental —Agitation, delusions, anxiety, paranoia, hallucinations, violent rages, suicidality Long-term —Fairly new drug, no long-term effects have been recorded in humans.



The American Association of Poison Control Centers reported 3,470 calls about bath salt during the first six months of 2011.

U.S. information

In July of 2012, President Obama signed into law a bill that bans more than 30 chemicals linked to bath salts. This law closes loopholes that have allowed manufacturers to circumvent local and state bans.

(Fox 23 News, July 9, 2012 “Feds ban sale of 31 ‘bath salt’ compounds”)

Sources: <http://www.doctoroz.com/videos/alternate-names-bath-salt-drug>; <http://www.webmd.com/mental-health/features/bath-salts-drug-dangers>; US Department of Justice; Quick Fact Alert: Bath Salts, Chestnut Health Systems; www.sober.com/bath-salts.html