



## USE COMPANION PLANTING TO ATTRACT BENEFICIAL BUGS



**LADYBUG**



**PARASITIC MINI-WASP**



**LACEWING**

Something small and wriggly is creeping in your garden, intent on eating every part of your flowers and vegetables.

The destructive aphid is a small insect that rapidly reproduces many times a year. With an estimated 1,350 species in the U.S. alone, aphids can be found munching on various parts of your plants, including the stems, leaves and roots.

What can you do besides use a pesticide? You can fall back on a time-tested gardening tool – the beneficial bug. The “good” bugs eat the “bad” bugs.

Good guys can include ladybugs, parasitic mini-wasps (yes, you want these guys on your side) and lacewing. All you have to do is attract them to your garden with the right food. This is where Companion Planting, the old gardening technique, comes in.

Companion planting simply means placing two or more different plants near one another to stimulate some mutual benefit, such as warding off pests or stimulating growth.

You will want to add certain plants to your garden that invite beneficial bugs; in this case ladybugs, parasitic mini-wasps and lacewing that eat aphids. By adding plants and predators, you are creating a self-sustaining ecosystem in your yard. You want there to be a balance of aphids to predators so that the predators have something to eat.

Each good bug has its own specific likes and dislikes, however fennel and dill universally attracts all three bugs that eat aphids, so

if you're trying to limit your investment these two are a great place to start.

To attract:

Lady Bugs

- Coreopsis
- Cosmos
- Zinnia
- Sunflowers

Parasitic Mini-Wasps

- Yarrow
- Lemon Balm
- Parsley
- Marigolds

Lacewing

- Tansy
- Coriander
- Caraway

Companion planting won't change the eco-balance overnight, but once it does, you'll be able to enjoy a much more fruitful garden.

## IMPORTANT CONTACTS

### CONSTABLE'S OFFICE

Harris County Pct. 4 Constable's Office.....281-375-3472  
.....<http://www.cd4.hctx.net>

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### NEWSLETTER AND WEBSITE

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#### Website

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#### Advertising

Peel, Inc ..... [advertising@PEELinc.com](mailto:advertising@PEELinc.com), 1-888-687-6444

### GROUND'S COMMITTEE

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### PAVILION & ADULT POOL

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..... [kotilla@hotmail.com](mailto:kotilla@hotmail.com)

### FAMILIES OF WWL

Dana Patterson..... [greg.dana.patterson@gmail.com](mailto:greg.dana.patterson@gmail.com)

### CHRISTMAS COMMITTEE

Terry Buckner ..... [terry214@live.com](mailto:terry214@live.com)

### WOMEN'S CLUB

President: Barbara Henderson Strong.....[texas.cats@sbcglobal.net](mailto:texas.cats@sbcglobal.net)  
Vice President: Ann Tatum.....[anntatum9203@gmail.com](mailto:anntatum9203@gmail.com)  
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### OTHER USEFUL NUMBERS

#### Sterling Association Services, Inc.

.....[servicedesk@sterlingasi.com](mailto:servicedesk@sterlingasi.com), 832-678-4500  
6842 North Sam Houston Parkway W., Houston TX 77064  
Mailing Address - P.O. Box 38113, Houston TX 77238-8113

#### Association Manager

Debra Willis..... [dwillis@sterlingasi.com](mailto:dwillis@sterlingasi.com)

**Administrative Asst. - Melissa Fulp**..... [melissa@sterlingasi.com](mailto:melissa@sterlingasi.com)

**Call Before You Dig**..... 1-800-DIG-TESS or 1-800-344-8377

**Pct. 4 Constable**..... 281-376-3472

**Street Light Outage**..... 713-207-2222

..... [www.centerpointenergy.com](http://www.centerpointenergy.com) - Have light number.

#### Texas Department of Public Safety Crime Service

.....<http://records.txdps.state.tx.us>

## UTILITIES

### SECTIONS 1, 2, 3

**WASTE MGT CUSTOMER SERVICE**.....713-686-6666  
Trash Pick-up is Tuesday and Friday.

**Water/Sewer Issues, all Sections: 281-807-9500**

### M.U.D. #261 BOARD SECTIONS 1, 2 & 3

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**M.U.D. 261** ..... [www.HCMUD261.com](http://www.HCMUD261.com)

### SECTION 4 VILLAGE OF WOODWIND LAKES

Royal Disposal & Recycle, P.O. Box 160, Fulshear TX 77441  
P. - 713-526-1536 | F. - 281-346-2961 | [royaldisposal@comcast.net](mailto:royaldisposal@comcast.net)  
Trash pick-up for Section 4 only, is on Wednesday and Saturday  
including curbside recycling every Saturday.  
TOPS Water, Eric Martin (713) 822-8389

### USEFUL LINKS

WL Website.....[www.woodwindlakeshoa.com](http://www.woodwindlakeshoa.com)  
Sec 1, 2 and 3 Utility.....  
..... <http://hcmud261.com/HCMUD261/Index.htm>  
Section 4 Utility ..... <http://www.wfud.org/>  
Social Media .. [https://woodwindlakes.nextdoor.com/news\\_feed/](https://woodwindlakes.nextdoor.com/news_feed/)  
Newsletter ..... <http://www.peelinc.com/>  
Sec 4 Gate (ICS)

## ADVERTISING INFO

Please support the advertisers that make the *Woodwind Lakes Newsletter* possible. If you are interested in advertising, please contact our sales office at 1-888-687-6444 or [advertising@peelinc.com](mailto:advertising@peelinc.com). The advertising deadline is the 8th of the month prior to the issue.

## ARTICLE INFO

The *Woodwind Lakes Newsletter* is mailed monthly to all Woodwind Lakes residents. Residents, community groups, churches, etc. are welcome to submit information about their organizations in the newsletter. Personal news for the Stork Report, Teenage Job Seekers, recipes, special celebrations, and birthday announcements are also welcome.

To submit an article for consideration please email it to [Lynn.Collins@garygreene.com](mailto:Lynn.Collins@garygreene.com). The deadline is the 7th of the month prior to the issue.

WOODWIND  
LAKES WOMEN'S  
CLUB

# BINGO!



**Tuesday, April 17, 2018 at 10:00 am**

**Windfern Forest MUD Building  
14410 Mauna Loa Lane**

For additional information please contact:

Barbara Strong (713 466-4893)

Ann Tatum (713 724-0998)

Judith Simons (713 896-7041)

Cindy Horn (972 998-8242)

## YARD OF THE MONTH



JUDGING IS SCHEDULED TO  
RESUME IN APRIL.

# Nobody knows our community like a neighbor!



*A 2014, 2015, 2016 & 2017  
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**Lynn Collins**

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**281.743.1159**

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Monthly Contract Stats

## WOODWIND LAKES

For February 2018

### Categories

Burglary Habitation: 1	Burglary Vehicle: 0	Theft Habitation: 0
Theft Vehicle: 0	Theft Other: 1	Robbery: 0
Assault: 0	Sexual Assault: 0	Criminal Mischief: 0
Disturbance Family: 0	Disturbance Juvenile: 0	Disturbance Other: 0
Alarms: 5	Suspicious Vehicles: 3	Suspicious Persons: 0
Runaways: 0	Phone Harrassment: 0	Other Calls: 5

### Detailed Statistics By Deputy

Unit Number	Contract Calls	District Calls	Reports Taken	Felony Arrests	Misd Arrests	Tickets Issued	Recovered Property	Charges Filed	Mileage Driven	Days Worked
W12	50	0	5	0	1	23	0	1	1005	16
W13	23	40	12	0	0	15	0	0	676	15
TOTAL	73	40	17	0	1	38	0	1	1681	31

### Summary of Events

#### Burglary Habitation

7900 Ensemble Dr- Known complainant stated that sometime during the daytime hours, an unknown suspect(s) made an unlawful entry into his home and stole money from within. No suspect information.

#### Theft Habitation

8000 Ivan Reid Dr- The complainant reported a known suspect stole property from within his residence. No charges were filed.

#### Alarms

Deputies responded to 5 residential alarms that were all cleared as false or cancelled.

#### Suspicious Vehicles

Deputies responded to a 3 suspicious vehicle calls that were all cleared as GOA or information.

#### Suspicious Persons

Deputies responded to 0 suspicious person calls that were all cleared as GOA or information.

Deputies conducted multiple traffic stops and issued multiple citations within the contract reducing the possibility of accidents.

*(Continued on Page 6)*



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18220 State Hwy. 249 | Houston, TX 77070

# Woodwind Lakes

(Constable Report, continued from Page 4)

Deputies conducted multiple contract, neighborhood and business checks within the contract increasing visibility while performing regular patrol duties.

Deputies responded to 5 other calls within the contract including:

Motor Vehicle Accidents  
Animal Humane  
Child Custody Disputes  
Domestic Preventions  
D.W.I.  
Follow Up Investigations  
Information Calls  
Meet The Officer  
Lost Found Property  
Sex Offender Verification  
Stranded Motorist  
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Abandoned/Speeding Vehicles  
Welfare Checks

## BUSINESS CLASSIFIEDS

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**Business classifieds** (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

**Personal classifieds** (offering a one time sell item such as a bike) are free to Woodwind Lakes residents, limit 30 words, please contact Peel, Inc. Sales Office @ 512-263-9181 or [advertising@PEELinc.com](mailto:advertising@PEELinc.com).

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## THE AMAZING BENEFITS OF GRAPE SEED EXTRACT (GSE) PART 2



“The red grape contains a number of highly useful compounds, especially for preventative medicine.”...Dr. Russell Blaylock, board certified neurosurgeon.

We have spoken of amazing results in the last newsletter for fighting **CANCERS**. Now let's move on to how it protects our **BRAIN**. Its **ANTIOXIDANT** effect is more powerful than either vitamin C or vitamin E. We have learned that a high fat diet can result in degenerative changes in the brains of experimental animals. The same thing probably happens in humans. After feeding these animals GSE along with their high fat diet the researchers found there was less brain degeneration and less loss of **COGNITIVE ABILITY**.

Compelling evidence suggests GSE may be a major weapon against **ALZHEIMER'S** because it inhibits the ability of beta-amyloid, a toxic substance that accumulates in Alzheimer's brains, to activate

processes that are damaging to the brain. GSE'S protection also includes the ability to stimulate formation of new brain cells in an area that is critical for **MEMORY**.

**THERE'S MORE...**GSE plays a major role in **CARDIOVASCULAR** protection. A review of sixteen randomized studies using GSE in **HYPERTENSIVE** people found the extract lowered both systolic and diastolic blood pressure, especially in younger individuals and obese people with metabolic disorders. Here are a few more fun facts:

Arthritis of every type is greatly improved by GSE (reduced inflammation and tissue damage). GSE holds promise for relieving **MIGRAINES** and lastly, GSE has had excellent results with **SHINGLES**. Sound too good to be true? All these claims have been researched and reported by Dr. Blaylock. On a personal note, I have witnessed many benefits from GSE so I comfortably share them with you.

As always, wishing you many happy and healthy days!  
Donna Konopka

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**Kate Weatherford, REALTOR**

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WOD

# Totally Awesome!

*By Cheryl Conley, TWRC Wildlife Center*



So, what am I referring to? I'm referring to the totally awesome opossum! Now some of you will disagree with me but let me tell you about the opossum and then see if you agree with me.

The first thing you should know is that the opossum is a hero in the fight against ticks. According to the National Wildlife Federation, an opossum can eat up to 4,000 ticks in one week helping to slow down the spread of Lyme disease. In addition to ticks, they eat cockroaches, rats, mice, snails and slugs—actually, they eat almost anything, keeping our environment free of all the nasty things we don't like. Snakes? Yep. Opossums are immune to the venom of poisonous snakes.

Is rabies a concern of yours? Not to worry. Although any mammal can be a carrier of rabies, the chance of opossums being a carrier are very rare. The body temperature of the opossum is very low making it almost impossible for the virus to survive.

Dinosaurs roamed our earth 70 million years ago. Guess who roamed it with them? Opossums. Any animal that can survive for that long deserves my respect.

“Playing ‘possum” is a real thing but opossums don't have any control over it. When frightened, some become paralyzed with fear. They drop, their lips draw back exposing their teeth and their anal glands secrete a bad smelling liquid which deters predators. They will recover in one to four hours. Some scientists believe that “playing ‘possum” evolved as a defense mechanism because opossums move so slowly and can't outrun predators.

The opossum is the only marsupial in North America. Females can give birth to up to 25 babies after a short gestation period of 11 to 13 days. The babies are so small that 20 of them could fit into a teaspoon. The babies make their way to mama's pouch where only 13 teats are available. Obviously, not all the babies survive for this reason. The lucky ones latch onto the teat and stay attached for up to 3 months. They climb out and cling to their mother's back for up to 2 weeks when they “fall” off. They are then on their own.

The opossum has 50 teeth—more than any other North American land mammal. The hairless tail is used for balance, grasping branches and carrying nesting materials but is not used to hang upside down. This is a common misconception. They also have opposable thumbs on their hind feet used for holding onto branches.

Are you now convinced that opossums are totally awesome? Even if you're not, we encourage you to “live and let live.” They serve a purpose and deserve a place in our world.

If you find a dead opossum with babies in the pouch, please don't remove them. Although difficult, we ask that you place the expired mom in a box and bring her to us. We will carefully remove the babies and care for them until they can be safely released back to the wild.

TWRC Wildlife Center can help you with all of your wildlife concerns. Answers to many of your questions can be found on our website at [www.twrcwildlifecenter.org](http://www.twrcwildlifecenter.org). If you can't find the information you need, please call us at 713-468-TWRC.