

# FALL PREVENTION SEMINAR

The National Council on Aging reports one in four Americans over age 65 falls each year. Falls are a serious health risk among older adults. General weakness, medication, visual impairments and environmental factors increase risk of fall and subsequent injury. Join Kelley Carter, PTA from Otterbein Home Health, who will speak about aging, fall prevention and home modifications. Learn ways to maintain your independence and remain safely in your home.



**MONDAY, JUNE 24**

**10:00—11:00 AM**

**Register at our Welcome Center or call 513.423.1734**



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